

Campeonato Regional Juvenis, Juniores e Seniores PC  
Cantanhede, 23 - 24/11/2024

| Prova 3<br>23/11/2024 - 10:30 | Masc., 100m Bruços |                         |      |                       | Absolutos<br>Resultados |
|-------------------------------|--------------------|-------------------------|------|-----------------------|-------------------------|
| Rec Nacional Open             | 58.19              | Carlos Esteves, ALMEIDA | POR  | Chartres (FRA)        | 22/11/2012              |
| Rec Nacional Sen              | 58.19              | Carlos Esteves, ALMEIDA | POR  | Chartres (FRA)        | 22/11/2012              |
| Rec Nacional Jun18            | 1:01.25            | Pedro Miguel, AGOSTINHO | SCP  | S. António Cavaleiros | 19/12/2009              |
| Rec Nacional Jun17            | 1:01.63            | Rafael Miguel, MIMOSO   | SLB  | Leiria                | 08/12/2023              |
| Rec Nacional Juv A            | 1:03.25            | Ricardo Samuel, PEREIRA | SLB  | Algés                 | 13/07/2019              |
| Rec Nacional Juv B            | 1:04.20            | Rafael Miguel, MIMOSO   | SLB  | Algés                 | 16/06/2022              |
| Rec Regional Open             | 1:00.23            | Gabriel Jose, LOPES     | ALN  |                       | 01/01/2019              |
| Rec Regional Sen              | 1:00.23            | Gabriel Jose, LOPES     | ALN  |                       | 01/01/2019              |
| Rec Regional Jun18            | 1:02.40            | Tomas Miguel, VELOSO    | CNAC |                       | 01/01/2014              |
| Rec Regional Jun17            | 1:03.11            | Gabriel Jose, LOPES     | CDL  |                       | 01/01/2014              |
| Rec Regional Juv A            | 1:04.90            | Gabriel Jose, LOPES     | CDL  |                       | 01/01/2013              |
| Rec Regional Juv B            | 1:07.30            | Tomas, OLIVEIRA         | SCC  |                       | 01/01/2021              |

Pontos: AQUA 2024

| Lugar            | Ano                          |    | Tempo final               | Pts            | 50m | 100m  |       |
|------------------|------------------------------|----|---------------------------|----------------|-----|-------|-------|
| <b>Juvenis B</b> |                              |    |                           |                |     |       |       |
| 1.               | Andre Filipe, COSTA          | 10 | Vigor da Mocidade         | <b>1:20.28</b> | 326 | 38.51 | 41.77 |
| 2.               | Francisco Martins, SIMOES    | 10 | Nautico Academico         | <b>1:21.56</b> | 311 | 38.53 | 43.03 |
| 3.               | Francisco Diogo, SANTOS      | 10 | CASPAE                    | <b>1:29.43</b> | 236 | 42.28 | 47.15 |
| <b>Juniores</b>  |                              |    |                           |                |     |       |       |
| 1.               | Rodrigo Mosca, SILVA         | 08 | Columbofila Cantanhedense | <b>1:11.86</b> | 455 | 33.74 | 38.12 |
| 2.               | Samuel Dinis, MAIA           | 08 | Miranda do Corvo          | <b>1:17.54</b> | 362 | 36.74 | 40.80 |
| 3.               | Bruno Carpinteiro, FERREIRA  | 07 | S. Pedro Alva             | <b>1:29.65</b> | 234 | 42.45 | 47.20 |
| <b>Seniores</b>  |                              |    |                           |                |     |       |       |
| 1.               | Gabriel Jose, LOPES          | 97 | Louzan Nataçao            | <b>1:02.24</b> | 700 | 29.36 | 32.88 |
| 2.               | Joao Ventura, PAIS           | 02 | Condeixa Clube            | <b>1:07.73</b> | 543 | 32.18 | 35.55 |
| 3.               | Afonso Martim, GOUVEIA       | 05 | Academica de Coimbra      | <b>1:07.89</b> | 539 | 32.55 | 35.34 |
| 4.               | Duarte Jose, FERNANDES       | 06 | Individual ANC            | <b>1:08.08</b> | 535 | 31.77 | 36.31 |
| 5.               | Joao Gabriel, ANICETO        | 04 | Nautico Academico         | <b>1:08.27</b> | 530 | 32.22 | 36.05 |
| 6.               | Francisco Parra De La, TORRE | 00 | Nautico Academico         | <b>1:09.16</b> | 510 | 33.28 | 35.88 |
| 7.               | Miguel Caridade, GASPAR      | 99 | Academica de Coimbra      | <b>1:11.34</b> | 465 | 33.68 | 37.66 |
| 8.               | Vasco Pereira, BASTOS        | 02 | Nautico Academico         | <b>1:11.45</b> | 463 | 33.32 | 38.13 |
| 9.               | David Coelho, SILVA          | 00 | Nautico Academico         | <b>1:18.34</b> | 351 | 36.90 | 41.44 |