

Torneio de Abertura da ARNN
Vila Real, 19/10/2024

Progression of Athletes - Details

All Events

Event	Round	Place	Total time	Pts	Entry time	Date	%	PB
CMN Peso da Regua								40
Alice Guedes Pinto, 2013 (12 years), Girls								3
100m Freestyle	Timed Final	14.	1:36.93	139	1:42.58		112%	
400m Freestyle	Timed Final	10.	8:24.96	96	NT		-	
100m Breaststroke	Timed Final	7.	1:51.53	174	1:54.47		105%	
200m Medley	Timed Final	11.	3:56.06	137	4:01.21		104%	
Ana Rita Teixeira, 2013 (12 years), Girls								-
400m Freestyle	Timed Final	1.	6:06.75	250	6:03.81		98%	
100m Breaststroke	Timed Final	3.	1:44.57	212	1:41.50		94%	
200m Breaststroke	Timed Final	1.	3:39.28	231	NT		-	
200m Medley	Timed Final	1.	3:11.74	256	3:11.66		100%	
Beatriz Pombo Ribeiro, 2009 (16 years), Girls								-
100m Freestyle	Timed Final	3.	1:15.22	298	1:09.13		84%	
50m Butterfly	Timed Final	5.	43.62	174	37.84		75%	
200m Medley	Timed Final	3.	3:20.56	224	3:03.87		84%	
Camila Araujo Sousa, 2015 (10 years), Girls								-
50m Freestyle	Timed Final	3.	49.04	102	NT		-	
50m Breaststroke	Timed Final	3.	1:01.34	98	NT		-	
50m Butterfly	Timed Final	3.	1:20.06	28	NT		-	
Camila Mesquita Severino, 2014 (11 years), Girls								2
100m Freestyle	Timed Final	5.	1:39.16	130	1:39.06		100%	
100m Backstroke	Timed Final	4.	1:59.75	96	2:07.73		114%	
100m Breaststroke	Timed Final	6.	2:18.49	91	2:19.81		102%	
Carlota Nogueira Cigarro, 2014 (11 years), Girls								-
100m Freestyle	Timed Final	7.	2:02.46	69	NT		-	
100m Breaststroke	Timed Final	5.	2:08.78	113	NT		-	
100m Medley	Timed Final	4.	2:09.38	83	NT		-	
Catarina Pombo Ribeiro, 2015 (10 years), Girls								2
50m Freestyle	Timed Final	2.	45.46	128	51.60		129%	
50m Backstroke	Timed Final	2.	57.50	84	59.96		109%	
50m Breaststroke	Timed Final	2.	1:00.02	105	NT		-	
50m Butterfly	Timed Final	1.	55.90	82	NT		-	
Eva Alexandra Coutinho, 2009 (16 years), Girls								-
50m Freestyle	Timed Final	2.	27.50	579	27.41		99%	
100m Freestyle	Timed Final	1.	1:01.04	557	1:00.00		97%	
50m Breaststroke	Timed Final	1.	35.18	524	34.75		98%	
100m Breaststroke	Timed Final	1.	1:16.40	543	1:15.83		99%	
Francisca Moreira Fonseca, 2009 (16 years), Girls								-
400m Freestyle	Timed Final	2.	6:02.64	259	5:32.87		84%	
800m Freestyle	Timed Final	2.	12:13.71	275	11:40.75		91%	
100m Backstroke	Timed Final	3.	1:20.79	313	1:20.21		99%	
200m Backstroke	Timed Final	2.	2:52.43	328	2:48.42		95%	
Francisco Sequeira Monteiro, 2017 (8 years), Boys								-
50m Freestyle	Timed Final	1.	46.68	80	NT		-	
50m Backstroke	Timed Final	2.	53.23	71	NT		-	
50m Breaststroke	Timed Final	1.	1:03.71	60	NT		-	
50m Butterfly	Timed Final	1.	57.00	55	NT		-	
Goncalo Monteiro Fonseca, 2005 (20 years), Men								-
50m Breaststroke	Timed Final	1.	32.10	469	31.46		96%	
100m Breaststroke	Timed Final	1.	1:11.54	461	1:09.25		94%	
200m Breaststroke	Timed Final	1.	2:42.53	404	2:38.78		95%	
200m Medley	Timed Final	1.	2:28.15	405	2:21.70		91%	
Joana Margarida Soares, 2012 (13 years), Girls								3
100m Freestyle	Timed Final	1.	1:19.28	254	1:21.12		105%	
400m Freestyle	Timed Final	2.	6:36.25	198	6:40.41		102%	
100m Breaststroke	Timed Final	1.	1:41.46	232	1:40.70		99%	
200m Medley	Timed Final	3.	3:24.21	212	3:28.59		104%	
Joao Miguel Rocha, 2009 (16 years), Boys								2
50m Freestyle	Timed Final	1.	26.07	462	26.50		103%	
100m Freestyle	Timed Final	1.	59.71	423	58.75		97%	
400m Freestyle	Timed Final	1.	4:40.76	432	4:42.06		101%	
200m Medley	Timed Final	1.	2:33.97	360	2:29.32		94%	
Jose Miguel Coelho, 2013 (12 years), Boys								4
100m Freestyle	Timed Final	1.	1:15.42	210	1:15.57		100%	
100m Backstroke	Timed Final	1.	1:29.46	157	1:32.00		106%	
100m Breaststroke	Timed Final	1.	1:35.68	192	1:38.72		106%	
100m Medley	Timed Final	1.	1:23.54	205	1:23.62		100%	

