

Campeonato Regional Juvenis, Juniores e Seniores PC
Cantanhede, 23 - 24/11/2024

Prova 2	Femin., 200m Livres				Absolutos
23/11/2024 - 10:10					Resultados
Rec Nacional Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nacional Sen	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nacional 18	1:59.25	Francisca Soares, MARTINS	FOCA	Felgueiras	17/07/2021
Rec Nacional Jun17	1:59.62	Leticia Maia, ANDRE	SLB	Felgueiras	23/12/2018
Rec Nacional Jun16	2:01.12	Francisca Soares, MARTINS	FOCA	Felgueiras	27/04/2019
Rec Nacional Juv A	2:03.90	Maria Ferreira, MOURA	SCP	Algés	29/06/2019
Rec Nacional Juv B	2:04.38	Camila Rodrigues, REBELO	SANC	Coimbra	25/06/2017
Rec Nac NA	2:23.51	Susana Pereira, VEIGA	CFB	Coimbra	19/10/2024
Rec Regional Open	2:01.09	Camila Rodrigues, REBELO	ALN		01/01/2022
Rec Regional Sen	2:01.09	Camila Rodrigues, REBELO	ALN		01/01/2022
Rec Regional 18	2:14.06	Leonor Mil, MANO	CNAC	Coimbra	03/11/2024
Rec Regional Jun17	2:02.30	Camila Rodrigues, REBELO	ALN		01/01/2019
Rec Regional Jun16	2:01.39	Camila Rodrigues, REBELO	ALN		01/01/2019
Rec Regional Juv A	2:04.01	Alexandra Couto, FRAZAO	IND		01/01/2017
Rec Regional Juv B	2:04.38	Camila Rodrigues, REBELO	ALN		01/01/2017

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
Juvenis B									
1.	Eva Miranda, ALMEIDA	11	Cumbobfila Cantanhedens	2:21.87	470	32.85	36.14	36.77	36.11
2.	Filipa Ferreira, LOISAS	11	Cumbobfila Cantanhedens	2:22.98	459	33.62	35.69	36.89	36.78
3.	Beatriz Oliveira, PORTULE	11	Cumbobfila Cantanhedens	2:24.48	445	34.04	36.11	37.28	37.05
4.	Leonor Cioga, MOREIRA	11	Condeixa Clube	2:29.56	401	34.00	37.82	40.21	37.53
5.	M., FIGUEIREDO	11	Condeixa Clube	2:29.60	400	35.31	38.17	38.97	37.15
6.	Sara Ferreira, SANTOS	11	Cumbobfila Cantanhedens	2:30.29	395	34.12	38.01	39.21	38.95

Juvenis A									
1.	Leonor Nunes, CARDEAL	10	Condeixa Clube	2:11.93	584	31.53	33.09	34.10	33.21
2.	Rita Lucas, SANTOS	10	Condeixa Clube	2:12.64	575	30.68	33.27	34.31	34.38
3.	Camila Duarte, MARCELC	10	Condeixa Clube	2:13.47	564	30.70	33.99	34.82	33.96
4.	Maria Ines, GANTE	10	Nautico Academico	2:20.46	484	32.55	35.73	36.44	35.74
5.	Leonor Mosca, SILVA	10	Cumbobfila Cantanhedens	2:21.69	471	33.83	35.24	36.15	36.47
6.	Maria Ines, RODRIGUES	10	Condeixa Clube	2:23.80	451	32.75	36.08	37.79	37.18
7.	Laura Nobre, MONTEIRO	10	Cumbobfila Cantanhedens	2:26.21	429	33.42	36.76	38.06	37.97
8.	Beatriz Ribeiro, VELOSO	10	Vigor da Mocidade	2:28.36	411	34.70	37.18	38.96	37.52
9.	Isabella Scavone, LOPES	10	Miranda do Corvo	2:29.74	399	33.23	37.67	37.87	40.97
10.	M., CARVALHO	10	Miranda do Corvo	2:30.51	393	33.83	38.32	39.69	38.67
11.	Ines Ferreira, SANTOS	10	Louzan Nataçao	2:41.39	319	38.28	40.53	41.72	40.86
12.	Erica Maria, ALMEIDA	10	Vigor da Mocidade	3:12.92	186	43.24	48.77	51.65	49.26

Juniores									
1.	Alana Costa, MATIAS	09	Nautico Academico	2:10.94	597	30.23	32.73	34.22	33.76
2.	Dania Simoes, RODRIGU	07	Louzan Nataçao	2:16.16	531	32.20	34.23	34.81	34.92
3.	Maria Manuel, CORTESAC	08	Nautico Academico	2:16.31	529	32.19	34.15	35.00	34.97
4.	Leonor Mil, MANO	07	Nautico Academico	2:16.50	527	31.01	33.79	35.06	36.64
5.	Marta Andre, AGUILAR	07	Nautico Academico	2:17.83	512	31.26	34.25	35.62	36.70
6.	L., FERNANDES	08	Nautico Academico	2:18.46	505	33.68	34.89	35.16	34.73
7.	Ines Miranda, DIOGO	07	Nautico Academico	2:19.55	493	32.06	34.94	36.14	36.41
8.	Ana Margarida, CRUZ	09	Nautico Academico	2:29.25	403	34.53	37.19	38.75	38.78
9.	Gabriela Maria, SILVA	09	Cumbobfila Cantanhedens	2:30.12	396	35.27	37.11	38.48	39.26
10.	J., NOGUEIRA	08	S. Pedro Alva	2:43.23	308	35.01	39.90	43.91	44.41
11.	Luana Soares, BRAS	09	S. Pedro Alva	2:57.30	240	38.37	43.99	46.94	48.00

Seniores									
1.	Joana Nunes, CARDEAL	02	Condeixa Clube	2:03.38	714	29.33	31.17	31.76	31.12
2.	Camila Rodrigues, REBEI	03	Louzan Nataçao	2:03.52	712	29.02	31.32	31.91	31.27
3.	Ines Jacinto, HENRIQUES	00	Louzan Nataçao	2:06.48	663	29.36	31.44	32.71	32.97
4.	Ana Carolina, MONTEIRO	04	Academica de Coimbra	2:12.26	580	30.91	33.32	33.87	34.16
5.	Ana Teresa, ROMAO	06	Academica de Coimbra	2:14.02	557	32.60	35.03	33.67	32.72
6.	Leonor Verissimo, FARIA	06	Nautico Academico	2:16.31	529	32.47	34.43	35.37	34.04

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7. Maria Neto, FERREIRA	06	Nautico Academico	2:21.50	473	32.45	35.40	36.03	37.62
EXH Susana Pereira, VEIGA <i>Rec Nac Adaptada</i>	00	Belenenses	2:22.42	464	32.26	35.17	36.74	38.25