

RSR: Critériums Romands Hiver  
Prilly, 22. - 24.11.2024

Epreuve 8  
22.11.2024 - 14:42

Messieurs, 400m 4 nages

Cat. générale  
Liste résultats

Points: FINA 2023

Rang			AN					Temps	Pts			
<b>16 ans et plus</b>												
1.	EL GAOUZI, Rayan		09	CN Plan-les-Ouates				<b>4:50.89</b>	525			
	50m:	30.35	30.35	150m:	1:46.28	39.74	250m:	3:03.80	38.94	350m:	4:20.15	35.50
	100m:	1:06.54	36.19	200m:	2:24.86	38.58	300m:	3:44.65	40.85	400m:	4:50.89	30.74
2.	DZIUBA, Valerii		08	CN Delémont				<b>4:51.97</b>	520			
	50m:	30.96	30.96	150m:	1:43.87	37.52	250m:	3:02.74	43.28	350m:	4:20.20	34.17
	100m:	1:06.35	35.39	200m:	2:19.46	35.59	300m:	3:46.03	43.29	400m:	4:51.97	31.77
3.	LORENZO VIANA, Victor		08	Morges-Natation				<b>4:54.44</b>	507			
	50m:	31.60	31.60	150m:	1:44.86	37.89	250m:	3:03.10	41.72	350m:	4:21.44	35.55
	100m:	1:06.97	35.37	200m:	2:21.38	36.52	300m:	3:45.89	42.79	400m:	4:54.44	33.00
4.	MCGRATH, Thomas		09	Montreux-Natation				<b>5:02.70</b>	466			
	50m:	31.61	31.61	150m:	1:47.04	37.55	250m:	3:08.04	42.24	350m:	4:27.68	35.47
	100m:	1:09.49	37.88	200m:	2:25.80	38.76	300m:	3:52.21	44.17	400m:	5:02.70	35.02
5.	BAILLOD, Julien		80	Red-Fish Neuchâtel				<b>5:03.04</b>	465			
	50m:	32.37	32.37	150m:	1:49.45	40.35	250m:	3:11.08	42.06	350m:	4:29.74	36.13
	100m:	1:09.10	36.73	200m:	2:29.02	39.57	300m:	3:53.61	42.53	400m:	5:03.04	33.30
6.	ASLLANI, Adri		07	Lancy Natation				<b>5:03.50</b>	463			
	50m:	31.78	31.78	150m:	1:47.19	37.60	250m:	3:10.25	44.65	350m:	4:29.81	34.37
	100m:	1:09.59	37.81	200m:	2:25.60	38.41	300m:	3:55.44	45.19	400m:	5:03.50	33.69
<b>14 - 15 ans</b>												
1.	DUCRET, Max		10	CN Plan-les-Ouates				<b>4:46.52</b>	550			
	50m:	29.23	29.23	150m:	1:42.98	38.13	250m:	3:00.14	40.30	350m:	4:16.74	34.13
	100m:	1:04.85	35.62	200m:	2:19.84	36.86	300m:	3:42.61	42.47	400m:	4:46.52	29.78
2.	REYNAUD, Guillaume		11	Renens-Natation				<b>5:03.76</b>	461			
	50m:	31.90	31.90	150m:	1:47.76	38.32	250m:	3:11.25	45.72	350m:	4:31.20	33.80
	100m:	1:09.44	37.54	200m:	2:25.53	37.77	300m:	3:57.40	46.15	400m:	5:03.76	32.56
3.	DOS SANTOS, Fabio		10	Sporting Bulle Natation				<b>5:09.07</b>	438			
	50m:	31.76	31.76	150m:	1:53.04	41.89	250m:	3:14.74	42.35	350m:	4:35.31	37.29
	100m:	1:11.15	39.39	200m:	2:32.39	39.35	300m:	3:58.02	43.28	400m:	5:09.07	33.76
4.	KOHLENER, Sacha		11	Red-Fish Neuchâtel				<b>5:19.95</b>	395			
	50m:	33.98	33.98	150m:	1:54.41	37.31	250m:	3:19.47	48.38	350m:	4:44.86	36.22
	100m:	1:17.10	43.12	200m:	2:31.09	36.68	300m:	4:08.64	49.17	400m:	5:19.95	35.09
5.	DESCLOUX, Noé		11	Sporting Bulle Natation				<b>5:21.21</b>	390			
	50m:	33.83	33.83	150m:	1:57.14	42.98	250m:	3:23.30	44.15	350m:	4:46.83	38.89
	100m:	1:14.16	40.33	200m:	2:39.15	42.01	300m:	4:07.94	44.64	400m:	5:21.21	34.38
6.	JOSEPH, Dany		10	CN Yverdon				<b>5:21.98</b>	387			
	50m:	33.63	33.63	150m:	1:57.83	41.18	250m:	3:24.00	45.27	350m:	4:47.69	37.82
	100m:	1:16.65	43.02	200m:	2:38.73	40.90	300m:	4:09.87	45.87	400m:	5:21.98	34.29
7.	AKABA, Idriss		10	Natation Sportive Genève				<b>5:28.00</b>	366			
	50m:	36.66	36.66	150m:	2:02.38	41.40	250m:	3:29.35	44.92	350m:	4:51.74	37.29
	100m:	1:20.98	44.32	200m:	2:44.43	42.05	300m:	4:14.45	45.10	400m:	5:28.00	36.26
8.	BACKHAUS, Stefan		11	Lausanne Aquatique				<b>5:31.87</b>	354			
	50m:	35.26	35.26	150m:	2:01.91	43.00	250m:	3:31.35	48.06	350m:	4:57.63	37.91
	100m:	1:18.91	43.65	200m:	2:43.29	41.38	300m:	4:19.72	48.37	400m:	5:31.87	34.24
9.	DI BENEDETTO, Luca		10	Lausanne Aquatique				<b>5:32.00</b>	353			
	50m:	34.97	34.97	150m:	1:59.36	43.36	250m:	3:28.99	48.16	350m:	4:55.61	37.95
	100m:	1:16.00	41.03	200m:	2:40.83	41.47	300m:	4:17.66	48.67	400m:	5:32.00	36.39

