

Campeonato Regional Juvenis, Juniores e Seniores PC  
Cantanhede, 23 - 24/11/2024

Prova 38 24/11/2024 - 16:15	Masc., 200m Costas				Absolutos Resultados
Rec Nacional Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	16/12/2018
Rec Nacional Sen	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (FRA)	16/12/2018
Rec Nacional Jun18	1:57.90	Tomas Maia, JANUARIO	SLB	Leiria	09/12/2023
Rec Nacional Jun17	1:59.34	Adriano Miguel, NIZ	CFV	Alges	16/05/2003
Rec Nacional Juv A	2:01.43	Diogo Gomes, SOUSA	CNCVG	Algés	04/06/2011
Rec Nacional Juv B	2:04.99	Joao Alexandre, VITAL	ADRCIMM	Alapraia	09/03/2013
Rec Regional Open	1:52.66	Gabriel Jose, LOPES	ALN		01/01/2018
Rec Regional Sen	1:52.66	Gabriel Jose, LOPES	ALN		01/01/2018
Rec Regional Jun18	2:03.57	Gabriel Jose, LOPES	ALN		01/01/2015
Rec Regional Jun17	2:02.88	Gabriel Jose, LOPES	CDL		01/01/2014
Rec Regional Juv A	2:09.95	Pedro, MATOS	CNM		01/01/1998
Rec Regional Juv B	2:10.76	Diogo Matos, RIBEIRO	CUC		01/01/2019

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
<b>Juvenis B</b>									
1.	Manuel Gaspar, BRANCO	10	CASPAE	<b>2:58.32</b>	207	42.30	45.46	46.18	44.38
<b>Juniores</b>									
1.	F., PEREIRA	08	Academica de Coimbra	<b>2:12.76</b>	503	31.29	33.04	34.10	34.33
2.	Rodrigo Mosca, SILVA	08	Columbofila Cantanhedens	<b>2:14.88</b>	480	31.28	33.85	34.58	35.17
<b>Seniores</b>									
1.	Gustavo Pires, MARQUES	04	Condeixa Clube	<b>2:11.98</b>	512	31.70	33.23	34.26	32.79
2.	Renato Maria, FERREIRA	04	Nautico Academico	<b>2:30.04</b>	348	33.93	37.77	39.31	39.03