

gara 23
11.05.2025 - 17:45

Donne, 400m Mista

11 anni e più vecchi
Risultati

RT	4:57.65	Rigamonti Flavia	ATLA	Genève	07.03.1997
RM 17 +	5:05.30	Gargioni Arianna	ITA	Tenero	17.06.2007
RM 11 - 16	5:07.71	Landoni Annalisa	ITA	Locarno	26.06.2005
V24 17 +	5:09.16	Bertschi Amélie	SUI	Tenero	12.05.2024
V24 11 - 16	5:13.73	Razakarivony Soannah	SUI	Tenero	12.05.2024

Pointi: FINA 2023

Rango	An								Tempo		Pt	
11 - 16 anni												
1.	D'Iorio Micol			09	Turrita Nuoto					5:13.84	611	
	50m:	32.19	32.19	150m:	1:52.05	42.68	250m:	3:19.72	46.12	350m:	4:41.60	33.73
	100m:	1:09.37	37.18	200m:	2:33.60	41.55	300m:	4:07.87	48.15	400m:	5:13.84	32.24
2.	Söllner Lilly			11	Region Ostschweiz					5:21.56	568	
	50m:	33.72	33.72	150m:	1:54.68	41.94	250m:	3:22.77	46.56	350m:	4:46.85	36.21
	100m:	1:12.74	39.02	200m:	2:36.21	41.53	300m:	4:10.64	47.87	400m:	5:21.56	34.71
3.	Monighetti Gaia			11	Turrita Nuoto					5:27.78	536	
	50m:	35.27	35.27	150m:	1:59.46	44.51	250m:	3:29.31	45.98	350m:	4:53.14	37.03
	100m:	1:14.95	39.68	200m:	2:43.33	43.87	300m:	4:16.11	46.80	400m:	5:27.78	34.64
4.	Meneghetti Margherita			11	Lugano Aquatics					5:28.79	531	
	50m:	33.17	33.17	150m:	1:57.23	43.71	250m:	3:26.06	46.44	350m:	4:52.07	39.34
	100m:	1:13.52	40.35	200m:	2:39.62	42.39	300m:	4:12.73	46.67	400m:	5:28.79	36.72
5.	Fontana Sofia			10	Turrita Nuoto					5:29.92	526	
	50m:	36.36	36.36	150m:	2:02.12	42.24	250m:	3:32.09	49.68	350m:	4:56.80	35.78
	100m:	1:19.88	43.52	200m:	2:42.41	40.29	300m:	4:21.02	48.93	400m:	5:29.92	33.12
6.	Ramel Anne			11	Schwimmklub Bern					5:32.83	512	
	50m:	35.12	35.12	150m:	1:58.69	43.43	250m:	3:31.09	49.69	350m:	4:57.61	37.73
	100m:	1:15.26	40.14	200m:	2:41.40	42.71	300m:	4:19.88	48.79	400m:	5:32.83	35.22
7.	Bove Cecilia			10	H2O ssd - Muggio					5:33.97	507	
	50m:	35.66	35.66	150m:	1:59.02	42.72	250m:	3:29.48	49.26	350m:	4:57.21	37.92
	100m:	1:16.30	40.64	200m:	2:40.22	41.20	300m:	4:19.29	49.81	400m:	5:33.97	36.76
8.	Saladin Tara			10	Region Ostschweiz					5:35.62	499	
	50m:	33.23	33.23	150m:	1:59.10	45.79	250m:	3:30.45	44.52	350m:	4:57.22	39.42
	100m:	1:13.31	40.08	200m:	2:45.93	46.83	300m:	4:17.80	47.35	400m:	5:35.62	38.40
9.	Carrolo Caterina			11	Tecri Nuoto					5:37.43	491	
	50m:	36.19	36.19	150m:	2:06.42	45.67	250m:	3:36.39	47.63	350m:	5:02.32	36.48
	100m:	1:20.75	44.56	200m:	2:48.76	42.34	300m:	4:25.84	49.45	400m:	5:37.43	35.11
10.	Tcaci Victoria			09	SS-8 Chisinau					5:38.63	486	
	50m:	34.88	34.88	150m:	1:59.92	42.87	250m:	3:30.27	48.08	350m:	5:00.13	40.90
	100m:	1:17.05	42.17	200m:	2:42.19	42.27	300m:	4:19.23	48.96	400m:	5:38.63	38.50
11.	Müller Mia			12	Region Ostschweiz					5:41.24	475	
	50m:	34.98	34.98	150m:	2:01.43	46.32	250m:	3:35.51	49.40	350m:	5:03.40	39.06
	100m:	1:15.11	40.13	200m:	2:46.11	44.68	300m:	4:24.34	48.83	400m:	5:41.24	37.84
12.	Krebs Chloé Anouk			12	Schwimmklub Bern					5:47.92	448	
	50m:	37.46	37.46	150m:	2:05.18	43.46	250m:	3:39.85	50.39	350m:	5:09.35	39.38
	100m:	1:21.72	44.26	200m:	2:49.46	44.28	300m:	4:29.97	50.12	400m:	5:47.92	38.57
13.	Gerber Lea			09	Lugano Aquatics					5:49.33	443	
	50m:	34.76	34.76	150m:	2:03.65	47.22	250m:	3:38.98	49.96	350m:	5:10.89	39.95
	100m:	1:16.43	41.67	200m:	2:49.02	45.37	300m:	4:30.94	51.96	400m:	5:49.33	38.44
14.	Ciavatti Camilla			11	H2O ssd - Muggio					5:51.99	433	
	50m:	36.20	36.20	150m:	2:07.78	47.86	250m:	3:43.66	48.82	350m:	5:13.68	40.54
	100m:	1:19.92	43.72	200m:	2:54.84	47.06	300m:	4:33.14	49.48	400m:	5:51.99	38.31

