

Torneio de Aniversário do Aminata
Évora, 27/10/2024

Prova 1 400m Livres 12 anos e mais velhos
27/10/2024 - 9:30 Resultados

| | | | | | |
|-------------------|---------|--------------------------|------------|------------------|------------|
| Rec Regional Open | 4:12.59 | Tomas Antonio AZEVEDO | AMINATA | Caldas da Rainha | 28/11/2015 |
| Rec Regional 19 + | 4:12.59 | Tomas Antonio AZEVEDO | AMINATA | Caldas da Rainha | 28/11/2015 |
| Rec Regional 18 | 4:17.47 | Joao Pedro NEVES | AMINATA | Ponte de Sor | 15/03/2014 |
| Rec Regional 17 | 4:14.22 | Nelson Pereira MALHEIROS | CNLA | Caldas da Rainha | 28/11/2015 |
| Rec Regional 16 | 4:13.67 | Tiago Pastor ESCADA | AMINATA | Ponte de Sor | 14/03/2015 |
| Rec Regional 15 | 4:18.68 | Nelson Pereira MALHEIROS | CNLA | Sines | 25/04/2014 |
| Rec Regional 14 | 4:33.56 | Miguel Martins BALTAZAR | ANALEN | Abrantes | 14/04/2012 |
| Rec Regional 13 | 4:39.59 | Gustavo Manuel SANTA | Ind ANALEP | Sines | 13/05/2006 |
| Rec Regional Open | 4:13.53 | Ana Reis SOUSA | CNLA | Porto | 09/12/2017 |
| Rec Regional 18 + | 4:45.63 | Sofia Oliveira SILVA | CNLA | Sines | 25/04/2024 |
| Rec Regional 17 | 4:43.90 | Sofia Cristina GRILO | Ind ANALEP | Ponte de Sôr | 15/03/2014 |
| Rec Regional 16 | 4:13.53 | Ana Reis SOUSA | CNLA | Porto | 09/12/2017 |
| Rec Regional 15 | 4:31.62 | Ana Reis SOUSA | CNLA | Abrantes | 27/11/2016 |
| Rec Regional 14 | 4:38.31 | Ana Reis SOUSA | CNLA | Caldas da Rainha | 29/11/2015 |
| Rec Regional 13 | 4:49.18 | Joana ESCARIA | AMINATA | Tomar | 11/05/2003 |
| Rec Regional 12 | 5:16.44 | Eliana Vilhena MARTINS | Ind ANALEP | Beja | 03/06/2006 |

