

Progression of Athletes - Details

All Events

Event	Round	Place	Total time	Pts	Entry time	Date	%	PB
Academia Cult Rec Concelho Castro Daire								
Afonso Saldanha Costa, 2011 (14 years), Boys								
100m Freestyle	Timed Final	EXH	1:07.64	291	1:08.43	27/10/2024	102%	
100m Breaststroke	Timed Final	EXH	1:21.88	307	1:22.25	11/05/2024	101%	
200m Breaststroke	Timed Final	EXH	2:55.05	323	2:54.89	24/02/2024	100%	
Constanca Sousa Fontinha, 2012 (13 years), Girls								
50m Freestyle	Timed Final	WDR		-	32.76	27/01/2024	-	-
200m Medley	Timed Final	WDR		-	2:58.30	16/03/2024	-	-
Eva Santos Ferreira, 2010 (15 years), Girls								
50m Freestyle	Timed Final	EXH	31.89	371	31.06	10/06/2024	95%	
200m Medley	Timed Final	EXH	2:51.15	360	2:44.43	10/03/2024	92%	
Filipe Saldanha Costa, 2009 (16 years), Boys								
50m Freestyle	Timed Final	EXH	27.11	411	27.26	04/05/2024	101%	
100m Freestyle	Timed Final	EXH	1:00.11	415	59.30	10/06/2024	97%	
50m Breaststroke	Timed Final	EXH	33.50	413	33.01	15/12/2023	97%	
100m Breaststroke	Timed Final	EXH	1:12.09	450	1:11.52	09/03/2024	98%	
200m Breaststroke	Timed Final	EXH	2:37.23	446	2:34.78	26/11/2023	97%	
50m Butterfly	Timed Final	EXH	29.03	420	28.43	09/03/2024	96%	
100m Butterfly	Timed Final	EXH	1:06.46	371	1:05.40	02/11/2024	97%	
200m Medley	Timed Final	EXH	2:24.14	439	2:23.00	17/12/2023	98%	
Gabriel Neto Ferreira, 2008 (17 years), Boys								
100m Freestyle	Timed Final	EXH	1:03.18	357	1:01.27	11/05/2024	94%	
400m Freestyle	Timed Final	EXH	4:49.84	392	4:45.41	11/05/2024	97%	
50m Backstroke	Timed Final	EXH	33.93	276	33.23	08/03/2024	96%	
50m Butterfly	Timed Final	EXH	33.92	263	35.33	11/05/2024	108%	
Gabriela Lopes Fernandes, 2009 (16 years), Girls								
50m Freestyle	Timed Final	EXH	30.54	423	30.64	09/03/2024	101%	
800m Freestyle	Timed Final	EXH	10:50.80	394	11:02.80	19/05/2024	104%	
Guilherme Almeida Guilherme Almeida Bianchi, 2009 (16 years), Boys								
50m Backstroke	Timed Final	EXH	32.33	319	33.33	08/06/2024	106%	
200m Backstroke	Timed Final	EXH	2:36.78	305	2:35.76	02/11/2024	99%	
50m Breaststroke	Timed Final	EXH	35.45	348	41.13		135%	
100m Breaststroke	Timed Final	EXH	1:17.28	366	1:26.79	21/04/2024	126%	
200m Breaststroke	Timed Final	EXH	2:44.41	390	2:59.16	21/04/2024	119%	
200m Medley	Timed Final	EXH	2:30.96	383	2:35.31		106%	
Leonardo Branco Pereira, 2008 (17 years), Boys								
50m Breaststroke	Timed Final	EXH	33.86	400	32.83	27/01/2024	94%	
100m Breaststroke	Timed Final	EXH	1:13.65	422	1:12.08	27/01/2024	96%	
200m Breaststroke	Timed Final	EXH	2:37.31	445	2:37.08	09/03/2024	100%	
50m Butterfly	Timed Final	EXH	31.41	332	30.61	08/06/2024	95%	
100m Butterfly	Timed Final	EXH	1:07.13	360	1:06.61	08/06/2024	98%	
200m Medley	Timed Final	EXH	2:24.69	434	2:25.29	02/11/2024	101%	
AD Penafiel								
Diogo Miguel Carvalho, 2010 (15 years), Boys								
100m Breaststroke	Timed Final	EXH	1:17.32	365	1:16.00		97%	
200m Breaststroke	Timed Final	EXH	2:49.00	359	2:47.57		98%	
Clube Aquatico Pacense								
Rodrigo Mitreiro Torres, 2010 (15 years), Boys								
50m Butterfly	Timed Final	EXH	29.59	397	29.60	19/10/2024	100%	
CMN Peso da Regua								
Alice Guedes Pinto, 2013 (12 years), Girls								
50m Freestyle	Timed Final	13.	42.13	161	45.93		119%	
100m Freestyle	Timed Final	13.	1:39.87	127	1:36.93		94%	
200m Freestyle	Timed Final	15.	3:38.31	129	3:53.73		115%	
400m Freestyle	Timed Final	12.	7:45.46	122	8:24.96		118%	
100m Backstroke	Timed Final	11.	1:44.18	146	1:46.80		105%	
100m Breaststroke	Timed Final	4.	1:48.70	188	1:51.53		105%	
100m Butterfly	Timed Final	9.	2:10.30	71	2:15.09		107%	
Ana Rita Teixeira, 2013 (12 years), Girls								
50m Freestyle	Timed Final	1.	34.57	291	36.78		113%	
100m Freestyle	Timed Final	1.	1:16.47	283	1:19.16		107%	
200m Freestyle	Timed Final	1.	2:51.59	265	2:54.32		103%	
400m Freestyle	Timed Final	1.	5:54.90	276	6:03.81		105%	
100m Backstroke	Timed Final	1.	1:26.84	252	1:32.49		113%	
100m Breaststroke	Timed Final	1.	1:38.48	253	1:41.50		106%	
100m Butterfly	Timed Final	1.	1:34.72	185	1:34.15		99%	
200m Medley	Timed Final	1.	3:09.09	267	3:11.66		103%	

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Camila Araujo Sousa, 2015 (10 years), Girls							-
50 (25m Mariposa+25m Costas)	Timed Final	3.	59.87	-	NT	-	
50 (25m Bruços+25m Livres)	Timed Final	3.	54.76	-	NT	-	
50 (25m Costas+25m Bruços)	Timed Final	3.	1:00.20	-	NT	-	
100m Freestyle	Timed Final	3.	1:58.06	77	NT	-	
Camila Mesquita Severino, 2014 (11 years), Girls							4
200m Freestyle	Timed Final	6.	3:38.47	128	3:42.89	104%	
100m Backstroke	Timed Final	6.	1:53.22	113	1:59.75	112%	
100m Breaststroke	Timed Final	7.	2:08.41	114	2:18.49	116%	
100m Butterfly	Timed Final	6.	2:06.37	78	NT	-	
100m Medley	Timed Final	6.	1:51.31	130	2:03.39	123%	
Carlota Nogueira Cigarro, 2014 (11 years), Girls							1
200m Freestyle	Timed Final	8.	4:18.06	78	NT	-	
100m Backstroke	Timed Final	7.	2:20.79	59	NT	-	
100m Breaststroke	Timed Final	5.	1:59.48	142	2:08.78	116%	
100m Butterfly	Timed Final	7.	2:09.36	72	NT	-	
Catarina Pombo Ribeiro, 2015 (10 years), Girls							-
50 (25m Mariposa+25m Costas)	Timed Final	1.	51.62	-	NT	-	
50 (25m Bruços+25m Livres)	Timed Final	1.	53.09	-	NT	-	
50 (25m Costas+25m Bruços)	Timed Final	1.	55.60	-	NT	-	
100m Freestyle	Timed Final	1.	1:40.98	123	NT	-	
Eva Alexandra Coutinho, 2009 (16 years), Girls							3
50m Freestyle	Timed Final	1.	27.20	599	27.08	99%	
100m Freestyle	Timed Final	1.	1:02.36	523	58.95	89%	
200m Freestyle	Timed Final	1.	2:24.21	447	2:20.75	95%	
50m Breaststroke	Timed Final	1.	34.70	546	34.75	100%	
100m Breaststroke	Timed Final	1.	1:16.04	551	1:14.62	96%	
200m Breaststroke	Timed Final	1.	2:50.00	496	2:52.40	103%	
100m Medley	Timed Final	1.	1:11.95	484	1:22.27	131%	
Francisca Moreira Fonseca, 2009 (16 years), Girls							3
200m Freestyle	Timed Final	2.	2:40.81	322	2:39.21	98%	
