

Prova 3  
26/10/2024 - 9:45

Femin., 200m Bruços

Absolutos  
Resultados

Pontos: AQUA 2024

| Lugar | Ano                      |    | Tempo final          | Pts            | 50m | 100m    | 150m    | 200m    |         |
|-------|--------------------------|----|----------------------|----------------|-----|---------|---------|---------|---------|
| 1.    | Ines Sendas, Marco       | 11 | AN Albicastrense     | <b>3:28.51</b> | 268 | 48.97   | 53.19   | 55.00   | 51.35   |
| 2.    | Carolina Pinto, Banhudo  | 10 | AN Albicastrense     | <b>3:32.01</b> | 255 | 46.05   | 53.21   | 55.50   | 57.25   |
| 3.    | Joana Catarina, Matias   | 07 | CCDSerta             | <b>3:32.44</b> | 254 | 47.36   | 54.44   | 55.68   | 54.96   |
| 4.    | Vitoria Morao, Almeida   | 09 | AN Albicastrense     | <b>3:32.49</b> | 253 | 47.95   | 53.13   | 55.76   | 55.65   |
| 5.    | Maria Benedita, Ribeiro  | 12 | CCDSerta             | <b>3:33.17</b> | 251 | 50.06   | 55.85   | 57.80   | 49.46   |
| 6.    | Matilde Antonio, Cardoso | 07 | CCDSerta             | <b>3:33.43</b> | 250 | 48.78   | 55.57   | 55.68   | 53.40   |
| 7.    | Ines Munhos, Silva       | 12 | AN Albicastrense     | <b>3:33.48</b> | 250 | 46.02   | 54.35   | 58.04   | 55.07   |
| 8.    | A., Menichetti           | 11 | Portalegre           | <b>3:33.76</b> | 249 | 47.83   | 54.85   | 57.35   | 53.73   |
| 9.    | Carlota Maria, Pereira   | 13 | AN Albicastrense     | <b>3:39.78</b> | 229 | 52.25   | 57.27   | 56.21   | 54.05   |
| 10.   | Simone Pais, Marques     | 09 | AN Albicastrense     | <b>3:40.09</b> | 228 | 50.06   | 55.43   | 57.97   | 56.63   |
| 11.   | Leonor Cardoso, Tavares  | 12 | CCDSerta             | <b>3:40.20</b> | 228 | 52.64   | 56.41   | 57.48   | 53.67   |
| 12.   | Leonor Costa, Martins    | 11 | CCDSerta             | <b>3:48.90</b> | 203 | 49.94   | 57.89   | 1:00.45 | 1:00.62 |
| 13.   | Leonor Santos, Silva     | 13 | CCDSerta             | <b>3:50.93</b> | 197 | 50.98   | 59.72   | 1:01.51 | 58.72   |
| 14.   | Madalena Pires, Tavares  | 10 | AN Albicastrense     | <b>3:52.27</b> | 194 | 58.07   | 1:00.05 | 59.55   | 54.60   |
| 15.   | Ines Barata, Henrique    | 12 | AN Albicastrense     | <b>3:52.82</b> | 193 | 52.16   | 1:00.30 | 59.35   | 1:01.01 |
| 16.   | Ana Carolina, Janeiro    | 12 | Portalegre           | <b>4:01.57</b> | 172 | 54.68   | 1:01.67 | 1:02.87 | 1:02.35 |
| 17.   | Margarida Rocha, Costa   | 13 | Clube Natacao Fundao | <b>4:01.92</b> | 172 | 55.17   | 1:00.64 | 1:02.52 | 1:03.59 |
| 18.   | Joana Franca, Rasteiro   | 12 | Portalegre           | <b>4:11.27</b> | 153 | 57.37   | 1:04.75 | 1:05.48 | 1:03.67 |
| 19.   | Daniela Matias, Ribeiro  | 11 | CCDSerta             | <b>4:12.53</b> | 151 | 58.61   | 1:05.74 | 1:06.21 | 1:01.97 |
| 20.   | M., Cacilhas             | 13 | AN Albicastrense     | <b>4:17.34</b> | 142 | 59.32   | 1:04.16 | 1:07.87 | 1:05.99 |
| 21.   | Helena Sousa, Marcal     | 13 | CCDSerta             | <b>5:00.92</b> | 89  | 1:02.09 | 1:18.68 | 1:20.56 | 1:19.59 |