



limmatsharkszürich

43. Internationales Hi-Point Meeting
Zürich, 22. - 23.3.2025

Event 32
23.03.2025 - 17:01

Women, 400m Freestyle

Open
Results

Schweizerrekord	4:09.29	RIGAMONTI, Flavia	AST	Austin (USA)	06.06.2008
Meetingrekord	4:12.04	KÖHLER, Sarah	GER	Zürich	28.02.2016
Sieger 2024	4:28.90	FREIMANN, Noemi	SUI	Zürich	17.03.2024

HiPoint Limite : 5:06.00

Points: AQUA 2025

Rank				YB						Time	Pts	
1.	DJAKOVIC, Vanna			05	Schwimmclub Uster					4:25.21	699	
	50m:	30.85	30.85	150m:	1:37.48	33.24	250m:	2:44.87	33.26	350m:	3:52.45	33.61
	100m:	1:04.24	33.39	200m:	2:11.61	34.13	300m:	3:18.84	33.97	400m:	4:25.21	32.76
2.	BRUHIN, Anina			06	Schwimmverein Baar					4:28.25	675	
	50m:	31.25	31.25	150m:	1:39.19	33.87	250m:	2:46.30	33.24	350m:	3:54.12	33.95
	100m:	1:05.32	34.07	200m:	2:13.06	33.87	300m:	3:20.17	33.87	400m:	4:28.25	34.13
3.	HARRISON, Lea			06	Schwimmclub Uster					4:33.88	634	
	50m:	31.14	31.14	150m:	1:39.78	34.87	250m:	2:50.28	35.05	350m:	4:00.56	34.96
	100m:	1:04.91	33.77	200m:	2:15.23	35.45	300m:	3:25.60	35.32	400m:	4:33.88	33.32
4.	MANI, Nina			09	Swim Regio Solothurn					4:34.30	631	
	50m:	31.46	31.46	150m:	1:40.34	34.56	250m:	2:50.82	35.44	350m:	4:00.94	34.99
	100m:	1:05.78	34.32	200m:	2:15.38	35.04	300m:	3:25.95	35.13	400m:	4:34.30	33.36
5.	DIBBERN, Lucia			07	Schwimmklub Bern					4:38.53	603	
	50m:	32.97	32.97	150m:	1:43.23	35.39	250m:	2:54.38	35.87	350m:	4:04.88	35.14
	100m:	1:07.84	34.87	200m:	2:18.51	35.28	300m:	3:29.74	35.36	400m:	4:38.53	33.65
6.	PETERSDORF, Marielena Sophie			07	Schwimmverein St.Gallen-Wittenbach					4:39.04	600	
	50m:	32.10	32.10	150m:	1:42.30	35.12	250m:	2:53.37	35.46	350m:	4:04.65	35.39
	100m:	1:07.18	35.08	200m:	2:17.91	35.61	300m:	3:29.26	35.89	400m:	4:39.04	34.39
7.	HAUSER, Linda			06	Schwimmclub Uster					4:42.60	577	
	50m:	31.78	31.78	150m:	1:43.64	36.40	250m:	2:56.35	36.13	350m:	4:08.09	35.39
