

Prova 19  
23/11/2024 - 16:25

Masc., 400m Estilos

13 anos e mais velhos  
Resultados

Pontos: AQUA 2024

Lugar	Nome	Idade	Clube	Tempo Final				AQUA
<b>Infantis</b>								
1.	David Martinho, Vicente	14	Portalegre	<b>6:24.31</b>				228
	50m: 44.62 44.62	150m: 2:26.04 49.47	250m: 4:05.73 52.23	350m: 5:42.20 44.28				
	100m: 1:36.57 51.95	200m: 3:13.50 47.46	300m: 4:57.92 52.19	400m: 6:24.31 42.11				
2.	Tomas Martins, Azevedo	13	AN Albicastrense	<b>6:29.11</b>				219
	50m: 44.84 44.84	150m: 2:26.21 49.73	250m: 4:10.38 55.56	350m: 5:49.04 43.68				
	100m: 1:36.48 51.64	200m: 3:14.82 48.61	300m: 5:05.36 54.98	400m: 6:29.11 40.07				
<b>Absolutos</b>								
1.	Eduardo Pires, Tavares	18	AN Albicastrense	<b>5:26.75</b>				371
	50m: 37.53 37.53	150m: 2:04.61 42.52	250m: 3:28.84 43.81	350m: 4:50.94 36.61				
	100m: 1:22.09 44.56	200m: 2:45.03 40.42	300m: 4:14.33 45.49	400m: 5:26.75 35.81				
2.	Joao Maria, Sanguinho	16	Elvense	<b>5:43.00</b>				320
	50m: 39.37 39.37	150m: 2:11.15 44.61	250m: 3:41.79 47.18	350m: 5:08.17 37.44				
	100m: 1:26.54 47.17	200m: 2:54.61 43.46	300m: 4:30.73 48.94	400m: 5:43.00 34.83				
3.	Antonio Maria, Ferreira	25	Penta Clube Covilha	<b>5:45.15</b>				314
	50m: 34.01 34.01	150m: 2:02.09 47.16	250m: 3:37.82 48.97	350m: 5:06.43 39.04				
	100m: 1:14.93 40.92	200m: 2:48.85 46.76	300m: 4:27.39 49.57	400m: 5:45.15 38.72				
4.	Joao Martim, Picarra	15	Elvense	<b>6:16.14</b>				243
	50m: 43.16 43.16	150m: 2:21.91 48.56	250m: 4:00.34 53.13	350m: 5:36.87 41.71				
	100m: 1:33.35 50.19	200m: 3:07.21 45.30	300m: 4:55.16 54.82	400m: 6:16.14 39.27				
5.	Guilherme Filipe, Rato	16	AN Albicastrense	<b>6:23.84</b>				228
	50m: 43.34 43.34	150m: 2:23.01 51.35	250m: 4:02.64 50.48	350m: 5:40.81 44.78				
	100m: 1:31.66 48.32	200m: 3:12.16 49.15	300m: 4:56.03 53.39	400m: 6:23.84 43.03				
6.	Tiago Maria, Costa	17	Elvense	<b>6:27.51</b>				222
	50m: 40.63 40.63	150m: 2:19.69 50.11	250m: 4:06.71 58.35	350m: 5:47.91 43.76				
	100m: 1:29.58 48.95	200m: 3:08.36 48.67	300m: 5:04.15 57.44	400m: 6:27.51 39.60				