

Severoslovenská liga 4.kolo
Dolný Kubín, 23.11.2024

disciplína 10
23.11.2024 - 12:38

muži, 400m vo ný spôsob

11 ro . a st.
Výsledky

bodovanie: FINA 2023

por.			Ro .			as			body
11 ro .									
1.	Gavula Stanislav		13	MPK Tvrdošín			5:19.78		292
	50m:	37.63	37.63	150m:	2:00.13	40.75	250m:	3:20.75	40.24
	100m:	1:19.38	41.75	200m:	2:40.51	40.38	300m:	4:01.29	40.54
							350m:	4:41.56	40.27
							400m:	5:19.78	38.22
2.	Kekely Richard		13	PK TENAX Žilina			5:20.66		290
	50m:	36.46	36.46	150m:	1:58.79	41.17	250m:	3:21.47	41.24
	100m:	1:17.62	41.16	200m:	2:40.23	41.44	300m:	4:02.60	41.13
							350m:	4:43.03	40.43
							400m:	5:20.66	37.63
3.	Gabarík Peter		13	MPK Tvrdošín			5:55.80		212
	50m:	39.76	39.76	150m:	2:09.48	45.16	250m:	3:39.80	45.11
	100m:	1:24.32	44.56	200m:	2:54.69	45.21	300m:	4:25.61	45.81
							350m:	5:11.23	45.62
							400m:	5:55.80	44.57
4.	Vierik Samuel		13	PO Ružomberok			6:09.70		189
	50m:	41.99	41.99	150m:	2:17.95	48.27	250m:	3:54.70	48.14
	100m:	1:29.68	47.69	200m:	3:06.56	48.61	300m:	4:41.30	46.60
							350m:	5:27.85	46.55
							400m:	6:09.70	41.85
5.	Benko Adam		13	PK TENAX Žilina			6:16.38		179
	50m:	42.61	42.61	150m:	2:17.91	48.38	250m:	3:54.97	48.56
	100m:	1:29.53	46.92	200m:	3:06.41	48.50	300m:	4:43.39	48.42
							350m:	5:31.12	47.73
							400m:	6:16.38	45.26
6.	Gallik Filip		13	PK TENAX Žilina			6:38.74		150
	50m:	44.46	44.46	150m:	2:27.17	51.98	250m:	4:10.09	51.41
	100m:	1:35.19	50.73	200m:	3:18.68	51.51	300m:	5:01.01	50.92
							350m:	5:52.37	51.36
							400m:	6:38.74	46.37
7.	Pažitka Oliver		13	PO Ružomberok			6:53.88		134
	50m:	45.64	45.64	150m:	2:32.26	53.56	250m:	4:21.21	53.08
	100m:	1:38.70	53.06	200m:	3:28.13	55.87	300m:	5:12.27	51.06
							350m:	6:04.47	52.20
							400m:	6:53.88	49.41
8.	Plešinský Miroslav		13	MPK Dolný Kubín			6:58.27		130
	50m:	46.13	46.13	150m:	2:35.90	56.53	250m:	4:25.36	54.81
	100m:	1:39.37	53.24	200m:	3:30.55	54.65	300m:	5:19.30	53.94
							350m:	6:09.99	50.69
							400m:	6:58.27	48.28
9.	Hudák Juraj		13	PK TENAX Žilina			7:10.05		120
	50m:	49.03	49.03	150m:	2:38.78	55.54	250m:	4:25.09	51.83
	100m:	1:43.24	54.21	200m:	3:33.26	54.48	300m:	5:18.69	53.60
							350m:	6:15.30	56.61
							400m:	7:10.05	54.75
12 ro .									
1.	Buc Tomáš		12	PO Ružomberok			5:00.34		352
	50m:	33.10	33.10	150m:	1:48.40	38.37	250m:	3:06.44	39.06
	100m:	1:10.03	36.93	200m:	2:27.38	38.98	300m:	3:45.83	39.39
							350m:	4:24.51	38.68
							400m:	5:00.34	35.83
2.	Vrobel Michael		12	MPK Tvrdošín			5:11.21		317
	50m:	34.33	34.33	150m:	1:52.25	39.57	250m:	3:12.83	40.33
	100m:	1:12.68	38.35	200m:	2:32.50	40.25	300m:	3:53.60	40.77
							350m:	4:33.63	40.03
							400m:	5:11.21	37.58
3.	Hudák Richard		12	PK TENAX Žilina			5:25.11		278
	50m:	35.37	35.37	150m:	1:55.87	40.95	250m:	3:20.30	42.54
	100m:	1:14.92	39.55	200m:	2:37.76	41.89	300m:	4:02.81	42.51
							350m:	4:45.45	42.64
							400m:	5:25.11	39.66
4.	Domenik Samuel		12	PO Ružomberok			6:03.70		198
	50m:	40.68	40.68	150m:	2:13.89	47.34	250m:	3:46.36	46.73
	100m:	1:26.55	45.87	200m:	2:59.63	45.74	300m:	4:34.11	47.75
							350m:	5:19.67	45.56
							400m:	6:03.70	44.03
5.	Kopecký Matej		12	AT Tur ianske Teplice			6:10.15		188
	50m:	40.48	40.48	150m:	2:13.88	48.40	250m:	3:50.88	48.79
	100m:	1:25.48	45.00	200m:	3:02.09	48.21	300m:	4:39.49	48.61
							350m:	5:27.20	47.71
							400m:	6:10.15	42.95
6.	Hrúz Jakub		12	PK Martin			6:37.46		152
	50m:	43.46	43.46	150m:	2:22.41	49.53	250m:	4:01.94	49.21
	100m:	1:32.88	49.42	200m:	3:12.73	50.32	300m:	4:53.94	52.00
							350m:	5:48.48	54.54
							400m:	6:37.46	48.98
7.	Šmajda Marián		12	PK Martin			6:39.80		149
	50m:	42.78	42.78	150m:	2:23.25	49.50	250m:	4:06.74	51.11
	100m:	1:33.75	50.97	200m:	3:15.63	52.38	300m:	4:58.06	51.32
							350m:	5:49.86	51.80
							400m:	6:39.80	49.94

