

Event 21	Men, 400m Medley				Absoluto
09/11/2024 - 16:00					Startlist
Rec Nac Open	4:05.87	Gabriel Jose, Lopes	ALN	Leiria	09/12/2022
Rec Nac Sen	4:05.87	Gabriel Jose, Lopes	ALN	Leiria	09/12/2022
Rec Nac Jun18	4:11.20	Joao Alexandre, Vital	SCP	Porto	11/12/2015
Rec Nac Jun17	4:21.93	Joao Alexandre, Vital	ADRCIMM	Porto	19/12/2014
Rec Nac Juv A	4:25.04	Joao Alexandre, Vital	ADRCIMM	Tomar	13/12/2013
Rec Nac Juv B	4:35.02	Diogo Filipe, Carvalho	CGA	Braga	21/03/2003
Rec Nac Inf A	4:40.32	Tomas Miguel, Freitas	CDN	Funchal	09/07/2004
Rec Nac Inf B	4:49.65	Andre Vilas, Ruivo	DNMG	S. António Cavaleiros	15/03/2013
Meet Rec	4:09.32	Gabriel Jose, Lopes	POR	Albufeira	12/11/2022

Pista	Nome	YB	NFed	Clube	Tp inscrição	
<u>Heat 2 of 2, scheduled in session 4 at 16:00</u>						
1	Goncalo Gualberto, Barbara	00	118851	Lagoa Academico Clube	4:49.89	25m ____:____
2	Andre Correia, Alves	06	131173	Benfica	4:37.39	25m ____:____
3	Goncalo Duarte, Carvalho	05	132466	Benfica	4:32.85	25m ____:____
4	Yury, Fomin	06	208159	Benfica	4:32.47	50m ____:____
5	Diogo Santos, Cardoso	01	122969	Sporting	4:36.17	50m ____:____
6	Kaio Araujo, Fafine	06	213446	Sporting	4:35.74	25m ____:____
7	Tomas Rocha, Dores	07	200766	Colegio Efanor	4:43.77	25m ____:____
8	Guilherme Pereira, Novais	09	205195	Foca Quinta Da Lixa - Cnf	4:50.09	25m ____:____