

Prova 20 Masc., 1500m Livres 2ª Divisão MASC
01/12/2024 - 9:35 Resultados

Rec Nac Open	14:39.82	Jose Paulo, Lopes	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac Sen	14:39.82	Jose Paulo, Lopes	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac Jun18	15:06.77	Filipe Miguel, Santo	SLB	Funchal	26/03/2018
Rec Nac Jun17	15:05.57	Gustavo Manuel, Santa	CNLA	Leiria	06/12/2009
Rec Nac Juv A	15:36.31	Rui Filipe, Costa	VSC	Braga	04/03/2007
Rec Nac Juv B	15:55.78	Rui Silva, Pereira	POR	Tomar	14/01/2023
Rec Nac Inf A	16:13.14	Andre Vilas, Ruivo	DNMG	Campo Maior	30/03/2014
Rec Nac Inf B	17:11.29	Andre Vilas, Ruivo	DNMG	Leiria	03/03/2013

Lugar	Nome	Ano	Licença	Clube	Tempo Final	TReac	Pts
1.	Ricardo Matias, Santos	05	209305	Louzan Natacao/EFAPEL	15:33.89	+0,95	25,00
	100m: 59.12 59.12	500m: 5:12.95 1:03.76	900m: 9:27.13 1:03.05	1300m: 13:33.79 1:01.08			
	200m: 2:02.70 1:03.58	600m: 6:17.11 1:04.16	1000m: 10:29.38 1:02.25	1400m: 14:35.67 1:01.88			
	300m: 3:05.82 1:03.12	700m: 7:19.93 1:02.82	1100m: 11:30.71 1:01.33	1500m: 15:33.89 58.22			
	400m: 4:09.19 1:03.37	800m: 8:24.08 1:04.15	1200m: 12:32.71 1:02.00				
2.	Rui Silva, Pereira	08	205327	Adrcimm	15:34.71	+0,89	23,00
	100m: 59.15 59.15	500m: 5:12.86 1:03.58	900m: 9:27.06 1:03.25	1300m: 13:33.69 1:01.46			
	200m: 2:02.63 1:03.48	600m: 6:16.85 1:03.99	1000m: 10:28.97 1:01.91	1400m: 14:35.28 1:01.59			
	300m: 3:05.42 1:02.79	700m: 7:19.79 1:02.94	1100m: 11:30.39 1:01.42	1500m: 15:34.71 59.43			
	400m: 4:09.28 1:03.86	800m: 8:23.81 1:04.02	1200m: 12:32.23 1:01.84				
3.	Paulo, Kot	09	144468	Nautico Marinha Grande	16:22.07	+0,71	22,00
	100m: 1:00.16 1:00.16	500m: 5:22.83 1:06.24	900m: 9:46.88 1:05.72	1300m: 14:11.08 1:06.16			
	200m: 2:04.74 1:04.58	600m: 6:28.69 1:05.86	1000m: 10:52.79 1:05.91	1400m: 15:17.71 1:06.63			
	300m: 3:10.35 1:05.61	700m: 7:34.84 1:06.15	1100m: 11:59.01 1:06.22	1500m: 16:22.07 1:04.36			
	400m: 4:16.59 1:06.24	800m: 8:41.16 1:06.32	1200m: 13:04.92 1:05.91				
4.	Rafael Pereira, Rodrigues	08	205593	Condeixa Aqua Clube	16:25.40	+0,77	21,00
	100m: 59.83 59.83	500m: 5:20.59 1:05.61	900m: 9:46.29 1:06.36	1300m: 14:12.81 1:06.39			
	200m: 2:04.08 1:04.25	600m: 6:26.68 1:06.09	1000m: 10:52.91 1:06.62	1400m: 15:19.76 1:06.95			