	100m:	1:07.24	35.46	200m:	2:20.22	36.58	300m:	3:32.70	36.35	400m:	4:42.60	34.51
8.	HIBBELN, Katharina			05	Schwimmverein St.Gallen-Wittenbach					4:43.11	574	
	50m:	32.20	32.20	150m:	1:43.50	36.10	250m:	2:55.60	35.86	350m:	4:07.65	35.78
	100m:	1:07.40	35.20	200m:	2:19.74	36.24	300m:	3:31.87	36.27	400m:	4:43.11	35.46
9.	HIRSCH, Frida			11	Schwimmclub Kreuzlingen					4:45.74	558	
	50m:	32.20	32.20	150m:	1:43.73	36.19	250m:	2:57.18	36.84	350m:	4:10.71	36.90
	100m:	1:07.54	35.34	200m:	2:20.34	36.61	300m:	3:33.81	36.63	400m:	4:45.74	35.03
10.	GIAIMO, Leona			08	Swim Team Lucerne					4:46.48	554	
	50m:	33.14	33.14	150m:	1:45.39	36.50	250m:	2:58.87	36.84	350m:	4:11.73	35.92
	100m:	1:08.89	35.75	200m:	2:22.03	36.64	300m:	3:35.81	36.94	400m:	4:46.48	34.75
11.	AKA, Meret			09	Limmat Sharks					4:46.98	551	
	50m:	32.62	32.62	150m:	1:44.26	36.07	250m:	2:56.27	35.93	350m:	4:10.62	37.27
	100m:	1:08.19	35.57	200m:	2:20.34	36.08	300m:	3:33.35	37.08	400m:	4:46.98	36.36
12.	HARRISON, Helena			04	Schwimmclub Uster					4:47.70	547	
	50m:	32.62	32.62	150m:	1:44.12	36.40	250m:	2:57.79	36.71	350m:	4:11.45	37.13
	100m:	1:07.72	35.10	200m:	2:21.08	36.96	300m:	3:34.32	36.53	400m:	4:47.70	36.25
13.	SCHMIDBERGER, Anouk			07	SC Winterthur					4:47.83	546	
	50m:	34.05	34.05	150m:	1:46.96	36.39	250m:	3:00.15	36.62	350m:	4:13.28	36.32
	100m:	1:10.57	36.52	200m:	2:23.53	36.57	300m:	3:36.96	36.81	400m:	4:47.83	34.55
14.	GIGLIO, Lara			10	Schwimmverein Baar					4:48.20	544	
	50m:	33.48	33.48	150m:	1:46.13	36.57	250m:			350m:	4:13.28	36.23
	100m:	1:09.56	36.08	200m:	2:23.00	36.87	300m:	3:37.05		400m:	4:48.20	34.92
15.	MUELLER, Sara			07	Schwimmverein Baar					4:49.11	539	
	50m:	33.95	33.95	150m:	1:46.35	36.38	250m:	2:59.67	36.49	350m:	4:14.16	36.54
	100m:	1:09.97	36.02	200m:	2:23.18	36.83	300m:	3:37.62	37.95	400m:	4:49.11	34.95