Torneio de Abertura da ARNN
Vila Real, 19/10/2024

Leonor Vaz Osorio, 2013 (12 years), Girls							2
400m Freestyle	Timed Final	6.	7:16.87	148	7:02.12	93%	
100m Breaststroke	Timed Final	2.	1:44.53	212	1:47.60	106%	
200m Breaststroke	Timed Final	2.	3:41.04	225	NT	-	
200m Medley	Timed Final	7.	3:36.37	178	3:38.90	102%	
Lourenco Bernardo Ferreira, 2015 (10 years), Boys							-
50m Freestyle	Timed Final	4.	47.45	76	NT	-	
50m Backstroke	Timed Final	6.	1:05.50	38	1:04.93	98%	
50m Butterfly	Timed Final	4.	1:22.36	18	NT	-	
Luisa Vaz Osorio, 2017 (8 years), Girls							-
50m Freestyle	Timed Final	1.	57.16	64	NT	-	
50m Backstroke	Timed Final	1.	1:06.22	55	1:01.02	85%	
50m Butterfly	Timed Final	1.	1:19.89	28	NT	-	
Mara Daniela Rocha, 2013 (12 years), Girls							1
100m Freestyle	Timed Final	13.	1:36.36	141	1:35.34	98%	
400m Freestyle	Timed Final	9.	8:20.40	98	7:53.95	90%	
100m Breaststroke	Timed Final	8.	1:53.37	166	2:01.15	114%	
200m Medley	Timed Final	12.	3:59.25	132	3:51.95	94%	
Margarida Gorgulho Ribeiro, 2014 (11 years), Girls							3
100m Freestyle	Timed Final	4.	1:32.21	161	1:36.40	109%	
100m Breaststroke	Timed Final	4.	2:01.15	136	2:05.75	108%	
50m Butterfly	Timed Final	3.	51.94	103	54.62	111%	
Maria Ines Salgado, 2014 (11 years), Girls							4
100m Freestyle	Timed Final	1.	1:26.22	197	1:32.92	116%	
100m Backstroke	Timed Final	2.	1:37.62	177	1:39.55	104%	
100m Breaststroke	Timed Final	2.	1:48.99	187	1:52.61	107%	
100m Medley	Timed Final	2.	1:38.03	191	1:39.03	102%	
Maria Luisa Santos, 2013 (12 years), Girls							-
100m Freestyle	Timed Final	17.	1:44.78	110	NT	-	
400m Freestyle	Timed Final	11.	8:33.09	91	NT	-	
100m Breaststroke	Timed Final	15.	2:02.65	131	NT	-	
200m Medley	Timed Final	13.	4:21.46	101	NT	-	
Mariana Raimundo Trindade, 2009 (16 years), Girls							-
50m Freestyle	Timed Final	6.	35.06	279	33.65	92%	
100m Freestyle	Timed Final	4.	1:15.26	297	1:13.74	96%	
50m Butterfly	Timed Final	3.	40.36	220	39.38	95%	
200m Butterfly	Timed Final	1.	3:40.61	159	3:34.84	95%	
Martim Pinheiro Cardoso, 2010 (15 years), Boys							3
100m Freestyle	Timed Final	6.	1:12.51	236	1:10.86	96%	
50m Breaststroke	Timed Final	3.	38.62	269	41.28	114%	
100m Breaststroke	Timed Final	3.	1:27.32	253	1:28.47	103%	
200m Breaststroke	Timed Final	1.	3:07.11	264	3:09.16	102%	
Matilde Gorgulho Ribeiro, 2014 (11 years), Girls							1
100m Freestyle	Timed Final	2.	1:31.03	168	1:27.67	93%	
100m Breaststroke	Timed Final	3.	1:54.31	162	2:02.56	115%	
50m Butterfly	Timed Final	1.	43.90	171	42.84	95%	
Matilde Ribeiro Sales, 2013 (12 years), Girls							3
100m Freestyle	Timed Final	11.	1:32.60	159	1:36.47	109%	
400m Freestyle	Timed Final	7.	7:21.18	144	7:35.10	106%	
100m Breaststroke	Timed Final	16.	2:05.25	123	2:09.08	106%	
200m Medley	Timed Final	10.	3:54.36	140	3:50.43	97%	
Matilde Vieira Carvalho, 2014 (11 years), Girls							2
100m Backstroke	Timed Final	1.	1:33.68	201	1:40.59	115%	
100m Breaststroke	Timed Final	1.	1:42.53	224	1:43.39	102%	
100m Medley	Timed Final	1.	1:31.28	237	1:31.15	100%	
Pedro Fernando Coelho, 2008 (17 years), Boys							-
50m Freestyle	Timed Final	6.	26.87	422	26.46	97%	
100m Freestyle	Timed Final	6.	1:00.12	414	58.59	95%	
50m Breaststroke	Timed Final	3.	34.43	380	33.13	93%	
100m Breaststroke	Timed Final	2.	1:18.02	355	1:15.89	95%	
Rodrigo Araujo Sousa, 2012 (13 years), Boys							1
400m Freestyle	Timed Final	5.	6:42.84	146	6:41.43	99%	
100m Breaststroke	Timed Final	3.	1:42.78	155	1:46.40	107%	
200m Breaststroke	Timed Final	2.	3:43.10	156	NT	-	
Tiago Fonseca Goncalves, 2008 (17 years), Boys							2
50m Freestyle	Timed Final	5.	26.35	447	26.64	102%	
100m Freestyle	Timed Final	4.	58.44	451	57.67	97%	
50m Backstroke	Timed Final	2.	29.95	402	30.17	101%	
100m Backstroke	Timed Final	2.	1:08.09	357	1:04.50	90%	
Tomas Santos Sol, 2016 (9 years), Boys							-
50m Backstroke	Timed Final	3.	59.96	50	59.40	98%	