400m Freestyle	Timed Final	1.	5:37.83	320	5:32.87	97%	
800m Freestyle	Timed Final	2.	11:51.25	302	11:40.75	97%	
1500m Freestyle	Timed Final	1.	22:31.55	303	22:52.47	103%	
50m Backstroke	Timed Final	3.	37.20	312	37.64	102%	
100m Backstroke	Timed Final	1.	1:16.87	364	1:20.21	109%	
200m Backstroke	Timed Final	3.	2:50.07	342	2:48.42	98%	
200m Medley	Timed Final	1.	3:02.95	295	3:02.41	99%	
Francisco Sequeira Monteiro, 2016 (9 years), Boys							-
50 (25m Bruços+25m Livres)	Timed Final	1.	49.84	-	NT	-	
50 (25m Mariposa+25m Costas)	Timed Final	1.	51.02	-	NT	-	
50 (25m Costas+25m Bruços)	Timed Final	1.	54.10	-	NT	-	
100m Freestyle	Timed Final	1.	1:42.56	83	NT	-	
Goncalo Monteiro Fonseca, 2005 (20 years), Men							-
50m Backstroke	Timed Final	4.	29.23	432	28.55	95%	
100m Breaststroke	Timed Final	2.	1:10.39	484	1:09.25	97%	
50m Butterfly	Timed Final	6.	29.30	409	27.50	88%	
Joana Margarida Soares, 2012 (13 years), Girls							8
50m Freestyle	Timed Final	1.	33.84	311	36.71	118%	
100m Freestyle	Timed Final	1.	1:18.51	262	1:19.28	102%	
200m Freestyle	Timed Final	3.	2:55.75	247	2:57.30	102%	
400m Freestyle	Timed Final	2.	6:16.49	231	6:36.25	111%	
100m Backstroke	Timed Final	3.	1:36.09	186	1:36.75	101%	
100m Breaststroke	Timed Final	1.	1:38.87	250	1:40.70	104%	
100m Butterfly	Timed Final	1.	1:34.79	185	1:40.31	112%	
200m Medley	Timed Final	1.	3:17.16	236	3:24.21	107%	
Joao Miguel Rocha, 2009 (16 years), Boys							2
50m Freestyle	Timed Final	1.	26.89	421	26.07	94%	
400m Freestyle	Timed Final	1.	4:43.55	419	4:40.76	98%	
800m Freestyle	Timed Final	1.	9:47.66	429	10:14.75	109%	
50m Backstroke	Timed Final	1.	32.17	324	31.40	95%	
100m Backstroke	Timed Final	1.	1:09.97	329	1:06.40	90%	
200m Backstroke	Timed Final	1.	2:31.62	338	2:23.94	90%	
100m Medley	Timed Final	1.	1:07.87	382	1:10.08	107%	
Jose Miguel Coelho, 2013 (12 years), Boys							5
200m Freestyle	Timed Final	1.	2:38.46	246	2:43.54	107%	
100m Backstroke	Timed Final	1.	1:26.67	173	1:29.46	107%	
100m Breaststroke	Timed Final	1.	1:30.77	225	1:35.68	111%	
100m Butterfly	Timed Final	1.	1:25.07	177	1:26.74	104%	
100m Medley	Timed Final	1.	1:21.57	220	1:23.54	105%	
Jose Pedro Rocha, 2004 (21 years), Men							-
400m Freestyle	Timed Final	2.	4:34.25	463	4:26.59	94%	
200m Backstroke	Timed Final	2.	2:26.32	376	2:25.40	99%	
200m Breaststroke	Timed Final	1.	2:38.66	434	2:37.92	99%	
Leonor Vaz Osorio, 2013 (12 years), Girls							8
50m Freestyle	Timed Final	5.	36.62	245	43.36	140%	
100m Freestyle	Timed Final	4.	1:23.31	219	1:28.95	114%	
200m Freestyle	Timed Final	6.	3:11.38	191	3:20.83	110%	
400m Freestyle	Timed Final	7.	6:47.42	182	7:02.12	107%	

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100m Backstroke	Timed Final	6.	1:37.78	176	1:42.33	110%	
100m Breaststroke	Timed Final	2.	1:40.22	240	1:44.53	109%	
100m Butterfly	Timed Final	6.	1:54.35	105	1:58.72	108%	
200m Medley	Timed Final	3.	3:28.36	200	3:36.37	108%	
Lourenco Bernardo Ferreira, 2015 (10 years), Boys							
50 (25m Bruços+25m Livres)	Timed Final	4.	53.15	-	NT	-	-
50 (25m Mariposa+25m Costas)	Timed Final	2.	58.31	-	NT	-	-
50 (25m Costas+25m Bruços)	Timed Final	3.	1:05.16	-	NT	-	-
100m Freestyle	Timed Final	3.	1:45.87	75	NT	-	-
Luisa Vaz Osorio, 2017 (8 years), Girls							
50 (25m Mariposa+25m Costas)	Timed Final	1.	1:01.19	-	NT	-	-
50 (25m Bruços+25m Livres)	Timed Final	1.	1:00.02	-	NT	-	-
50 (25m Costas+25m Bruços)	Timed Final	1.	1:02.99	-	NT	-	-
100m Freestyle	Timed Final	1.	1:59.13	75	NT	-	-
Mara Daniela Rocha, 2013 (12 years), Girls							
50m Freestyle	Timed Final	10.	40.56	180	43.78	117%	5
100m Freestyle	Timed Final	10.	1:33.93	153	1:35.34	103%	
200m Freestyle	Timed Final	14.	3:35.47	134	3:51.95	116%	
400m Freestyle	Timed Final	11.	7:40.23	126	7:53.95	106%	
100m Backstroke	Timed Final	13.	1:50.00	124	NT	-	
100m Breaststroke	Timed Final	9.	1:55.58	157	1:53.37	96%	
100m Butterfly	Timed Final	8.	2:02.04	86	2:07.40	109%	
200m Medley	Timed Final	8.	3:54.68	140	3:51.95	98%	
Margarida Gorgulho Ribeiro, 2014 (11 years), Girls							
200m Freestyle	Timed Final	5.	3:25.32	155	3:30.44	105%	5
100m Backstroke	Timed Final	5.	1:51.70	118	1:56.03	108%	
100m Breaststroke	Timed Final	4.	1:58.80	144	2:01.15	104%	
100m Butterfly	Timed Final	5.	2:00.11	91	2:05.75	110%	
100m Medley	Timed Final	5.	1:43.95	160	1:52.67	117%	
Maria Ines Salgado, 2014 (11 years), Girls							
200m Freestyle	Timed Final	2.	3:01.67	223	3:14.82	115%	3
100m Backstroke	Timed Final	2.	1:38.07	175	1:37.62	99%	
100m Breaststroke	Timed Final	2.	1:47.22	196	1:48.99	103%	
100m Butterfly	Timed Final	2.	1:43.21	143	NT	-	
100m Medley	Timed Final	3.	1:34.00	217	1:38.03	109%	
Maria Luisa Santos, 2013 (12 years), Girls							
50m Freestyle	Timed Final	11.	41.93	163	45.78	119%	5
100m Freestyle	Timed Final	15.	1:43.98	112	1:44.78	102%	
200m Freestyle	Timed Final	17.	3:47.15	114	4:13.42	124%	
400m Freestyle	Timed Final	13.	8:08.57	106	8:33.09	110%	
100m Backstroke	Timed Final	14.	1:51.65	118	NT	-	
100m Butterfly	Timed Final	10.	2:11.28	69	NT	-	
200m Medley	Timed Final	9.	4:05.06	122	4:21.46	114%	
Mariana Raimundo Trindade, 2009 (16 years), Girls							
50m Freestyle	Timed Final	3.	34.63	290	33.65	94%	4
100m Freestyle	Timed Final	2.	1:13.93	314	1:13.74	99%	
800m Freestyle	Timed Final	1.	11:47.32	307	11:55.96	102%	
50m Butterfly	Timed Final	3.	36.92	287	39.38	114%	
100m Butterfly	Timed Final	3.	1:29.62	219	1:35.30	113%	
200m Butterfly	Timed Final	1.	3:34.51	173	3:31.05	97%	
100m Medley	Timed Final	2.	1:28.40	261	1:58.92	181%	
Matilde Gorgulho Ribeiro, 2014 (11 years), Girls							
200m Freestyle	Timed Final	3.	3:04.63	213	3:21.34	119%	4
100m Backstroke	Timed Final	4.	1:41.10	160	1:37.29	93%	
100m Breaststroke	Timed Final	3.	1:49.49	184	1:54.31	109%	
100m Butterfly	Timed Final	1.	1:42.02	148	1:48.63	113%	
100m Medley	Timed Final	2.	1:33.90	217	1:40.93	116%	
