

Event 31 Women, 400m Freestyle 2014 and older Results
17.11.2024 - 12:47

National Record	4:09.42	OLIVIER, Monique	SCD	Stavanger (NOR)	30.10.2021
Meilleure Performance 18	4:15.28	OLIVIER, Monique	SL	Windsor (CAN)	09.12.2016
Meilleure Performance 17	4:12.90	OLIVIER, Monique	SL	Angers (FRA)	21.11.2015
Meilleure Performance 16	4:11.96	OLIVIER, Monique	SL	Dudelange	05.12.2014
Meilleure Performance 15	4:15.69	OLIVIER, Monique	SL	Lyon (FRA)	17.11.2013
Meilleure Performance 14	4:21.70	JOMINET, Lou	SL	Gent (BEL)	10.11.2019
Meilleure Performance 13	4:27.46	JOMINET, Lou	SL	Dudelange	01.12.2018
Meilleure Performance 12	4:43.13	BARTHEL, Emma	SCR	Obercorn	17.12.2022
Meilleure Performance 11	4:59.99	NICKELS, Kim	SL	Dudelange	16.11.2002
Meilleure Performance 10	5:24.33	À ÉTABLIR,			16.12.1999

2014 + : 5:00.00

Points: AQUA 2024

Rank	YB				Time	Pts
1.	JOMINET, Lou 05 Luxembourg Sharks Swimming Club				4:18.86	713
	50m: 29.98 29.98	150m: 1:35.43 33.06	250m: 2:41.43 33.01	350m: 3:47.28 32.70		
	100m: 1:02.37 32.39	200m: 2:08.42 32.99	300m: 3:14.58 33.15	400m: 4:18.86 31.58		
2.	ZIMOVA, Katerina 09 Ustecka akademie plaveckych sportu				4:37.21	580
	50m: 31.30 31.30	150m: 1:40.80 35.00	250m: 2:52.08 35.61	350m: 4:02.94 35.35		
	100m: 1:05.80 34.50	200m: 2:16.47 35.67	300m: 3:27.59 35.51	400m: 4:37.21 34.27		
3.	LEONARD, Leni 10 Luxembourg Sharks Swimming Club				4:41.59	554
	50m: 31.97 31.97	150m: 1:43.02 35.79	250m: 2:55.21 36.06	350m: 4:06.98 35.61		
	100m: 1:07.23 35.26	200m: 2:19.15 36.13	300m: 3:31.37 36.16	400m: 4:41.59 34.61		
4.	HAN, Mengjia 07 Swimming Luxembourg				4:51.78	498
	50m: 32.38 32.38	150m: 1:44.95 36.91	250m: 2:59.50 37.39	350m: 4:14.83 37.85		
	100m: 1:08.04 35.66	200m: 2:22.11 37.16	300m: 3:36.98 37.48	400m: 4:51.78 36.95		
5.	GIESER, Amelie 10 SSG Saar Max Ritter				5:01.01	453
	50m: 35.41 35.41	150m: 1:51.34 37.93	250m: 3:07.30 38.12	350m: 4:23.89 38.25		
	100m: 1:13.41 38.00	200m: 2:29.18 37.84	300m: 3:45.64 38.34	400m: 5:01.01 37.12		
6.	KOENIG, Aurelie 07 Swimming Club Le Dauphin Ettelbruck				5:03.89	440
	50m: 33.12 33.12	150m: 1:47.64 37.75	250m: 3:04.90 38.99	350m: 4:24.58 39.84		
	100m: 1:09.89 36.77	200m: 2:25.91 38.27	300m: 3:44.74 39.84	400m: 5:03.89 39.31		
7.	MAKHMADIYAROVA, Kamila 11 RSKDYUSH				5:06.58	429
	50m: 35.58 35.58	150m: 1:53.06 39.19	250m: 3:11.38 38.74	350m: 4:30.23 39.20		
	100m: 1:13.87 38.29	200m: 2:32.64 39.58	300m: 3:51.03 39.65	400m: 5:06.58 36.35		
8.	FORTEMPS, Florine 09 Perron				5:12.24	406
	50m: 35.54 35.54	150m: 1:55.66 39.78	250m: 3:15.37 39.52	350m: 4:35.15 39.58		
	100m: 1:15.88 40.34	200m: 2:35.85 40.19	300m: 3:55.57 40.20	400m: 5:12.24 37.09		
9.	CHRISTIAENS, Camille 10 Perron				5:13.31	402
	50m: 34.92 34.92	150m: 1:54.63 40.39	250m: 3:15.54 40.03	350m: 4:35.67 39.77		
	100m: 1:14.24 39.32	200m: 2:35.51 40.88	300m: 3:55.90 40.36	400m: 5:13.31 37.64		
10.	VIEH, Victoria 08 White Sharks BKS e.V.				5:28.20	350
	50m: 35.87 35.87	150m: 1:56.98 41.50	250m: 3:22.00 42.74	350m: 4:47.45 42.61		
	100m: 1:15.48 39.61	200m: 2:39.26 42.28	300m: 4:04.84 42.84	400m: 5:28.20 40.75		

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WDR	PFEIFER, Lina Estella	08	SSG Saar Max Ritter		