

Limietwedstrijd deel 2 KB  
Nijmegen, 26-10-2024

Programmanr. 2  
26-10-2024 - 14:14

Dames, 400m wisselslag

2016 en eerder  
Resultaten

rang	naam	vereniging	intijd			tijd			RT
1.	Mandy Berndsén	VZC	5:41.88			201001138			<b>5:33.38</b>
	50m: 35.38	35.38	150m: 1:59.98	41.91	250m: 3:27.60	46.04	350m: 4:55.46	35.55	
	100m: 1:18.07	42.69	200m: 2:41.56	41.58	300m: 4:19.91	52.31	400m: 5:33.38	37.92	
2.	Maartje van Berkóm	Aqua-Novio'94	6:20.05			201100514			<b>5:59.30</b>
	50m: 38.37	38.37	150m: 2:11.84	46.64	250m: 3:47.68	50.98	350m: 5:21.32	41.26	
	100m: 1:25.20	46.83	200m: 2:56.70	44.86	300m: 4:40.06	52.38	400m: 5:59.30	37.98	
3.	Anna Berkhout	TZC Vahalis	NT			201100080			<b>6:03.67</b>
	50m: 41.34	41.34	150m: 2:17.08	44.60	250m: 3:49.63	49.60	350m: 5:23.72	43.77	
	100m: 1:32.48	51.14	200m: 3:00.03	42.95	300m: 4:39.95	50.32	400m: 6:03.67	39.95	
4.	Sophie Hoogervorst	AZC	6:23.35			201100252			<b>6:07.30</b>
	50m: 43.75	43.75	150m: 2:19.97	42.72	250m: 3:54.47	49.89	350m: 5:26.83	39.11	
	100m: 1:37.25	53.50	200m: 3:04.58	44.61	300m: 4:47.72	53.25	400m: 6:07.30	40.47	
5.	Robin Versteeg	Aqua-Novio'94	6:32.59			201200276			<b>6:12.95</b>
	50m: 38.64	38.64	150m: 2:16.87	46.31	250m: 3:56.01	53.92	350m: 5:32.73	42.36	
	100m: 1:30.56	51.92	200m: 3:02.09	45.22	300m: 4:50.37	54.36	400m: 6:12.95	40.22	
6.	Fay Jansen	Aqua-Novio'94	6:47.06			201200154			<b>6:20.45</b>
	50m: 41.96	41.96	150m: 2:17.91	48.82	250m: 3:59.31	54.96	350m: 5:39.26	43.43	
	100m: 1:29.09	47.13	200m: 3:04.35	46.44	300m: 4:55.83	56.52	400m: 6:20.45	41.19	