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Rank				YB					Time	Pts		
16.	GRAF, Giordana			08	Schwimmclub Liestal				4:50.66	531		
	50m:	32.59	32.59	150m:	1:44.87	36.13	250m:	2:58.75	36.66	350m:	4:14.17	37.33
	100m:	1:08.74	36.15	200m:	2:22.09	37.22	300m:	3:36.84	38.09	400m:	4:50.66	36.49
17.	VON BURG, Alicia			08	SK Langenthal				4:50.93	529		
	50m:	33.50	33.50	150m:	1:48.57	38.00	250m:			350m:	4:16.00	36.73
	100m:	1:10.57	37.07	200m:	2:26.10	37.53	300m:	3:39.27		400m:	4:50.93	34.93
18.	FLUECKIGER, Fiona			10	Schwimmclub Liestal				4:51.24	527		
	50m:	32.58	32.58	150m:	1:45.34	36.42	250m:	3:00.49	37.77	350m:	4:16.79	37.85
	100m:	1:08.92	36.34	200m:	2:22.72	37.38	300m:	3:38.94	38.45	400m:	4:51.24	34.45
19.	MOESLE, Jana			10	Schwimmverein St.Gallen-Wittenbach				4:51.34	527		
	50m:	33.28	33.28	150m:	1:47.09	37.36	250m:			350m:	4:17.24	37.14
	100m:	1:09.73	36.45	200m:	2:24.62	37.53	300m:	3:40.10		400m:	4:51.34	34.10
20.	NIEMEYER, Lia			09	Schwimmclub Uster				4:51.91	524		
	50m:	33.54	33.54	150m:	1:45.95	36.04	250m:	3:00.44	37.37	350m:	4:15.68	37.62
	100m:	1:09.91	36.37	200m:	2:23.07	37.12	300m:	3:38.06	37.62	400m:	4:51.91	36.23
21.	GROSMANN, Alexandra			08	SK Sparta Konstanz				4:52.92	518		
	50m:	32.26	32.26	150m:	1:43.81	36.13	250m:	2:58.34	37.22	350m:	4:14.61	37.96
	100m:	1:07.68	35.42	200m:	2:21.12	37.31	300m:	3:36.65	38.31	400m:	4:52.92	38.31
22.	BAUMGARTNER, Vida Isabella			11	Schwimmverein St.Gallen-Wittenbach				4:53.34	516		
	50m:	32.94	32.94	150m:	1:46.35	36.92	250m:	3:01.86	37.82	350m:	4:17.57	37.62
	100m:	1:09.43	36.49	200m:	2:24.04	37.69	300m:	3:39.95	38.09	400m:	4:53.34	35.77
23.	MUELLER, Jael			10	Schwimmverein St.Gallen-Wittenbach				4:53.79	514		
	50m:	33.00	33.00	150m:	1:46.90	37.12	250m:	3:04.29	39.00	350m:	4:21.18	38.50
	100m:	1:09.78	36.78	200m:	2:25.29	38.39	300m:	3:42.68	38.39	400m:	4:53.79	32.61
24.	MAURI, Aisha			10	Limmat Sharks				4:54.11	512		
	50m:	34.60	34.60	150m:	1:49.16	37.33	250m:			350m:	4:19.60	37.35
	100m:	1:11.83	37.23	200m:	2:26.61	37.45	300m:	3:42.25		400m:	4:54.11	34.51
25.	DEL BELLO, Paula			12	Schwimmverein St.Gallen-Wittenbach				4:54.35	511		
	50m:	34.52	34.52	150m:	1:49.31	37.73	250m:			350m:	4:19.18	36.65
	100m:	1:11.58	37.06	200m:	2:27.42	38.11	300m:	3:42.53		400m:	4:54.35	35.17
26.	ST-PIERRE, Alena			08	Schwimmclub Kreuzlingen				4:55.23	506		
	50m:	33.50	33.50	150m:	1:47.33	37.03	250m:			350m:	4:18.56	37.96
	100m:	1:10.30	36.80	200m:	2:24.79	37.46	300m:	3:40.60		400m:	4:55.23	36.67
27.	DUERLER, Selina			11	Limmat Sharks				4:55.79	503		
	50m:	35.62	35.62	150m:	1:52.77	37.81	250m:	3:06.62	35.87	350m:	4:19.99	36.23
	100m:	1:14.96	39.34	200m:	2:30.75	37.98	300m:	3:43.76	37.14	400m:	4:55.79	35.80
28.	LUPICA, Sophie			07	Lugano Aquatics				4:56.51	500		
	50m:	33.88	33.88	150m:	1:48.19	37.43	250m:	3:03.68	37.60	350m:	4:19.28	37.55
	100m:	1:10.76	36.88	200m:	2:26.08	37.89	300m:	3:41.73	38.05	400m:	4:56.51	37.23
29.	TAMAGNI, Elena			11	Lugano Aquatics				4:56.92	498		
	50m:	33.27	33.27	150m:	1:48.19	37.68	250m:	3:04.76	38.41	350m:	4:20.83	37.50
	100m:	1:10.51	37.24	200m:	2:26.35	38.16	300m:	3:43.33	38.57	400m:	4:56.92	36.09
30.	WOHLGENSINGER, Florina			10	Schwimmverein St.Gallen-Wittenbach				4:57.40	495		
	50m:	32.74	32.74	150m:	1:49.33	38.52	250m:	3:06.59	39.08	350m:	4:22.30	37.83
	100m:	1:10.81	38.07	200m:	2:27.51	38.18	300m:	3:44.47	37.88	400m:	4:57.40	35.10
31.	LUDI, Minjia			10	Limmat Sharks				4:57.65	494		
	50m:	33.91	33.91	150m:	1:48.35	36.80	250m:			350m:	4:20.72	38.21
	100m:	1:11.55	37.64	200m:	2:26.06	37.71	300m:	3:42.51		400m:	4:57.65	36.93



