

Regionaal Criterium "Henri Lelcuyse" - dag 2
Diksmuide, 1/12/2024

Programmanr. 1
1/12/2024 - 14:00

400m vrije slag

9 - 10 jaar
Resultaten

Punten: AQUA 2024

Pl	Naam	Lft	Club	I-Time	S-Time	Fina	Lec				
9 jaar, Meisjes											
1.	DECOMBLE, Lize	15	MZK	NT	6:14.78	235	-				
	50m: 41.02	41.02	150m: 2:16.50	49.25	250m: 3:54.82	48.32	350m: 5:25.63	45.04			
	100m: 1:27.25	46.23	200m: 3:06.50	50.00	300m: 4:40.59	45.77	400m: 6:14.78	49.15			
2.	BEELE, Saar	15	ISWIM	NT	6:18.21	228	-				
	50m: 40.86	40.86	150m: 2:18.44	49.30	250m: 3:56.49	48.07	350m: 5:34.56	48.62			
	100m: 1:29.14	48.28	200m: 3:08.42	49.98	300m: 4:45.94	49.45	400m: 6:18.21	43.65			
3.	SEYS, Louise	15	ISWIM	NT	6:28.59	210	-				
	50m: 42.77	42.77	150m: 2:21.35	49.85	250m: 4:02.71	50.23	350m: 5:42.19	47.69			
	100m: 1:31.50	48.73	200m: 3:12.48	51.13	300m: 4:54.50	51.79	400m: 6:28.59	46.40			
4.	DECAESTECKER, Oona	15	ZB	NT	6:31.78	205	-				
	50m:		150m:		250m:		350m:				
	100m: 1:27.63		200m: 3:08.66		300m:		400m: 6:31.78				
5.	CANNIERE, Erin	15	ROSC	7:01.51	6:38.29	195	-				
	50m: 41.06	41.06	150m: 2:21.49	52.30	250m: 4:05.61	52.01	350m: 5:49.87	51.55			
	100m: 1:29.19	48.13	200m: 3:13.60	52.11	300m: 4:58.32	52.71	400m: 6:38.29	48.42			
6.	ROGIERS, Ella	15	ISWIM	NT	7:26.18	139	-				
	50m: 47.18	47.18	150m: 2:41.91	57.07	250m: 4:38.89	58.97	350m: 6:34.82	56.63			
	100m: 1:44.84	57.66	200m: 3:39.92	58.01	300m: 5:38.19	59.30	400m: 7:26.18	51.36			
7.	CALLEWAERT, Louise-Mi	15	IKZ	NT	8:35.52	90	-				
	50m: 53.69	53.69	150m: 3:07.12	1:05.66	250m: 5:20.58	1:06.54	350m: 7:32.02	1:05.17			
	100m: 2:01.46	1:07.77	200m: 4:14.04	1:06.92	300m: 6:26.85	1:06.27	400m: 8:35.52	1:03.50			
9 jaar, Jongens											
1.	DAUWE, Lars	15	ROSC	5:58.27	5:39.08	245	-				
	50m: 39.34	39.34	150m: 2:06.07	42.99	250m: 3:31.86	43.13	350m: 4:57.73	41.98			
	100m: 1:23.08	43.74	200m: 2:48.73	42.66	300m: 4:15.75	43.89	400m: 5:39.08	41.35			
2.	LAFORCE, Lander	15	ROSC	6:15.09	5:52.52	218	-				
	50m: 40.96	40.96	150m: 2:13.76	46.96	250m: 3:45.13	46.19	350m: 5:15.16	45.15			
	100m: 1:26.80	45.84	200m: 2:58.94	45.18	300m: 4:30.01	44.88	400m: 5:52.52	37.36			
3.	MOEYAERT, Alec	15	TZT	6:19.21	5:53.93	215	-				
	50m: 39.84	39.84	150m: 2:10.01	44.95	250m: 3:41.57	45.19	350m: 5:11.71	43.85			
	100m: 1:25.06	45.22	200m: 2:56.38	46.37	300m: 4:27.86	46.29	400m: 5:53.93	42.22			
4.	BEHEYT, Maxim	15	ISWIM	NT	6:04.72	197	-				
	50m: 40.92	40.92	150m: 2:14.36	47.35	250m: 3:50.31	48.53	350m: 5:25.38	47.58			
	100m: 1:27.01	46.09	200m: 3:01.78	47.42	300m: 4:37.80	47.49	400m: 6:04.72	39.34			
5.	MOERMAN, Jasper	15	ZB	NT	6:11.10	187	-				
	50m: 39.78	39.78	150m: 2:12.36	47.35	250m: 3:46.84	47.81	350m: 5:20.74	46.53			
	100m: 1:25.01	45.23	200m: 2:59.03	46.67	300m: 4:34.21	47.37	400m: 6:11.10	50.36			
6.	DE BRUYNE, Senne	15	ISWIM	NT	6:14.94	181	-				
	50m: 38.12	38.12	150m: 2:12.93	49.28	250m: 3:51.17	49.06	350m: 5:28.33	48.26			
	100m: 1:23.65	45.53	200m: 3:02.11	49.18	300m: 4:40.07	48.90	400m: 6:14.94	46.61			
7.	CALLEWAERT, Jef	15	KZK	NT	6:32.95	157	-				
	50m: 41.85	41.85	150m: 2:23.20	51.63	250m: 4:04.52	50.67	350m: 5:46.39	50.05			
	100m: 1:31.57	49.72	200m: 3:13.85	50.65	300m: 4:56.34	51.82	400m: 6:32.95	46.56			