Matilde Ribeiro Sales, 2013 (12 years), Girls							
50m Freestyle	Timed Final	6.	37.36	231	44.89	144%	8
100m Freestyle	Timed Final	6.	1:26.29	197	1:32.60	115%	
200m Freestyle	Timed Final	10.	3:18.80	170	3:38.50	121%	
400m Freestyle	Timed Final	9.	7:05.00	161	7:21.18	108%	
100m Backstroke	Timed Final	8.	1:39.11	169	1:48.19	119%	
100m Breaststroke	Timed Final	12.	1:57.92	147	2:05.25	113%	
100m Butterfly	Timed Final	3.	1:50.02	118	1:58.37	116%	
200m Medley	Timed Final	7.	3:45.51	157	3:50.43	104%	
Matilde Vieira Carvalho, 2014 (11 years), Girls							
200m Freestyle	Timed Final	1.	2:58.18	237	3:00.34	102%	3
100m Backstroke	Timed Final	1.	1:34.70	194	1:33.68	98%	
100m Breaststroke	Timed Final	1.	1:40.39	239	1:42.53	104%	
100m Butterfly	Timed Final	3.	1:46.74	129	NT	-	
100m Medley	Timed Final	1.	1:28.36	261	1:31.15	106%	
Pedro Fernando Coelho, 2008 (17 years), Boys							
50m Freestyle	Timed Final	3.	26.69	430	26.46	98%	-
100m Freestyle	Timed Final	5.	58.86	442	58.59	99%	
200m Freestyle	Timed Final	2.	2:14.43	403	2:13.74	99%	
400m Freestyle	Timed Final	3.	4:56.11	368	4:49.17	95%	
50m Breaststroke	Timed Final	2.	34.87	366	33.13	90%	
100m Breaststroke	Timed Final	3.	1:20.04	329	1:15.84	90%	

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Rodrigo Araujo Sousa, 2012 (13 years), Boys							6
50m Freestyle	Timed Final	1.	34.15	205	39.81		136%
100m Freestyle	Timed Final	2.	1:24.54	149	1:24.94		101%
200m Freestyle	Timed Final	3.	3:15.48	131	3:08.89		93%
400m Freestyle	Timed Final	2.	6:23.15	169	6:41.43		110%
100m Backstroke	Timed Final	1.	1:33.72	137	1:37.98		109%
100m Breaststroke	Timed Final	2.	1:41.14	163	1:42.78		103%
100m Butterfly	Timed Final	1.	1:56.13	69	2:03.53		113%
Tiago Fonseca Goncalves, 2008 (17 years), Boys							4
50m Freestyle	Timed Final	1.	26.18	456	26.35		101%
100m Freestyle	Timed Final	4.	57.96	463	57.42		98%
800m Freestyle	Timed Final	1.	9:44.70	436	9:50.00		102%
50m Backstroke	Timed Final	5.	30.84	368	29.95		94%
100m Backstroke	Timed Final	1.	1:04.08	429	1:04.50		101%
50m Butterfly	Timed Final	4.	28.13	462	28.87		105%
100m Butterfly	Timed Final	5.	1:06.32	373	1:04.62		95%
200m Butterfly	Timed Final	1.	2:34.72	329	2:29.49		93%
Vitoria Cortinhas Pinto, 2010 (15 years), Girls							4
50m Freestyle	Timed Final	3.	32.61	347	35.61		119%
100m Freestyle	Timed Final	4.	1:13.13	324	1:13.79		102%
200m Freestyle	Timed Final	4.	2:43.00	309	2:49.00		107%
50m Butterfly	Timed Final	1.	34.71	346	34.37		98%
100m Butterfly	Timed Final	1.	1:19.22	317	1:19.58		101%
200m Medley	Timed Final	4.	3:02.67	296	2:58.37		95%
Durius/AC Pesqueira							45
Afonso Alexandre Paiga, 2010 (15 years), Boys							-
50m Freestyle	Timed Final	WDR	-	-	33.09	19/10/2024	-
100m Freestyle	Timed Final	WDR	-	-	1:15.45	19/10/2024	-
200m Freestyle	Timed Final	WDR	-	-	3:01.96	29/06/2024	-
400m Freestyle	Timed Final	WDR	-	-	NT	-	-
100m Backstroke	Timed Final	WDR	-	-	1:40.75	20/04/2024	-
50m Butterfly	Timed Final	WDR	-	-	NT	-	-
Ariana Goncalves Cruz, 2014 (11 years), Girls							-
200m Freestyle	Timed Final	7.	3:58.78	98	NT	-	-
Bruna Filipa Costa, 2009 (16 years), Girls							5
100m Freestyle	Timed Final	5.	1:23.19	220	1:22.70	10/06/2024	99%
400m Freestyle	Timed Final	3.	6:24.57	217	6:36.00	19/10/2024	106%
800m Freestyle	Timed Final	4.	13:22.28	210	13:24.43	19/10/2024	101%
100m Backstroke	Timed Final	3.	1:42.08	155	1:42.12	19/05/2024	100%
50m Breaststroke	Timed Final	2.	53.04	153	54.75	29/06/2024	107%
100m Breaststroke	Timed Final	4.	1:52.06	172	1:59.22	29/06/2024	113%
100m Medley	Timed Final	3.	1:37.50	194	NT	-	-
Catarina Alexandra Tralhao, 2012 (13 years), Girls							3
50m Freestyle	Timed Final	6.	40.36	183	40.81	20/04/2024	102%
100m Freestyle	Timed Final	7.	1:38.05	134	1:32.56	20/04/2024	89%
200m Freestyle	Timed Final	11.	3:24.71	156	3:35.37	29/06/2024	111%
100m Breaststroke	Timed Final	6.	2:04.79	124	2:05.03	29/06/2024	100%
200m Breaststroke	Timed Final	1.	4:25.17	130	NT	-	-
David Sequeira Sobral, 2009 (16 years), Boys							-
100m Freestyle	Timed Final	WDR	-	-	1:44.12	19/10/2024	-
200m Freestyle	Timed Final	4.	3:38.94	93	NT	-	-
Diana Costa Fernandes, 2010 (15 years), Girls							1
100m Freestyle	Timed Final	10.	1:27.95	186	1:22.06	20/04/2024	87%
400m Freestyle	Timed Final	5.	6:46.78	183	6:44.75	20/04/2024	99%
50m Backstroke	Timed Final	5.	42.48	210	42.39	19/10/2024	100%
200m Backstroke	Timed Final	5.	3:19.93	210	3:25.34	19/10/2024	105%
Diogo Frederico Santos, 2014 (11 years), Boys							-
50 (25m Bruços+25m Livres)	Timed Final	3.	51.73	-	NT	-	-
100m Freestyle	Timed Final	2.	1:42.05	84	NT	-	-
Duarte Filipe Carvalho, 2007 (18 years), Boys							3
100m Freestyle	Timed Final	10.	1:11.02	251	1:06.64	20/04/2024	88%
400m Freestyle	Timed Final	4.	5:19.65	292	5:44.75	30/06/2024	116%
800m Freestyle	Timed Final	2.	11:14.73	283	11:39.03	30/06/2024	107%
100m Backstroke	Timed Final	2.	1:12.91	291	NT	-	-
50m Butterfly	Timed Final	8.	33.72	268	34.48	29/06/2024	105%
100m Medley	Timed Final	1.	1:15.50	278	NT	-	-
200m Medley	Timed Final	1.	2:55.93	241	2:51.43	29/06/2024	95%
Francisco Dinis Pinto, 2009 (16 years), Boys							3
50m Freestyle	Timed Final	4.	29.26	327	29.21	19/10/2024	100%
100m Freestyle	Timed Final	8.	1:21.15	168	1:08.30	30/06/2024	71%
400m Freestyle	Timed Final	3.	5:43.66	235	6:38.12	20/04/2024	134%
100m Backstroke	Timed Final	2.	1:19.43	225	1:23.53	10/06/2024	111%
50m Butterfly	Timed Final	3.	35.62	227	39.18	19/10/2024	121%
100m Medley	Timed Final	2.	1:19.46	238	NT	-	-
Ines Frederico Santos, 2010 (15 years), Girls							1
100m Freestyle	Timed Final	WDR	-	-	1:21.44	30/06/2024	-
400m Freestyle	Timed Final	WDR	-	-	NT	-	-

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800m Freestyle	Timed Final	2.	13:49.43	190	NT		-
100m Backstroke	Timed Final	4.	1:36.34	184	1:39.22	19/05/2024	106%
50m Breaststroke	Timed Final	5.	49.65	186	49.26	29/06/2024	98%
