

BC Masters 25m 2024
Kortrijk, 2 - 3/11/2024

Programmanr. 11
3/11/2024 - 9:00

1500m vrije slag

20 - 94 jaar
Resultaten

Punten: FINA 2023

Rang			Geb.			Tijd	Pnt
25 - 29 jaar, Heren							
1.	DE MOURA COUTINHO Diogo		98	POR	KZK	20:17.01	336
	100m:	1:10.21	1:10.21	500m:	6:33.90	1:21.83	900m: 12:02.20 1:22.13
	200m:	2:30.65	1:20.44	600m:	7:57.38	1:23.48	1000m: 13:25.53 1:23.33
	300m:	3:51.12	1:20.47	700m:	9:18.93	1:21.55	1100m: 14:47.85 1:22.32
	400m:	5:12.07	1:20.95	800m:	10:40.07	1:21.14	1200m: 16:11.29 1:23.44
							1300m: 17:35.17 1:23.88
							1400m: 18:57.98 1:22.81
							1500m: 20:17.01 1:19.03
25 - 29 jaar, Dames							
1.	POLLEUNIS Daphné		96	BEL	STZC	19:46.90	448
	100m:	1:11.99	1:11.99	500m:	6:25.77	1:18.90	900m: 11:47.42 1:20.25
	200m:	2:29.55	1:17.56	600m:	7:46.41	1:20.64	1000m: 13:07.27 1:19.85
	300m:	3:47.75	1:18.20	700m:	9:06.74	1:20.33	1100m: 14:28.20 1:20.93
	400m:	5:06.87	1:19.12	800m:	10:27.17	1:20.43	1200m: 15:48.44 1:20.24
							1300m: 17:08.80 1:20.36
							1400m: 18:29.17 1:20.37
							1500m: 19:46.90 1:17.73
30 - 34 jaar, Heren							
1.	D'HONDT Xavier		90	BEL	CNBA	21:37.78	277
	100m:	1:19.42	1:19.42	500m:	7:07.21	1:27.69	900m: 12:56.39 1:27.71
	200m:	2:44.58	1:25.16	600m:	8:34.68	1:27.47	1000m: 14:24.54 1:28.15
	300m:	4:11.72	1:27.14	700m:	10:01.30	1:26.62	1100m: 15:52.30 1:27.76
	400m:	5:39.52	1:27.80	800m:	11:28.68	1:27.38	1200m: 17:19.85 1:27.55
							1300m: 18:46.37 1:26.52
							1400m: 20:13.45 1:27.08
							1500m: 21:37.78 1:24.33
30 - 34 jaar, Dames							
1.	MARTENS Sofie		90	BEL	SWEM	21:27.59	350
	100m:	1:19.64	1:19.64	500m:	7:06.94	1:27.09	900m: 12:52.91 1:26.09
	200m:	2:45.62	1:25.98	600m:	8:33.62	1:26.68	1000m: 14:18.59 1:25.68
	300m:	4:12.56	1:26.94	700m:	10:00.36	1:26.74	1100m: 15:44.67 1:26.08
	400m:	5:39.85	1:27.29	800m:	11:26.82	1:26.46	1200m: 17:11.10 1:26.43
							1300m: 18:37.58 1:26.48
							1400m: 20:04.09 1:26.51
							1500m: 21:27.59 1:23.50
2.	GONDA Mandy		90	BEL	FNCS	21:30.57	348
	100m:	1:22.30	1:22.30	500m:	7:09.43	1:26.54	900m: 12:52.12 1:26.03
	200m:	2:49.82	1:27.52	600m:	8:34.77	1:25.34	1000m: 14:18.10 1:25.98
	300m:	4:16.49	1:26.67	700m:	9:59.90	1:25.13	1100m: 15:44.10 1:26.00
	400m:	5:42.89	1:26.40	800m:	11:26.09	1:26.19	1200m: 17:10.81 1:26.71
							1300m: 18:37.82 1:27.01
							1400m: 20:04.26 1:26.44
							1500m: 21:30.57 1:26.31
3.	KAPUCZINSKI Abeline		93	BEL	CCM	35:29.39	77
	100m:	2:19.41	2:19.41	500m:	12:01.22	2:23.32	900m: 21:26.17 2:19.11
	200m:	4:44.34	2:24.93	600m:	14:23.77	2:22.55	1000m: 23:47.32 2:21.15
	300m:	7:12.53	2:28.19	700m:	16:46.23	2:22.46	1100m: 26:09.04 2:21.72
	400m:	9:37.90	2:25.37	800m:	19:07.06	2:20.83	1200m: 28:30.93 2:21.89
							1300m: 30:52.62 2:21.69
							1400m: 33:12.31 2:19.69
							1500m: 35:29.39 2:17.08
35 - 39 jaar, Heren							
1.	VAERNEWYCK Jonathan		86	BEL	DZV	19:44.26	365
	100m:	1:10.56	1:10.56	500m:	6:25.66	1:20.01	900m: 11:45.24 1:20.04
	200m:	2:27.78	1:17.22	600m:	7:45.76	1:20.10	1000m: 13:04.88 1:19.64
	300m:	3:47.01	1:19.23	700m:	9:04.77	1:19.01	1100m: 14:25.49 1:20.61
	400m:	5:05.65	1:18.64	800m:	10:25.20	1:20.43	1200m: 15:45.92 1:20.43
							1300m: 17:05.80 1:19.88
							1400m: 18:26.30 1:20.50
							1500m: 19:44.26 1:17.96
2.	MATTÉ Steven		85	BEL	ZNA	21:38.94	277
	100m:	1:17.57	1:17.57	500m:	7:01.89	1:26.48	900m: 12:50.56 1:27.25
	200m:	2:43.39	1:25.82	600m:	8:28.78	1:26.89	1000m: 14:18.82 1:28.26
	300m:	4:09.45	1:26.06	700m:	9:55.63	1:26.85	1100m: 15:47.39 1:28.57
	400m:	5:35.41	1:25.96	800m:	11:23.31	1:27.68	1200m: 17:17.27 1:29.88
							1300m: 18:46.13 1:28.86
							1400m: 20:15.47 1:29.34
							1500m: 21:38.94 1:23.47
3.	LONDON Frederic		86	BEL	VN	21:42.44	274
	100m:	1:22.23	1:22.23	500m:	7:09.76	1:27.22	900m: 13:00.28 1:27.61
	200m:	2:48.72	1:26.49	600m:	8:37.17	1:27.41	1000m: 14:27.70 1:27.42
	300m:	4:15.27	1:26.55	700m:	10:04.84	1:27.67	1100m: 15:54.99 1:27.29
	400m:	5:42.54	1:27.27	800m:	11:32.67	1:27.83	1200m: 17:22.70 1:27.71
							1300m: 18:50.22 1:27.52
							1400m: 20:17.27 1:27.05
							1500m: 21:42.44 1:25.17

