

gara 15
09.11.2024 - 11:10

Ragazzi, 400m Mista

2009 e più giovane
Risultati

Swiss National Records	4:03.71	DESPLANCHES, Jérémy	GEN	Angers (FRA)	14.12.2019
Swiss Junior Team Championships	4:28.66	GUIDOTTI, Lorenzo	SUI	Prilly	02.12.2023

Pointi: FINA 2023

Rango			An							Tempo	Pt.	
1.	ALBERTI, Davide		10	A-Club Swimming Team Savosa 1						4:46.21	552	
	50m:	29.26	29.26	150m:	1:41.45	37.44	250m:	2:58.27	40.75	350m:	4:15.14	34.13
	100m:	1:04.01	34.75	200m:	2:17.52	36.07	300m:	3:41.01	42.74	400m:	4:46.21	31.07
2.	SALZMANN, Elias		11	Nuoto Sport Locarno 1						5:15.56	412	
	50m:	33.27	33.27	150m:	1:54.99	42.73	250m:	3:19.53	43.85	350m:	4:40.26	35.82
	100m:	1:12.26	38.99	200m:	2:35.68	40.69	300m:	4:04.44	44.91	400m:	5:15.56	35.30
3.	BORSARI, Gianluca		11	A-Club Swimming Team Savosa 2						5:24.24	379	
	50m:	34.14	34.14	150m:	1:55.47	41.14	250m:	3:20.30	44.33	350m:	4:46.27	38.85
	100m:	1:14.33	40.19	200m:	2:35.97	40.50	300m:	4:07.42	47.12	400m:	5:24.24	37.97
4.	RYSER, Damian		11	Turrita Nuoto 2						5:29.28	362	
	50m:	35.71	35.71	150m:	1:59.92	42.61	250m:	3:28.13	47.45	350m:	4:53.49	37.90
	100m:	1:17.31	41.60	200m:	2:40.68	40.76	300m:	4:15.59	47.46	400m:	5:29.28	35.79
5.	TIRRI, Andrea		12	Lugano Aquatics 1						5:32.21	353	
	50m:	34.42	34.42	150m:	2:00.52	44.52	250m:	3:30.72	45.65	350m:	4:55.15	38.62
	100m:	1:16.00	41.58	200m:	2:45.07	44.55	300m:	4:16.53	45.81	400m:	5:32.21	37.06
6.	VALLI, Teo		10	Nuoto Sport Locarno 2						5:47.19	309	
	50m:	35.58	35.58	150m:	2:07.74	46.87	250m:	3:41.62	47.25	350m:	5:09.70	39.07
	100m:	1:20.87	45.29	200m:	2:54.37	46.63	300m:	4:30.63	49.01	400m:	5:47.19	37.49