100m Breaststroke	Timed Final	WDR		-	1:56.02	29/06/2024	-
200m Breaststroke	Timed Final	WDR		-	NT		-
100m Medley	Timed Final	6.	1:43.96	160	NT		-
Joana Veiga Freixo, 2009 (16 years), Girls							
50m Freestyle	Timed Final	4.	35.03	280	36.21	20/04/2024	107%
100m Freestyle	Timed Final	3.	1:20.87	239	1:21.95	20/04/2024	103%
200m Freestyle	Timed Final	4.	2:59.18	233	3:07.50	10/06/2024	110%
400m Freestyle	Timed Final	4.	6:39.38	194	7:00.81	19/10/2024	111%
50m Butterfly	Timed Final	5.	51.81	104	56.00	29/06/2024	117%
Joao Leonardo Marques, 2008 (17 years), Boys							
50m Freestyle	Timed Final	5.	29.54	317	31.21	30/06/2024	112%
100m Freestyle	Timed Final	WDR		-	1:11.78	10/06/2024	-
200m Freestyle	Timed Final	5.	2:45.53	216	NT		-
400m Freestyle	Timed Final	WDR		-	NT		-
100m Backstroke	Timed Final	5.	1:26.65	173	1:33.62	30/06/2024	117%
50m Butterfly	Timed Final	WDR		-	38.75	30/06/2024	-
100m Butterfly	Timed Final	WDR		-	1:24.60	30/06/2024	-
Joao Tiago Paiga, 2008 (17 years), Boys							
50m Freestyle	Timed Final	4.	29.39	322	29.30	19/10/2024	99%
100m Freestyle	Timed Final	WDR		-	1:08.67	30/06/2024	-
400m Freestyle	Timed Final	WDR		-	NT		-
100m Backstroke	Timed Final	3.	1:15.42	263	1:17.18	20/04/2024	105%
50m Butterfly	Timed Final	WDR		-	36.21	29/06/2024	-
100m Butterfly	Timed Final	WDR		-	NT		-
100m Medley	Timed Final	2.	1:15.75	275	NT		-
200m Medley	Timed Final	2.	2:56.65	239	3:00.02	29/06/2024	104%
Maria Julia Cardoso, 2009 (16 years), Girls							
50m Freestyle	Timed Final	5.	35.95	259	36.71	20/04/2024	104%
100m Freestyle	Timed Final	4.	1:22.36	227	1:23.09	19/10/2024	102%
50m Backstroke	Timed Final	5.	44.18	186	46.96	30/06/2024	113%
100m Backstroke	Timed Final	2.	1:36.27	185	1:37.13	10/06/2024	102%
50m Butterfly	Timed Final	4.	44.60	163	47.75	29/06/2024	115%
100m Butterfly	Timed Final	4.	1:50.47	117	NT		-
100m Medley	Timed Final	4.	1:38.13	190	NT		-
200m Medley	Timed Final	2.	3:30.65	193	3:37.42	19/10/2024	107%
Maria Martins Oliveira, 2012 (13 years), Girls							
50m Freestyle	Timed Final	4.	37.20	234	37.13	20/04/2024	100%
100m Freestyle	Timed Final	4.	1:28.03	186	1:24.09	19/10/2024	91%
200m Freestyle	Timed Final	12.	3:25.66	154	NT		-
400m Freestyle	Timed Final	4.	7:03.25	163	NT		-
Robert Daniel Puiac, 2009 (16 years), Boys							
50m Freestyle	Timed Final	6.	35.51	182	36.14	19/10/2024	104%
100m Freestyle	Timed Final	7.	1:20.54	172	1:25.16	19/10/2024	112%
50m Backstroke	Timed Final	5.	40.42	163	41.21	19/10/2024	104%
100m Backstroke	Timed Final	4.	1:29.78	155	1:44.52	20/04/2024	136%
50m Breaststroke	Timed Final	3.	50.71	119	50.90	10/06/2024	101%
100m Breaststroke	Timed Final	3.	1:49.50	128	1:52.09	19/10/2024	105%
200m Breaststroke	Timed Final	3.	4:07.73	114	NT		-
100m Medley	Timed Final	4.	1:38.44	125	NT		-
Rui Pedro Lopes, 2010 (15 years), Boys							
100m Freestyle	Timed Final	6.	1:14.36	219	1:16.90	19/10/2024	107%
200m Freestyle	Timed Final	2.	2:50.12	199	2:52.46	10/06/2024	103%
400m Freestyle	Timed Final	4.	6:01.54	202	6:15.90	19/10/2024	108%
800m Freestyle	Timed Final	2.	13:09.10	177	NT		-
100m Backstroke	Timed Final	3.	1:24.12	189	1:31.37	20/04/2024	118%
50m Butterfly	Timed Final	6.	46.38	103	55.12	19/10/2024	141%
Tiago Miguel Costa, 2009 (16 years), Boys							
50m Freestyle	Timed Final	5.	32.00	250	33.53	19/10/2024	110%
100m Freestyle	Timed Final	5.	1:14.19	220	1:21.72	19/05/2024	121%
200m Freestyle	Timed Final	3.	3:06.57	151	3:05.45	29/06/2024	99%
50m Backstroke	Timed Final	6.	42.37	142	44.25	19/10/2024	109%
100m Backstroke	Timed Final	5.	1:33.17	139	1:31.21	19/10/2024	96%
50m Breaststroke	Timed Final	4.	54.45	96	NT		-
EMNVinhais/FCV							
Ana Magno Fontes, 2010 (15 years), Girls							
50m Freestyle	Timed Final	4.	33.56	318	34.59	05/11/2023	106%
100m Freestyle	Timed Final	5.	1:17.56	271	1:17.65	11/03/2023	100%
400m Freestyle	Timed Final	4.	6:09.48	245	6:08.28	09/07/2023	99%
50m Breaststroke	Timed Final	2.	43.12	284	45.21	05/11/2023	110%
200m Breaststroke	Timed Final	2.	3:33.36	250	3:30.14	09/07/2023	97%
50m Butterfly	Timed Final	5.	40.61	216	41.59	03/03/2024	105%
100m Medley	Timed Final	4.	1:29.12	254	1:31.02	15/07/2024	104%
Daniel Alexandre Pires, 2008 (17 years), Boys							
50m Freestyle	Timed Final	7.	29.80	309	29.62	20/04/2024	99%
100m Freestyle	Timed Final	9.	1:10.51	257	1:05.02	10/06/2024	85%

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200m Freestyle	Timed Final	4.	2:32.91	274	2:41.11	03/03/2024	111%	
50m Breaststroke	Timed Final	3.	40.39	235	41.59	03/03/2024	106%	
50m Butterfly	Timed Final	9.	34.36	253	34.28	03/03/2024	100%	
Filipe Miguel Pires, 2011 (14 years), Boys								
50m Freestyle	Timed Final	1.	28.84	341	29.56	20/04/2024	105%	8
100m Freestyle	Timed Final	1.	1:02.00	378	1:02.84	10/06/2024	103%	
200m Freestyle	Timed Final	1.	2:14.50	403	2:26.48	20/07/2024	119%	
400m Freestyle	Timed Final	1.	4:48.87	396	5:01.57	20/07/2024	109%	
100m Backstroke	Timed Final	2.	1:16.66	250	1:34.69	11/03/2023	153%	
100m Breaststroke	Timed Final	2.	1:29.52	235	1:38.85	19/07/2024	122%	
100m Butterfly	Timed Final	1.	1:14.31	265	1:15.25	10/06/2024	103%	
200m Medley	Timed Final	2.	2:41.86	310	2:48.83	20/04/2024	109%	
Luis Magno Fontes, 2007 (18 years), Boys								
50m Freestyle	Timed Final	2.	26.65	432	26.84	03/05/2024	101%	5
100m Freestyle	Timed Final	7.	1:01.45	388	1:02.40	19/10/2024	103%	
200m Freestyle	Timed Final	3.	2:32.79	275	2:43.09	02/07/2022	114%	
50m Breaststroke	Timed Final	1.	34.30	384	34.98	19/10/2024	104%	
50m Butterfly	Timed Final	7.	30.00	381	30.62	19/10/2024	104%	
Mariana Veiga Silva, 2010 (15 years), Girls								
50m Freestyle	Timed Final	9.	39.27	199	40.78	19/10/2024	108%	5
100m Freestyle	Timed Final	9.	1:26.45	196	1:29.07	10/06/2024	106%	
200m Freestyle	Timed Final	6.	3:21.04	165	3:34.80	14/01/2024	114%	
400m Freestyle	Timed Final	6.	6:49.76	179	7:34.30	03/03/2024	123%	
