

Lestajumise Eesti karika 1 etapp  
Paldiski, 13.10.2024

Event 12  
13.10.2024

Men, 400m Bifins

15 years and older  
Results

Points: AQUA 2024

Rank	YB						Time	Pts				
1.	PIHLAK, Rassel						<b>3:47.14</b>					
	50m:	27.42	27.42	150m:	1:25.30	29.18	250m:	2:23.40	29.10	350m:	3:20.59	28.51
	100m:	56.12	28.70	200m:	1:54.30	29.00	300m:	2:52.08	28.68	400m:	3:47.14	26.55
2.	BAUMANN, Robin						<b>3:50.15</b>					
	50m:	25.19	25.19	150m:	1:21.67	28.67	250m:	2:20.05	29.27	350m:	3:20.11	30.06
	100m:	53.00	27.81	200m:	1:50.78	29.11	300m:	2:50.05	30.00	400m:	3:50.15	30.04
3.	MUTTIKA, Rasmus						<b>3:52.98</b>					
	50m:	24.14	24.14	150m:	1:22.17	29.54	250m:	2:23.12	30.26	350m:	3:23.26	30.43
	100m:	52.63	28.49	200m:	1:52.86	30.69	300m:	2:52.83	29.71	400m:	3:52.98	29.72
4.	RAKOV, Artem						<b>3:56.62</b>					
	50m:	26.42	26.42	150m:	1:25.25	29.60	250m:	2:25.43	30.83	350m:	3:27.68	31.36
	100m:	55.65	29.23	200m:	1:54.60	29.35	300m:	2:56.32	30.89	400m:	3:56.62	28.94
5.	BAUMANN, Sten						<b>4:06.25</b>					
	50m:	35.52	35.52	150m:	1:29.33	31.78	250m:	2:33.53	32.27	350m:	3:35.96	30.29
	100m:	57.55	22.03	200m:	2:01.26	31.93	300m:	3:05.67	32.14	400m:	4:06.25	30.29
6.	GOLOVIN, Ivan						<b>4:06.89</b>					
	50m:	24.84	24.84	150m:	1:25.00	31.27	250m:	2:30.52	32.96	350m:	3:36.11	32.60
	100m:	53.73	28.89	200m:	1:57.56	32.56	300m:	3:03.51	32.99	400m:	4:06.89	30.78
7.	KURTENKOV, Denis						<b>4:08.70</b>					
	50m:	27.15	27.15	150m:	1:26.91	30.07	250m:	2:29.52	31.84	350m:	3:35.86	33.60
	100m:	56.84	29.69	200m:	1:57.68	30.77	300m:	3:02.26	32.74	400m:	4:08.70	32.84
8.	SAPOZNIKOV, Damian						<b>4:18.20</b>					
	50m:	28.27	28.27	150m:	1:32.24	32.81	250m:	2:38.28	33.07	350m:	3:46.29	33.59
	100m:	59.43	31.16	200m:	2:05.21	32.97	300m:	3:12.70	34.42	400m:	4:18.20	31.91
9.	DUBOVIK, Nikolai						<b>4:29.50</b>					
	50m:			150m:	1:41.66	35.32	250m:	2:51.02	34.78	350m:	3:57.19	32.18
	100m:	1:06.34		200m:	2:16.24	34.58	300m:	3:25.01	33.99	400m:	4:29.50	32.31
10.	TSIZIK, Andrian						<b>4:33.26</b>					
	50m:	29.41	29.41	150m:	1:35.23	33.31	250m:	2:46.37	36.45	350m:	3:58.74	36.04
	100m:	1:01.92	32.51	200m:	2:09.92	34.69	300m:	3:22.70	36.33	400m:	4:33.26	34.52