

Torneio de Abertura 2024  
Barcelos, 19 - 20/10/2024

Prova 1	Femin., 400m Livres				Absoluto
19/10/2024 - 15:30					Resultados
Rec. Reg. ANMinho Open	4:08.53	Tamila Hryhorivna Holub	SCB	Leiria	10/12/2022
Rec. Reg. ANMinho 18 +	4:08.53	Tamila Hryhorivna Holub	SCB	Leiria	10/12/2022
Rec. Reg. ANMinho Jun 2	4:10.52	Tamila Hryhorivna Holub	SCB	Porto	12/12/2015
Rec. Reg. ANMinho Jun 1	4:15.43	Tamila Hryhorivna Holub	SCB	Porto	20/12/2014
Rec. Reg. ANMinho Juv A	4:20.32	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	15/03/2014
Rec. Reg. ANMinho Juv B	4:25.47	Tamila Hryhorivna Holub	SCB	Abrantes	13/04/2013
Rec. Reg. ANMinho Inf A	4:35.75	Diana Ramos Rocha	EDV	Torres Novas	21/04/2007
Rec. Reg. ANMinho Inf B	4:51.13	Diana Ramos Rocha	EDV	Arcos de Valdevez	07/03/2010

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
<b>Infantis B</b>			
1. Carolina Maria Malhao	13	<b>6:22.46</b>	221
50m: 41.83 41.83	150m: 250m:	350m:	
100m: 1:26.80 44.97	200m: 3:05.75 300m: 4:46.73	400m: 6:22.46	
2. Mariana Sofia Cruz	13	<b>6:26.84</b>	213
50m: 39.02 39.02	150m: 250m:	350m:	
100m: 1:26.28 47.26	200m: 3:05.55 300m: 4:45.28	400m: 6:26.84	
3. Mariana Picoto Duarte	13	<b>6:37.34</b>	197
50m: 41.41 41.41	150m: 250m:	350m:	
100m: 1:29.96 48.55	200m: 3:10.91 300m: 4:55.41	400m: 6:37.34	
4. Maria Mel Alves	13	<b>6:41.68</b>	190
50m: 43.68 43.68	150m: 250m:	350m:	
100m: 1:33.82 50.14	200m: 3:15.45 300m: 4:58.67	400m: 6:41.68	
5. Maria Ribeiro Dantas	13	<b>6:56.87</b>	170
50m: 45.07 45.07	150m: 250m:	350m:	
100m: 1:35.47 50.40	200m: 3:24.09 300m: 5:13.21	400m: 6:56.87	
6. Maria Antonia Costa	13	<b>7:02.34</b>	164
50m: 46.85 46.85	150m: 250m:	350m:	
100m: 1:37.32 50.47	200m: 3:24.46 300m: 5:16.23	400m: 7:02.34	
<b>Infantis A</b>			
1. Maria Soares Pereira	12	<b>5:31.15</b>	340
50m: 36.97 36.97	150m: 250m:	350m:	
100m: 1:17.91 40.94	200m: 2:42.18 300m: 4:08.63	400m: 5:31.15	
2. Ana Margarida Fernandes	12	<b>5:32.27</b>	337
50m: 37.72 37.72	150m: 250m:	350m:	
100m: 1:19.18 41.46	200m: 2:44.27 300m: 4:10.99	400m: 5:32.27	
3. Margarida Faria Monteiro	12	<b>5:58.43</b>	268
50m: 39.80 39.80	150m: 250m:	350m:	
100m: 1:23.39 43.59	200m: 2:54.56 300m: 4:27.74	400m: 5:58.43	
<b>Juvenis B</b>			
1. Laura Pimenta Goncalves	11	<b>5:17.44</b>	386
50m: 35.34 35.34	150m: 250m:	350m:	
100m: 1:13.32 37.98	200m: 2:33.97 300m: 3:57.49	400m: 5:17.44	
<b>Juvenis A</b>			
1. Ana Jose Marques	10	<b>4:47.41</b>	521
50m: 33.75 33.75	150m: 250m:	350m:	
100m: 1:09.93 36.18	200m: 2:23.48 300m: 3:36.13	400m: 4:47.41	
2. Leticia Alves Castro	10	<b>4:54.06</b>	486
50m: 33.33 33.33	150m: 250m:	350m:	
100m: 1:10.08 36.75	200m: 2:24.65 300m: 3:38.95	400m: 4:54.06	

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Prova 1, Femin., 400m Livres, Juvenis A

Lugar			Ano			Tempo final	Pts
3.	Ana Laura Nogueira		10	Braga		<b>4:58.20</b>	466
	50m:	34.73 34.73	150m:		250m:	350m:	
	100m:	1:11.88 37.15	200m:	2:27.88	300m:	400m:	4:58.20
4.	Diana Filipa Rodrigues		10	Amigos Montanha		<b>5:47.68</b>	294
	50m:	35.01 35.01	150m:		250m:	350m:	
	100m:	1:15.09 40.08	200m:	2:43.18	300m:	400m:	5:47.68
5.	Matilde Torres Almeida		10	Amigos Montanha		<b>5:52.84</b>	281
	50m:	36.39 36.39	150m:		250m:	350m:	
	100m:	1:17.78 41.39	200m:	2:46.56	300m:	400m:	5:52.84

Juniores

1.	Margarida Vieira Pinto		07	Braga		<b>4:35.64</b>	590
	50m:	32.68 32.68	150m:		250m:	350m:	
	100m:	1:06.78 34.10	200m:	2:16.33	300m:	400m:	4:35.64
2.	Maria Carvalho Pinto		09	Viana Natacao		<b>4:39.37</b>	567
	50m:	32.65 32.65	150m:		250m:	350m:	
	100m:	1:06.91 34.26	200m:	2:16.88	300m:	400m:	4:39.37
3.	Diana Gomes Freitas		08	Amigos Montanha		<b>4:42.77</b>	547
	50m:	31.93 31.93	150m:		250m:	350m:	
	100m:	1:06.21 34.28	200m:	2:16.78	300m:	400m:	4:42.77
4.	Mafalda Miranda Vieira		07	Sporting Caminha		<b>5:25.16</b>	359
	50m:	35.08 35.08	150m:		250m:	350m:	
	100m:	1:15.70 40.62	200m:	2:39.06	300m:	400m:	5:25.16

Seniores

1.	Ines Santos Amorim		06	Desportiva de Viana		<b>4:27.51</b>	646
	50m:	31.64 31.64	150m:		250m:	350m:	
	100m:	1:05.06 33.42	200m:	2:12.82	300m:	400m:	4:27.51
2.	Carolina Esteves Peixoto		06	Braga		<b>4:32.57</b>	611
	50m:	31.81 31.81	150m:		250m:	350m:	
	100m:	1:05.33 33.52	200m:	2:13.50	300m:	400m:	4:32.57