50m Breaststroke	Timed Final	4.	46.78	223	46.35	03/03/2024	98%	
100m Breaststroke	Timed Final	3.	1:45.03	209	1:43.78	10/06/2023	98%	
200m Breaststroke	Timed Final	4.	3:48.92	203	3:49.65	03/03/2024	101%	
Martim Beato Guedes, 2012 (13 years), Boys								
50m Freestyle	Timed Final	2.	35.53	182	36.62	19/10/2024	106%	4
100m Freestyle	Timed Final	1.	1:19.91	176	1:17.34	19/10/2024	94%	
400m Freestyle	Timed Final	1.	6:07.09	193	6:04.92	19/10/2024	99%	
100m Backstroke	Timed Final	2.	1:40.53	111	1:42.87	15/07/2024	105%	
100m Breaststroke	Timed Final	1.	1:38.07	179	1:42.00	19/10/2024	108%	
100m Butterfly	Timed Final	2.	2:02.44	59	1:57.26	15/07/2024	92%	
200m Medley	Timed Final	1.	3:22.78	158	3:23.15	18/05/2024	100%	
EN Braganca								
Ana Miguel Tuna, 2010 (15 years), Girls								
50m Freestyle	Timed Final	7.	37.44	229	37.27	19/10/2024	99%	3
100m Freestyle	Timed Final	8.	1:23.23	220	1:28.54	19/10/2024	113%	
200m Freestyle	Timed Final	5.	3:15.16	180	NT		-	
50m Backstroke	Timed Final	7.	44.54	182	46.78	19/10/2024	110%	
50m Breaststroke	Timed Final	3.	46.60	225	NT		-	
50m Butterfly	Timed Final	6.	45.59	152	46.69	19/10/2024	105%	
100m Butterfly	Timed Final	6.	1:54.13	106	NT		-	
Bianca Santos Goncalves, 2007 (18 years), Girls								
50m Freestyle	Timed Final	2.	33.03	334	31.09	02/03/2024	89%	-
200m Freestyle	Timed Final	3.	2:52.13	263	2:37.28	03/03/2024	83%	
400m Freestyle	Timed Final	2.	6:13.50	237	5:43.51	30/06/2024	85%	
800m Freestyle	Timed Final	3.	12:47.40	240	12:17.60	05/10/2024	92%	
50m Backstroke	Timed Final	4.	39.22	266	36.31	02/03/2024	86%	
200m Backstroke	Timed Final	4.	3:02.04	278	2:57.90	04/11/2023	96%	
400m Medley	Timed Final	1.	6:44.76	261	6:26.18	30/06/2024	91%	
Leonor Afonso Matela, 2012 (13 years), Girls								
50m Freestyle	Timed Final	2.	35.32	273	35.05	16/06/2024	98%	5
100m Freestyle	Timed Final	2.	1:23.51	217	1:19.99	19/10/2024	92%	
400m Freestyle	Timed Final	1.	6:02.06	260	6:19.06	30/06/2024	110%	
100m Backstroke	Timed Final	1.	1:33.28	203	1:36.51	30/06/2024	107%	
100m Breaststroke	Timed Final	2.	1:44.93	209	1:47.15	19/10/2024	104%	
100m Butterfly	Timed Final	3.	1:42.40	147	1:46.10	30/06/2024	107%	
200m Medley	Timed Final	2.	3:19.07	229	3:27.76	19/10/2024	109%	
Martim Barros Pereira, 2011 (14 years), Boys								
50m Freestyle	Timed Final	2.	30.13	299	31.43	20/04/2024	109%	7
100m Freestyle	Timed Final	2.	1:06.92	300	1:09.07	20/04/2024	107%	
200m Freestyle	Timed Final	2.	2:36.47	256	2:34.73	29/07/2024	98%	
400m Freestyle	Timed Final	2.	5:13.76	309	5:20.84	19/10/2024	105%	
100m Backstroke	Timed Final	1.	1:14.41	274	1:19.45	30/06/2024	114%	
100m Breaststroke	Timed Final	1.	1:23.05	294	1:29.84	30/10/2024	117%	
100m Butterfly	Timed Final	2.	1:17.26	236	1:19.86	19/10/2024	107%	
200m Medley	Timed Final	1.	2:39.48	324	2:46.15	20/04/2024	109%	
Matilde Pinto Teixeira, 2011 (14 years), Girls								
50m Freestyle	Timed Final	6.	35.48	269	35.13	16/06/2024	98%	7
400m Freestyle	Timed Final	3.	5:54.76	277	6:06.12	18/05/2024	107%	
100m Backstroke	Timed Final	3.	1:27.40	247	1:29.10	19/10/2024	104%	
200m Backstroke	Timed Final	4.	3:08.89	249	3:13.54	04/11/2023	105%	
50m Butterfly	Timed Final	3.	38.73	249	41.93	19/10/2024	117%	
100m Butterfly	Timed Final	5.	1:32.21	201	1:37.78		112%	
100m Medley	Timed Final	5.	1:30.12	246	1:31.57	15/06/2024	103%	
200m Medley	Timed Final	6.	3:14.08	247	3:19.31	20/04/2024	105%	

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Naima Francisco Ferreira, 2013 (12 years), Girls								7
50m Freestyle	Timed Final	3.	36.34	251	38.40	19/10/2024	112%	
100m Freestyle	Timed Final	3.	1:22.96	222	1:24.87	19/10/2024	105%	
400m Freestyle	Timed Final	4.	6:29.78	208	6:48.00	18/05/2024	110%	
100m Backstroke	Timed Final	4.	1:34.34	196	1:40.46	19/10/2024	113%	
100m Breaststroke	Timed Final	5.	1:49.20	186	1:55.93	19/10/2024	113%	
100m Butterfly	Timed Final	4.	1:50.07	118	2:04.96	04/11/2023	129%	
200m Medley	Timed Final	4.	3:30.32	194	3:39.90	19/05/2024	109%	
Flavitus Natacao Clube								36
Duarte Ferreira Rosa, 2011 (14 years), Boys								6
50m Freestyle	Timed Final	3.	32.06	248	34.26		114%	
100m Freestyle	Timed Final	3.	1:09.36	270	1:10.34		103%	
400m Freestyle	Timed Final	3.	5:24.63	279	5:39.96		110%	
100m Backstroke	Timed Final	3.	1:23.09	196	1:21.75		97%	
100m Breaststroke	Timed Final	3.	1:31.43	221	1:41.81		124%	
100m Butterfly	Timed Final	3.	1:26.64	167	1:53.46		171%	
200m Medley	Timed Final	3.	2:57.70	234	2:57.91		100%	
Guilherme Alves Horta, 2011 (14 years), Boys								4
50m Freestyle	Timed Final	5.	35.73	179	37.96		113%	
100m Freestyle	Timed Final	6.	1:20.59	172	1:24.34		110%	
400m Freestyle	Timed Final	5.	6:14.00	182	6:50.56		121%	
100m Backstroke	Timed Final	5.	1:31.31	148	1:36.43		112%	
100m Breaststroke	Timed Final	7.	1:59.18	99	NT		-	
100m Butterfly	Timed Final	6.	1:51.68	78	NT		-	
200m Medley	Timed Final	6.	3:32.50	137	NT		-	
Guilherme Sarmiento Borges, 2011 (14 years), Boys								5
50m Freestyle	Timed Final	4.	32.97	228	37.73		131%	
100m Freestyle	Timed Final	5.	1:18.11	189	1:17.82		99%	
400m Freestyle	Timed Final	6.	6:21.50	172	6:40.57		110%	
100m Backstroke	Timed Final	4.	1:25.36	181	1:25.03		99%	
100m Breaststroke	Timed Final	5.	1:38.49	176	1:41.59		106%	
100m Butterfly	Timed Final	4.	1:34.00	131	1:51.28		140%	
200m Medley	Timed Final	4.	3:06.80	202	3:10.78		104%	
Ines Filipa Guerra, 2011 (14 years), Girls								5
50m Freestyle	Timed Final	5.	34.71	288	35.84		107%	
100m Freestyle	Timed Final	7.	1:20.04	247	1:18.31		96%	
50m Backstroke	Timed Final	4.	41.93	218	45.81		119%	
50m Breaststroke	Timed Final	1.	42.56	296	45.37		114%	
100m Breaststroke	Timed Final	1.	1:36.20	272	1:36.83		101%	
50m Butterfly	Timed Final	4.	39.06	243	39.48		102%	
100m Butterfly	Timed Final	4.	1:31.75	204	1:28.42		93%	
100m Medley	Timed Final	3.	1:25.50	288	NT		-	
400m Medley	Timed Final	1.	6:38.95	273	NT		-	