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32.	IONESCU, Ada		11	Romania						4:58.95	488
	50m:	33.12 33.12	150m:	1:47.03	37.29	250m:	3:03.45	38.67	350m:	4:20.71	38.80
	100m:	1:09.74 36.62	200m:	2:24.78	37.75	300m:	3:41.91	38.46	400m:	4:58.95	38.24
33.	PHAROAH, Matilda		10	Schwimmclub Meilen						5:00.23	481
	50m:	34.44 34.44	150m:	1:51.53	38.82	250m:	3:08.38	38.71	350m:	4:24.77	38.39
	100m:	1:12.71 38.27	200m:	2:29.67	38.14	300m:	3:46.38	38.00	400m:	5:00.23	35.46
34.	SCHNELLMANN, Aline		11	Schwimmverein St.Gallen-Wittenbach						5:00.80	479
	50m:	34.42 34.42	150m:	1:50.08	38.09	250m:	3:07.34	38.55	350m:	4:24.52	38.28
	100m:	1:11.99 37.57	200m:	2:28.79	38.71	300m:	3:46.24	38.90	400m:	5:00.80	36.28
35.	KALUZNA, Karolina		10	Schwimmverein Baar						5:01.40	476
	50m:	34.62 34.62	150m:	1:50.70	38.34	250m:	3:07.63	38.64	350m:	4:24.17	38.37
	100m:	1:12.36 37.74	200m:	2:28.99	38.29	300m:	3:45.80	38.17	400m:	5:01.40	37.23
36.	LIM, Kezia		12	Limmat Sharks						5:04.41	462
	50m:	35.09 35.09	150m:	1:52.58	39.17	250m:	3:10.35	38.30	350m:	4:27.29	37.40
	100m:	1:13.41 38.32	200m:	2:32.05	39.47	300m:	3:49.89	39.54	400m:	5:04.41	37.12
37.	COLZANI, Miriam		09	Schwimmverein beider Basel						5:04.98	459
	50m:	34.52 34.52	150m:	1:50.03	38.15	250m:	3:07.09	38.59	350m:	4:25.96	39.37
	100m:	1:11.88 37.36	200m:	2:28.50	38.47	300m:	3:46.59	39.50	400m:	5:04.98	39.02
38.	ALLEGRINI, Gianna		12	Schwimmverein St.Gallen-Wittenbach						5:06.23	454
	50m:	35.03 35.03	150m:	1:53.18	39.47	250m:	3:11.42	39.23	350m:	4:29.71	39.09
	100m:	1:13.71 38.68	200m:	2:32.19	39.01	300m:	3:50.62	39.20	400m:	5:06.23	36.52
39.	BAUR, Ann-Sophie		09	Schwimmverein beider Basel						5:07.45	448
	50m:	34.52 34.52	150m:	1:50.73	37.95	250m:	3:08.90	38.85	350m:	4:28.39	39.11
	100m:	1:12.78 38.26	200m:	2:30.05	39.32	300m:	3:49.28	40.38	400m:	5:07.45	39.06
40.	BILLETER, Leonie		09	Schwimmverein St.Gallen-Wittenbach						5:07.94	446
	50m:	35.07 35.07	150m:	1:51.84	38.81	250m:	3:10.42	39.53	350m:	4:29.55	39.54
	100m:	1:13.03 37.96	200m:	2:30.89	39.05	300m:	3:50.01	39.59	400m:	5:07.94	38.39
41.	MARTINEZ, Naomi Layla		07	Schwimmclub Uster						5:13.03	425
	50m:	34.51 34.51	150m:	1:53.06	39.68	250m:	3:13.38	39.93	350m:	4:34.09	39.99
	100m:	1:13.38 38.87	200m:	2:33.45	40.39	300m:	3:54.10	40.72	400m:	5:13.03	38.94
42.	STOCKBURGER, Aike		12	SK Sparta Konstanz						5:17.79	406
	50m:	37.01 37.01	150m:	1:58.82	41.10	250m:	3:18.89	40.09	350m:	4:39.73	40.43
	100m:	1:17.72 40.71	200m:	2:38.80	39.98	300m:	3:59.30	40.41	400m:	5:17.79	38.06
43.	KRAFT, Theresa		08	SK Sparta Konstanz						5:23.98	383
	50m:	35.57 35.57	150m:	1:56.15	40.20	250m:	3:19.52	41.26	350m:	4:43.28	41.59
	100m:	1:15.95 40.38	200m:	2:38.26	42.11	300m:	4:01.69	42.17	400m:	5:23.98	40.70
44.	INDERBITZIN, Anna		04	Schwimmverein Baar						5:29.70	363
	50m:	37.95 37.95	150m:	2:02.40	42.20	250m:	3:25.68	41.40	350m:	4:48.85	41.39
	100m:	1:20.20 42.25	200m:	2:44.28	41.88	300m:	4:07.46	41.78	400m:	5:29.70	40.85



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45.	SUTER, Alessia				12	Schwimmclub Aarefisch Aarau				5:33.92	350	
	*											
	50m:	36.48	36.48	150m:	2:00.34	41.84	250m:	3:27.13	43.21	350m:	4:53.65	42.86
	100m:	1:18.50	42.02	200m:	2:43.92	43.58	300m:	4:10.79	43.66	400m:	5:33.92	40.27
46.	INDERBITZIN, Lea				04	Schwimmverein Baar				5:48.39	308	
	*											
	50m:	39.00	39.00	150m:	2:05.23	43.10	250m:	3:33.64	44.62	350m:	5:04.04	45.62
	100m:	1:22.13	43.13	200m:	2:49.02	43.79	300m:	4:18.42	44.78	400m:	5:48.39	44.35
DNS	FERNANDEZ ALONSO, Carolina				05	Schwimmklub Bern						
WDR	JORDAN, Talia				07	Schwimmclub Liestal						
WDR	BRUGGER, Aline				11	Lugano Aquatics						
WDR	FREIMANN, Noemi				05	Limmat Sharks						