

XV Memorial Luís Lopes da Conceição - Infantis
Coimbra, 16/11/2024

Prova 1 Masc., 400m Livres Inf A e B
16/11/2024 - 9:30 Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac Inf A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014
Rec Nac Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04/04/2003

Pontos: AQUA 2024

Lugar		Ano						Tempo final	FINA	Pts
1.	Hugo Ferreira, SILVA	11	Academica de Coimbra	4:45.09	412	9,00				
	50m: 33.42 33.42	150m: 1:44.27	35.88	250m: 2:57.32	36.40	350m: 4:10.31	36.40			
	100m: 1:08.39 34.97	200m: 2:20.92	36.65	300m: 3:33.91	36.59	400m: 4:45.09	34.78			
2.	Goncalo Nunes, MARQUES	11	Condeixa Clube	5:00.73	351	7,00				
	50m: 33.79 33.79	150m: 1:47.95	38.04	250m: 3:05.17	38.39	350m: 4:23.48	39.62			
	100m: 1:09.91 36.12	200m: 2:26.78	38.83	300m: 3:43.86	38.69	400m: 5:00.73	37.25			
3.	David Pereira, MARQUES	11	Columbofila Cantanhedense	5:01.11	350	6,00				
	50m: 35.15 35.15	150m: 1:51.55	37.86	250m: 3:08.32	38.71	350m: 4:24.50	37.90			
	100m: 1:13.69 38.54	200m: 2:29.61	38.06	300m: 3:46.60	38.28	400m: 5:01.11	36.61			
4.	Vicente Abrantes, DIOGO	11	Columbofila Cantanhedense	5:01.25	349	5,00				
	50m: 33.67 33.67	150m: 1:49.73	38.48	250m: 3:06.59	38.38	350m: 4:23.87	38.88			
	100m: 1:11.25 37.58	200m: 2:28.21	38.48	300m: 3:44.99	38.40	400m: 5:01.25	37.38			
5.	Bernardo Bento, DINIS	11	Condeixa Clube	5:01.35	349	4,00				
	50m: 34.04 34.04	150m: 1:48.06	37.51	250m: 3:04.96	38.73	350m: 4:23.30	39.08			
	100m: 1:10.55 36.51	200m: 2:26.23	38.17	300m: 3:44.22	39.26	400m: 5:01.35	38.05			
6.	Leonardo Fonseca, FERRAZ	11	Academica de Coimbra	5:02.23	346	3,00				
	50m: 35.30 35.30	150m: 1:51.89	39.07	250m: 3:08.68	38.26	350m: 4:26.34	38.34			
	100m: 1:12.82 37.52	200m: 2:30.42	38.53	300m: 3:48.00	39.32	400m: 5:02.23	35.89			
7.	Diogo Teixeira, LOPES	11	Columbofila Cantanhedense	5:19.16	294	2,00				
	50m: 35.34 35.34	150m: 1:54.96	40.56	250m: 3:17.24	41.46	350m: 4:39.74	41.48			
	100m: 1:14.40 39.06	200m: 2:35.78	40.82	300m: 3:58.26	41.02	400m: 5:19.16	39.42			
8.	Duarte Santos, MATEUS	11	Condeixa Clube	5:26.17	275	1,00				
	50m: 37.35 37.35	150m: 1:59.44	41.18	250m: 3:23.12	41.27	350m: 4:45.95	40.97			
	100m: 1:18.26 40.91	200m: 2:41.85	42.41	300m: 4:04.98	41.86	400m: 5:26.17	40.22			
9.	Tomas Goncalves, RODRIGUES	12	Columbofila Cantanhedense	5:27.16	273	-				
	50m: 36.84 36.84	150m: 1:58.67	41.20	250m: 3:22.44	42.35	350m: 4:47.05	42.17			
