



Epreuve 17
2024-10-26 - 11:16

Dames, 400m 4 nages

12 ans et plus
Liste résultats

Points: AQUA 2024

Rang			Age					Temps	Pts		
12 - 13 ans											
1.	BLAIS, Marianne		13	Club Natation Bois Francs				5:55.87	385		
	50m:	37.55 37.55	150m:	2:07.77	44.96	250m:	3:44.94	52.39	350m:	5:17.89	40.21
	100m:	1:22.81 45.26	200m:	2:52.55	44.78	300m:	4:37.68	52.74	400m:	5:55.87	37.98
2.	PAQUETTE, Florence		12	Sher				6:03.83	360		
	50m:	38.82 38.82	150m:	2:13.87	46.41	250m:	3:50.03	51.67	350m:	5:24.32	42.00
	100m:	1:27.46 48.64	200m:	2:58.36	44.49	300m:	4:42.32	52.29	400m:	6:03.83	39.51
3.	LABERGE, Kiara		12	Enc				6:16.45	325		
	50m:	43.47 43.47	150m:	2:24.81	51.13	250m:	4:04.29	50.72	350m:	5:37.06	42.19
	100m:	1:33.68 50.21	200m:	3:13.57	48.76	300m:	4:54.87	50.58	400m:	6:16.45	39.39
4.	PERREAU, Juliette		12	Sher				6:23.12	308		
	50m:	41.78 41.78	150m:	2:19.25	48.89	250m:	4:01.69	56.32	350m:	5:40.97	43.28
	100m:	1:30.36 48.58	200m:	3:05.37	46.12	300m:	4:57.69	56.00	400m:	6:23.12	42.15
14 - 15 ans											
1.	LETENDRE, Emma		15	Sher				5:17.57	542		
	50m:	33.71 33.71	150m:	1:55.04	40.78	250m:	3:18.15	43.23	350m:	4:41.05	38.01
	100m:	1:14.26 40.55	200m:	2:34.92	39.88	300m:	4:03.04	44.89	400m:	5:17.57	36.52
2.	NAULT, Laurence		14	Club Natation Bois Francs				5:34.01	465		
	50m:	35.14 35.14	150m:	2:00.49	43.07	250m:	3:31.46	48.99	350m:	4:58.02	38.00
	100m:	1:17.42 42.28	200m:	2:42.47	41.98	300m:	4:20.02	48.56	400m:	5:34.01	35.99
3.	LACHAPELLE, Frédérique		15	Mustang Boucherville				5:38.85	446		
	50m:	36.26 36.26	150m:	2:03.70	44.06	250m:	3:35.05	49.48	350m:	5:02.94	38.90
	100m:	1:19.64 43.38	200m:	2:45.57	41.87	300m:	4:24.04	48.99	400m:	5:38.85	35.91
4.	HADLEY, Chloé		15	Mustang Boucherville				5:45.98	419		
	50m:	36.16 36.16	150m:	2:06.92	46.04	250m:	3:39.22	47.49	350m:	5:08.22	39.26
	100m:	1:20.88 44.72	200m:	2:51.73	44.81	300m:	4:28.96	49.74	400m:	5:45.98	37.76
5.	LABERGE, Dora		14	Enc				5:48.52	410		
	50m:	38.23 38.23	150m:	2:07.73	43.16	250m:	3:39.30	49.25	350m:	5:09.35	40.78
	100m:	1:24.57 46.34	200m:	2:50.05	42.32	300m:	4:28.57	49.27	400m:	5:48.52	39.17
6.	EMOND, Aryelle		14	Mustang Boucherville				6:07.96	348		
	50m:	38.66 38.66	150m:	2:11.19	45.01	250m:	3:46.95	51.45	350m:	5:23.79	44.96
	100m:	1:26.18 47.52	200m:	2:55.50	44.31	300m:	4:38.83	51.88	400m:	6:07.96	44.17
7.	BERNARD, Lory		15	Sher				6:09.49	344		
	50m:	41.09 41.09	150m:	2:16.26	45.01	250m:	3:52.61	52.38	350m:	5:28.08	43.77
	100m:	1:31.25 50.16	200m:	3:00.23	43.97	300m:	4:44.31	51.70	400m:	6:09.49	41.41
8.	LAMOTHE, Julia		14	Requins de Drummondville				6:10.70	340		
	50m:	38.19 38.19	150m:	2:09.94	47.70	250m:	3:47.82	51.38	350m:	5:26.64	46.23
	100m:	1:22.24 44.05	200m:	2:56.44	46.50	300m:	4:40.41	52.59	400m:	6:10.70	44.06
9.	CARON, Léonie		14	Sher				7:07.69	221		
	50m:	45.23 45.23	150m:	2:41.36	1:00.01	250m:	4:37.34	59.85	350m:	6:22.77	46.51
	100m:	1:41.35 56.12	200m:	3:37.49	56.13	300m:	5:36.26	58.92	400m:	7:07.69	44.92
16 ans et plus											
1.	BENABDALLAH, Karine		17	Mustang Boucherville				5:22.35	518		
	50m:	32.03 32.03	150m:	1:53.47	42.71	250m:	3:20.74	46.52	350m:	4:46.29	39.17
	100m:	1:10.76 38.73	200m:	2:34.22	40.75	300m:	4:07.12	46.38	400m:	5:22.35	36.06
2.	GAGNON, Aurélie		19	Sher				5:33.09	469		
	50m:	37.01 37.01	150m:	2:07.11	44.46	250m:	3:32.32	41.82	350m:	4:55.13	40.34
	100m:	1:22.65 45.64	200m:	2:50.50	43.39	300m:	4:14.79	42.47	400m:	5:33.09	37.96