Regionaal Criterium "Henri Lelcuyse" - dag 2
Diksmuide, 1/12/2024

Programmanr. 1, Jongens, 400m vrije slag, 9 jaar

Pl	Naam	Lft	Club	I-Time	S-Time	Fina	Lec			
8.	VAN HOECKE, Rune	15	ISWIM	NT	6:45.42	143	-			
	50m: 43.54	43.54	150m: 2:24.77	52.15	250m: 4:09.69	51.91	350m: 5:54.28	52.64		
	100m: 1:32.62	49.08	200m: 3:17.78	53.01	300m: 5:01.64	51.95	400m: 6:45.42	51.14		
9.	HUYSENTRUYT, Felix-He15		UZKZ	7:04.02	6:47.46	141	-			
	50m: 43.87	43.87	150m: 2:27.44	52.28	250m: 4:13.96	53.40	350m: 5:58.74	51.98		
	100m: 1:35.16	51.29	200m: 3:20.56	53.12	300m: 5:06.76	52.80	400m: 6:47.46	48.72		
10.	BOHIJN, Naud	15	UZKZ	7:03.37	6:47.97	140	-			
	50m: 42.31	42.31	150m: 2:28.28	53.30	250m: 4:14.48	53.25	350m: 5:59.72	51.99		
	100m: 1:34.98	52.67	200m: 3:21.23	52.95	300m: 5:07.73	53.25	400m: 6:47.97	48.25		
11.	D'HONDT, Matthias	15	MZK	NT	6:49.78	138	-			
	50m: 43.39	43.39	150m: 2:20.51	48.81	250m: 3:57.37	47.81	350m: 5:32.26	46.83		
	100m: 1:31.70	48.31	200m: 3:09.56	49.05	300m: 4:45.43	48.06	400m: 6:49.78	1:17.52		
12.	MONTENY, Kenzie	15	ROSC	NT	6:58.03	130	-			
	50m: 43.21	43.21	150m: 2:28.37	54.07	250m: 4:17.17	55.00	350m: 6:06.30	54.02		
	100m: 1:34.30	51.09	200m: 3:22.17	53.80	300m: 5:12.28	55.11	400m: 6:58.03	51.73		
13.	LAGACIE, Thibaut	15	IKZ	NT	7:05.14	124	-			
	50m: 46.02	46.02	150m: 2:34.55	55.00	250m: 4:25.46	55.10	350m: 6:15.32	52.89		
	100m: 1:39.55	53.53	200m: 3:30.36	55.81	300m: 5:22.43	56.97	400m: 7:05.14	49.82		
14.	CHRISTIAENS, Victor	15	TZT	NT	7:12.20	118	-			
	50m: 44.94	44.94	150m: 2:33.53	55.14	250m: 4:25.63	56.00	350m: 6:19.59	56.10		
	100m: 1:38.39	53.45	200m: 3:29.63	56.10	300m: 5:23.49	57.86	400m: 7:12.20	52.61		
15.	FERKET, Aidan	15	ROSC	NT	7:18.23	113	-			
	50m: 45.37	45.37	150m: 2:40.14	55.83	250m: 4:34.98	57.04	350m: 6:26.11	55.65		
	100m: 1:44.31	58.94	200m: 3:37.94	57.80	300m: 5:30.46	55.48	400m: 7:18.23	52.12		
16.	RAMON, Siebe	15	IKZ	NT	8:22.65	75	-			
	50m:		150m:		250m:		350m:			
	100m: 1:51.69		200m: 4:04.09		300m:		400m: 8:22.65			
17.	VANHEE, Niel	15	IKZ	NT	9:09.92	57	-			
	50m: 52.14	52.14	150m: 3:09.68	1:10.40	250m: 5:34.31	1:12.17	350m: 7:58.80	1:10.87		
	100m: 1:59.28	1:07.14	200m: 4:22.14	1:12.46	300m: 6:47.93	1:13.62	400m: 9:09.92	1:11.12		