	300m: 3:09.57 1:05.49	700m: 7:33.25 1:06.57	1100m: 11:59.72 1:06.81	1500m: 16:25.40 1:05.64			
	400m: 4:14.98 1:05.41	800m: 8:39.93 1:06.68	1200m: 13:06.42 1:06.70				
5.	Filipe Santos, Cardoso	04	130500	Gafanha da Encarnacao	16:27.02	+0,71	20,00
	100m: 1:02.29 1:02.29	500m: 5:29.28 1:06.94	900m: 9:55.86 1:06.38	1300m: 14:20.59 1:05.89			
	200m: 2:08.83 1:06.54	600m: 6:36.11 1:06.83	1000m: 11:01.94 1:06.08	1400m: 15:25.77 1:05.18			
	300m: 3:15.38 1:06.55	700m: 7:42.71 1:06.60	1100m: 12:08.38 1:06.44	1500m: 16:27.02 1:01.25			
	400m: 4:22.34 1:06.96	800m: 8:49.48 1:06.77	1200m: 13:14.70 1:06.32				
6.	Eduardo Pires, Silva	08	205581	Vilacondense	16:42.59	+0,86	19,00
	100m: 1:03.08 1:03.08	500m: 5:32.19 1:07.18	900m: 10:00.90 1:07.16	1300m: 14:31.35 1:07.51			
	200m: 2:10.57 1:07.49	600m: 6:39.61 1:07.42	1000m: 11:08.63 1:07.73	1400m: 15:38.48 1:07.13			
	300m: 3:17.39 1:06.82	700m: 7:46.64 1:07.03	1100m: 12:16.17 1:07.54	1500m: 16:42.59 1:04.11			
	400m: 4:25.01 1:07.62	800m: 8:53.74 1:07.10	1200m: 13:23.84 1:07.67				
7.	Miguel Duarte, Batista	08	205348	Academico Viseu Futebol Clube	16:44.77	+0,91	18,00
	100m: 1:03.89 1:03.89	500m: 5:33.64 1:07.32	900m: 10:01.81 1:07.53	1300m: 14:31.07 1:06.98			
	200m: 2:11.75 1:07.86	600m: 6:40.91 1:07.27	1000m: 11:09.86 1:08.05	1400m: 15:38.43 1:07.36			
	300m: 3:18.76 1:07.01	700m: 7:47.65 1:06.74	1100m: 12:16.40 1:06.54	1500m: 16:44.77 1:06.34			
	400m: 4:26.32 1:07.56	800m: 8:54.28 1:06.63	1200m: 13:24.09 1:07.69				
8.	Joao Ferreira, Marques	06	201190	Aac	16:54.40	+0,76	17,00
	100m: 1:01.77 1:01.77	500m: 5:28.49 1:07.25	900m: 9:59.39 1:08.15	1300m: 14:34.98 1:09.19			
	200m: 2:07.48 1:05.71	600m: 6:35.96 1:07.47	1000m: 11:07.81 1:08.42	1400m: 15:44.91 1:09.93			
	300m: 3:14.42 1:06.94	700m: 7:43.69 1:07.73	1100m: 12:16.97 1:09.16	1500m: 16:54.40 1:09.49			
	400m: 4:21.24 1:06.82	800m: 8:51.24 1:07.55	1200m: 13:25.79 1:08.82				
9.	Martim Machado, Silva	03	222820	Clube Naval Povoense	16:57.40	+0,72	16,00
	100m: 1:00.02 1:00.02	500m: 5:26.96 1:08.87	900m: 10:04.49 1:08.78	1300m: 14:42.31 1:08.77			
	200m: 2:04.20 1:04.18	600m: 6:36.42 1:09.46	1000m: 11:14.49 1:10.00	1400m: 15:50.74 1:08.43			
	300m: 3:09.95 1:05.75	700m: 7:45.94 1:09.52	1100m: 12:24.14 1:09.65	1500m: 16:57.40 1:06.66			
