

Limietwedstrijd Deltasteur
Kampen, 19-10-2024

Programmanr. 1
19-10-2024 - 16:30

400m vrije slag

2015 en eerder
Resultaten

rang	naam	vereniging	intijd		tijd	RT
2015 en eerder, Heren						
1.	Matthijs van Velzen	Deltasteur	4:46.09	201100435	4:27.86	
	50m: 29.60	29.60 150m:		250m:	350m:	
	100m: 1:02.73	33.13 200m: 2:11.62		300m: 3:21.71	400m: 4:27.86	
2.	Thijs Poll	Deltasteur	4:27.31	200700203	4:31.23	
	50m: 29.77	29.77 150m:		250m:	350m:	
	100m: 1:02.76	32.99 200m: 2:10.86		300m: 3:19.96	400m: 4:31.23	
3.	Douwe Enzerink	Deltasteur	4:52.23	201102657	4:41.44	
	50m: 30.96	30.96 150m:		250m:	350m:	
	100m: 1:06.14	35.18 200m: 2:18.05		300m: 3:31.97	400m: 4:41.44	
4.	Milan Bottenberg	Deltasteur	5:01.14	200900153	4:52.23	
	50m: 32.16	32.16 150m:		250m:	350m:	
	100m: 1:08.45	36.29 200m: 2:23.92		300m: 3:39.70	400m: 4:52.23	
5.	Kristian Kiers	Deltasteur	5:01.19	200100349	4:52.74	
	50m: 30.16	30.16 150m:		250m:	350m:	
	100m: 1:04.59	34.43 200m: 2:18.45		300m: 3:34.70	400m: 4:52.74	
6.	Daan Vinke	Deltasteur	5:01.14	201001039	4:59.18	
	50m: 33.40	33.40 150m:		250m:	350m:	
	100m: 1:11.07	37.67 200m: 2:27.45		300m: 3:44.73	400m: 4:59.18	
7.	Timo Bottenberg	Deltasteur	5:42.67	200900151	5:19.29	
	50m: 35.05	35.05 150m:		250m:	350m:	
	100m: 1:15.08	40.03 200m: 2:38.25		300m: 4:00.77	400m: 5:19.29	
2015 en eerder, Dames						
1.	Simone Faber	Deltasteur	4:48.62	200900710	4:45.64	
	50m: 32.39	32.39 150m:		250m:	350m:	
	100m: 1:08.36	35.97 200m: 2:22.44		300m: 3:36.42	400m: 4:45.64	
2.	Isabel Amelink	Deltasteur	5:08.67	201100196	5:02.61	
	50m: 32.15	32.15 150m:		250m:	350m:	
	100m: 1:08.92	36.77 200m: 2:27.88		300m: 3:46.70	400m: 5:02.61	
3.	Lisa Boogaard	Deltasteur	5:27.91	201100990	5:24.25	
	50m: 35.73	35.73 150m:		250m:	350m:	
	100m: 1:15.56	39.83 200m: 2:39.20		300m: 4:01.03	400m: 5:24.25	
4.	Manoah Dekker	Deltasteur	5:25.70	201100656	5:25.51	
	50m: 34.64	34.64 150m:		250m:	350m:	
	100m: 1:14.45	39.81 200m: 2:38.43		300m: 4:03.03	400m: 5:25.51	
5.	Belle Fiering	De Berkelduikers	6:26.18	201202546	5:29.70	
	50m: 35.80	35.80 150m:		250m:	350m:	
	100m: 1:16.42	40.62 200m: 2:41.60		300m: 4:07.00	400m: 5:29.70	