10 jaar, Meisjes

1.	RYCKEMAN, Ella	14	ROSC	5:47.18	5:30.96	341	-			
	50m: 36.94	36.94	150m: 2:02.82	43.82	250m: 3:27.74	42.22	350m: 4:52.46	42.50		
	100m: 1:19.00	42.06	200m: 2:45.52	42.70	300m: 4:09.96	42.22	400m: 5:30.96	38.50		
2.	VERNIEUWE, Leanne	14	TZT	6:17.44	5:56.60	272	-			
	50m: 39.51	39.51	150m: 2:08.87	44.74	250m: 3:40.72	45.45	350m: 5:13.64	46.93		
	100m: 1:24.13	44.62	200m: 2:55.27	46.40	300m: 4:26.71	45.99	400m: 5:56.60	42.96		
3.	TYVAERT, Babette	14	ISWIM	5:59.32	5:57.03	271	-			
	50m: 37.20	37.20	150m: 2:07.08	45.24	250m: 3:39.89	47.41	350m: 5:13.89	46.90		
	100m: 1:21.84	44.64	200m: 2:52.48	45.40	300m: 4:26.99	47.10	400m: 5:57.03	43.14		
4.	DEWITTE, Elise	14	BZK	NT	5:59.30	266	-			
	50m: 35.89	35.89	150m: 2:06.74	48.10	250m: 3:41.60	44.88	350m: 5:17.57	49.00		
	100m: 1:18.64	42.75	200m: 2:56.72	49.98	300m: 4:28.57	46.97	400m: 5:59.30	41.73		
5.	GHEKIERE, June	14	ZB	6:32.55	6:05.97	252	-			
	50m: 40.57	40.57	150m: 2:12.65	47.00	250m: 3:49.35	48.24	350m: 5:22.39	46.04		
	100m: 1:25.65	45.08	200m: 3:01.11	48.46	300m: 4:36.35	47.00	400m: 6:05.97	43.58		