gara 23, Ragazze, 400m Mista, 11 - 16 anni

Rango	An	Tempo	Pt
15. Bichsel Mia	11 Schwimmklub Bern	5:52.17	432
50m: 39.02 39.02	150m: 2:10.19 46.69	250m: 3:45.57 50.02	350m: 5:14.32 39.54
100m: 1:23.50 44.48	200m: 2:55.55 45.36	300m: 4:34.78 49.21	400m: 5:52.17 37.85
16. Perin Martina	10 Rari Nantes Venezia	5:52.36	431
50m: 37.07 37.07	150m: 2:06.52 47.19	250m: 3:44.04 49.80	350m: 5:16.19 40.11
100m: 1:19.33 42.26	200m: 2:54.24 47.72	300m: 4:36.08 52.04	400m: 5:52.36 36.17
17. Croci Torti Sveva	09 Mendrisiotto Nuoto	5:53.61	427
50m: 39.23 39.23	150m: 2:10.64 45.98	250m: 3:46.63 52.21	350m: 5:16.97 38.19
100m: 1:24.66 45.43	200m: 2:54.42 43.78	300m: 4:38.78 52.15	400m: 5:53.61 36.64
18. Asietti Cecilia	10 Nuoto Sport Locarno	5:54.12	425
50m: 38.87 38.87	150m: 2:11.82 44.73	250m: 3:45.77 50.52	350m: 5:16.49 39.47
100m: 1:27.09 48.22	200m: 2:55.25 43.43	300m: 4:37.02 51.25	400m: 5:54.12 37.63
19. Giofre' Isabella Alice	12 Tecri Nuoto	5:55.32	421
50m: 36.30 36.30	150m: 2:07.58 48.84	250m: 3:45.36 51.56	350m: 5:16.22 37.93
100m: 1:18.74 42.44	200m: 2:53.80 46.22	300m: 4:38.29 52.93	400m: 5:55.32 39.10
20. Valsesia Ylenia	13 Mendrisiotto Nuoto	5:55.72	419
50m: 38.27 38.27	150m: 2:09.25 46.74	250m: 3:47.75 53.16	350m: 5:17.29 39.35
100m: 1:22.51 44.24	200m: 2:54.59 45.34	300m: 4:37.94 50.19	400m: 5:55.72 38.43
21. Grosswiler Andrina Lea	12	6:04.64	389
50m: 36.45 36.45	150m: 2:12.33 49.66	250m: 3:51.57 51.40	350m: 5:25.38 41.21
100m: 1:22.67 46.22	200m: 3:00.17 47.84	300m: 4:44.17 52.60	400m: 6:04.64 39.26
22. Battaglia Olimpia	12 Rari Nantes Venezia	6:08.48	377
50m: 38.95 38.95	150m: 2:17.90 51.26	250m: 3:54.89 49.95	350m: 5:27.54 42.54
100m: 1:26.64 47.69	200m: 3:04.94 47.04	300m: 4:45.00 50.11	400m: 6:08.48 40.94
23. Aeby Lia	13 Schwimmklub Bern	6:14.28	360
50m: 39.95 39.95	150m: 2:15.02 49.14	250m: 3:57.07 54.85	350m: 5:34.09 42.80
100m: 1:25.88 45.93	200m: 3:02.22 47.20	300m: 4:51.29 54.22	400m: 6:14.28 40.19
24. Dal santo Lara	12 H2O ssd - Muggio	6:14.41	360
50m: 40.74 40.74	150m: 2:21.54 50.30	250m: 3:58.95 48.97	350m: 5:33.27 43.24
