



limmatsharkszürich

43. Internationales Hi-Point Meeting
Zürich, 22. - 23.3.2025

Event 5	Men, 400m Medley				Open Results
22.03.2025 - 16:20					
Schweizerrekord	4:12.86	DESPLANCHES, Jérémy	GEN	Rennes (FRA)	16.04.2019
Meetingrekord	4:21.96	LEBHERZ, Yannick	GER	Zürich	05.03.2011
Sieger 2024	4:36.10	GARTMANN, Gian-Luca	SUI	Zürich	16.03.2024
HiPoint Limite : 5:30.50					

Points: AQUA 2025

Rank	YB		Time		Pts
1.	GARTMANN, Gian-Luca	03	Schwimmclub Uster	4:44.84	617
	50m: 28.32 28.32	150m: 1:39.22 37.01	250m: 2:55.27 39.80	350m: 4:11.32 34.99	
	100m: 1:02.21 33.89	200m: 2:15.47 36.25	300m: 3:36.33 41.06	400m: 4:44.84 33.52	
2.	RUTISHAUSER, Lennox	05	Schwimmclub Frauenfeld	4:46.59	605
	50m: 27.32 27.32	150m: 1:36.93 37.07	250m: 2:54.95 41.26	350m: 4:12.29 35.44	
	100m: 59.86 32.54	200m: 2:13.69 36.76	300m: 3:36.85 41.90	400m: 4:46.59 34.30	
3.	RYKOV, Vladyslav	08	SC Buelach	4:48.66	592
	50m: 30.99 30.99	150m: 1:43.85 36.99	250m: 3:03.03 42.51	350m: 4:16.94 31.65	
	100m: 1:06.86 35.87	200m: 2:20.52 36.67	300m: 3:45.29 42.26	400m: 4:48.66 31.72	
4.	KNAB, Yannick	06	Schwimmclub Liestal	4:53.50	564
	50m: 30.11 30.11	150m: 1:43.59 36.90	250m: 3:03.55 42.28	350m: 4:21.45 34.72	
	100m: 1:06.69 36.58	200m: 2:21.27 37.68	300m: 3:46.73 43.18	400m: 4:53.50 32.05	
5.	YOTSUMOTO, Yuuki	10	Limmat Sharks	4:53.59	563
	50m: 30.52 30.52	150m: 1:45.22 38.47	250m: 3:04.30 41.32	350m: 4:20.99 34.25	
	100m: 1:06.75 36.23	200m: 2:22.98 37.76	300m: 3:46.74 42.44	400m: 4:53.59 32.60	
6.	ARNOLD, Julius Dian	07	Limmat Sharks	4:55.67	551
	50m: 29.64 29.64	150m: 1:44.99 39.63	250m: 3:05.48 41.21	350m: 4:21.62 34.16	
	100m: 1:05.36 35.72	200m: 2:24.27 39.28	300m: 3:47.46 41.98	400m: 4:55.67 34.05	
7.	GENTINA, Vico	09	Schwimmverein St.Gallen-Wittenbach	4:57.92	539
	50m: 31.25 31.25	150m: 1:46.46 38.74	250m: 3:06.95 42.52	350m: 4:23.67 34.18	
	100m: 1:07.72 36.47	200m: 2:24.43 37.97	300m: 3:49.49 42.54	400m: 4:57.92 34.25	
8.	BERCHTOLD, Christian	77	SC Thalwil	5:11.86	470
	50m: 30.88 30.88	150m: 1:48.21 41.12	250m: 3:11.37 43.60	350m: 4:34.74 38.96	
	100m: 1:07.09 36.21	200m: 2:27.77 39.56	300m: 3:55.78 44.41	400m: 5:11.86 37.12	
9.	ROHDEN, Malte	95	Schwimmclub Aarefisch Aarau	5:12.94	465
	50m: 32.55 32.55	150m: 1:51.13 40.98	250m: 3:14.31 43.35	350m: 4:36.24 38.17	
	100m: 1:10.15 37.60	200m: 2:30.96 39.83	300m: 3:58.07 43.76	400m: 5:12.94 36.70	
10.	LUKAC, Nicola	10	Schwimmclub Uster	5:14.75	457
	50m: 31.96 31.96	150m: 1:51.12 40.29	250m: 3:16.79 44.96	350m: 4:39.55 35.49	
	100m: 1:10.83 38.87	200m: 2:31.83 40.71	300m: 4:04.06 47.27	400m: 5:14.75 35.20	
11.	SALADIN, Aurel	07	Schwimmclub Schaffhausen	5:19.18	438
	50m: 33.15 33.15	150m: 1:56.88 43.65	250m: 3:23.42 44.54	350m: 4:44.84 35.93	
	100m: 1:13.23 40.08	200m: 2:38.88 42.00	300m: 4:08.91 45.49	400m: 5:19.18 34.34	
12.	PANZERA, Jayden	11	Schwimmclub Uster	5:19.84	435
	50m: 33.52 33.52	150m: 1:56.74 44.46	250m: 3:24.67 45.51	350m: 4:45.94 35.80	
	100m: 1:12.28 38.76	200m: 2:39.16 42.42	300m: 4:10.14 45.47	400m: 5:19.84 33.90	
13.	NIZNIK, Matej	09	Swim Regio Solothurn	5:20.40	433
	50m: 34.40 34.40	150m: 1:56.74 44.46	250m: 3:24.77 43.56	350m: 4:44.80 35.88	
	100m: 1:14.35 39.95	200m: 2:41.21 42.42	300m: 4:08.92 44.15	400m: 5:20.40 35.60	
14.	WUEST, Julius	11	Limmat Sharks	5:24.53	417
	50m: 33.61 33.61	150m: 1:59.08 44.02	250m: 3:25.31 43.87	350m: 4:47.91 38.02	
	100m: 1:15.06 41.45	200m: 2:41.44 42.36	300m: 4:09.89 44.58	400m: 5:24.53 36.62	
15.	JAEGER, Cyril	09	SC Thalwil	5:26.65	409
	50m: 32.75 32.75	150m: 1:55.31 43.13	250m: 3:25.88 47.78	350m: 4:51.84 37.76	
	100m: 1:12.18 39.43	200m: 2:38.10 42.79	300m: 4:14.08 48.20	400m: 5:26.65 34.81	



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Rank				YB						Time	Pts	
16.	BOTRUGNO, Gabriel			10	Limmat Sharks					5:27.36	406	
	50m:	34.14	34.14	150m:	1:56.78	44.20	250m:	3:25.29	46.20	350m:	4:51.44	39.15
	100m:	1:12.58	38.44	200m:	2:39.09	42.31	300m:	4:12.29	47.00	400m:	5:27.36	35.92
17.	HENSEL, Lasse			11	Schwimmverein St.Gallen-Wittenbach					5:39.13	365	
	*											
	50m:	36.04	36.04	150m:	2:05.52	43.11	250m:	3:37.25	50.02	350m:	5:03.78	36.09
	100m:	1:22.41	46.37	200m:	2:47.23	41.71	300m:	4:27.69	50.44	400m:	5:39.13	35.35
WDR	HORIN, Arsenii			10	Schwimmverein St.Gallen-Wittenbach							
WDR	SCHREIBER, Christian			02	Schwimmverein St.Gallen-Wittenbach							
WDR	DZIUBA, Valerii			08	Club de natation Delemont							