

Wedstrijd van de laatste kans  
Diksmuide, 29/12/2024

Epreuve 4  
29/12/2024 - 10:20

Filles, 400m Libre

11 - 14 ans  
Liste résultats

Points: AQUA 2024

Rang							Inschr.	Temps	Pts			
<b>11 - 12 ans</b>												
1.	LIBBRECHT, Zoë						UZKZ/21176/12	5:17.99	<b>4:53.96</b>	487		
	50m:	32.33	32.33	150m:	1:47.12	37.65	250m:	3:03.54	38.50	350m:	4:20.41	38.26
	100m:	1:09.47	37.14	200m:	2:25.04	37.92	300m:	3:42.15	38.61	400m:	4:53.96	33.55
2.	CLAEYS, Elena						TZT/21129/12	5:25.15	<b>5:31.17</b>	340		
	50m:	34.74	34.74	150m:	1:54.58	40.89	250m:	3:20.36	43.32	350m:	4:48.35	44.16
	100m:	1:13.69	38.95	200m:	2:37.04	42.46	300m:	4:04.19	43.83	400m:	5:31.17	42.82
3.	HUYSENTRUYT, Flore-Marie						UZKZ/21126/12	5:54.05	<b>5:32.59</b>	336		
	50m:	38.32	38.32	150m:	2:03.12	42.48	250m:	3:27.98	42.15	350m:	4:52.46	42.10
	100m:	1:20.64	42.32	200m:	2:45.83	42.71	300m:	4:10.36	42.38	400m:	5:32.59	40.13
4.	LOWAGIE, Lola						VZV/21067/13	5:51.89	<b>5:42.68</b>	307		
	50m:	36.85	36.85	150m:	2:03.23	44.47	250m:	3:34.93	46.28	350m:	5:02.30	43.28
	100m:	1:18.76	41.91	200m:	2:48.65	45.42	300m:	4:19.02	44.09	400m:	5:42.68	40.38
5.	VANDENBROUCKE, Febe						TZT/21137/13	6:00.50	<b>5:44.13</b>	303		
	50m:	38.67	38.67	150m:	2:04.88	43.24	250m:	3:33.31	44.33	350m:	5:02.57	44.90
	100m:	1:21.64	42.97	200m:	2:48.98	44.10	300m:	4:17.67	44.36	400m:	5:44.13	41.56
6.	VAN STEENKISTE, Lia						TZT/21138/13	6:00.10	<b>5:44.49</b>	302		
	50m:	38.26	38.26	150m:	2:04.72	43.43	250m:	3:33.32	44.09	350m:	5:03.01	44.86
	100m:	1:21.29	43.03	200m:	2:49.23	44.51	300m:	4:18.15	44.83	400m:	5:44.49	41.48
7.	DECEUNINCK, Emma						TZT/21122/13	6:00.33	<b>5:57.96</b>	269		
	50m:	39.41	39.41	150m:	2:09.68	46.20	250m:	3:43.31	47.04	350m:	5:15.23	44.40
	100m:	1:23.48	44.07	200m:	2:56.27	46.59	300m:	4:30.83	47.52	400m:	5:57.96	42.73
8.	VAN CAUWENBERGE, Lio						ROSC/21340/13	6:05.47	<b>5:59.25</b>	266		
	50m:	39.15	39.15	150m:	2:09.77	45.63	250m:	3:44.33	47.20	350m:	5:15.79	44.78
	100m:	1:24.14	44.99	200m:	2:57.13	47.36	300m:	4:31.01	46.68	400m:	5:59.25	43.46
9.	DEFEVER, Auwke						IKZ/21143/13	6:34.81	<b>6:36.77</b>	198		
	50m:	45.43	45.43	150m:	2:25.39	50.65	250m:	4:07.70	50.68	350m:	5:49.04	49.54
	100m:	1:34.74	49.31	200m:	3:17.02	51.63	300m:	4:59.50	51.80	400m:	6:36.77	47.73
<b>13 - 14 ans</b>												
1.	BONASSI, Hélène						UZKZ/21124/11	5:05.86	<b>5:03.83</b>	441		
	50m:	33.94	33.94	150m:	1:50.87	38.76	250m:	3:09.34	39.23	350m:	4:27.37	39.22
	100m:	1:12.11	38.17	200m:	2:30.11	39.24	300m:	3:48.15	38.81	400m:	5:03.83	36.46
2.	VANLANCKER, Ynthe						DMI/21073/11	5:14.54	<b>5:08.54</b>	421		
	50m:	34.37	34.37	150m:	1:50.08	38.27	250m:	3:08.22	38.96	350m:	4:29.49	41.40
	100m:	1:11.81	37.44	200m:	2:29.26	39.18	300m:	3:48.09	39.87	400m:	5:08.54	39.05