Regionaal Criterium "Henri Lelcuysse" - dag 2
Diksmuide, 1/12/2024

Programmanr. 1, Meisjes, 400m vrije slag, 10 jaar

Pl	Naam	Lft	Club	I-Time	S-Time	Fina	Lec					
6.	VANSTEENKISTE, Marilo	14	IKZ	6:08.98	6:07.06	250	-					
	50m:	40.12	40.12	150m:	2:14.07	47.81	250m:	3:47.63	46.56	350m:	5:23.08	47.02
	100m:	1:26.26	46.14	200m:	3:01.07	47.00	300m:	4:36.06	48.43	400m:	6:07.06	43.98
7.	VANPOUCKE, Lotte	14	TZT	6:25.31	6:09.21	245	-					
	50m:	41.23	41.23	150m:	2:13.58	47.14	250m:	3:48.36	47.44	350m:	5:24.03	47.78
	100m:	1:26.44	45.21	200m:	3:00.92	47.34	300m:	4:36.25	47.89	400m:	6:09.21	45.18
8.	LOWAGIE, Lily	14	VZV	6:06.02	6:09.47	245	-					
	50m:	43.78	43.78	150m:	2:19.82	47.80	250m:	3:53.83	46.57	350m:	5:25.96	45.63
	100m:	1:32.02	48.24	200m:	3:07.26	47.44	300m:	4:40.33	46.50	400m:	6:09.47	43.51
9.	DEKEIN, Marthe	14	ISWIM	6:07.25	6:10.72	242	-					
	50m:	39.78	39.78	150m:	2:13.06	47.88	250m:	3:50.06	48.75	350m:	5:27.13	48.11
	100m:	1:25.18	45.40	200m:	3:01.31	48.25	300m:	4:39.02	48.96	400m:	6:10.72	43.59
10.	TUYTENS, Laure	14	UZKZ	6:07.28	6:12.65	239	-					
	50m:	40.06	40.06	150m:	2:13.87	47.37	250m:	3:50.00	48.10	350m:	5:26.22	48.07
	100m:	1:26.50	46.44	200m:	3:01.90	48.03	300m:	4:38.15	48.15	400m:	6:12.65	46.43
11.	HUYBEN, Stien	14	TZT	6:35.17	6:17.23	230	-					
	50m:	38.08	38.08	150m:	2:15.48	49.75	250m:	3:53.53	49.22	350m:	5:29.56	46.97
	100m:	1:25.73	47.65	200m:	3:04.31	48.83	300m:	4:42.59	49.06	400m:	6:17.23	47.67
12.	DERUDDER, Leah	14	ISWIM	6:44.75	6:22.77	220	-					
	50m:	42.66	42.66	150m:	2:21.86	49.89	250m:	4:01.00	49.65	350m:	5:37.81	47.00
	100m:	1:31.97	49.31	200m:	3:11.35	49.49	300m:	4:50.81	49.81	400m:	6:22.77	44.96
13.	TACK, Cataleya	14	TIME	NT	6:42.55	189	-					
	50m:	41.93	41.93	150m:	2:25.07	51.94	250m:	4:09.20	52.47	350m:	5:53.04	50.41
	100m:	1:33.13	51.20	200m:	3:16.73	51.66	300m:	5:02.63	53.43	400m:	6:42.55	49.51
14.	DHUYVETTER, Em	14	UZKZ	7:16.62	7:05.53	160	-					
	50m:	45.78	45.78	150m:	2:35.75	54.79	250m:	4:26.59	55.30	350m:	6:16.48	54.35
	100m:	1:40.96	55.18	200m:	3:31.29	55.54	300m:	5:22.13	55.54	400m:	7:05.53	49.05

10 jaar, Jongens

1.	VANDEPUTTE, Jorbe	14	IKZ	5:34.15	5:31.03	263	-					
	50m:	40.06	40.06	150m:	2:04.04	41.46	250m:	3:27.45	42.15	350m:	4:52.51	42.45
	100m:	1:22.58	42.52	200m:	2:45.30	41.26	300m:	4:10.06	42.61	400m:	5:31.03	38.52
2.	STAELENS, Tyler	14	ROSC	5:48.98	5:47.51	227	-					
	50m:	39.60	39.60	150m:	2:09.99	45.43	250m:	3:40.43	45.33	350m:	5:08.22	42.73
	100m:	1:24.56	44.96	200m:	2:55.10	45.11	300m:	4:25.49	45.06	400m:	5:47.51	39.29
3.	ROGIERS, Jack	14	ISWIM	5:58.01	5:48.82	225	-					
	50m:	38.81	38.81	150m:	2:06.73	44.22	250m:	3:35.82	44.92	350m:	5:06.53	45.32
	100m:	1:22.51	43.70	200m:	2:50.90	44.17	300m:	4:21.21	45.39	400m:	5:48.82	42.29
4.	GEERS, Arnout	14	TZT	6:28.04	5:56.62	210	-					
	50m:	39.92	39.92	150m:	2:10.30	45.00	250m:	3:41.67	45.15	350m:	5:12.38	44.13
	100m:	1:25.30	45.38	200m:	2:56.52	46.22	300m:	4:28.25	46.58	400m:	5:56.62	44.24
5.	VERBELEN, Finn	14	TIME	NT	6:06.82	193	-					
	50m:	40.45	40.45	150m:	2:11.35	45.67	250m:	3:44.45	46.88	350m:	5:19.53	46.21
	100m:	1:25.68	45.23	200m:	2:57.57	46.22	300m:	4:33.32	48.87	400m:	6:06.82	47.29
6.	GHYSELBRECHT, Bent	14	DMI	NT	6:17.45	177	-					
	50m:	43.74	43.74	150m:			250m:			350m:		
	100m:	1:35.23	51.49	200m:	3:21.48		300m:	5:04.99		400m:	6:17.45	

