



Campeonatos Distritais de Piscina Curta - JUV/ JUN/ SEN
Leiria, 16 - 17/11/2024

Prova 14 Femin., 1500m Livres Juvenil A Fem
16/11/2024 - 11:04 Resultados

Rec Nac Open	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019
Rec Nac JUV A	16:54.39	Tamila Hryhorivna, HOLUB	SCB	Vila Praia Ancora	16/03/2014

TAC JUV A FEM 50m: 22:00.60 - 25m: 21:34.90

Pontos: AQUA 2024

Lugar	Ano		Tempo final		Pts
1.	Bianca Balbino, MENDES		10	Naval de Peniche	19:04.71 499
	50m: 34.43 34.43	450m: 5:36.28 38.53	850m: 10:45.77 38.77	1250m: 15:54.78 38.65	
	100m: 1:10.59 36.16	500m: 6:14.56 38.28	900m: 11:24.22 38.45	1300m: 16:34.22 39.44	
	150m: 1:47.83 37.24	550m: 6:53.15 38.59	950m: 12:02.96 38.74	1350m: 17:13.01 38.79	
	200m: 2:25.24 37.41	600m: 7:31.66 38.51	1000m: 12:41.45 38.49	1400m: 17:51.63 38.62	
	250m: 3:03.39 38.15	650m: 8:10.54 38.88	1050m: 13:20.28 38.83	1450m: 18:30.23 38.60	
	300m: 3:41.33 37.94	700m: 8:49.47 38.93	1100m: 13:58.75 38.47	1500m: 19:04.71 34.48	
	350m: 4:19.53 38.20	750m: 9:28.21 38.74	1150m: 14:37.35 38.60		
	400m: 4:57.75 38.22	800m: 10:07.00 38.79	1200m: 15:16.13 38.78		
2.	Vida Sofia, VELEZ		10	Ba-Leiria	19:32.37 464
	50m: 32.92 32.92	450m: 5:46.41 39.74	850m: 10:57.47 39.50	1250m: 16:12.24 40.43	
	100m: 1:10.94 38.02	500m: 6:25.28 38.87	900m: 11:36.15 38.68	1300m: 16:52.07 39.83	
	150m: 1:50.51 39.57	550m: 7:04.58 39.30	950m: 12:13.78 37.63	1350m: 17:31.99 39.92	
	200m: 2:30.28 39.77	600m: 7:44.40 39.82	1000m: 12:52.73 38.95	1400m: 18:12.31 40.32	
	250m: 3:09.28 39.00	650m: 8:22.89 38.49	1050m: 13:31.98 39.25	1450m: 18:52.79 40.48	
	300m: 3:48.06 38.78	700m: 9:01.45 38.56	1100m: 14:11.88 39.90	1500m: 19:32.37 39.58	
	350m: 4:28.06 40.00	750m: 9:39.61 38.16	1150m: 14:51.92 40.04		
	400m: 5:06.67 38.61	800m: 10:17.97 38.36	1200m: 15:31.81 39.89		

Prova 14 Femin., 1500m Livres Junior Fem
16/11/2024 - 11:04 Resultados

Rec Nac Open	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019
Rec Nac 18	16:46.74	Angelica Maria, ANDRE	LSC	Lousada	12/05/2012
Rec Nac 17	16:11.67	Tamila Hryhorivna, HOLUB	SCB	Porto	11/12/2015
Rec Nac 16	16:44.26	Tamila Hryhorivna, HOLUB	SCB	Porto	19/12/2014

