



I Leiria OPEN Meeting Clube Náutico de Leiria 2024
Leiria, 9 - 10/11/2024

Prova 15 10/11/2024	Femin., 200m Livres RCL Aluminios				OPEN FEM Resultados Final
Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac 18 +	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac 17	1:59.62	Leticia Maia, ANDRE	SLB	Felgueiras	23/12/2018
Rec Nac 16	2:01.12	Francisca Soares, MARTINS	FOCA	Felgueiras	27/04/2019
Rec Nac 15	2:03.90	Maria Ferreira, MOURA	SCP	Algés	29/06/2019
Rec Nac 14	2:04.38	Camila Rodrigues, REBELO	SANC	Coimbra	25/06/2017
Rec Nac 13	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	09/03/2018
Rec Nac 12	2:11.27	Carolina Miranda, FERNANDES	CGA	Mealhada	25/03/2017

Pontos: AQUA 2024

Lugar	Ano			Tempo final	Pts	
1. Joana Nunes, CARDEAL	02	Condeixa Aqua Clube		2:04.40	697	
50m: 29.38 29.38	100m: 1:00.62	31.24	150m: 1:32.82	32.20	200m: 2:04.40	31.58
2. Helena Nunes, RODRIGUES	03	Condeixa Aqua Clube		2:08.01	639	
50m: 31.07 31.07	100m: 1:04.06	32.99	150m: 1:36.41	32.35	200m: 2:08.01	31.60
3. Margarida Vieira, PINTO	07	Sporting de Braga		2:11.06	596	
50m: 30.55 30.55	100m: 1:03.42	32.87	150m: 1:36.91	33.49	200m: 2:11.06	34.15
4. Giulia Santos, MOURA	06	CNLeiria - VOID		2:15.38	540	
50m: 30.93 30.93	100m: 1:05.37	34.44	150m: 1:40.11	34.74	200m: 2:15.38	35.27
5. Rafaela Ferreira, MENDES	08	Torres Novas		2:15.42	540	
50m: 31.47 31.47	100m: 1:05.17	33.70	150m: 1:40.42	35.25	200m: 2:15.42	35.00
6. Ines Maria, LANCA	09	Benfica		2:17.46	516	
50m: 32.75 32.75	100m: 1:07.64	34.89	150m: 1:42.62	34.98	200m: 2:17.46	34.84
7. Matilde Violante, VIANA	07	CNLeiria - VOID		2:17.47	516	
50m: 32.36 32.36	100m: 1:07.01	34.65	150m: 1:42.41	35.40	200m: 2:17.47	35.06
8. Leonor Carreiro, RODRIGUES	07	Benfica		2:19.28	496	
50m: 31.89 31.89	100m: 1:06.44	34.55	150m: 1:42.55	36.11	200m: 2:19.28	36.73