	400m: 4:18.09 1:08.14	800m: 8:55.71 1:09.77	1200m: 13:33.54 1:09.40				
10.	Guilherme Corte, Costa	07	132693	Clube Desportivo Nacional	17:09.77	+0,75	15,00
	100m: 1:03.74 1:03.74	500m: 5:39.11 1:09.51	900m: 10:15.56 1:08.99	1300m: 14:53.42 1:09.15			
	200m: 2:11.92 1:08.18	600m: 6:48.35 1:09.24	1000m: 11:24.92 1:09.36	1400m: 16:02.99 1:09.57			
	300m: 3:20.78 1:08.86	700m: 7:57.37 1:09.02	1100m: 12:34.51 1:09.59	1500m: 17:09.77 1:06.78			
	400m: 4:29.60 1:08.82	800m: 9:06.57 1:09.20	1200m: 13:44.27 1:09.76				

Prova 20, Masc., 1500m Livres, 2ª Divisão MASC

Lugar	Nome	Ano	Licença	Clube	Tempo Final	TReac	Pts
11.	Eduardo Sousa, Saragoca	07	200623	Viana Natacao	17:17.63	+0,79	14,00
	100m: 1:03.65 1:03.65			500m: 5:39.47 1:09.71	900m: 10:16.65 1:09.07	1300m: 14:57.60 1:10.53	
	200m: 2:11.65 1:08.00			600m: 6:48.88 1:09.41	1000m: 11:26.52 1:09.87	1400m: 16:08.05 1:10.45	
	300m: 3:20.37 1:08.72			700m: 7:58.10 1:09.22	1100m: 12:36.94 1:10.42	1500m: 17:17.63 1:09.58	
	400m: 4:29.76 1:09.39			800m: 9:07.58 1:09.48	1200m: 13:47.07 1:10.13		
12.	Antonio Cruz, Fardilha	08	140216	Galitos / Bresimar	17:17.68	+0,77	13,00
	100m: 1:02.63 1:02.63			500m: 5:40.01 1:09.60	900m: 10:20.19 1:10.61	1300m: 15:00.45 1:10.48	
	200m: 2:11.09 1:08.46			600m: 6:49.75 1:09.74	1000m: 11:30.06 1:09.87	1400m: 16:10.28 1:09.83	
	300m: 3:20.77 1:09.68			700m: 7:59.60 1:09.85	1100m: 12:39.83 1:09.77	1500m: 17:17.68 1:07.40	
	400m: 4:30.41 1:09.64			800m: 9:09.58 1:09.98	1200m: 13:49.97 1:10.14		
13.	Afonso Formigo, Pinho	06	129956	Torres Novas	17:22.20	+0,73	12,00
	100m: 1:03.60 1:03.60			500m: 5:39.72 1:09.77	900m: 10:21.40 1:10.89	1300m: 15:03.47 1:09.80	
	200m: 2:12.02 1:08.42			600m: 6:49.96 1:10.24	1000m: 11:32.46 1:11.06	1400m: 16:13.93 1:10.46	
	300m: 3:21.10 1:09.08			700m: 7:59.82 1:09.86	1100m: 12:42.77 1:10.31	1500m: 17:22.20 1:08.27	
	400m: 4:29.95 1:08.85			800m: 9:10.51 1:10.69	1200m: 13:53.67 1:10.90		
14.	Francisco Bentes, Santos	08	200347	Aquatico Pacense	17:30.51	+0,82	11,00
	100m: 1:04.92 1:04.92			500m: 5:47.89 1:10.95	900m: 10:31.80 1:10.46	1300m: 15:13.30 1:10.12	
	200m: 2:14.81 1:09.89			600m: 6:59.38 1:11.49	1000m: 11:42.61 1:10.81	1400m: 16:23.34 1:10.04	
	300m: 3:25.48 1:10.67			700m: 8:10.59 1:11.21	1100m: 12:52.78 1:10.17	1500m: 17:30.51 1:07.17	