Torneio de Abertura da ARNN
Vila Real, 19/10/2024

Vitoria Cortinhas Pinto, 2010 (15 years), Girls								2
100m Freestyle	Timed Final	2.	1:14.28	309	1:16.15		105%	
50m Butterfly	Timed Final	2.	34.37	356	35.43		106%	
100m Butterfly	Timed Final	1.	1:23.56	270	1:20.46		93%	
200m Medley	Timed Final	3.	3:03.13	294	2:58.37		95%	
Durius AC Pesqueira								31
Afonso Alexandre Paiga, 2010 (15 years), Boys								2
50m Freestyle	Timed Final	7.	33.09	226	35.09	20/04/2024	112%	
100m Freestyle	Timed Final	10.	1:17.45	194	1:17.00	30/06/2024	99%	
50m Backstroke	Timed Final	4.	43.38	132	45.65	20/04/2024	111%	
Ariana Goncalves Cruz, 2014 (11 years), Girls								-
100m Freestyle	Timed Final	6.	1:47.91	100	NT		-	
100m Backstroke	Timed Final	5.	2:09.34	76	NT		-	
Bruna Filipa Costa, 2009 (16 years), Girls								2
50m Freestyle	Timed Final	8.	37.92	221	37.27	30/06/2024	97%	
100m Freestyle	Timed Final	8.	1:24.02	213	1:22.70	10/06/2024	97%	
400m Freestyle	Timed Final	3.	6:36.00	199	6:44.23	30/06/2024	104%	
800m Freestyle	Timed Final	4.	13:24.43	209	13:24.51	30/06/2024	100%	
Catarina Alexandra Tralhao, 2012 (13 years), Girls								1
100m Backstroke	Timed Final	10.	1:55.40	107	1:57.20	30/06/2024	103%	
David Sequeira Sobral, 2009 (16 years), Boys								-
100m Freestyle	Timed Final	12.	1:44.12	79	NT		-	
Diana Costa Fernandes, 2010 (15 years), Girls								3
50m Freestyle	Timed Final	4.	36.62	245	37.15	30/06/2024	103%	
50m Backstroke	Timed Final	2.	42.39	211	44.34	10/06/2024	109%	
100m Backstroke	Timed Final	4.	1:35.18	191	1:33.43	10/06/2024	96%	
200m Backstroke	Timed Final	2.	3:25.34	194	3:29.49	29/06/2024	104%	
Diogo Frederico Santos, 2014 (11 years), Boys								-
50m Freestyle	Timed Final	3.	40.53	123	NT		-	
50m Backstroke	Timed Final	3.	48.84	92	NT		-	
50m Butterfly	Timed Final	3.	57.42	54	NT		-	
Duarte Filipe Carvalho, 2007 (18 years), Boys								1
50m Freestyle	Timed Final	11.	30.84	279	29.56	29/06/2024	92%	
100m Freestyle	Timed Final	10.	1:09.16	272	1:06.64	20/04/2024	93%	
50m Backstroke	Timed Final	6.	34.84	255	35.10	29/06/2024	101%	
50m Breaststroke	Timed Final	8.	45.50	164	NT		-	