100m: 1:31.24 50.50	200m: 3:09.98 48.44	300m: 4:50.03 51.08	400m: 6:14.41 41.14
25. Paolini Sara	13 H2O ssd - Muggio	6:17.82	350
50m: 40.33 40.33	150m: 2:22.02 48.12	250m: 4:02.23 53.60	350m: 5:37.50 41.89
100m: 1:33.90 53.57	200m: 3:08.63 46.61	300m: 4:55.61 53.38	400m: 6:17.82 40.32
26. Cairati Sara	10 Tecri Nuoto	6:18.29	349
50m: 35.78 35.78	150m: 2:14.28 50.97	250m: 3:54.95 52.37	350m: 5:35.12 44.62
100m: 1:23.31 47.53	200m: 3:02.58 48.30	300m: 4:50.50 55.55	400m: 6:18.29 43.17
27. Müller Davina	13	6:19.41	346
50m: 43.75 43.75	150m: 2:27.42 48.91	250m: 4:08.35 54.00	350m: 5:40.18 39.18
100m: 1:38.51 54.76	200m: 3:14.35 46.93	300m: 5:01.00 52.65	400m: 6:19.41 39.23
28. Sonnino Melissa	11 H2O ssd - Muggio	6:20.39	343
50m: 37.83 37.83	150m: 2:19.45 54.10	250m: 4:04.94 52.35	350m: 5:40.29 40.97
100m: 1:25.35 47.52	200m: 3:12.59 53.14	300m: 4:59.32 54.38	400m: 6:20.39 40.10
29. Grob Liv	12	6:25.03	331
50m: 41.76 41.76	150m: 2:21.67 48.75	250m: 4:05.37 57.63	350m: 5:44.27 41.68
100m: 1:32.92 51.16	200m: 3:07.74 46.07	300m: 5:02.59 57.22	400m: 6:25.03 40.76
30. Grob Linn	14	6:36.81	302
50m: 44.05 44.05	150m: 2:30.96 49.06	250m: 4:13.45 55.14	350m: 5:53.74 45.28
100m: 1:41.90 57.85	200m: 3:18.31 47.35	300m: 5:08.46 55.01	400m: 6:36.81 43.07
31. Said Celeste	13 H2O ssd - Muggio	6:38.46	298
50m: 46.42 46.42	150m: 2:38.12 54.72	250m: 4:21.46 51.52	350m: 5:57.55 44.44
100m: 1:43.40 56.98	200m: 3:29.94 51.82	300m: 5:13.11 51.65	400m: 6:38.46 40.91

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Rango	An	Tempo	Pt
32. Donvito Sofia	13 H2O ssd - Muggio	6:41.98	290
50m: 43.63 43.63	150m: 2:28.55 51.58	250m: 4:15.07 58.52	350m: 5:57.82 43.80
100m: 1:36.97 53.34	200m: 3:16.55 48.00	300m: 5:14.02 58.95	400m: 6:41.98 44.16
33. Wintsch Hanna	11	6:47.33	279
50m: 48.51 48.51	150m: 2:42.81 54.49	250m: 4:23.54 50.46	350m: 6:02.59 47.36
100m: 1:48.32 59.81	200m: 3:33.08 50.27	300m: 5:15.23 51.69	400m: 6:47.33 44.74
34. Restano Emma	14 H2O ssd - Muggio	7:31.43	205
50m: 50.97 50.97	150m: 2:49.55 55.46	250m: 4:48.69 1:05.61	350m: 6:41.89 46.75
100m: 1:54.09 1:03.12	200m: 3:43.08 53.53	300m: 5:55.14 1:06.45	400m: 7:31.43 49.54

