

Prova 14 Masc., 800m Livres Absolutos
02/11/2024 - 16:00 Resultados

Rec Nac Open	7:41.51	Jose Paulo, Lopes	SCB	Felgueiras	14/01/2024
Rec Nac SEN	7:41.51	Jose Paulo, Lopes	SCB	Felgueiras	14/04/2024
Rec Nac JUN 18	7:56.76	Guilherme Filipe, Pina	BSCN	Porto	11/12/2015
Rec Nac JUN 17	8:00.80	Gustavo Manuel, Santa	CNLA	Leiria	06/12/2009
Rec Nac JUV A	8:09.43	Rui Filipe, Costa	VSC	Senhora da Hora	12/05/2007
Rec Nac JUV B	8:25.99	Rui Silva, Pereira	POR	Tomar	14/01/2023
Rec Nac INF A	8:36.36	Andre Vilas, Ruivo	DNMG	Nazaré	25/05/2014
Rec Nac INF B	9:07.20	Andre Vilas, Ruivo	DNMG	Leiria	03/03/2013

Lugar	Nome	Ano	Licença	Clube	TReac	Tempo Final	Pontos	
1.	Afonso Dinis, Roque	07	205541	CNLeiria VOID	+0,92	8:56.26	31,00	
	50m: 29.80	29.80	250m: 2:42.27	34.15	450m: 5:00.53	34.14	650m: 7:16.01	33.36
	100m: 1:01.80	32.00	300m: 3:16.88	34.61	500m: 5:35.06	34.53	700m: 7:50.12	34.11
	150m: 1:34.42	32.62	350m: 3:51.77	34.89	550m: 6:09.22	34.16	750m: 8:24.48	34.36
	200m: 2:08.12	33.70	400m: 4:26.39	34.62	600m: 6:42.65	33.43	800m: 8:56.26	31.78
2.	Joao Pedro, Monteiro	08	203021	BUZIOS - Coruche	+0,82	9:03.38	29,00	
	50m: 30.43	30.43	250m: 2:43.21	33.68	450m: 4:59.12	34.43	650m: 7:18.75	34.92
	100m: 1:03.18	32.75	300m: 3:16.86	33.65	500m: 5:33.99	34.87	700m: 7:54.46	35.71
	150m: 1:36.39	33.21	350m: 3:50.86	34.00	550m: 6:08.81	34.82	750m: 8:29.54	35.08
	200m: 2:09.53	33.14	400m: 4:24.69	33.83	600m: 6:43.83	35.02	800m: 9:03.38	33.84
3.	David Alberto, Padre	08	223039	Clube Oriental de Lisboa	+0,74	9:03.42	28,00	
	50m: 31.17	31.17	250m: 2:44.69	33.70	450m: 4:58.02	33.43	650m: 7:13.21	33.53
	100m: 1:04.66	33.49	300m: 3:17.51	32.82	500m: 5:31.64	33.62	700m: 7:46.01	32.80
	150m: 1:37.81	33.15	350m: 3:50.86	33.35	550m: 6:06.16	34.52	750m: 8:29.33	43.32
	200m: 2:10.99	33.18	400m: 4:24.59	33.73	600m: 6:39.68	33.52	800m: 9:03.42	34.09
4.	Pedro, Picoto Garcia	02	129958	Ahbe	+0,82	9:10.63	27,00	
	50m: 30.64	30.64	250m: 2:45.30	33.87	450m: 5:05.27	35.55	650m: 7:26.31	35.45
	100m: 1:03.97	33.33	300m: 3:19.72	34.42	500m: 5:40.19	34.92	700m: 8:01.83	35.52
	150m: 1:37.85	33.88	350m: 3:54.44	34.72	550m: 6:15.57	35.38	750m: 8:36.52	34.69
	200m: 2:11.43	33.58	400m: 4:29.72	35.28	600m: 6:50.86	35.29	800m: 9:10.63	34.11
5.	Afonso Maria, Bento	09	211118	AN Albicastrense	+0,69	9:11.60	26,00	
	50m: 29.73	29.73	250m: 2:46.67	34.92	450m: 5:07.38	35.01	650m: 7:28.87	35.00
	100m: 1:02.27	32.54	300m: 3:21.97	35.30	500m: 5:42.69	35.31	700m: 8:04.23	35.36
	150m: 1:36.84	34.57	350m: 3:57.03	35.06	550m: 6:18.19	35.50	750m: 8:38.88	34.65
	200m: 2:11.75	34.91	400m: 4:32.37	35.34	600m: 6:53.87	35.68	800m: 9:11.60	32.72