50m Butterfly	Timed Final	5.	34.80	244	34.48	29/06/2024	98%	
100m Butterfly	Timed Final	1.	1:22.31	195	1:21.95	10/06/2024	99%	
200m Medley	Timed Final	2.	2:59.08	229	2:51.43	29/06/2024	92%	
Francisco Dinis Pinto, 2009 (16 years), Boys								2
50m Freestyle	Timed Final	4.	29.21	328	30.00	20/04/2024	105%	
100m Freestyle	Timed Final	5.	1:09.25	271	1:08.30	30/06/2024	97%	
50m Backstroke	Timed Final	1.	34.28	268	36.87	30/06/2024	116%	
50m Breaststroke	Timed Final	4.	40.62	231	NT		-	
50m Butterfly	Timed Final	2.	39.18	171	NT		-	
Ines Frederico Santos, 2010 (15 years), Girls								1
50m Freestyle	Timed Final	5.	36.68	244	36.35	20/04/2024	98%	
50m Backstroke	Timed Final	3.	42.75	206	46.42	29/06/2024	118%	
50m Breaststroke	Timed Final	6.	50.70	175	49.26	29/06/2024	94%	
Joana Veiga Freixo, 2009 (16 years), Girls								2
50m Freestyle	Timed Final	7.	36.94	239	36.21	20/04/2024	96%	
100m Freestyle	Timed Final	6.	1:22.12	229	1:21.95	20/04/2024	100%	
400m Freestyle	Timed Final	4.	7:00.81	166	7:07.09	30/06/2024	103%	
50m Backstroke	Timed Final	4.	45.34	172	47.75	29/06/2024	111%	
Joao Tiago Paiga, 2008 (17 years), Boys								2
50m Freestyle	Timed Final	9.	29.30	325	30.15	30/06/2024	106%	
100m Freestyle	Timed Final	9.	1:09.06	273	1:08.67	30/06/2024	99%	
50m Backstroke	Timed Final	5.	34.39	265	35.54	29/06/2024	107%	
100m Backstroke	Timed Final	3.	1:18.17	236	1:17.18	20/04/2024	97%	
100m Breaststroke	Timed Final	3.	1:31.28	222	NT		-	
50m Butterfly	Timed Final	6.	36.90	204	36.21	29/06/2024	96%	
200m Medley	Timed Final	3.	3:00.71	223	3:00.02	29/06/2024	99%	
Maria Julia Cardoso, 2009 (16 years), Girls								2
50m Freestyle	Timed Final	9.	37.94	220	36.71	20/04/2024	94%	
100m Freestyle	Timed Final	7.	1:23.09	221	1:24.70	20/04/2024	104%	
50m Breaststroke	Timed Final	4.	57.40	120	NT		-	
50m Butterfly	Timed Final	6.	48.93	123	47.75	29/06/2024	95%	
200m Medley	Timed Final	4.	3:37.42	176	3:39.18	29/06/2024	102%	
Maria Martins Oliveira, 2012 (13 years), Girls								2
100m Freestyle	Timed Final	5.	1:24.09	213	1:29.50	20/04/2024	113%	
100m Backstroke	Timed Final	6.	1:42.28	154	1:45.00	10/06/2024	105%	