	400m: 4:36.94 1:11.46			800m: 9:21.34 1:10.75	1200m: 14:03.18 1:10.40		
15.	Marco Santos, Soares	08	203332	Natacao de Valongo	17:32.86	+0,81	10,00
	100m: 1:04.05 1:04.05			500m: 5:40.95 1:09.97	900m: 10:24.41 1:10.63	1300m: 15:09.56 1:11.43	
	200m: 2:12.66 1:08.61			600m: 6:51.66 1:10.71	1000m: 11:35.53 1:11.12	1400m: 16:22.15 1:12.59	
	300m: 3:21.79 1:09.13			700m: 8:02.71 1:11.05	1100m: 12:46.80 1:11.27	1500m: 17:32.86 1:10.71	
	400m: 4:30.98 1:09.19			800m: 9:13.78 1:11.07	1200m: 13:58.13 1:11.33		
16.	David Alexandre, Fernandes	06	212767	Clube Nacional de Natacao	17:48.06	+0,78	9,00
	100m: 1:04.52 1:04.52			500m: 5:48.37 1:11.08	900m: 10:34.88 1:11.91	1300m: 15:23.98 1:12.87	
	200m: 2:15.65 1:11.13			600m: 7:00.32 1:11.95	1000m: 11:47.07 1:12.19	1400m: 16:37.28 1:13.30	
	300m: 3:26.41 1:10.76			700m: 8:12.19 1:11.87	1100m: 12:58.60 1:11.53	1500m: 17:48.06 1:10.78	
	400m: 4:37.29 1:10.88			800m: 9:22.97 1:10.78	1200m: 14:11.11 1:12.51		
17.	Rodrigo Santos, Coutinho	08	209098	Pimpoes/Cimai	17:54.51	+0,79	8,00
	100m: 1:04.59 1:04.59			500m: 5:48.68 1:12.18	900m: 10:38.20 1:12.70	1300m: 15:29.90 1:14.57	
	200m: 2:13.95 1:09.36			600m: 7:00.71 1:12.03	1000m: 11:50.57 1:12.37	1400m: 16:42.93 1:13.03	
	300m: 3:24.64 1:10.69			700m: 8:12.85 1:12.14	1100m: 13:03.17 1:12.60	1500m: 17:54.51 1:11.58	
	400m: 4:36.50 1:11.86			800m: 9:25.50 1:12.65	1200m: 14:15.33 1:12.16		
18.	Joao Nunes, Duarte	01	205304	Colegio Efanor	17:54.72	+0,71	7,00
	100m: 1:04.73 1:04.73			500m: 5:47.49 1:11.70	900m: 10:36.87 1:12.70	1300m: 15:30.33 1:13.62	
	200m: 2:14.07 1:09.34			600m: 6:59.31 1:11.82	1000m: 11:49.72 1:12.85	1400m: 16:43.47 1:13.14	
	300m: 3:24.81 1:10.74			700m: 8:11.71 1:12.40	1100m: 13:03.04 1:13.32	1500m: 17:54.72 1:11.25	
	400m: 4:35.79 1:10.98			800m: 9:24.17 1:12.46	1200m: 14:16.71 1:13.67		
19.	Diogo Filipe, Cardoso	09	210399	Clube Natacao Olhao	17:59.16	+0,77	6,00
	100m: 1:04.75 1:04.75			500m: 5:51.45 1:12.26	900m: 10:42.86 1:13.13	1300m: 15:36.22 1:13.03	
	200m: 2:16.18 1:11.43			600m: 7:03.78 1:12.33	1000m: 11:55.94 1:13.08	1400m: 16:49.35 1:13.13	
	300m: 3:27.19 1:11.01			700m: 8:16.57 1:12.79	1100m: 13:09.37 1:13.43	1500m: 17:59.16 1:09.81	
	400m: 4:39.19 1:12.00			800m: 9:29.73 1:13.16	1200m: 14:23.19 1:13.82		