6.	Pedro Malhao, Dias	08	207330	Sporting Club Caminhense	+0,83	9:12.58	25,00	
	50m: 30.10	30.10	250m: 2:46.66	34.80	450m: 5:07.52	35.12	650m: 7:28.93	34.45
	100m: 1:02.97	32.87	300m: 3:21.88	35.22	500m: 5:43.15	35.63	700m: 8:04.96	36.03
	150m: 1:37.03	34.06	350m: 3:57.01	35.13	550m: 6:18.67	35.52	750m: 8:40.85	35.89
	200m: 2:11.86	34.83	400m: 4:32.40	35.39	600m: 6:54.48	35.81	800m: 9:12.58	31.73
7.	Pedro Martim, Goncalves	09	205087	Juventude Atlantico Clube		9:13.19	24,00	
8.	Daniel, Kamolov	07	202605	Alges e Agueda XXI	+0,89	9:23.28	23,00	
	50m: 31.64	31.64	250m: 2:52.58	35.58	450m: 5:15.34	35.40	650m: 7:37.71	35.48
	100m: 1:06.68	35.04	300m: 3:28.43	35.85	500m: 5:50.60	35.26	700m: 8:13.58	35.87
	150m: 1:41.70	35.02	350m: 4:04.01	35.58	550m: 6:26.17	35.57	750m: 8:48.70	35.12
	200m: 2:17.00	35.30	400m: 4:39.94	35.93	600m: 7:02.23	36.06	800m: 9:23.28	34.58
9.	Manuel Leite, Aguiar	09	212217	Sanjoanense/FEPSA	+0,86	9:28.00	22,00	
	50m: 31.85	31.85	250m: 2:56.18	36.27	450m: 5:21.00	36.04	650m: 7:44.17	35.11
	100m: 1:06.99	35.14	300m: 3:32.68	36.50	500m: 5:57.05	36.05	700m: 8:20.29	36.12
	150m: 1:43.50	36.51	350m: 4:09.25	36.57	550m: 6:33.52	36.47	750m: 8:54.61	34.32
	200m: 2:19.91	36.41	400m: 4:44.96	35.71	600m: 7:09.06	35.54	800m: 9:28.00	33.39
10.	Rafael Caceres, Lopes	04	201395	Despertarecorde	+0,72	9:36.95	21,00	
	50m: 31.72	31.72	250m: 2:53.49	36.37	450m: 5:21.01	37.15	650m: 7:49.88	36.63
	100m: 1:06.05	34.33	300m: 3:30.10	36.61	500m: 5:58.32	37.31	700m: 8:26.60	36.72
	150m: 1:41.50	35.45	350m: 4:06.87	36.77	550m: 6:35.97	37.65	750m: 9:02.89	36.29
	200m: 2:17.12	35.62	400m: 4:43.86	36.99	600m: 7:13.25	37.28	800m: 9:36.95	34.06

Prova 14, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	Licença	Clube	TReac	Tempo Final	Pontos	
11.	Jorge Mare, Medeiros	08	208507	Bombeiros Ribeira Grande		9:45.76	20,00	
12.	Martim Abalada, Vilaca	09	205383	AONDA	+0,96	9:49.90	19,00	
	50m: 31.30 31.30		250m: 2:57.28	36.83	450m: 5:27.07	37.28	650m: 7:58.80	37.92
	100m: 1:06.55 35.25		300m: 3:34.43	37.15	500m: 6:04.24	37.17	700m: 8:36.69	37.89
	150m: 1:43.43 36.88		350m: 4:12.01	37.58	550m: 6:42.55	38.31	750m: 9:13.87	37.18
	200m: 2:20.45 37.02		400m: 4:49.79	37.78	600m: 7:20.88	38.33	800m: 9:49.90	36.03
13.	Diogo Miguel, Rosado	07	203129	Grupo Desportivo Mora	+0,79	9:52.91	18,00	
	50m: 31.06 31.06		250m: 2:57.03	38.10	450m: 5:29.47	38.81	650m: 8:02.88	38.50
	100m: 1:06.13 35.07		300m: 3:35.05	38.02	500m: 6:07.70	38.23	700m: 8:40.95	38.07
	150m: 1:41.74 35.61		350m: 4:12.58	37.53	550m: 6:45.43	37.73	750m: 9:18.85	37.90
	200m: 2:18.93 37.19		400m: 4:50.66	38.08	600m: 7:24.38	38.95	800m: 9:52.91	34.06