TAC JUN2 FEM 17 - 18 50m: 20:30.55 - 25m: 20:06.62 / TAC JUN1 FEM 16 50m: 20:36.55 - 25m: 20:12.50

Pontos: AQUA 2024

Lugar	Ano		Tempo final		Pts
1.	Matilde Violante, VIANA		07	CNLeiria - VOID	17:56.74 600
	50m: 31.55 31.55	450m: 5:17.17 36.19	850m: 10:06.35 36.03	1250m: 14:56.23 35.97	
	100m: 1:06.05 34.50	500m: 5:53.19 36.02	900m: 10:42.37 36.02	1300m: 15:33.25 37.02	
	150m: 1:41.60 35.55	550m: 6:29.52 36.33	950m: 11:18.58 36.21	1350m: 16:09.72 36.47	
	200m: 2:17.40 35.80	600m: 7:05.15 35.63	1000m: 11:55.13 36.55	1400m: 16:46.06 36.34	
	250m: 2:53.39 35.99	650m: 7:41.22 36.07	1050m: 12:31.51 36.38	1450m: 17:21.75 35.69	
	300m: 3:29.43 36.04	700m: 8:17.91 36.69	1100m: 13:07.86 36.35	1500m: 17:56.74 34.99	
	350m: 4:05.19 35.76	750m: 8:54.53 36.62	1150m: 13:43.67 35.81		
	400m: 4:40.98 35.79	800m: 9:30.32 35.79	1200m: 14:20.26 36.59		



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Leiria, 16 - 17/11/2024

Prova 14, Femin., 1500m Livres, Junior Fem

Lugar			Ano				Tempo final	Pts				
2.	Constanca Baptista, TOMAS		09	Alcobaca			18:44.12	527				
	50m:	32.30	32.30	450m:	5:27.32	37.00	850m:	10:31.09	38.01	1250m:	15:38.30	37.88
	100m:	1:07.73	35.43	500m:	6:05.25	37.93	900m:	11:09.52	38.43	1300m:	16:16.87	38.57
	150m:	1:44.31	36.58	550m:	6:43.14	37.89	950m:	11:48.24	38.72	1350m:	16:54.90	38.03
	200m:	2:20.80	36.49	600m:	7:21.14	38.00	1000m:	12:27.02	38.78	1400m:	17:32.07	37.17
	250m:	2:57.94	37.14	650m:	7:59.61	38.47	1050m:	13:05.63	38.61	1450m:	18:08.23	36.16
	300m:	3:35.15	37.21	700m:	8:36.95	37.34	1100m:	13:43.68	38.05	1500m:	18:44.12	35.89
	350m:	4:12.77	37.62	750m:	9:14.74	37.79	1150m:	14:22.14	38.46			
	400m:	4:50.32	37.55	800m:	9:53.08	38.34	1200m:	15:00.42	38.28			

Prova 14
16/11/2024 - 11:04

Femin., 1500m Livres

Senior Fem
Resultados

Rec Nac Open	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019
Rec Nac SEN	15:55.19	Diana Margarida, DURAES	SLB	Felgueiras	23/11/2019

TAC SEN2 FEM 20 + 50m: 20:00.54 - 25m: 19:37.19 / TAC SEN1 FEM 19 50m: 20:06.54 - 25m: 19:43.08

Pontos: AQUA 2024

Lugar			Ano				Tempo final	Pts				
1.	Joana Silva, ALVES		05	Pimpoes/Cimai			18:28.17	550				
	50m:	32.67	32.67	450m:	5:23.83	36.96	850m:	10:20.80	37.28	1250m:	15:22.22	37.32
	100m:	1:08.11	35.44	500m:	6:00.94	37.11	900m:	10:58.54	37.74	1300m:	16:00.18	37.96
	150m:	1:44.26	36.15	550m:	6:37.87	36.93	950m:	11:36.18	37.64	1350m:	16:38.00	37.82
	200m:	2:20.33	36.07	600m:	7:14.70	36.83	1000m:	12:13.61	37.43	1400m:	17:15.47	37.47
	250m:	2:56.84	36.51	650m:	7:51.91	37.21	1050m:	12:51.04	37.43	1450m:	17:52.94	37.47
	300m:	3:33.26	36.42	700m:	8:29.14	37.23	1100m:	13:29.00	37.96	1500m:	18:28.17	35.23
	350m:	4:09.84	36.58	750m:	9:06.32	37.18	1150m:	14:06.89	37.89			
	400m:	4:46.87	37.03	800m:	9:43.52	37.20	1200m:	14:44.90	38.01			