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Epreuve 8, Garçons, 400m 4 nages, 14 - 15 ans

Rang					AN					Temps	Pts	
10.	BRUCHEZ, Noah				10	Red-Fish Neuchâtel				<b>5:32.45</b>	352	
	50m:	35.28	35.28	150m:	1:56.28	40.87	250m:	3:25.30	48.22	350m:	4:52.80	39.18
	100m:	1:15.41	40.13	200m:	2:37.08	40.80	300m:	4:13.62	48.32	400m:	5:32.45	39.65
11.	ILIK, Uluc				10	CN Plan-les-Ouates				<b>5:36.84</b>	338	
	50m:	35.73	35.73	150m:	2:01.07	43.50	250m:	3:33.29	49.49	350m:	5:01.50	38.17
	100m:	1:17.57	41.84	200m:	2:43.80	42.73	300m:	4:23.33	50.04	400m:	5:36.84	35.34
disq.	TE-HERITIER, Lenny				11	CN Nyon				<b>5:36.23</b>		
	<i>306 - Quitté le mur en position ventrale (virage 6) (Temps: 15:11)</i>											
	50m:	36.35	36.35	150m:	2:02.44	42.64	250m:	3:33.51	47.27	350m:	5:00.18	38.77
	100m:	1:19.80	43.45	200m:	2:46.24	43.80	300m:	4:21.41	47.90	400m:	5:36.23	36.05

13 ans et moins

1.	VIONNET, Simon				12	Genève Natation 1885				<b>5:29.02</b>	363	
	50m:	35.77	35.77	150m:	2:00.54	43.71	250m:	3:28.56	46.07	350m:	4:53.38	39.12
	100m:	1:16.83	41.06	200m:	2:42.49	41.95	300m:	4:14.26	45.70	400m:	5:29.02	35.64
2.	MC GRATH, Eoin				12	Montreux-Natation				<b>5:38.21</b>	334	
	50m:	36.66	36.66	150m:	2:01.65	42.65	250m:	3:33.53	50.26	350m:	5:01.30	38.12
	100m:	1:19.00	42.34	200m:	2:43.27	41.62	300m:	4:23.18	49.65	400m:	5:38.21	36.91
3.	WILLEMIN, Elouan				12	CN La Chaux-de-Fonds				<b>5:43.74</b>	318	
	50m:	42.33	42.33	150m:	2:14.51	44.15	250m:	3:42.19	45.43	350m:	5:06.69	39.18
	100m:	1:30.36	48.03	200m:	2:56.76	42.25	300m:	4:27.51	45.32	400m:	5:43.74	37.05
4.	WAGNER, Malone				12	CN La Chaux-de-Fonds				<b>5:44.93</b>	315	
	50m:	37.57	37.57	150m:	2:05.79	43.85	250m:	3:38.66	49.57	350m:	5:07.22	38.54
	100m:	1:21.94	44.37	200m:	2:49.09	43.30	300m:	4:28.68	50.02	400m:	5:44.93	37.71
5.	SMITH-HAMILTON, Samuel				12	Rolle Natation				<b>5:46.14</b>	312	
	50m:	36.69	36.69	150m:	2:05.32	44.94	250m:	3:37.70	48.10	350m:	5:07.56	40.71
	100m:	1:20.38	43.69	200m:	2:49.60	44.28	300m:	4:26.85	49.15	400m:	5:46.14	38.58
6.	TISSOT-DIT-SANFIN, Nils				12	Rolle Natation				<b>5:50.49</b>	300	
	50m:	39.08	39.08	150m:	2:12.47	46.08	250m:	3:45.00	50.16	350m:	5:12.49	37.78
	100m:	1:26.39	47.31	200m:	2:54.84	42.37	300m:	4:34.71	49.71	400m:	5:50.49	38.00
7.	WILLEMIN, Aurèle				12	CN La Chaux-de-Fonds				<b>5:54.03</b>	291	
	50m:	40.08	40.08	150m:	2:11.30	44.07	250m:	3:45.05	49.82	350m:	5:15.94	41.23
	100m:	1:27.23	47.15	200m:	2:55.23	43.93	300m:	4:34.71	49.66	400m:	5:54.03	38.09
disq.	FREI, Luca				12	Morges-Natation				<b>5:39.63</b>		
	<i>404 - Pas touché en position dorsale (arrivée) (Temps: 15:08)</i>											
	50m:	35.75	35.75	150m:	2:03.33	43.35	250m:	3:33.25	47.82	350m:	5:00.99	39.42
	100m:	1:19.98	44.23	200m:	2:45.43	42.10	300m:	4:21.57	48.32	400m:	5:39.63	38.64