Regionaal Criterium "Henri Lelcuyse" - dag 2
Diksmuide, 1/12/2024

Programmanr. 1, Jongens, 400m vrije slag, 10 jaar

Pl	Naam	Lft	Club	I-Time	S-Time	Fina	Lec				
7.	VANHEE, Tibe	14	TIME	NT	6:19.70	174	-				
	50m: 41.40	41.40	150m: 2:17.57	49.06	250m: 3:55.65	48.50	350m: 5:35.15	49.48			
	100m: 1:28.51	47.11	200m: 3:07.15	49.58	300m: 4:45.67	50.02	400m: 6:19.70	44.55			
8.	WENES, Fausto	14	MZK	NT	6:31.97	158	-				
	50m: 43.62	43.62	150m: 2:23.53	50.95	250m: 4:04.77	50.19	350m: 5:40.24	45.16			
	100m: 1:32.58	48.96	200m: 3:14.58	51.05	300m: 4:55.08	50.31	400m: 6:31.97	51.73			
9.	STEEN, Remi	14	IKZ	6:54.46	6:33.52	156	-				
	50m: 42.29	42.29	150m: 2:21.39	50.58	250m: 4:04.58	52.23	350m: 5:46.56	50.13			
	100m: 1:30.81	48.52	200m: 3:12.35	50.96	300m: 4:56.43	51.85	400m: 6:33.52	46.96			
10.	ROIJERS, Remi	14	UZKZ	6:53.75	6:35.45	154	-				
	50m: 41.07	41.07	150m: 2:23.41	51.85	250m: 4:06.53	51.24	350m: 5:47.96	49.86			
	100m: 1:31.56	50.49	200m: 3:15.29	51.88	300m: 4:58.10	51.57	400m: 6:35.45	47.49			
11.	DECOCK, Nand	14	MZK	6:56.77	6:36.90	152	-				
	50m: 42.84	42.84	150m: 2:24.23	50.96	250m: 4:07.53	52.00	350m: 5:48.59	50.04			
	100m: 1:33.27	50.43	200m: 3:15.53	51.30	300m: 4:58.55	51.02	400m: 6:36.90	48.31			
12.	POOT, Rube	14	MZK	7:10.93	6:42.91	146	-				
	50m: 43.54	43.54	150m: 2:23.27	50.69	250m: 4:08.34	52.95	350m: 5:52.91	52.66			
	100m: 1:32.58	49.04	200m: 3:15.39	52.12	300m: 5:00.25	51.91	400m: 6:42.91	50.00			
13.	SANDRA, Tuur	14	UZKZ	6:54.44	6:44.12	144	-				
	50m: 44.46	44.46	150m: 2:27.73	52.22	250m: 4:09.60	51.71	350m: 5:52.04	52.41			
	100m: 1:35.51	51.05	200m: 3:17.89	50.16	300m: 4:59.63	50.03	400m: 6:44.12	52.08			
14.	LEVRAU, Oskaar	14	TZT	8:03.60	7:03.56	125	-				
	50m: 46.97	46.97	150m: 2:34.51	54.82	250m: 4:23.25	54.58	350m: 6:11.15	52.92			
	100m: 1:39.69	52.72	200m: 3:28.67	54.16	300m: 5:18.23	54.98	400m: 7:03.56	52.41			
15.	WINDELS, Jack	14	UZKZ	7:44.62	7:25.92	107	-				
	50m: 46.19	46.19	150m: 2:40.13	57.77	250m: 4:35.52	57.30	350m: 6:29.07	55.30			
	100m: 1:42.36	56.17	200m: 3:38.22	58.09	300m: 5:33.77	58.25	400m: 7:25.92	56.85			