

Prova 18
23/11/2024 - 16:10

Femin., 400m Estilos

12 anos e mais velhos
Resultados

Pontos: AQUA 2024

Lugar	Nome	Idade	Clube	Tempo Final				AQUA	
Infantis									
1.	Carlota Maria, Pereira	12	AN Albicastrense	7:06.51				223	
	50m: 51.08 51.08	150m: 2:43.58 54.71	250m: 4:36.89 1:01.05	350m: 6:22.06 46.36					
	100m: 1:48.87 57.79	200m: 3:35.84 52.26	300m: 5:35.70 58.81	400m: 7:06.51 44.45					
2.	Ines Barata, Henrique	13	AN Albicastrense	7:07.86				221	
	50m: 49.72 49.72	150m: 2:41.94 54.27	250m: 4:33.64 58.10	350m: 6:21.31 50.13					
	100m: 1:47.67 57.95	200m: 3:35.54 53.60	300m: 5:31.18 57.54	400m: 7:07.86 46.55					
3.	Mercedes Beirao, Valente	12	AN Albicastrense	7:23.34				199	
	50m: 49.92 49.92	150m: 2:43.31 55.67	250m: 4:38.36 1:03.41	350m: 6:33.03 53.04					
	100m: 1:47.64 57.72	200m: 3:34.95 51.64	300m: 5:39.99 1:01.63	400m: 7:23.34 50.31					
Absolutos									
1.	Carolina Pinto, Banhudo	15	AN Albicastrense	6:26.23				301	
	50m: 40.90 40.90	150m: 2:20.39 48.77	250m: 4:03.46 55.02	350m: 5:42.58 44.09					
	100m: 1:31.62 50.72	200m: 3:08.44 48.05	300m: 4:58.49 55.03	400m: 6:26.23 43.65					
2.	Gabriela Conceicao, Pinto	17	Elvense	6:30.80				290	
	50m: 37.54 37.54	150m: 2:15.46 50.77	250m: 4:01.23 57.32	350m: 5:44.81 45.80					
	100m: 1:24.69 47.15	200m: 3:03.91 48.45	300m: 4:59.01 57.78	400m: 6:30.80 45.99					
3.	Filipa Calado, Gervasio	15	Elvense	6:36.16				279	
	50m: 44.42 44.42	150m: 2:26.48 47.49	250m: 4:10.56 56.22	350m: 5:52.52 44.47					
	100m: 1:38.99 54.57	200m: 3:14.34 47.86	300m: 5:08.05 57.49	400m: 6:36.16 43.64					