Pontos: AQUA 2024

| Lugar | Nome | Idade | Licença | Clube | Tempo | Pontos |
|-------------------------------|-------------------------|---------------------|---------------------|---------------------------|----------------|----------|
| 12 anos e mais velhos, Femin. | | | | | | |
| 1. | Filipa Maria PEREIRA | 19 | 201139 | Aminata | 5:10.67 | 44:58.62 |
| | 50m: 35.12 35.12 | 150m: 1:51.27 38.36 | 250m: 3:09.78 39.63 | 350m: 4:30.59 40.76 | | |
| | 100m: 1:12.91 37.79 | 200m: 2:30.15 38.88 | 300m: 3:49.83 40.05 | 400m: 5:10.67 40.08 | | |
| 2. | Maria Lua PISCO | 18 | 207482 | Acmn | 5:10.93 | 45:05.31 |
| | 50m: 34.43 34.43 | 150m: 1:51.24 39.02 | 250m: 3:10.71 40.00 | 350m: 4:31.31 40.47 | | |
| | 100m: 1:12.22 37.79 | 200m: 2:30.71 39.47 | 300m: 3:50.84 40.13 | 400m: 5:10.93 39.62 | | |
| 3. | Maria Alexandra GRAD | 17 | 139218 | Aminata | 5:18.93 | 35:20.18 |
| | 50m: 34.32 34.32 | 150m: 1:54.03 41.09 | 250m: 3:16.57 40.82 | 350m: 4:38.19 40.71 | | |
| | 100m: 1:12.94 38.62 | 200m: 2:35.75 41.72 | 300m: 3:57.48 40.91 | 400m: 5:18.93 40.74 | | |
| 4. | Leonor Duarte GONCALVES | 15 | 208323 | Ndco | 5:23.66 | 35:31.03 |
| | 50m: 36.16 36.16 | 150m: 1:57.08 41.43 | 250m: 3:20.26 42.03 | 350m: 4:44.36 41.99 | | |
| | 100m: 1:15.65 39.49 | 200m: 2:38.23 41.15 | 300m: 4:02.37 42.11 | 400m: 5:23.66 39.30 | | |
| 5. | Sofia Moreira DIAS | 15 | 214686 | Acmn | 5:39.91 | 36:01.96 |
| | 50m: 37.36 37.36 | 150m: 2:02.87 43.18 | 250m: 3:30.75 44.06 | 350m: 4:57.29 42.93 | | |
| | 100m: 1:19.69 42.33 | 200m: 2:46.69 43.82 | 300m: 4:14.36 43.61 | 400m: 5:39.91 42.62 | | |
| 6. | Teresa Ribeiro ROCHA | 14 | 218395 | Aminata | 5:48.84 | 25:48.58 |
| | 50m: 38.46 38.46 | 150m: 2:05.60 44.42 | 250m: 3:33.51 44.33 | 350m: 5:03.98 45.22 | | |
| | 100m: 1:21.18 42.72 | 200m: 2:49.18 43.58 | 300m: 4:18.76 45.25 | 400m: 5:48.84 44.86 | | |
| 7. | Rita Isabel OLIVEIRA | 15 | 216105 | Estremoz / Estremozcarnes | 5:54.42 | 25:50.13 |
| | 50m: 37.82 37.82 | 150m: 2:05.60 45.17 | 250m: 3:36.77 46.19 | 350m: 5:09.39 45.83 | | |
| | 100m: 1:20.43 42.61 | 200m: 2:50.58 44.98 | 300m: 4:23.56 46.79 | 400m: 5:54.42 45.03 | | |
| 8. | Mafalda Costa NUNES | 13 | 218242 | GSC Grândola Sports Club | 5:57.77 | 26:08.46 |
| | 50m: 40.70 40.70 | 150m: 2:09.90 45.21 | 250m: 3:41.14 45.46 | 350m: 5:12.95 45.32 | | |
| | 100m: 1:24.69 43.99 | 200m: 2:55.68 45.78 | 300m: 4:27.63 46.49 | 400m: 5:57.77 44.82 | | |
| 9. | Alice Figueiredo LEITAO | 18 | 209788 | GSC Grândola Sports Club | 6:03.47 | 26:57.82 |
| | 50m: 38.26 38.26 | 150m: 2:10.35 46.88 | 250m: 3:44.33 46.85 | 350m: 5:18.66 47.01 | | |
| | 100m: 1:23.47 45.21 | 200m: 2:57.48 47.13 | 300m: 4:31.65 47.32 | 400m: 6:03.47 44.81 | | |
| 10. | Lara Amorim PEREIRA | 12 | 219560 | Litoral Alentejano | 6:07.93 | 26:22.33 |
| | 50m: 41.29 41.29 | 150m: 2:11.56 46.38 | 250m: | 350m: | | |
| | 100m: 1:25.18 43.89 | 200m: 2:58.40 46.84 | 300m: 4:33.53 | 400m: 6:07.93 | | |
| 11. | Filipa Serrao ROSARIO | 13 | 216068 | Litoral Alentejano | 6:54.90 | 17:09.25 |
| | 50m: 43.91 43.91 | 150m: 2:27.41 52.98 | 250m: 4:16.09 53.92 | 350m: 6:03.44 53.13 | | |
| | 100m: 1:34.43 50.52 | 200m: 3:22.17 54.76 | 300m: 5:10.31 54.22 | 400m: 6:54.90 51.46 | | |

Torneio de Aniversário do Aminata
Évora, 27/10/2024

Prova 1, 400m Livres

13 anos e mais velhos, Masc.

