

Prova 42 Femin., 400m Livres Infantis
19/10/2024 - 17:55 Resultados

Recorde Regional (25m) Open	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da R�gua	04/11/2023
Recorde Regional (25m) Inf A	4:53.19	Ana Margarida Guedes	GCVR	Santa Marta	06/07/2014
Recorde Regional (25m) Inf B	4:55.62	Ana Margarida Guedes	GCVR	Espinho	26/05/2013

Pontos: FINA 2023

Lugar	Nome	Licen�a	Ano	Clube	Tempo Final	PtsObs
1.	Ana Rita Teixeira	216143	13	CMN Peso da R�gua	6:06.75	250
	50m: 41.21 41.21	200m: 3:04.37 1:36.00		400m: 6:06.75 1:32.50		
	100m: 1:28.37 47.16	300m: 4:34.25 1:29.88				
2.	Joana Margarida Soares	146116	12	CMN Peso da R�gua	6:36.25	198
	50m: 42.43 42.43	200m: 3:14.68 1:43.75		400m: 6:36.25 1:36.18		
	100m: 1:30.93 48.50	300m: 5:00.07 1:45.39				
3.	Benedita Martins Fernandes	214551	13	Gcvr	6:46.49	184
	50m: 47.74 47.74	200m: 3:26.85 1:45.08		400m: 6:46.49 1:36.50		
	100m: 1:41.77 54.03	300m: 5:09.99 1:43.14				
4.	Diana Ribeiro Nogueira	217385	12	Gcvr	6:57.56	169
	50m: 47.25 47.25	200m: 3:26.21 1:47.43		400m: 6:57.56 1:46.20		
	100m: 1:38.78 51.53	300m: 5:11.36 1:45.15				
5.	Magda Jorge Nascimento	220734	13	EMNVinhais/FCV	7:15.70	149
	50m: 47.76 47.76	200m: 3:35.76 1:52.76		400m: 7:15.70 1:48.10		
	100m: 1:43.00 55.24	300m: 5:27.60 1:51.84				
6.	Leonor Vaz Osorio	216142	13	CMN Peso da R�gua	7:16.87	148
	50m: 52.09 52.09	200m: 3:39.03 1:51.82		400m: 7:16.87 1:46.94		
	100m: 1:47.21 55.12	300m: 5:29.93 1:50.90				
7.	Matilde Ribeiro Sales	220142	13	CMN Peso da R�gua	7:21.18	144
	50m: 48.65 48.65	200m: 3:38.50 1:51.91		400m: 7:21.18 1:47.75		
	100m: 1:46.59 57.94	300m: 5:33.43 1:54.93				
8.	Maria Costa Pinto	220735	12	EMNVinhais/FCV	7:24.58	140
	50m: 50.11 50.11	200m: 3:44.08 1:57.38		400m: 7:24.58 1:46.66		
	100m: 1:46.70 56.59	300m: 5:37.92 1:53.84				
9.	Mara Daniela Rocha	222067	13	CMN Peso da R�gua	8:20.40	98
	50m: 54.62 54.62	200m: 4:07.70 2:09.92		400m: 8:20.40 2:02.12		
	100m: 1:57.78 1:03.16	300m: 6:18.28 2:10.58				
10.	Alice Guedes Pinto	217401	13	CMN Peso da R�gua	8:24.96	96
	50m: 56.03 56.03	200m: 4:11.57 2:11.83		400m: 8:24.96 2:03.89		
	100m: 1:59.74 1:03.71	300m: 6:21.07 2:09.50				
11.	Maria Luisa Santos		13	CMN Peso da R�gua	8:33.09	91
	50m: 59.34 59.34	200m: 4:13.42 2:10.33		400m: 8:33.09 2:10.63		
	100m: 2:03.09 1:03.75	300m: 6:22.46 2:09.04				
DNS	Carolina Almeida Ferreira		13	CMN Peso da R�gua		
DNS	Lorena Sofia Ribeiro		12	Gcvr		
WDR	Laura Jorge Alves	216844	13	Gcvr		

Prova 42 Femin., 400m Livres Juv nis
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Recorde Regional (25m) Open	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da R�gua	04/11/2023
Recorde Regional (25m) Juv A	4:45.43	Maria Silva Pereira	GCVR	Peso da R�gua	12/03/2023
Recorde Regional (25m) Juv B	4:51.53	Ana Margarida Guedes	GCVR	Vila Real	23/11/2014

Pontos: FINA 2023

Lugar	Nome	Licen�a	Ano	Clube	Tempo Final	PtsObs
1.	Maria Ines Mesquita	214677	10	Gcvr	5:32.93	335
	50m: 39.78 39.78	200m: 2:47.43 1:25.15		400m: 5:32.93 1:20.82		
	100m: 1:22.28 42.50	300m: 4:12.11 1:24.68				
2.	Ines Rua Fernandes	213137	11	Gcvr	5:39.98	314
	50m: 39.53 39.53	200m: 2:50.28 1:27.55		400m: 5:39.98 1:23.60		
	100m: 1:22.73 43.20	300m: 4:16.38 1:26.10				
3.	Renata Daniela Rangel	220398	11	Gcvr	6:07.59	249
	50m: 41.42 41.42	200m: 3:01.21 1:34.78		400m: 6:07.59 1:32.13		
	100m: 1:26.43 45.01	300m: 4:35.46 1:34.25				
DNS	Diana Costa Fernandes	218005	10	Durius Ac Pesqueira		

Prova 42, Femin., 400m Livres

Prova 42 19/10/2024 - 17:55	Femin., 400m Livres				Absolutos Resultados
Recorde Regional (25m) Open	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) Sen	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 17	4:35.07	Joana Patricia Pinto	GCVR	Vila Real	25/06/2011
Recorde Regional (25m) 16	4:39.75	Ana Sofia Leite	GCVR	Chaves	22/11/2008

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Ana Margarida Guedes	109087	01	Gcvr	4:59.75	459
	50m: 34.53 34.53	200m: 2:29.56 1:16.88		400m: 4:59.75 1:14.25		
	100m: 1:12.68 38.15	300m: 3:45.50 1:15.94				
2.	Francisca Moreira Fonseca	209211	09	CMN Peso da Régua	6:02.64	259
	50m: 39.13 39.13	200m: 2:55.70 1:31.88		400m: 6:02.64 1:32.84		
	100m: 1:23.82 44.69	300m: 4:29.80 1:34.10				
3.	Bruna Filipa Costa	220503	09	Durius Ac Pesqueira	6:36.00	199
	50m: 41.73 41.73	200m: 3:11.86 1:42.13		400m: 6:36.00 1:39.36		
	100m: 1:29.73 48.00	300m: 4:56.64 1:44.78				
4.	Joana Veiga Freixo	217396	09	Durius Ac Pesqueira	7:00.81	166
	50m: 46.12 46.12	200m: 3:24.91 1:47.29		400m: 7:00.81 1:47.40		
	100m: 1:37.62 51.50	300m: 5:13.41 1:48.50				