14.	Rafael Goncalves, Sousa	99	153436	CPCD	+0,76	9:54.24	17,00	
	50m: 31.89 31.89		250m: 3:01.49	38.35	450m: 5:34.20	38.32	650m: 8:04.76	37.74
	100m: 1:07.84 35.95		300m: 3:39.17	37.68	500m: 6:11.53	37.33	700m: 8:42.07	37.31
	150m: 1:45.26 37.42		350m: 4:17.65	38.48	550m: 6:48.73	37.20	750m: 9:19.05	36.98
	200m: 2:23.14 37.88		400m: 4:55.88	38.23	600m: 7:27.02	38.29	800m: 9:54.24	35.19
15.	Mateus Tavares, Bastos	08	214438	Cdca	+0,83	9:54.32	16,00	
	50m: 31.19 31.19		250m: 2:58.26	37.28	450m: 5:31.28	38.53	650m: 8:04.38	38.88
	100m: 1:06.26 35.07		300m: 3:36.67	38.41	500m: 6:09.71	38.43	700m: 8:41.80	37.42
	150m: 1:42.96 36.70		350m: 4:15.02	38.35	550m: 6:47.36	37.65	750m: 9:19.05	37.25
	200m: 2:20.98 38.02		400m: 4:52.75	37.73	600m: 7:25.50	38.14	800m: 9:54.32	35.27
16.	Gabriel Neto, Ferreira	08	203901	O Crasto	+0,82	9:57.21	15,00	
	50m: 32.43 32.43		250m: 3:03.71	38.15	450m: 5:36.31	38.03	650m: 8:07.01	37.59
	100m: 1:09.41 36.98		300m: 3:42.10	38.39	500m: 6:13.83	37.52	700m: 8:44.02	37.01
	150m: 1:47.73 38.32		350m: 4:20.29	38.19	550m: 6:51.64	37.81	750m: 9:21.32	37.30
	200m: 2:25.56 37.83		400m: 4:58.28	37.99	600m: 7:29.42	37.78	800m: 9:57.21	35.89
17.	Rodrigo Guedes, Ferreira	10	213631	Clube Desportivo Feirense	+0,82	10:07.21	14,00	
	50m: 32.08 32.08		250m: 3:04.39	38.49	450m: 5:38.12	38.55	650m: 8:13.08	38.95
	100m: 1:08.71 36.63		300m: 3:42.84	38.45	500m: 6:16.51	38.39	700m: 8:51.87	38.79
	150m: 1:47.43 38.72		350m: 4:21.41	38.57	550m: 6:55.22	38.71	750m: 9:30.17	38.30
	200m: 2:25.90 38.47		400m: 4:59.57	38.16	600m: 7:34.13	38.91	800m: 10:07.21	37.04
18.	Cristiano, Fistican	07	213364	Aquatico Silves	+0,95	10:10.94	13,00	
	50m: 29.47 29.47		250m: 2:56.59	38.32	450m: 5:33.38	40.42	650m: 8:14.29	39.33
	100m: 1:04.48 35.01		300m: 3:34.43	37.84	500m: 6:13.70	40.32	700m: 8:55.31	41.02
	150m: 1:41.07 36.59		350m: 4:12.99	38.56	550m: 6:54.49	40.79	750m: 9:34.86	39.55
	200m: 2:18.27 37.20		400m: 4:52.96	39.97	600m: 7:34.96	40.47	800m: 10:10.94	36.08
19.	Gabriel Alves, Viana	08	222665	Fundacao Salesianos	+0,82	10:14.34	12,00	
	50m: 33.24 33.24		250m: 3:08.86	38.71	450m: 5:44.82	39.12	650m: 8:20.49	38.92
	100m: 1:11.44 38.20		300m: 3:48.07	39.21	500m: 6:23.89	39.07	700m: 8:58.99	38.50
	150m: 1:50.71 39.27		350m: 4:26.45	38.38	550m: 7:02.95	39.06	750m: 9:36.73	37.74
	200m: 2:30.15 39.44		400m: 5:05.70	39.25	600m: 7:41.57	38.62	800m: 10:14.34	37.61
20.	Francisco Lalanda, Correia	11	216359	Fisica Torres Vedras	+0,82	10:22.38	11,00	
	50m: 33.47 33.47		250m: 3:07.66	39.65	450m: 5:45.62	39.52	650m: 8:25.32	39.99
	100m: 1:10.25 36.78		300m: 3:46.93	39.27	500m: 6:25.32	39.70	700m: 9:04.94	39.62