Torneio de Abertura da ARNN
Vila Real, 19/10/2024

Robert Daniel Puiac, 2009 (16 years), Boys								4
50m Freestyle	Timed Final	10.	36.14	173	38.87	20/04/2024	116%	
100m Freestyle	Timed Final	11.	1:25.16	145	1:25.44	19/05/2024	101%	
50m Backstroke	Timed Final	3.	41.21	154	43.81	29/06/2024	113%	
50m Breaststroke	Timed Final	6.	51.12	116	50.90	10/06/2024	99%	
100m Breaststroke	Timed Final	4.	1:52.09	119	1:52.70	29/06/2024	101%	
50m Butterfly	Timed Final	4.	50.97	77	NT		-	
Rui Pedro Lopes, 2010 (15 years), Boys								4
50m Freestyle	Timed Final	9.	33.95	209	35.00	20/04/2024	106%	
100m Freestyle	Timed Final	9.	1:16.90	198	1:18.31	20/04/2024	104%	
400m Freestyle	Timed Final	4.	6:15.90	180	6:20.84	30/06/2024	103%	
50m Backstroke	Timed Final	2.	40.65	160	46.03	20/04/2024	128%	
200m Medley	Timed Final	5.	3:42.08	120	NT		-	
Tiago Miguel Costa, 2009 (16 years), Boys								3
50m Freestyle	Timed Final	8.	33.53	217	34.37	20/04/2024	105%	
50m Backstroke	Timed Final	5.	44.25	124	46.79	29/06/2024	112%	
100m Backstroke	Timed Final	1.	1:31.21	148	1:43.40	30/06/2024	129%	
EMNVinhais/FCV								14
Ana Magno Fontes, 2010 (15 years), Girls								-
50m Freestyle	Timed Final	2.	34.91	283	34.59	05/11/2023	98%	
100m Freestyle	Timed Final	6.	1:18.50	262	1:17.65	11/03/2023	98%	
50m Backstroke	Timed Final	4.	44.37	184	43.00	15/06/2024	94%	
50m Breaststroke	Timed Final	4.	46.59	225	45.21	05/11/2023	94%	
100m Breaststroke	Timed Final	5.	1:40.21	240	1:36.84	04/11/2023	93%	
50m Butterfly	Timed Final	4.	42.90	183	41.59	03/03/2023	94%	
Daniel Alexandre Pires, 2008 (17 years), Boys								-
50m Freestyle	Timed Final	10.	30.50	288	29.62	20/04/2024	94%	
50m Breaststroke	Timed Final	7.	43.71	185	41.59	03/03/2024	91%	
50m Butterfly	Timed Final	4.	34.71	246	34.28	03/03/2024	98%	
Filipe Miguel Pires, 2011 (14 years), Boys								-
100m Freestyle	Timed Final	1.	1:03.22	356	1:02.84	10/06/2024	99%	
100m Butterfly	Timed Final	1.	1:18.40	226	1:15.25	10/06/2024	92%	
200m Medley	Timed Final	1.	2:49.28	271	2:48.83	20/04/2024	99%	
Luis Magno Fontes, 2007 (18 years), Boys								4
50m Freestyle	Timed Final	7.	27.40	398	27.95	25/04/2023	104%	
100m Freestyle	Timed Final	8.	1:02.40	371	1:04.17	09/07/2023	106%	
50m Breaststroke	Timed Final	5.	34.98	362	37.28	02/07/2022	114%	
50m Butterfly	Timed Final	3.	30.62	358	32.34	08/07/2023	112%	
Magda Jorge Nascimento, 2013 (12 years), Girls								2
100m Freestyle	Timed Final	6.	1:26.50	196	1:36.00	15/06/2024	123%	
400m Freestyle	Timed Final	5.	7:15.70	149	7:25.90	18/05/2024	105%	
Maria Costa Pinto, 2012 (13 years), Girls								2
100m Freestyle	Timed Final	10.	1:31.75	164	1:32.33	20/04/2024	101%	
400m Freestyle	Timed Final	8.	7:24.58	140	NT		-	
100m Breaststroke	Timed Final	14.	2:02.57	131	2:03.37	20/04/2024	101%	
Maria Veiga Silva, 2010 (15 years), Girls								3
50m Freestyle	Timed Final	7.	40.78	177	41.53	05/11/2023	104%	
100m Freestyle	Timed Final	9.	1:31.25	166	1:29.07	10/06/2024	95%	
50m Backstroke	Timed Final	6.	48.37	142	50.31	02/03/2024	108%	
50m Breaststroke	Timed Final	5.	49.06	193	46.35	03/03/2024	89%	
100m Breaststroke	Timed Final	6.	1:45.28	207	1:43.78	10/06/2024	97%	
50m Butterfly	Timed Final	7.	47.25	137	45.40	03/03/2024	92%	
200m Medley	Timed Final	5.	3:45.68	157	3:54.06	20/04/2024	108%	
Martim Beato Guedes, 2012 (13 years), Boys								3
100m Freestyle	Timed Final	3.	1:17.34	194	1:18.10	15/06/2024	102%	
400m Freestyle	Timed Final	3.	6:04.92	196	6:11.00	19/05/2024	103%	
100m Breaststroke	Timed Final	2.	1:42.00	159	1:46.07	16/06/2024	108%	
200m Medley	Timed Final	4.	3:32.40	137	3:23.15	18/05/2024	91%	
EN Braganca								15
Ana Miguel Tuna, 2010 (15 years), Girls								-
50m Freestyle	Timed Final	6.	37.27	232	NT		-	
100m Freestyle	Timed Final	8.	1:28.54	182	NT		-	
50m Backstroke	Timed Final	5.	46.78	157	NT		-	
50m Butterfly	Timed Final	6.	46.69	142	NT		-	
Anita Santos Goncalves, 2010 (15 years), Girls								1
100m Freestyle	Timed Final	1.	1:09.93	371	1:04.50	20/04/2024	85%	
800m Freestyle	Timed Final	3.	11:30.75	330	NT		-	
50m Breaststroke	Timed Final	1.	40.72	338	41.09	29/06/2024	102%	
50m Butterfly	Timed Final	1.	33.72	377	33.18	03/03/2024	97%	