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Programmanr. 11, Heren, 1500m vrije slag, 35 - 39 jaar

Rang		Geb.					Tijd	Pnt
4.	KEREMIDCHIEV Nikola	87	BUL	DAMINI			26:51.69	145
	100m: 1:35.00	1:35.00	500m: 8:41.81	1:47.21	900m: 16:00.11	1:49.45	1300m: 23:21.18	1:47.94
	200m: 3:19.62	1:44.62	600m: 10:30.63	1:48.82	1000m: 17:52.21	1:52.10	1400m: 25:10.11	1:48.93
	300m: 5:08.85	1:49.23	700m: 12:19.85	1:49.22	1100m: 19:42.52	1:50.31	1500m: 26:51.69	1:41.58
	400m: 6:54.60	1:45.75	800m: 14:10.66	1:50.81	1200m: 21:33.24	1:50.72		

35 - 39 jaar, Dames

1.	HETEREN van Nanda	89	NED	PSV			21:15.59	360
	100m: 1:20.09	1:20.09	500m: 7:05.98	1:26.48	900m: 12:48.28	1:25.14	1300m: 18:29.46	1:25.39
	200m: 2:46.36	1:26.27	600m: 8:31.54	1:25.56	1000m: 14:13.52	1:25.24	1400m: 19:55.14	1:25.68
	300m: 4:12.76	1:26.40	700m: 9:57.05	1:25.51	1100m: 15:38.02	1:24.50	1500m: 21:15.59	1:20.45
	400m: 5:39.50	1:26.74	800m: 11:23.14	1:26.09	1200m: 17:04.07	1:26.05		