	150m: 1:48.68 38.43		350m: 4:26.52	39.59	550m: 7:05.24	39.92	750m: 9:44.28	39.34
	200m: 2:28.01 39.33		400m: 5:06.10	39.58	600m: 7:45.33	40.09	800m: 10:22.38	38.10
21.	Daniel Bettencourt, Medeiros	09	132598	Naval da Horta		10:22.84	10,00	
22.	Vicente Abrantes, Diogo	11	214495	Columbofila Cantanhedense	+0,84	10:25.18	9,00	
	50m: 34.36 34.36		250m: 3:11.45	39.63	450m: 5:50.70	40.07	650m: 8:29.17	39.81
	100m: 1:13.26 38.90		300m: 3:51.38	39.93	500m: 6:30.24	39.54	700m: 9:08.49	39.32
	150m: 1:52.23 38.97		350m: 4:31.13	39.75	550m: 7:09.43	39.19	750m: 9:48.29	39.80
	200m: 2:31.82 39.59		400m: 5:10.63	39.50	600m: 7:49.36	39.93	800m: 10:25.18	36.89
23.	Miguel Carreiro, Sousa	08	205609	Clube Desportivo Escolar de Ag		10:28.39	8,00	
24.	David Sousa, Spinola	11	213260	Núcleo Sporting		10:35.11	7,00	

Prova 14, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	Licença	Clube	TReac	Tempo Final	Pontos
25.	Andre Guilherme, Anastacio	10	209988	Nautico Abrantes	+0,83	10:37.79	6,00
	50m: 33.36 33.36	250m: 3:11.06	39.71	450m: 5:52.30	40.22	650m: 8:35.79	41.36
	100m: 1:11.86 38.50	300m: 3:50.99	39.93	500m: 6:32.36	40.06	700m: 9:15.98	40.19
	150m: 1:51.07 39.21	350m: 4:31.65	40.66	550m: 7:13.45	41.09	750m: 9:56.49	40.51
	200m: 2:31.35 40.28	400m: 5:12.08	40.43	600m: 7:54.43	40.98	800m: 10:37.79	41.30
26.	Vasco Alexandre, Silva	11	214236	Natacao Clube de Fafe	+0,89	10:52.23	5,00
	50m: 34.70 34.70	250m: 3:17.69	40.72	450m: 6:03.16	41.03	650m: 8:50.11	41.62
	100m: 1:14.45 39.75	300m: 3:58.97	41.28	500m: 6:45.10	41.94	700m: 9:31.53	41.42
	150m: 1:55.75 41.30	350m: 4:40.62	41.65	550m: 7:26.89	41.79	750m: 10:12.79	41.26
	200m: 2:36.97 41.22	400m: 5:22.13	41.51	600m: 8:08.49	41.60	800m: 10:52.23	39.44
27.	Gabriel Sa, Chambel	09	205814	CLAC-Entroncamento	+0,84	10:53.13	4,00
	50m: 32.85 32.85	250m: 3:11.75	40.64	450m: 6:00.47	42.16	650m: 8:50.34	42.40
	100m: 1:11.26 38.41	300m: 3:52.85	41.10	500m: 6:43.10	42.63	700m: 9:31.74	41.40
	150m: 1:50.83 39.57	350m: 4:35.38	42.53	550m: 7:25.64	42.54	750m: 10:13.15	41.41
	200m: 2:31.11 40.28	400m: 5:18.31	42.93	600m: 8:07.94	42.30	800m: 10:53.13	39.98
28.	Joao Dinis, Santos	09	206754	Desportiva de Machico		11:21.14	3,00
29.	Mateus Duarte, Heleno	10	218244	GSC Grandola Sports Club	+0,89	11:24.10	2,00
	50m: 35.67 35.67	250m: 3:26.33	42.95	450m: 6:22.56	43.94	650m: 9:17.86	43.96
	100m: 1:16.91 41.24	300m: 4:09.91	43.58	500m: 7:06.64	44.08	700m: 10:01.38	43.52
	150m: 2:00.09 43.18	350m: 4:54.23	44.32	550m: 7:51.18	44.54	750m: 10:45.32	43.94
	200m: 2:43.38 43.29	400m: 5:38.62	44.39	600m: 8:33.90	42.72	800m: 11:24.10	38.78
30.	Marco Gomes, Cravo	94	131774	Escola O Liceu		13:57.37	1,00