Leonor Ferreira Sousa, 2012 (13 years), Girls								6
50m Freestyle	Timed Final	3.	36.61	245	42.15		133%	
100m Freestyle	Timed Final	3.	1:27.70	188	1:28.12		101%	
400m Freestyle	Timed Final	5.	7:08.80	156	NT		-	
100m Backstroke	Timed Final	2.	1:33.47	202	1:34.80		103%	
100m Breaststroke	Timed Final	3.	1:45.19	208	1:47.76		105%	
100m Butterfly	Timed Final	2.	1:38.75	163	1:48.04		120%	
200m Medley	Timed Final	2.	3:19.07	229	3:30.54		112%	
Pedro Martins Valente, 2011 (14 years), Boys								5
50m Freestyle	Timed Final	6.	36.64	166	42.39		134%	
100m Freestyle	Timed Final	7.	1:24.60	148	1:32.25		119%	
400m Freestyle	Timed Final	7.	6:23.83	169	7:20.67		132%	
100m Backstroke	Timed Final	6.	1:33.84	136	1:43.72		122%	
100m Breaststroke	Timed Final	6.	1:42.98	154	1:49.83		114%	
200m Medley	Timed Final	5.	3:27.31	147	NT		-	
Rodrigo Jose Santos, 2009 (16 years), Boys								5
50m Freestyle	Timed Final	2.	27.72	384	28.26		104%	
100m Freestyle	Timed Final	1.	1:02.96	361	1:02.21		98%	
50m Backstroke	Timed Final	2.	33.40	290	33.84		103%	
50m Breaststroke	Timed Final	1.	34.89	365	35.37		103%	
100m Breaststroke	Timed Final	2.	1:16.91	371	1:18.26		104%	
200m Breaststroke	Timed Final	2.	2:54.86	324	3:00.65		107%	
50m Butterfly	Timed Final	1.	32.80	291	30.96		89%	
200m Medley	Timed Final	2.	2:46.13	287	2:40.78		94%	
Xiana Castro Silva, 2010 (15 years), Girls								-
100m Freestyle	Timed Final	6.	1:18.69	260	1:05.42		69%	
50m Backstroke	Timed Final	1.	34.16	403	32.28		89%	
200m Backstroke	Timed Final	3.	2:48.93	349	2:36.62		86%	
100m Breaststroke	Timed Final	2.	1:37.87	258	1:28.28		81%	
200m Breaststroke	Timed Final	3.	3:34.92	245	3:14.06		82%	
Ginasio Clube de Vila Real								97

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Afonso Magalhaes Resende, 2013 (12 years), Boys								4
200m Freestyle	Timed Final	2.	3:14.31	133	3:23.34	19/05/2024	110%	
100m Backstroke	Timed Final	2.	1:36.29	126	1:55.38	01/07/2023	144%	
100m Breaststroke	Timed Final	2.	1:36.53	187	1:37.79	19/10/2024	103%	
100m Butterfly	Timed Final	2.	1:54.11	73	NT	-	-	
100m Medley	Timed Final	2.	1:33.83	144	1:35.96	19/10/2024	105%	
Amalia Jose Quintelas, 2013 (12 years), Girls								2
50m Freestyle	Timed Final	15.	43.90	142	NT	-	-	
100m Freestyle	Timed Final	14.	1:41.21	122	1:43.73	19/10/2024	105%	
200m Freestyle	Timed Final	18.	3:54.49	104	NT	-	-	
100m Backstroke	Timed Final	15.	1:52.81	115	2:04.02	19/10/2024	121%	
Ana Margarida Guedes, 2001 (24 years), Women								-
50m Backstroke	Timed Final	1.	31.03	538	28.84	22/10/2023	86%	
200m Backstroke	Timed Final	1.	2:25.36	547	2:22.68	29/06/2024	96%	
50m Butterfly	Timed Final	1.	28.39	633	26.12	23/04/2023	85%	
100m Butterfly	Timed Final	1.	1:05.60	559	58.64	22/12/2023	80%	
Benedita Martins Fernandes, 2013 (12 years), Girls								6
50m Freestyle	Timed Final	7.	37.92	221	43.77	25/04/2023	133%	
100m Freestyle	Timed Final	7.	1:26.49	196	1:27.50	19/10/2024	102%	
200m Freestyle	Timed Final	5.	3:08.56	200	3:22.59	14/01/2024	115%	
400m Freestyle	Timed Final	5.	6:41.10	191	6:42.18	18/05/2024	101%	
100m Backstroke	Timed Final	9.	1:39.41	168	1:44.03	02/03/2024	110%	
100m Breaststroke	Timed Final	7.	1:52.98	168	1:57.87	20/04/2024	109%	
100m Butterfly	Timed Final	7.	1:57.81	96	1:55.68	03/03/2024	96%	
Bruno Miguel Morais, 2013 (12 years), Boys								1
200m Freestyle	Timed Final	6.	3:34.17	99	3:23.96	02/03/2024	91%	
100m Breaststroke	Timed Final	3.	1:51.78	120	1:52.37	19/10/2024	101%	
Carlota Teiga Cruz, 2013 (12 years), Girls								7
50m Freestyle	Timed Final	8.	39.10	201	52.06	12/03/2023	177%	
100m Freestyle	Timed Final	9.	1:29.56	176	1:34.03	19/10/2024	110%	
200m Freestyle	Timed Final	7.	3:14.28	183	3:56.98	11/03/2023	149%	
400m Freestyle	Timed Final	8.	6:49.50	180	7:12.20	18/05/2024	111%	
100m Backstroke	Timed Final	7.	1:38.16	174	1:39.53	19/10/2024	103%	
100m Breaststroke	Timed Final	6.	1:51.04	177	2:01.03	20/04/2024	119%	
200m Medley	Timed Final	5.	3:37.18	176	3:46.96	19/05/2024	109%	
Carminho Teiga Cruz, 2016 (9 years), Girls								-
50 (25m Mariposa+25m Costas)	Timed Final	2.	53.31	-	NT	-	-	
50 (25m Bruços+25m Livres)	Timed Final	2.	53.20	-	NT	-	-	
50 (25m Costas+25m Bruços)	Timed Final	2.	57.75	-	NT	-	-	
100m Freestyle	Timed Final	2.	1:41.49	121	NT	-	-	
Diana Ribeiro Nogueira, 2012 (13 years), Girls								5
50m Freestyle	Timed Final	5.	39.78	191	NT	-	-	
100m Freestyle	Timed Final	6.	1:31.34	166	1:28.57	19/10/2024	94%	
200m Freestyle	Timed Final	9.	3:17.28	174	NT	-	-	
400m Freestyle	Timed Final	3.	6:46.02	184	6:57.56	19/10/2024	106%	
100m Backstroke	Timed Final	4.	1:38.44	173	1:45.06	02/03/2024	114%	
100m Breaststroke	Timed Final	4.	1:47.32	196	1:47.63	19/10/2024	101%	
100m Butterfly	Timed Final	4.	1:59.64	92	2:11.04	08/07/2023	120%	
200m Medley	Timed Final	4.	3:38.50	173	3:40.37	02/03/2024	102%	
Diogo Ribeiro Baptista, 2009 (16 years), Boys								7
50m Freestyle	Timed Final	3.	29.23	328	30.95	-	112%	
100m Freestyle	Timed Final	2.	1:04.06	342	1:05.48	-	104%	
200m Freestyle	Timed Final	1.	2:24.84	322	2:35.81	-	116%	
400m Freestyle	Timed Final	2.	5:09.47	322	5:41.46	-	122%	
50m Butterfly	Timed Final	2.	33.33	277	36.02	-	117%	
100m Butterfly	Timed Final	1.	1:13.28	277	1:17.90	-	113%	
200m Medley	Timed Final	1.	2:39.83	322	2:55.15	-	120%	
Duarte Amaral Queiros, 2017 (8 years), Boys								-
50 (25m Bruços+25m Livres)	Timed Final	2.	59.22	-	NT	-	-	
50 (25m Mariposa+25m Costas)	Timed Final	3.	57.80	-	NT	-	-	
50 (25m Costas+25m Bruços)	Timed Final	2.	1:06.11	-	NT	-	-	
100m Freestyle	Timed Final	3.	1:50.17	67	NT	-	-	
Eduardo Yakubenko, 2006 (19 years), Men								1
100m Freestyle	Timed Final	2.	54.39	560	54.56	02/03/2024	101%	
50m Butterfly	Timed Final	2.	26.95	525	26.46	03/03/2024	96%	
100m Butterfly	Timed Final	3.	1:00.08	502	59.46	10/06/2024	98%	
Francisco Filipe Oliveira, 2015 (10 years), Boys								-
50 (25m Bruços+25m Livres)	Timed Final	5.	1:03.26	-	NT	-	-	
