

Nationale Zwemcompetitie 24-25 Ronde 1
Gouda, 6-10-2024

Programmanr. 29
6-10-2024 - 15:50

Meisjes, 400m vrije slag
Eerste Klasse [5:57,45](2) - A-Klasse [6:26,75](1)

Gebjr 2007 - 2013
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Julia Bannatyne	BZ en PC	5:14.57	201201020	4:55.81
	50m: 32.31	32.31 150m:		250m:	350m:
	100m: 1:07.58	35.27 200m: 2:23.87		300m:	400m: 4:55.81
2.	Erin de Jong	Gzc Donk	4:46.96	201000024	4:57.95
	50m: 31.96	31.96 150m:		250m:	350m:
	100m: 1:08.02	36.06 200m: 2:24.07		300m:	400m: 4:57.95
3.	Tessa de Jong	Gzc Donk	5:22.75	201000026	5:21.55
	50m: 32.56	32.56 150m:		250m:	350m:
	100m: 1:11.44	38.88 200m: 2:33.20		300m:	400m: 5:21.55
4.	Jasmijn de Roon	Gzc Donk	NT	200704912	5:24.55
	50m: 35.59	35.59 150m:		250m:	350m:
	100m: 1:15.10	39.51 200m: 2:36.96		300m:	400m: 5:24.55
5.	Brisa Dekkers	Gzc Donk	5:33.41	201002164	5:29.45
	50m: 35.11	35.11 150m:		250m:	350m:
	100m: 1:15.33	40.22 200m: 3:41.30		300m:	400m: 5:29.45
6.	Naomi Hoogeboom	ZPC Woerden	5:29.45	200802420	5:33.06
	50m: 37.04	37.04 150m:		250m:	350m:
	100m: 1:18.97	41.93 200m: 2:44.94		300m:	400m: 5:33.06
7.	Eva Khouri de Jong	ZPC Woerden	6:05.43	200804384	5:36.13
	50m: 37.43	37.43 150m:		250m:	350m:
	100m: 1:18.81	41.38 200m: 2:45.81		300m:	400m: 5:36.13
8.	Stella Koese	De Watervogels	6:02.58	200902768	5:46.17
	50m: 38.79	38.79 150m:		250m:	350m:
	100m: 1:21.85	43.06 200m: 2:51.78		300m:	400m: 5:46.17
9.	Lisa Bruining	ZPC Woerden	5:56.91	200702528	5:49.42
	50m: 37.36	37.36 150m:		250m:	350m:
	100m: 1:18.67	41.31 200m: 2:48.16		300m:	400m: 5:49.42
10.	Merel de Jong	De Watervogels	5:59.93	200802466	5:58.22
	50m: 41.06	41.06 150m:		250m:	350m:
	100m: 1:25.70	44.64 200m: 2:58.31		300m:	400m: 5:58.22
11.	Jamie Ruven	BZ en PC	6:42.33	200803240	6:39.98
	50m: 42.86	42.86 150m:		250m:	350m:
	100m: 1:30.74	47.88 200m: 3:12.99		300m:	400m: 6:39.98
12.	Gina Klaster	ZPC Woerden	7:15.00	200804382	7:18.94
	50m: 43.60	43.60 150m:		250m:	350m:
	100m: 1:38.12	54.52 200m: 3:32.74		300m:	400m: 7:18.94