17 anni e più vecchi

1. Ablovatskaia Alexandra	08 SS-8 Chisinau	5:16.78	594
50m: 31.93 31.93	150m: 1:51.58 40.86	250m: 3:19.03 46.24	350m: 4:42.07 35.88
100m: 1:10.72 38.79	200m: 2:32.79 41.21	300m: 4:06.19 47.16	400m: 5:16.78 34.71
2. Balsamo Elisa	08	5:22.86	561
50m: 33.74 33.74	150m: 1:54.71 41.64	250m: 3:23.66 48.76	350m: 4:48.45 35.81
100m: 1:13.07 39.33	200m: 2:34.90 40.19	300m: 4:12.64 48.98	400m: 5:22.86 34.41
3. Dal Mas Matilde	07 Rari Nantes Venezia	5:24.24	554
50m: 32.75 32.75	150m: 1:55.18 42.17	250m: 3:21.59 46.09	350m: 4:47.67 39.50
100m: 1:13.01 40.26	200m: 2:35.50 40.32	300m: 4:08.17 46.58	400m: 5:24.24 36.57
4. Anzanello Giulia	08 Rari Nantes Venezia	5:31.45	518
50m: 30.95 30.95	150m: 1:51.26 43.69	250m: 3:24.29 50.75	350m: 4:54.40 39.21
100m: 1:07.57 36.62	200m: 2:33.54 42.28	300m: 4:15.19 50.90	400m: 5:31.45 37.05
5. Bonanomi Svetlana	06 Tecri Nuoto	5:43.12	467
50m: 34.45 34.45	150m: 1:58.98 45.14	250m: 3:35.07 53.04	350m: 5:05.53 38.66
100m: 1:13.84 39.39	200m: 2:42.03 43.05	300m: 4:26.87 51.80	400m: 5:43.12 37.59
6. Pedrazzini Marta	02 Tecri Nuoto	5:46.24	455
50m: 38.01 38.01	150m: 2:10.95 46.36	250m: 3:43.08 49.39	350m: 5:10.10 37.41
100m: 1:24.59 46.58	200m: 2:53.69 42.74	300m: 4:32.69 49.61	400m: 5:46.24 36.14
7. Restano Giada	05 H2O ssd - Muggio	5:49.10	444
50m: 33.22 33.22	150m: 2:01.59 45.89	250m: 3:37.31 49.20	350m: 5:10.05 40.16
100m: 1:15.70 42.48	200m: 2:48.11 46.52	300m: 4:29.89 52.58	400m: 5:49.10 39.05
8. Guarda Martina	03 H2O ssd - Muggio	5:52.45	431
50m: 34.52 34.52	150m: 2:01.10 46.22	250m: 3:36.60 51.48	350m: 5:12.52 42.52
100m: 1:14.88 40.36	200m: 2:45.12 44.02	300m: 4:30.00 53.40	400m: 5:52.45 39.93
9. Pedrazzini Cecilia	07 Tecri Nuoto	5:53.74	426
50m: 36.56 36.56	150m: 2:04.55 44.05	250m: 3:40.94 53.95	350m: 5:15.06 40.16
100m: 1:20.50 43.94	200m: 2:46.99 42.44	300m: 4:34.90 53.96	400m: 5:53.74 38.68
10. Valneri Giada	01 Tecri Nuoto	5:58.52	410
50m: 34.40 34.40	150m: 2:04.47 48.93	250m: 3:45.85 54.73	350m: 5:20.41 39.45
100m: 1:15.54 41.14	200m: 2:51.12 46.65	300m: 4:40.96 55.11	400m: 5:58.52 38.11
11. Besana Martina	06 H2O ssd - Muggio	6:14.38	360
50m: 39.55 39.55	150m: 2:16.87 50.22	250m: 3:56.38 51.20	350m: 5:31.81 43.71
100m: 1:26.65 47.10	200m: 3:05.18 48.31	300m: 4:48.10 51.72	400m: 6:14.38 42.57
12. Mariuzzo Elisa	97 Csm Swim Team A.S.D.	6:38.81	297
50m: 44.06 44.06	150m: 2:30.98 57.24	250m: 4:15.04 51.22	350m: 5:53.12 47.86
100m: 1:33.74 49.68	200m: 3:23.82 52.84	300m: 5:05.26 50.22	400m: 6:38.81 45.69