50 (25m Mariposa+25m Costas)	Timed Final	3.	1:02.07	-	NT	-	-	
50 (25m Costas+25m Bruços)	Timed Final	4.	1:06.83	-	NT	-	-	
100m Freestyle	Timed Final	4.	1:52.69	63	NT	-	-	
Francisco Maria Igrejas, 2011 (14 years), Boys								2
100m Freestyle	Timed Final	4.	1:16.51	201	1:17.67	30/06/2024	103%	
400m Freestyle	Timed Final	4.	6:05.89	195	6:03.87	30/06/2024	99%	
100m Breaststroke	Timed Final	4.	1:36.98	185	1:36.30	-	99%	
100m Butterfly	Timed Final	5.	1:36.42	121	1:40.66	-	109%	

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Gabriel Artilheiro Fraga, 2013 (12 years), Boys								2
200m Freestyle	Timed Final	3.	3:22.80	117	3:49.71	19/05/2024	128%	
100m Breaststroke	Timed Final	4.	2:03.46	89	2:05.20	19/10/2024	103%	
100m Medley	Timed Final	4.	1:47.58	96	1:43.47	19/10/2024	93%	
Guilherme Lagoa Guerra, 2009 (16 years), Boys								3
100m Freestyle	Timed Final	4.	1:12.90	232	1:15.60	30/06/2024	108%	
50m Backstroke	Timed Final	4.	38.69	186	39.76	29/06/2024	106%	
50m Butterfly	Timed Final	5.	40.23	158	41.64	19/10/2024	107%	
Guiomar Sofia Oliveira, 2016 (9 years), Girls								-
50 (25m Mariposa+25m Costas)	Timed Final	5.	1:05.30	-	NT	-	-	
50 (25m Bruços+25m Livres)	Timed Final	5.	1:08.50	-	NT	-	-	
50 (25m Costas+25m Bruços)	Timed Final	5.	1:13.22	-	NT	-	-	
100m Freestyle	Timed Final	WDR	-	-	NT	-	-	
Herman Kovalchuk, 2006 (19 years), Men								2
100m Freestyle	Timed Final	1.	53.89	576	54.34	01/11/2023	102%	
50m Backstroke	Timed Final	1.	28.38	472	27.92	02/03/2024	97%	
50m Butterfly	Timed Final	3.	27.56	491	27.03	03/03/2024	96%	
100m Butterfly	Timed Final	4.	1:02.03	457	1:02.04	03/03/2024	100%	
Hugo Fonseca Goncalves, 2003 (22 years), Men								2
200m Freestyle	Timed Final	1.	1:59.37	576	2:00.34	-	102%	
400m Freestyle	Timed Final	1.	4:17.96	557	4:24.43	-	105%	
50m Butterfly	Timed Final	1.	26.92	527	26.78	-	99%	
100m Butterfly	Timed Final	2.	59.57	516	58.57	-	97%	
Ines Carnide Silva, 2014 (11 years), Girls								1
200m Freestyle	Timed Final	4.	3:16.37	177	3:15.29	18/05/2024	99%	
100m Backstroke	Timed Final	3.	1:39.37	168	1:43.64	19/10/2024	109%	
100m Breaststroke	Timed Final	6.	2:01.35	135	NT	-	-	
100m Butterfly	Timed Final	4.	1:54.78	104	NT	-	-	
100m Medley	Timed Final	4.	1:40.97	175	1:40.78	19/10/2024	100%	
Ines Rua Fernandes, 2011 (14 years), Girls								5
100m Freestyle	Timed Final	2.	1:10.39	363	1:12.71	15/01/2023	107%	
200m Freestyle	Timed Final	3.	2:42.76	311	2:38.57	10/06/2023	95%	
50m Backstroke	Timed Final	3.	37.16	313	40.17	30/06/2024	117%	
100m Backstroke	Timed Final	2.	1:22.00	299	1:21.26	14/01/2023	98%	
200m Backstroke	Timed Final	2.	2:42.96	388	2:49.30	29/06/2024	108%	
200m Breaststroke	Timed Final	1.	3:16.18	322	3:28.57	14/01/2023	113%	
200m Medley	Timed Final	3.	2:52.02	355	2:54.22	29/06/2024	103%	
Laura Jorge Alves, 2013 (12 years), Girls								4
50m Freestyle	Timed Final	2.	34.64	290	48.40	12/03/2023	195%	
100m Freestyle	Timed Final	2.	1:17.72	270	1:16.44	29/06/2024	97%	
200m Freestyle	Timed Final	4.	2:56.17	245	3:36.43	03/06/2023	151%	
400m Freestyle	Timed Final	2.	6:09.64	245	6:10.34	30/06/2024	100%	
100m Backstroke	Timed Final	3.	1:31.90	213	1:37.10	14/07/2024	112%	
100m Breaststroke	Timed Final	8.	1:54.65	160	1:54.08	14/07/2024	99%	
100m Butterfly	Timed Final	2.	1:44.32	139	1:39.45	25/05/2024	91%	
Leonor Carnide Silva, 2009 (16 years), Girls								1
50m Backstroke	Timed Final	2.	32.55	466	31.66	25/11/2023	95%	
200m Backstroke	Timed Final	2.	2:37.15	433	2:36.83	04/11/2023	100%	
100m Breaststroke	Timed Final	3.	1:21.13	454	1:22.41	02/03/2024	103%	
100m Butterfly	Timed Final	2.	1:09.05	479	1:06.73	03/11/2024	93%	
Lorena Sofia Ribeiro, 2012 (13 years), Girls								-
50m Freestyle	Timed Final	7.	41.22	172	NT	-	-	
100m Freestyle	Timed Final	5.	1:30.59	170	NT	-	-	
100m Backstroke	Timed Final	5.	1:46.81	135	NT	-	-	
100m Breaststroke	Timed Final	5.	2:02.40	132	NT	-	-	
Luana Magalhaes Alves, 2015 (10 years), Girls								-
50 (25m Mariposa+25m Costas)	Timed Final	4.	1:00.16	-	NT	-	-	
50 (25m Bruços+25m Livres)	Timed Final	4.	58.92	-	NT	-	-	
50 (25m Costas+25m Bruços)	Timed Final	4.	1:00.76	-	NT	-	-	
100m Freestyle	Timed Final	4.	2:06.65	62	NT	-	-	
Margarida Vaz, 2010 (15 years), Girls								-
50m Freestyle	Timed Final	8.	38.23	215	NT	-	-	
50m Backstroke	Timed Final	6.	44.24	185	NT	-	-	
Maria Ines Mesquita, 2010 (15 years), Girls								1
200m Freestyle	Timed Final	1.	2:35.17	359	2:24.28	-	86%	
400m Freestyle	Timed Final	1.	5:07.83	424	5:00.76	-	95%	
800m Freestyle	Timed Final	1.	11:18.36	348	10:29.18	-	86%	
100m Medley	Timed Final	2.	1:20.76	342	1:19.96	-	98%	
200m Medley	Timed Final	1.	2:43.70	412	2:45.95	-	103%	
Maria Joao Gomes, 2013 (12 years), Girls								4
50m Freestyle	Timed Final	9.	39.12	201	40.50	03/03/2024	107%	
100m Freestyle	Timed Final	8.	1:28.95	180	1:23.32	19/10/2024	88%	
200m Freestyle	Timed Final	8.	3:15.02	180	3:26.06	20/05/2023	112%	
400m Freestyle	Timed Final	6.	6:42.11	190	6:43.72	18/05/2024	101%	
100m Backstroke	Timed Final	5.	1:36.86	181	1:36.36	19/10/2024	99%	
100m Breaststroke	Timed Final	11.	1:57.37	149	2:00.08	19/10/2024	105%	

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Maria Manuel Braz, 2009 (16 years), Girls								-
100m Breaststroke	Timed Final	2.	1:19.30	486	1:14.99	20/01/2024	89%	
200m Breaststroke	Timed Final	2.	2:51.20	485	2:47.01	03/11/2024	95%	
50m Butterfly	Timed Final	2.	32.81	410	32.28	29/06/2024	97%	
Maria Silva Poeta, 2010 (15 years), Girls								2
50m Freestyle	Timed Final	1.	31.50	385	32.84		109%	
100m Freestyle	Timed Final	1.	1:08.21	399	1:07.43		98%	
50m Backstroke	Timed Final	2.	35.45	361	35.44		100%	
100m Backstroke	Timed Final	1.	1:17.26	358	1:13.48		90%	
200m Backstroke	Timed Final	1.	2:33.03	469	2:35.86		104%	
100m Butterfly	Timed Final	2.	1:26.57	243	1:23.53		93%	
100m Medley	Timed Final	1.	1:19.26	362	NT		-	