Severoslovenská liga 4.kolo
Dolný Kubín, 23.11.2024

disciplína 10, žiaci, 400m vo ný spôsob, 12 ro .

por.	Ro .						as	body				
8.	Glemba Maroš						12	PO Ružomberok	7:33.18	102		
	50m:	43.07	43.07	150m:	2:33.54	57.80	250m:	4:31.48	59.88	350m:	6:28.43	55.17
	100m:	1:35.74	52.67	200m:	3:31.60	58.06	300m:	5:33.26	1:01.78	400m:	7:33.18	1:04.75

13 - 14 ro .

1.	Bela Ivan						11	PK Martin	4:55.33	371		
	50m:	32.79	32.79	150m:	1:45.86	37.39	250m:	3:01.93	37.92	350m:	4:17.85	38.11
	100m:	1:08.47	35.68	200m:	2:24.01	38.15	300m:	3:39.74	37.81	400m:	4:55.33	37.48
2.	Béreš Samuel						10	Nereus Žilina	4:59.92	354		
	50m:	33.82	33.82	150m:	1:48.61	37.98	250m:	3:05.26	38.48	350m:	4:22.69	38.70
	100m:	1:10.63	36.81	200m:	2:26.78	38.17	300m:	3:43.99	38.73	400m:	4:59.92	37.23
3.	Sládek Richard						11	PK TENAX Žilina	5:15.91	303		
	50m:	33.79	33.79	150m:	1:53.12	40.36	250m:	3:16.34	42.04	350m:	4:38.05	41.05
	100m:	1:12.76	38.97	200m:	2:34.30	41.18	300m:	3:57.00	40.66	400m:	5:15.91	37.86
4.	Go altovský Marek						11	PK Martin	5:44.69	233		
	50m:	38.89	38.89	150m:	2:09.38	45.41	250m:	3:37.54	44.27	350m:	5:05.16	43.69
	100m:	1:23.97	45.08	200m:	2:53.27	43.89	300m:	4:21.47	43.93	400m:	5:44.69	39.53
5.	Leja Jakub						11	PK Martin	5:47.30	228		
	50m:	39.09	39.09	150m:	2:09.01	45.62	250m:	3:38.71	44.64	350m:	5:07.35	44.34
	100m:	1:23.39	44.30	200m:	2:54.07	45.06	300m:	4:23.01	44.30	400m:	5:47.30	39.95
6.	Janza Simon						11	Nereus Žilina	5:47.91	227		
	50m:	38.11	38.11	150m:	2:06.47	44.82	250m:	3:38.19	45.85	350m:	5:07.88	43.85
	100m:	1:21.65	43.54	200m:	2:52.34	45.87	300m:	4:24.03	45.84	400m:	5:47.91	40.03
7.	Jaššo Tobias						11	PK TENAX Žilina	5:49.19	224		
	50m:	39.06	39.06	150m:	2:08.44	45.65	250m:	3:39.53	45.36	350m:	5:06.56	44.67
	100m:	1:22.79	43.73	200m:	2:54.17	45.73	300m:	4:21.89	42.36	400m:	5:49.19	42.63
8.	Hošala Michal Maximilián						10	PK Martin	6:14.00	182		
	50m:	39.36	39.36	150m:	2:08.86	45.30	250m:	3:44.53	48.69	350m:	5:23.53	50.07