20.	Joao Luis, Serra	97	123049	Laranjeiro	18:02.37	+0,94	5,00
	100m: 1:05.19 1:05.19			500m: 5:48.13 1:11.54	900m: 10:41.12 1:13.78	1300m: 15:37.09 1:13.76	
	200m: 2:14.96 1:09.77			600m: 7:00.62 1:12.49	1000m: 11:55.37 1:14.25	1400m: 16:50.85 1:13.76	
	300m: 3:25.68 1:10.72			700m: 8:13.50 1:12.88	1100m: 13:09.44 1:14.07	1500m: 18:02.37 1:11.52	
	400m: 4:36.59 1:10.91			800m: 9:27.34 1:13.84	1200m: 14:23.33 1:13.89		
21.	Daniel Filipe, Jorge	10	210798	Rio Maior	18:18.71	+0,64	4,00
	100m: 1:05.71 1:05.71			500m: 6:00.26 1:14.65	900m: 10:57.61 1:14.54	1300m: 15:54.47 1:14.96	
	200m: 2:17.87 1:12.16			600m: 7:14.72 1:14.46	1000m: 12:11.85 1:14.24	1400m: 17:07.97 1:13.50	
	300m: 3:31.53 1:13.66			700m: 8:29.39 1:14.67	1100m: 13:25.78 1:13.93	1500m: 18:18.71 1:10.74	
	400m: 4:45.61 1:14.08			800m: 9:43.07 1:13.68	1200m: 14:39.51 1:13.73		
22.	Joao Miguel, Santos	09	210793	Clube Desportivo de Estarreja	18:41.04	+0,83	3,00
	100m: 1:05.99 1:05.99			500m: 6:02.10 1:14.83	900m: 11:05.54 1:16.00	1300m: 16:12.69 1:17.45	
	200m: 2:18.04 1:12.05			600m: 7:17.43 1:15.33	1000m: 12:21.17 1:15.63	1400m: 17:29.18 1:16.49	
	300m: 3:32.65 1:14.61			700m: 8:33.95 1:16.52	1100m: 13:38.07 1:16.90	1500m: 18:41.04 1:11.86	
	400m: 4:47.27 1:14.62			800m: 9:49.54 1:15.59	1200m: 14:55.24 1:17.17		

Prova 20, Masc., 1500m Livres, 2ª Divisão MASC

Lugar	Nome	Ano	Licença	Clube	Tempo Final	TReac	Pts					
23.	Manuel Manso, Goncalves	09	210411	Escola Desportiva de Viana	19:08.20	+0,90	2,00					
	100m:	1:11.51	1:11.51	500m:	6:20.52	1:17.55	900m:	11:31.46	1:18.15	1300m:	16:40.01	1:15.73
	200m:	2:28.71	1:17.20	600m:	7:37.81	1:17.29	1000m:	12:49.71	1:18.25	1400m:	17:56.26	1:16.25
	300m:	3:46.23	1:17.52	700m:	8:55.53	1:17.72	1100m:	14:07.15	1:17.44	1500m:	19:08.20	1:11.94
	400m:	5:02.97	1:16.74	800m:	10:13.31	1:17.78	1200m:	15:24.28	1:17.13			
24.	Joao Luis, Silva	06	148423	Clube Desportivo Sao Roque	20:11.77	+0,78	1,00					
	100m:	1:11.43	1:11.43	500m:	6:30.34	1:19.82	900m:	12:00.92	1:23.36	1300m:	17:31.66	1:23.65
	200m:	2:31.16	1:19.73	600m:	7:52.19	1:21.85	1000m:	13:22.84	1:21.92	1400m:	18:55.95	1:24.29
	300m:	3:50.40	1:19.24	700m:	9:15.73	1:23.54	1100m:	14:45.61	1:22.77	1500m:	20:11.77	1:15.82
	400m:	5:10.52	1:20.12	800m:	10:37.56	1:21.83	1200m:	16:08.01	1:22.40			