40 - 44 jaar, Heren

1.	BUTTENAEERS Patrice	83	BEL	FNCS			20:37.09	320
	100m: 1:13.90	1:13.90	500m: 6:40.88	1:22.73	900m: 12:15.03	1:23.38	1300m: 17:52.57	1:24.91
	200m: 2:34.13	1:20.23	600m: 8:03.88	1:23.00	1000m: 13:38.90	1:23.87	1400m: 19:15.96	1:23.39
	300m: 3:55.70	1:21.57	700m: 9:27.32	1:23.44	1100m: 15:03.36	1:24.46	1500m: 20:37.09	1:21.13
	400m: 5:18.15	1:22.45	800m: 10:51.65	1:24.33	1200m: 16:27.66	1:24.30		
2.	ANTHONISSEN Tom	84	BEL	SWEM			26:42.88	147
	100m: 1:34.46	1:34.46	500m: 11:27.88	1:49.91	900m: 20:37.25	1:50.92	1300m:	
	200m: 6:02.73	4:28.27	600m: 14:11.39	2:43.51	1000m: 22:26.66	1:49.41	1400m:	
	300m: 7:51.65	1:48.92	700m: 16:56.43	2:45.04	1100m: 24:13.61	1:46.95	1500m: 26:42.88	
	400m: 9:37.97	1:46.32	800m: 18:46.33	1:49.90	1200m: 25:54.80	1:41.19		

40 - 44 jaar, Dames

1.	STOUMONT Laure	84	BEL	LGN			20:54.89	379
	100m: 1:16.98	1:16.98	500m: 6:51.51	1:24.63	900m: 12:29.51	1:24.30	1300m: 18:06.60	1:24.08
	200m: 2:38.79	1:21.81	600m: 8:16.50	1:24.99	1000m: 13:53.46	1:23.95	1400m: 19:31.64	1:25.04
	300m: 4:02.32	1:23.53	700m: 9:40.64	1:24.14	1100m: 15:17.97	1:24.51	1500m: 20:54.89	1:23.25
	400m: 5:26.88	1:24.56	800m: 11:05.21	1:24.57	1200m: 16:42.52	1:24.55		

45 - 49 jaar, Heren

1.	RUTTEN Ben	76	BEL	FAST			18:23.33	452
	100m: 1:10.30	1:10.30	500m: 6:03.89	1:13.11	900m: 10:57.07	1:13.60	1300m: 15:55.67	1:15.20
	200m: 2:23.58	1:13.28	600m: 7:16.79	1:12.90	1000m: 12:11.69	1:14.62	1400m: 17:10.53	1:14.86
	300m: 3:37.42	1:13.84	700m: 8:29.81	1:13.02	1100m: 13:25.78	1:14.09	1500m: 18:23.33	1:12.80
	400m: 4:50.78	1:13.36	800m: 9:43.47	1:13.66	1200m: 14:40.47	1:14.69		
2.	CAPE Pascal	78	BEL	FNCS			22:40.89	240
	100m: 1:23.41	1:23.41	500m: 7:28.74	1:32.67	900m: 13:35.33	1:31.14	1300m: 19:41.04	1:31.04
	200m: 2:54.44	1:31.03	600m: 9:00.75	1:32.01	1000m: 15:05.85	1:30.52	1400m: 21:12.32	1:31.28
	300m: 4:24.86	1:30.42	700m: 10:32.40	1:31.65	1100m: 16:37.67	1:31.82	1500m: 22:40.89	1:28.57
	400m: 5:56.07	1:31.21	800m: 12:04.19	1:31.79	1200m: 18:10.00	1:32.33		
3.	JOINNEAU Cédric	76	BEL	RDM			23:22.35	220
	100m: 1:23.66	1:23.66	500m: 7:37.51	1:33.55	900m: 13:53.68	1:34.40	1300m: 20:16.08	1:35.65
	200m: 2:57.16	1:33.50	600m: 9:11.12	1:33.61	1000m: 15:29.93	1:36.25	1400m: 21:51.09	1:35.01
	300m: 4:30.55	1:33.39	700m: 10:45.25	1:34.13	1100m: 17:04.78	1:34.85	1500m: 23:22.35	1:31.26
	400m: 6:03.96	1:33.41	800m: 12:19.28	1:34.03	1200m: 18:40.43	1:35.65		

45 - 49 jaar, Dames

1.	NUYTEN Marie-Céline	76	FRA	CNBA			21:58.50	326
	100m: 1:21.77	1:21.77	500m: 7:17.49	1:28.58	900m: 13:10.65	1:29.02	1300m: 19:05.20	1:28.13
	200m: 2:50.98	1:29.21	600m: 8:44.90	1:27.41	1000m: 14:39.12	1:28.47	1400m: 20:33.65	1:28.45
	300m: 4:20.44	1:29.46	700m: 10:12.82	1:27.92	1100m: 16:08.06	1:28.94	1500m: 21:58.50	1:24.85
	400m: 5:48.91	1:28.47	800m: 11:41.63	1:28.81	1200m: 17:37.07	1:29.01		