	100m:	1:23.56	44.20	200m:	2:55.84	46.98	300m:	4:33.46	48.93	400m:	6:14.00	50.47
9.	Vallo Patrik						10	Nereus Žilina	6:24.31	168		
	50m:	41.69	41.69	150m:	2:20.51	49.65	250m:	4:01.76	50.40	350m:	5:36.70	45.81
	100m:	1:30.86	49.17	200m:	3:11.36	50.85	300m:	4:50.89	49.13	400m:	6:24.31	47.61
10.	Ivanov Elisei						11	Nereus Žilina	6:37.35	152		
	50m:	41.66	41.66	150m:	2:25.28	51.59	250m:	4:09.21	52.08	350m:	5:51.89	51.72
	100m:	1:33.69	52.03	200m:	3:17.13	51.85	300m:	5:00.17	50.96	400m:	6:37.35	45.46
11.	Palguta David						11	PO Ružomberok	6:45.44	143		
	50m:	44.64	44.64	150m:	2:26.85	52.57	250m:	4:11.13	52.35	350m:	5:53.39	50.46
	100m:	1:34.28	49.64	200m:	3:18.78	51.93	300m:	5:02.93	51.80	400m:	6:45.44	52.05

15 - 16 ro .

1.	Kubas Rastislav						08	TT Dolný Kubín	5:12.42	313		
	50m:	37.81	37.81	150m:	1:49.98	38.68	250m:	3:10.94	41.14	350m:	4:33.65	41.41
	100m:	1:11.30	33.49	200m:	2:29.80	39.82	300m:	3:52.24	41.30	400m:	5:12.42	38.77
2.	Minarovi Juraj						08	PK Žabka adca	5:19.83	292		
	50m:	33.54	33.54	150m:	1:54.03	41.33	250m:	3:17.79	42.08	350m:	4:40.42	41.32
	100m:	1:12.70	39.16	200m:	2:35.71	41.68	300m:	3:59.10	41.31	400m:	5:19.83	39.41

17 ro . a st.

1.	Pavlí ek Dominik						95	PO Ružomberok	5:30.21	265		
	50m:	34.20	34.20	150m:	1:53.07	40.79	250m:	3:18.33	43.12	350m:	4:46.82	44.74
	100m:	1:12.28	38.08	200m:	2:35.21	42.14	300m:	4:02.08	43.75	400m:	5:30.21	43.39

Severoslovenská liga 4.kolo
Dolný Kubín, 23.11.2024

disciplína 10, muži, 400m vo ný spôsob, 17 ro . a st.

por.				Ro .					as	body		
2.	Rešetár Andrej			85	AT Tur	ianske Teplice			6:14.57	181		
	50m:	37.80	37.80	150m:	2:07.47	46.31	250m:	3:44.28	49.14	350m:	5:23.35	49.80
	100m:	1:21.16	43.36	200m:	2:55.14	47.67	300m:	4:33.55	49.27	400m:	6:14.57	51.22
3.	Palguta uboslav			78	PO Ružomberok				6:46.06	142		
	50m:	42.39	42.39	150m:	2:20.64	51.47	250m:	4:08.29	54.42	350m:	5:57.09	53.74
	100m:	1:29.17	46.78	200m:	3:13.87	53.23	300m:	5:03.35	55.06	400m:	6:46.06	48.97