



Epreuve 12
2024-10-25 - 17:42

400m Libre

18 ans et plus
Liste résultats

Points: AQUA Master 2024

Rang			Age					Temps	Pts
50 - 54 ans, Messieurs									
1.	POTVIN, Jean-Francois		51	Club de Natation Mont-Tremblant				5:36.92	382
	50m:	36.79 36.79	150m:	1:57.65 41.67	250m:	3:26.33 44.77	350m:	4:54.92 44.09	
	100m:	1:15.98 39.19	200m:	2:41.56 43.91	300m:	4:10.83 44.50	400m:	5:36.92 42.00	
35 - 39 ans, Dames									
1.	BERRY, Caitlin		36	Maitres À Contre Courant				5:02.29	635
	50m:	33.15 33.15	150m:	1:49.58 38.70	250m:	3:07.86 38.82	350m:	4:25.46 38.45	
	100m:	1:10.88 37.73	200m:	2:29.04 39.46	300m:	3:47.01 39.15	400m:	5:02.29 36.83	
2.	RICARD, Josianne		39	Sher				5:20.77	532
	50m:	34.81 34.81	150m:	1:53.77 40.09	250m:	3:15.67 41.06	350m:	4:39.19 41.95	
	100m:	1:13.68 38.87	200m:	2:34.61 40.84	300m:	3:57.24 41.57	400m:	5:20.77 41.58	
45 - 49 ans, Dames									
1.	DESCHAMPS, Stéphanie		46	Club de Natation Mont-Tremblant				5:19.10	571
	50m:	34.37 34.37	150m:	1:53.88 40.75	250m:	3:16.64 41.17	350m:	4:39.75 41.29	
	100m:	1:13.13 38.76	200m:	2:35.47 41.59	300m:	3:58.46 41.82	400m:	5:19.10 39.35	
70 - 74 ans, Dames									
1.	COURTOIS, Lina		73	Maitres À Contre Courant				8:47.09	220
	50m:	57.71 57.71	150m:	3:09.00 1:07.05	250m:	5:25.11 1:07.90	350m:	7:41.16 1:08.27	
	100m:	2:01.95 1:04.24	200m:	4:17.21 1:08.21	300m:	6:32.89 1:07.78	400m:	8:47.09 1:05.93	