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Programmanr. 11, 1500m vrije slag

50 - 54 jaar, Heren

1.	KOUWENHOVEN Chris	71	NED	GRUNTE	20:25.14	330
	100m: 1:16.19 1:16.19	500m: 6:43.61 1:21.92	900m: 12:11.90 1:22.04	1300m: 17:41.55 1:22.95		
	200m: 2:37.02 1:20.83	600m: 8:06.00 1:22.39	1000m: 13:33.65 1:21.75	1400m: 19:04.50 1:22.95		
	300m: 3:59.59 1:22.57	700m: 9:27.72 1:21.72	1100m: 14:55.88 1:22.23	1500m: 20:25.14 1:20.64		
	400m: 5:21.69 1:22.10	800m: 10:49.86 1:22.14	1200m: 16:18.60 1:22.72			
2.	GOETRY Frederic	74	BEL	SWEM	20:45.74	314
	100m: 1:18.01 1:18.01	500m: 6:58.60 1:24.94	900m: 12:33.89 1:23.53	1300m: 18:03.47 1:22.25		
	200m: 2:43.09 1:25.08	600m: 8:22.87 1:24.27	1000m: 13:56.64 1:22.75	1400m: 19:25.75 1:22.28		
	300m: 4:08.35 1:25.26	700m: 9:47.07 1:24.20	1100m: 15:18.83 1:22.19	1500m: 20:45.74 1:19.99		
	400m: 5:33.66 1:25.31	800m: 11:10.36 1:23.29	1200m: 16:41.22 1:22.39			

50 - 54 jaar, Dames

1.	VAN LINDT Kathy	71	BEL	CNSW	24:49.24	226
	100m: 1:33.53 1:33.53	500m: 8:12.77 1:40.47	900m: 14:56.45 1:41.18	1300m: 21:35.81 1:39.84		
	200m: 3:14.21 1:40.68	600m: 9:54.35 1:41.58	1000m: 16:36.16 1:39.71	1400m: 23:13.58 1:37.77		
	300m: 4:52.78 1:38.57	700m: 11:35.16 1:40.81	1100m: 18:15.94 1:39.78	1500m: 24:49.24 1:35.66		
	400m: 6:32.30 1:39.52	800m: 13:15.27 1:40.11	1200m: 19:55.97 1:40.03			

55 - 59 jaar, Heren

1.	PIRET Benoit	69	BEL	W	24:00.58	203
	100m: 1:28.66 1:28.66	500m: 7:53.93 1:36.72	900m: 14:23.32 1:37.30	1300m: 20:52.83 1:37.49		
	200m: 3:03.97 1:35.31	600m: 9:31.02 1:37.09	1000m: 16:00.50 1:37.18	1400m: 22:30.09 1:37.26		
	300m: 4:40.80 1:36.83	700m: 11:08.53 1:37.51	1100m: 17:37.58 1:37.08	1500m: 24:00.58 1:30.49		
	400m: 6:17.21 1:36.41	800m: 12:46.02 1:37.49	1200m: 19:15.34 1:37.76			
2.	NAILI Karim	66	BEL	CNBA	24:02.84	202
	100m: 1:19.36 1:19.36	500m: 7:29.67 1:34.67	900m: 14:13.39 1:54.87	1300m: 20:48.55 1:40.27		
	200m: 2:50.51 1:31.15	600m: 9:05.82 1:36.15	1000m: 15:50.89 1:37.50	1400m: 22:29.14 1:40.59		
	300m: 4:22.30 1:31.79	700m: 10:40.64 1:34.82	1100m: 17:30.79 1:39.90	1500m: 24:02.84 1:33.70		
	400m: 5:55.00 1:32.70	800m: 12:18.52 1:37.88	1200m: 19:08.28 1:37.49			
3.	CALLENS Jean-Claude	67	FRA	RDM	27:04.83	141
	100m: 16:07.18 16:07.18	500m:	900m:	1300m:		
	200m: 21:37.20 5:30.02	600m:	1000m:	1400m:		
	300m: 24:23.50 2:46.30	700m:	1100m:	1500m: 27:04.83		
	400m:	800m:	1200m:			

