

Zwemcompetitie-ronde1
Denekamp, 6-10-2024

Programmanr. 13
6-10-2024 - 15:30

Dames, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	intijd	tijd	RT
1.	Sietske Veldkamp	ZPC De Hof	5:02.60	199501628	4:57.00	
	50m: 33.54	33.54 150m:		250m:	350m:	
	100m: 1:11.54	38.00 200m:	2:27.67	300m:	400m: 4:57.00	
2.	Claire Bosch	De Dinkel 2	5:11.23	200401480	5:01.97	
	50m: 33.88	33.88 150m:		250m:	350m:	
	100m: 1:10.74	36.86 200m:	2:26.91	300m:	400m: 5:01.97	
3.	Lianne Roescher	ZPC De Hof	4:47.90	199900248	5:10.38	
	50m: 33.73	33.73 150m:		250m:	350m:	
	100m: 1:12.16	38.43 200m:	2:31.49	300m:	400m: 5:10.38	
4.	Deborah Wissink	ZPC De Hof	5:08.74	199503484	5:13.48	
	50m: 34.09	34.09 150m:		250m:	350m:	
	100m: 1:12.83	38.74 200m:	2:32.86	300m:	400m: 5:13.48	
5.	Kiki Koopman	De Dinkel 2	4:56.97	200200232	5:15.79	
	50m: 33.32	33.32 150m:		250m:	350m:	
	100m: 1:11.08	37.76 200m:	2:30.34	300m:	400m: 5:15.79	
6.	Linde Haverkate	ZPC De Hof	5:11.16	199900244	5:28.32	
	50m: 34.87	34.87 150m:		250m:	350m:	
	100m: 1:13.38	38.51 200m:	2:36.52	300m:	400m: 5:28.32	
7.	Naomi Klein	ZPC De Hof	5:05.37	199902086	5:32.53	
	50m: 33.60	33.60 150m:		250m:	350m:	
	100m: 1:11.73	38.13 200m:	2:34.02	300m:	400m: 5:32.53	
8.	Tessa Aarninkhof	De Dinkel 2	5:21.60	199401654	5:34.14	
	50m: 34.85	34.85 150m:		250m:	350m:	
	100m: 1:14.00	39.15 200m:	2:37.76	300m:	400m: 5:34.14	
9.	Kayleigh Westenberg	Z&PV de Veene	5:08.27	200004064	5:48.06	
	50m: 36.32	36.32 150m:		250m:	350m:	
	100m: 1:16.46	40.14 200m:	2:42.50	300m:	400m: 5:48.06	
10.	Jalie Visschedijk	Z&PV de Veene	5:54.30	200104126	5:56.81	
	50m: 36.74	36.74 150m:		250m:	350m:	
	100m: 1:19.49	42.75 200m:	2:51.36	300m:	400m: 5:56.81	
11.	Benice Flietstra	Z&PV de Veene	5:58.86	199702264	6:09.08	
	50m: 41.13	41.13 150m:		250m:	350m:	
	100m: 1:26.07	44.94 200m:	3:00.38	300m:	400m: 6:09.08	