| | | | | | |
|-------------------------------|---------------------|---------------------|--------------------------|----------------|----------|
| 1. Vasco Francisco PEREIRA | 18 | 204192 | Aminata | 4:29.45 | 44:33.92 |
| 50m: 30.63 30.63 | 150m: 1:36.86 33.01 | 250m: 2:44.77 34.30 | 350m: 3:54.45 35.20 | | |
| 100m: 1:03.85 33.22 | 200m: 2:10.47 33.61 | 300m: 3:19.25 34.48 | 400m: 4:29.45 35.00 | | |
| 2. Ricardo Paixao CANSADO | 18 | 208134 | Aminata | 4:44.76 | 44:39.86 |
| 50m: 30.80 30.80 | 150m: 1:39.63 34.97 | 250m: 2:53.83 | 350m: 4:08.26 37.26 | | |
| 100m: 1:04.66 33.86 | 200m: | 300m: 3:31.00 37.17 | 400m: 4:44.76 36.50 | | |
| 3. Santiago Pinto FALCAO | 18 | 204478 | Acmn | 4:53.70 | 35:24.28 |
| 50m: 30.58 30.58 | 150m: 1:42.18 36.84 | 250m: 2:58.57 39.14 | 350m: 4:17.43 38.68 | | |
| 100m: 1:05.34 34.76 | 200m: 2:19.43 37.25 | 300m: 3:38.75 40.18 | 400m: 4:53.70 36.27 | | |
| 4. Afonso Rodrigues FERREIRA | 15 | 206472 | Ndco | 4:59.62 | 34:56.16 |
| 50m: 31.86 31.86 | 150m: 1:44.76 36.90 | 250m: 3:02.66 39.45 | 350m: 4:21.33 39.72 | | |
| 100m: 1:07.86 36.00 | 200m: 2:23.21 38.45 | 300m: 3:41.61 38.95 | 400m: 4:59.62 38.29 | | |
| 5. Afonso Silva RODRIGUES | 16 | 208670 | Ndco | 5:05.29 | 34:50.82 |
| 50m: 32.41 32.41 | 150m: 1:46.76 37.75 | 250m: 3:04.17 38.67 | 350m: 4:24.52 40.49 | | |
| 100m: 1:09.01 36.60 | 200m: 2:25.50 38.74 | 300m: 3:44.03 39.86 | 400m: 5:05.29 40.77 | | |
| 6. Diogo Alexandre DOMINGOS | 18 | 201342 | GSC Grândola Sports Club | 5:20.60 | 25:39.79 |
| 50m: 33.23 33.23 | 150m: 1:49.84 39.33 | 250m: 3:13.24 42.62 | 350m: 4:37.96 41.92 | | |
| 100m: 1:10.51 37.28 | 200m: 2:30.62 40.78 | 300m: 3:56.04 42.80 | 400m: 5:20.60 42.64 | | |
| 7. Mateus Duarte HELENO | 15 | 218244 | GSC Grândola Sports Club | 5:20.74 | 25:25.07 |
| 50m: 33.13 33.13 | 150m: 1:52.69 40.96 | 250m: 3:16.60 42.01 | 350m: 4:39.47 41.46 | | |
| 100m: 1:11.73 38.60 | 200m: 2:34.59 41.90 | 300m: 3:58.01 41.41 | 400m: 5:20.74 41.27 | | |
| 8. Miguel Alexandre PALMA | 19 | 204023 | Litoral Alentejano | 5:27.49 | 25:36.44 |
| 50m: 35.49 35.49 | 150m: 1:55.86 40.92 | 250m: 3:19.87 42.42 | 350m: 4:45.88 43.32 | | |
| 100m: 1:14.94 39.45 | 200m: 2:37.45 41.59 | 300m: 4:02.56 42.69 | 400m: 5:27.49 41.61 | | |
| 9. Guilherme Martins CANDEIAS | 14 | 214799 | Aminata | 5:30.08 | 25:31.13 |
| 50m: 35.68 35.68 | 150m: 1:57.20 41.77 | 250m: 3:23.14 43.33 | 350m: 4:48.55 42.87 | | |
| 100m: 1:15.43 39.75 | 200m: 2:39.81 42.61 | 300m: 4:05.68 42.54 | 400m: 5:30.08 41.53 | | |
| 10. Edgar Van RAMOS | 15 | 209505 | Aminata | 5:35.48 | 25:42.60 |
| 50m: 36.93 36.93 | 150m: 2:01.65 42.08 | 250m: 3:27.08 42.45 | 350m: 4:47.85 38.40 | | |
| 100m: 1:19.57 42.64 | 200m: 2:44.63 42.98 | 300m: 4:09.45 42.37 | 400m: 5:35.48 47.63 | | |
| 11. Antonio Francisco RAMOS | 14 | 220016 | Litoral Alentejano | 5:39.98 | 243 NT |
| 50m: 36.67 36.67 | 150m: 1:59.13 42.51 | 250m: 3:27.96 44.79 | 350m: 4:56.44 43.28 | | |
| 100m: 1:16.62 39.95 | 200m: 2:43.17 44.04 | 300m: 4:13.16 45.20 | 400m: 5:39.98 43.54 | | |
| 12. Bernardo Jose LOUCAO | 14 | 218507 | Litoral Alentejano | 5:40.74 | 26:09.24 |
| 50m: 40.13 40.13 | 150m: 2:07.74 44.22 | 250m: 3:34.84 43.94 | 350m: 5:00.64 41.74 | | |
| 100m: 1:23.52 43.39 | 200m: 2:50.90 43.16 | 300m: 4:18.90 44.06 | 400m: 5:40.74 40.10 | | |
| 13. Luis Carlos VAZ | 15 | 209078 | Litoral Alentejano | 6:03.02 | 15:59.87 |
| 50m: 41.15 41.15 | 150m: 2:15.48 46.94 | 250m: 3:49.34 46.34 | 350m: 5:20.82 45.05 | | |
| 100m: 1:28.54 47.39 | 200m: 3:03.00 47.52 | 300m: 4:35.77 46.43 | 400m: 6:03.02 42.20 | | |