55 - 59 jaar, Dames

1.	DELAERE Sabine	69	BEL	RDM	25:33.60	207
	100m: 1:32.32 1:32.32	500m: 8:20.02 1:42.35	900m: 15:12.83 1:43.78	1300m: 22:08.44 1:43.90		
	200m: 3:12.80 1:40.48	600m: 10:02.68 1:42.66	1000m: 16:56.57 1:43.74	1400m: 23:52.13 1:43.69		
	300m: 4:54.79 1:41.99	700m: 11:45.57 1:42.89	1100m: 18:40.04 1:43.47	1500m: 25:33.60 1:41.47		
	400m: 6:37.67 1:42.88	800m: 13:29.05 1:43.48	1200m: 20:24.54 1:44.50			

60 - 64 jaar, Dames

1.	THEATE Françoise	63	BEL	CCM	21:43.45	338
	100m: 1:20.24 1:20.24	500m: 7:05.93 1:26.62	900m: 12:53.45 1:27.12	1300m: 18:47.17 1:29.24		
	200m: 2:46.06 1:25.82	600m: 8:32.46 1:26.53	1000m: 14:20.67 1:27.22	1400m: 20:15.86 1:28.69		
	300m: 4:12.45 1:26.39	700m: 9:59.23 1:26.77	1100m: 15:48.66 1:27.99	1500m: 21:43.45 1:27.59		
	400m: 5:39.31 1:26.86	800m: 11:26.33 1:27.10	1200m: 17:17.93 1:29.27			
2.	D'HONDT Georgette	60	BEL	LZV	33:48.87	89
	100m: 2:03.02 2:03.02	500m: 10:58.13 2:14.33	900m: 20:03.11 2:16.58	1300m: 29:13.28 2:20.28		
	200m: 4:16.75 2:13.73	600m: 13:12.95 2:14.82	1000m: 22:18.96 2:15.85	1400m: 31:31.09 2:17.81		
	300m: 6:29.54 2:12.79	700m: 15:29.89 2:16.94	1100m: 24:36.33 2:17.37	1500m: 33:48.87 2:17.78		
	400m: 8:43.80 2:14.26	800m: 17:46.53 2:16.64	1200m: 26:53.00 2:16.67			

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Programmanr. 11, 1500m vrije slag

65 - 69 jaar, Heren

1.	GILYAZOV Rinat		59	EST	UCLUB				19:46.61	363		
	100m:	1:15.11	1:15.11	500m:	6:31.27	1:19.12	900m:	11:49.16	1:19.37	1300m:	17:08.31	1:20.05
	200m:	2:33.47	1:18.36	600m:	7:50.41	1:19.14	1000m:	13:09.40	1:20.24	1400m:	18:27.99	1:19.68
	300m:	3:52.67	1:19.20	700m:	9:09.92	1:19.51	1100m:	14:28.68	1:19.28	1500m:	19:46.61	1:18.62
	400m:	5:12.15	1:19.48	800m:	10:29.79	1:19.87	1200m:	15:48.26	1:19.58			
2.	JULLIEN Guy		57	BEL	HELIOS				27:53.98	129		
	100m:	1:47.69	1:47.69	500m:	9:20.41	1:53.17	900m:	16:50.82	1:52.28	1300m:	24:17.29	1:52.53
	200m:	3:41.17	1:53.48	600m:	11:12.82	1:52.41	1000m:	18:42.40	1:51.58	1400m:	26:08.76	1:51.47
	300m:	5:34.73	1:53.56	700m:	13:05.80	1:52.98	1100m:	20:34.89	1:52.49	1500m:	27:53.98	1:45.22
	400m:	7:27.24	1:52.51	800m:	14:58.54	1:52.74	1200m:	22:24.76	1:49.87			

70 - 74 jaar, Heren

1.	WILLEMS Albert		50	BEL	ROSC				23:57.20	204		
	100m:	1:33.43	1:33.43	500m:	7:59.50	1:36.68	900m:	14:21.33	1:35.91	1300m:	20:47.19	1:37.02
	200m:	3:10.16	1:36.73	600m:	9:35.40	1:35.90	1000m:	15:57.96	1:36.63	1400m:	22:23.17	1:35.98
	300m:	4:46.33	1:36.17	700m:	11:10.74	1:35.34	1100m:	17:33.23	1:35.27	1500m:	23:57.20	1:34.03
	400m:	6:22.82	1:36.49	800m:	12:45.42	1:34.68	1200m:	19:10.17	1:36.94			