	100m: 1:17.47 40.63	200m: 2:40.09	41.42	300m: 4:04.88	42.44	400m: 5:27.16	40.11			
10.	Afonso Manuel, FERNANDES	12	Academica de Coimbra	5:30.01	266	-				
	50m: 39.80 39.80	150m: 2:04.70	41.72	250m: 3:28.97	42.23	350m: 4:50.85	39.32			
	100m: 1:22.98 43.18	200m: 2:46.74	42.04	300m: 4:11.53	42.56	400m: 5:30.01	39.16			
11.	Daniel Nunes, FREITAS	11	Columbofila Cantanhedense	5:31.38	262	-				
	50m: 37.38 37.38	150m: 2:00.17	40.66	250m: 3:24.84	42.59	350m: 4:50.94	42.87			
	100m: 1:19.51 42.13	200m: 2:42.25	42.08	300m: 4:08.07	43.23	400m: 5:31.38	40.44			
12.	Bernardo Silva, NEVES	11	Nautico Academico	5:31.88	261	-				
	50m: 36.84 36.84	150m: 2:01.37	42.20	250m: 3:27.28	43.02	350m: 4:51.77	41.88			
	100m: 1:19.17 42.33	200m: 2:44.26	42.89	300m: 4:09.89	42.61	400m: 5:31.88	40.11			
13.	Guilherme Goncalves, CHANTRE	11	Miranda do Corvo	5:33.34	258	-				
	50m: 37.91 37.91	150m: 2:01.25	42.36	250m: 3:26.62	43.27	350m: 4:51.67	42.24			
	100m: 1:18.89 40.98	200m: 2:43.35	42.10	300m: 4:09.43	42.81	400m: 5:33.34	41.67			
14.	Francisco Duarte, RODRIGUES	11	Louzan Nataçao	5:36.37	251	-				
	50m: 37.74 37.74	150m: 2:03.17	43.33	250m: 3:29.56	43.40	350m: 4:55.18	42.73			
	100m: 1:19.84 42.10	200m: 2:46.16	42.99	300m: 4:12.45	42.89	400m: 5:36.37	41.19			
15.	Martim Neves, CARIDADE	12	Condeixa Clube	5:44.62	233	-				
	50m: 38.48 38.48	150m: 2:04.28	43.53	250m: 3:34.17	44.83	350m: 5:03.05	43.98			
	100m: 1:20.75 42.27	200m: 2:49.34	45.06	300m: 4:19.07	44.90	400m: 5:44.62	41.57			
16.	Ruben Silva, ESTEVES	11	Condeixa Clube	5:46.04	230	-				
	50m: 39.04 39.04	150m: 2:08.06	44.63	250m: 3:36.51	44.15	350m: 5:04.23	44.28			
	100m: 1:23.43 44.39	200m: 2:52.36	44.30	300m: 4:19.95	43.44	400m: 5:46.04	41.81			

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Lugar				Ano				Tempo final	FINA	Pts		
17.	Miguel Simoes, DIAS			12	Louzan Nataçao			5:47.82	227	-		
	50m:	37.39	37.39	150m:	2:05.30	44.54	250m:	3:35.26	45.05	350m:	5:05.87	44.99
	100m:	1:20.76	43.37	200m:	2:50.21	44.91	300m:	4:20.88	45.62	400m:	5:47.82	41.95
18.	Lourenco Serra, BARATA			12	Louzan Nataçao			5:54.57	214	-		
	50m:	37.92	37.92	150m:	2:07.70	45.77	250m:	3:39.13	45.77	350m:	5:10.95	45.47
	100m:	1:21.93	44.01	200m:	2:53.36	45.66	300m:	4:25.48	46.35	400m:	5:54.57	43.62
19.	Tomas Dinis, TORRES			12	Columbofila Cantanhedense			6:33.44	157	-		
	50m:	39.58	39.58	150m:	2:18.42	51.28	250m:	4:00.68	51.49	350m:	5:43.50	52.22
	100m:	1:27.14	47.56	200m:	3:09.19	50.77	300m:	4:51.28	50.60	400m:	6:33.44	49.94