

XV Memorial Luís Lopes da Conceição - Infantis
Coimbra, 16/11/2024

Prova 2 Femin., 400m Livres Inf A e B
16/11/2024 - 9:50 Resultados

Rec Nac Open	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17/12/2017
Rec Nac Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Porto	19/07/1980
Rec Nac Inf B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça	13/06/2009

Pontos: AQUA 2024

Lugar	Ano	Tempo final	FINA	Pts
1. Maria Luisa, NOGUEIRA	12	Academica de Coimbra	5:05.52	433 9,00
50m: 34.97 34.97	150m: 1:53.37 39.43	250m: 3:12.01 39.49	350m: 4:29.35 38.82	
100m: 1:13.94 38.97	200m: 2:32.52 39.15	300m: 3:50.53 38.52	400m: 5:05.52 36.17	
2. Maria Leonor, LOBO	12	Condeixa Clube	5:05.80	432 7,00
50m: 36.65 36.65	150m: 1:54.81 38.77	250m: 3:12.23 37.99	350m: 4:29.00 37.98	
100m: 1:16.04 39.39	200m: 2:34.24 39.43	300m: 3:51.02 38.79	400m: 5:05.80 36.80	
3. Ines Esteves, CARVALHO	13	INDANNP	5:18.24	383 6,00
50m: 35.73 35.73	150m: 1:55.74 40.77	250m: 3:16.64 40.35	350m: 4:38.83 41.27	
100m: 1:14.97 39.24	200m: 2:36.29 40.55	300m: 3:57.56 40.92	400m: 5:18.24 39.41	
4. Margarida Paiva, CORREIA	12	Miranda do Corvo	5:35.72	327 5,00
50m: 37.37 37.37	150m: 2:01.10 42.71	250m: 3:26.08 42.29	350m: 4:52.96 43.29	
100m: 1:18.39 41.02	200m: 2:43.79 42.69	300m: 4:09.67 43.59	400m: 5:35.72 42.76	
5. Clara Lopes, FERNANDES	12	Louzan Nataçao	5:51.47	285 4,00
50m: 42.04 42.04	150m: 2:10.41 44.38	250m: 3:40.36 44.99	350m: 5:08.97 43.97	
100m: 1:26.03 43.99	200m: 2:55.37 44.96	300m: 4:25.00 44.64	400m: 5:51.47 42.50	
6. Matilde Goncalves, SILVA	13	Condeixa Clube	5:52.91	281 3,00
50m: 39.99 39.99	150m: 2:10.40 45.46	250m: 3:40.86 44.55	350m: 5:11.29 45.01	
100m: 1:24.94 44.95	200m: 2:56.31 45.91	300m: 4:26.28 45.42	400m: 5:52.91 41.62	
7. Emilia Matilde, GADANHA	12	Nautico Academico	5:53.24	280 2,00
50m: 40.29 40.29	150m: 2:10.06 45.78	250m: 3:38.17 42.54	350m: 5:10.40 45.73	
100m: 1:24.28 43.99	200m: 2:55.63 45.57	300m: 4:24.67 46.50	400m: 5:53.24 42.84	
8. Alice Silva, SENNA	12	Condeixa Clube	5:58.22	269 1,00
50m: 42.55 42.55	150m: 2:13.56 45.61	250m: 3:44.13 45.32	350m: 5:15.26 45.22	
100m: 1:27.95 45.40	200m: 2:58.81 45.25	300m: 4:30.04 45.91	400m: 5:58.22 42.96	
9. Maria Ines, MATEUS	12	Condeixa Clube	6:13.48	237 -
50m: 44.16 44.16	150m: 2:18.35 47.13	250m: 3:53.39 47.37	350m: 5:29.17 48.65	
100m: 1:31.22 47.06	200m: 3:06.02 47.67	300m: 4:40.52 47.13	400m: 6:13.48 44.31	
10. Zoryana, PALAMAR	13	Columbifila Cantanhedense	6:14.71	235 -
50m: 39.66 39.66	150m: 2:14.71 49.24	250m: 3:54.37 49.68	350m: 5:31.74 48.97	
100m: 1:25.47 45.81	200m: 3:04.69 49.98	300m: 4:42.77 48.40	400m: 6:14.71 42.97	
11. Petra Daniel, AMADO	13	Condeixa Clube	6:32.90	204 -
50m: 44.85 44.85	150m: 2:25.82 51.10	250m: 4:08.87 51.75	350m: 5:51.09 51.71	
100m: 1:34.72 49.87	200m: 3:17.12 51.30	300m: 4:59.38 50.51	400m: 6:32.90 41.81	
12. Maria Costa, VIEGAS	13	Academica de Coimbra	6:33.35	203 -
50m: 43.23 43.23	150m: 2:25.12 51.61	250m: 4:07.66 51.57	350m: 5:50.64 51.14	
100m: 1:33.51 50.28	200m: 3:16.09 50.97	300m: 4:59.50 51.84	400m: 6:33.35 42.71	
13. Sofia Cioga, MOREIRA	13	Condeixa Clube	6:35.45	200 -
50m: 47.06 47.06	150m: 2:28.04 50.46	250m: 4:11.25 52.26	350m: 5:51.31 48.93	
100m: 1:37.58 50.52	200m: 3:18.99 50.95	300m: 5:02.38 51.13	400m: 6:35.45 44.14	
14. Joana Maria, OLIVEIRA	13	Academica de Coimbra	6:47.63	182 -
50m: 49.34 49.34	150m: 2:33.22 51.48	250m: 4:15.63 50.49	350m: 5:56.92 49.86	
100m: 1:41.74 52.40	200m: 3:25.14 51.92	300m: 5:07.06 51.43	400m: 6:47.63 50.71	
15. Benedita Goncalves, SILVA	13	Academica de Coimbra	6:48.99	180 -
50m: 49.49 49.49	150m: 2:34.34 51.87	250m: 4:17.78 51.14	350m: 6:01.88 51.17	
100m: 1:42.47 52.98	200m: 3:26.64 52.30	300m: 5:10.71 52.93	400m: 6:48.99 47.11	
16. Joana Oliveira, RIBEIRO	13	Louzan Nataçao	7:33.08	133 -
50m: 50.32 50.32	150m: 2:45.50 58.53	250m: 4:44.45 1:00.24	350m: 6:41.08 57.07	
100m: 1:46.97 56.65	200m: 3:44.21 58.71	300m: 5:44.01 59.56	400m: 7:33.08 52.00	

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Prova 2, Femin., 400m Livres

Lugar			Ano				Tempo final	FINA	Pts			
EXH	Leonor Matias, ROSA			13	Louzan Natacao		6:29.59	209	-			
	50m:	45.78	45.78	150m:	2:24.63	49.97	250m:	4:04.23	49.65	350m:	5:43.28	48.71
	100m:	1:34.66	48.88	200m:	3:14.58	49.95	300m:	4:54.57	50.34	400m:	6:29.59	46.31