200m Medley	Timed Final	2.	2:44.98	402	2:44.21		99%	
Mariana Lopes Carvalho, 2013 (12 years), Girls								5
50m Freestyle	Timed Final	12.	42.03	162	47.20	22/10/2022	126%	
100m Freestyle	Timed Final	12.	1:39.51	128	1:41.04	20/04/2024	103%	
200m Freestyle	Timed Final	13.	3:32.26	140	3:53.37	05/11/2023	121%	
400m Freestyle	Timed Final	10.	7:36.36	130	7:37.90	18/05/2024	101%	
100m Backstroke	Timed Final	12.	1:46.59	136	1:46.25	19/10/2024	99%	
100m Breaststroke	Timed Final	13.	2:00.03	140	1:56.33	19/10/2024	94%	
100m Butterfly	Timed Final	11.	2:11.40	69	2:08.91	03/03/2024	96%	
200m Medley	Timed Final	6.	3:43.00	163	4:04.19	19/05/2024	120%	
Martim Costa Goncalves, 2013 (12 years), Boys								1
200m Freestyle	Timed Final	4.	3:26.76	111	3:10.81	19/05/2024	85%	
100m Backstroke	Timed Final	3.	1:37.13	123	1:39.67	19/10/2024	105%	
100m Breaststroke	Timed Final	5.	2:06.49	83	NT		-	
100m Medley	Timed Final	3.	1:45.21	102	1:40.80	18/05/2024	92%	
Miguel Afonso Encarnacao, 2008 (17 years), Boys								-
100m Freestyle	Timed Final	6.	1:00.54	406	59.78	25/11/2023	98%	
100m Butterfly	Timed Final	6.	1:09.20	329	1:07.83	13/01/2024	96%	
Miguel Ferreira Eira, 2013 (12 years), Boys								1
200m Freestyle	Timed Final	5.	3:30.54	105	3:32.28	02/03/2024	102%	
100m Backstroke	Timed Final	4.	1:47.76	90	NT		-	
100m Breaststroke	Timed Final	6.	2:15.10	68	NT		-	
100m Medley	Timed Final	5.	1:50.34	89	1:49.17	19/10/2024	98%	
Miguel Pereira Carvalho, 2009 (16 years), Boys								2
100m Breaststroke	Timed Final	1.	1:12.57	442	1:13.25	19/10/2024	102%	
200m Breaststroke	Timed Final	1.	2:37.78	441	2:42.65	23/03/2024	106%	
Nuno Pinto Oliveira, 2010 (15 years), Boys								7
100m Freestyle	Timed Final	3.	1:10.63	255	1:13.87	30/06/2024	109%	
50m Backstroke	Timed Final	3.	37.09	211	37.73	30/06/2024	103%	
50m Breaststroke	Timed Final	2.	40.56	232	42.13	29/06/2024	108%	
50m Butterfly	Timed Final	4.	35.74	225	39.34	29/06/2024	121%	
100m Butterfly	Timed Final	2.	1:22.79	192	1:25.53	30/06/2024	107%	
200m Butterfly	Timed Final	1.	3:04.74	193	3:11.93	30/06/2024	108%	
100m Medley	Timed Final	3.	1:20.62	228	NT		-	
200m Medley	Timed Final	3.	2:52.66	255	2:53.74	29/06/2024	101%	
Renata Daniela Rangel, 2011 (14 years), Girls								7
50m Freestyle	Timed Final	2.	31.54	384	34.78	30/06/2024	122%	
100m Freestyle	Timed Final	3.	1:11.83	342	1:15.79	30/06/2024	111%	
200m Freestyle	Timed Final	2.	2:37.62	342	2:52.43	29/06/2024	120%	
400m Freestyle	Timed Final	2.	5:43.51	305	6:07.59	30/06/2024	115%	
50m Butterfly	Timed Final	2.	35.84	314	43.44	30/06/2024	147%	
100m Butterfly	Timed Final	3.	1:30.50	213	1:35.87	30/06/2024	112%	
200m Medley	Timed Final	5.	3:12.00	255	3:29.81		119%	
Rodrigo Daniel Silva, 2006 (19 years), Men								-
100m Freestyle	Timed Final	3.	56.74	493	55.50	02/03/2024	96%	
50m Backstroke	Timed Final	3.	28.97	444	28.70	22/03/2024	98%	
200m Backstroke	Timed Final	1.	2:17.51	453	2:12.66	23/03/2024	93%	
Rodrigo Sousa Xavier, 2014 (11 years), Boys								2
50 (25m Bruços+25m Livres)	Timed Final	1.	44.48	-	1:04.96	20/11/2022	213%	
50 (25m Mariposa+25m Costas)	Timed Final	1.	40.54	-	NT		-	
50 (25m Costas+25m Bruços)	Timed Final	1.	47.76	-	NT		-	
100m Freestyle	Timed Final	1.	1:23.95	152	2:07.32	20/11/2022	230%	
Santiago Costa Goncalves, 2016 (9 years), Boys								-
50 (25m Bruços+25m Livres)	Timed Final	3.	1:01.71	-	NT		-	
50 (25m Mariposa+25m Costas)	Timed Final	2.	56.45	-	NT		-	
50 (25m Costas+25m Bruços)	Timed Final	3.	1:10.94	-	NT		-	
100m Freestyle	Timed Final	2.	1:45.63	76	NT		-	
Susana Pedro Carvalhinha, 2013 (12 years), Girls								4
50m Freestyle	Timed Final	4.	36.38	250	42.20	26/03/2023	135%	
100m Freestyle	Timed Final	5.	1:23.41	218	1:19.85	26/05/2024	92%	
200m Freestyle	Timed Final	2.	2:53.16	258	3:12.46	18/11/2023	124%	
400m Freestyle	Timed Final	3.	6:12.25	239	6:16.61	18/05/2024	102%	
100m Backstroke	Timed Final	2.	1:30.80	220	1:28.74	30/06/2024	96%	
100m Breaststroke	Timed Final	3.	1:45.87	204	1:53.48	14/07/2024	115%	
100m Butterfly	Timed Final	5.	1:52.97	109	1:48.32	03/03/2024	92%	
200m Medley	Timed Final	2.	3:17.84	233	3:15.97	26/05/2024	98%	

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Tiago Manuel Fernandes, 2008 (17 years), Boys								3
50m Backstroke	Timed Final	2.	28.73	455	30.53	19/10/2024	113%	
100m Breaststroke	Timed Final	1.	1:08.19	532	1:09.50	02/03/2024	104%	
50m Butterfly	Timed Final	5.	28.97	423	26.83	20/07/2024	86%	
100m Butterfly	Timed Final	1.	59.28	523	1:00.31	30/06/2024	104%	
Tomas Carvalho Sousa, 2015 (10 years), Boys								-
50 (25m Bruços+25m Livres)	Timed Final	2.	51.06	-	NT	-	-	
50 (25m Mariposa+25m Costas)	Timed Final	4.	1:05.87	-	NT	-	-	
50 (25m Costas+25m Bruços)	Timed Final	2.	55.81	-	NT	-	-	
100m Freestyle	Timed Final	5.	1:58.44	54	NT	-	-	
Tomas Monteiro Letra, 2014 (11 years), Boys								-
50 (25m Bruços+25m Livres)	Timed Final	WDR	-	-	49.87	05/11/2023	-	
50 (25m Costas+25m Bruços)	Timed Final	WDR	-	-	54.71	04/11/2023	-	
50 (25m Mariposa+25m Costas)	Timed Final	WDR	-	-	NT	-	-	
100m Freestyle	Timed Final	WDR	-	-	1:41.00	05/11/2023	-	
Vitoria Almeida Saraiva, 2013 (12 years), Girls								3
50m Freestyle	Timed Final	14.	43.16	149	NT	-	-	
100m Freestyle	Timed Final	11.	1:38.79	131	1:46.18	19/10/2024	116%	
200m Freestyle	Timed Final	16.	3:40.26	125	NT	-	-	
100m Backstroke	Timed Final	10.	1:40.00	165	1:44.95	19/10/2024	110%	
100m Breaststroke	Timed Final	10.	1:57.28	150	1:59.49	19/10/2024	104%	
Individual ARNN								-
Guilherme Sousa Rebelo, 2003 (22 years), Men								-
50m Freestyle	Timed Final	6.	29.61	315	NT	-	-	
100m Freestyle	Timed Final	8.	1:09.06	273	NT	-	-	
50m Backstroke	Timed Final	6.	37.64	202	NT	-	-	
100m Backstroke	Timed Final	4.	1:23.70	192	NT	-	-	
50m Breaststroke	Timed Final	4.	42.56	201	NT	-	-	
50m Butterfly	Timed Final	10.	37.03	202	NT	-	-	
100m Medley	Timed Final	3.	1:22.43	213	NT	-	-	