Torneio de Abertura da ARNN
Vila Real, 19/10/2024

Benedita Campelo Carvalho, 2009 (16 years), Girls								-
100m Freestyle	Timed Final	5.	1:17.56	271	1:15.18	30/06/2024	94%	
800m Freestyle	Timed Final	3.	13:14.10	217	12:49.60	30/06/2024	94%	
50m Breaststroke	Timed Final	3.	47.82	208	46.43	29/06/2024	94%	
50m Butterfly	Timed Final	4.	41.37	204	40.48	29/06/2024	96%	
Bianca Santos Goncalves, 2007 (18 years), Girls								-
50m Freestyle	Timed Final	4.	33.16	330	31.09	02/03/2024	88%	
50m Backstroke	Timed Final	3.	37.53	304	36.31	02/03/2024	94%	
200m Backstroke	Timed Final	3.	3:05.76	262	2:57.90	04/11/2023	92%	
50m Butterfly	Timed Final	2.	39.30	238	35.81	03/03/2024	83%	
Leonor Afonso Matela, 2012 (13 years), Girls								3
100m Freestyle	Timed Final	2.	1:19.99	247	1:21.78	10/06/2024	105%	
100m Backstroke	Timed Final	7.	1:44.56	144	1:36.51		85%	
100m Breaststroke	Timed Final	4.	1:47.15	197	1:49.39	29/06/2024	104%	
200m Medley	Timed Final	4.	3:27.76	201	3:34.12		106%	
Leonor Bento Afonso, 2010 (15 years), Girls								2
100m Freestyle	Timed Final	7.	1:25.59	202	1:23.66	30/06/2024	96%	
50m Backstroke	Timed Final	7.	52.10	113	52.47	29/06/2024	101%	
100m Breaststroke	Timed Final	7.	2:01.15	136	1:55.84	20/04/2024	91%	
50m Butterfly	Timed Final	5.	45.47	154	46.68	29/06/2024	105%	
Martim Barros Pereira, 2011 (14 years), Boys								3
400m Freestyle	Timed Final	1.	5:20.84	289	5:31.54		107%	
200m Backstroke	Timed Final	1.	2:58.81	206	NT		-	
200m Breaststroke	Timed Final	1.	3:06.25	268	3:19.35	15/03/2024	115%	
100m Butterfly	Timed Final	2.	1:19.76	214	1:23.21		109%	
Matilde Pinto Teixeira, 2011 (14 years), Girls								4
100m Freestyle	Timed Final	3.	1:16.72	280	1:16.75	10/06/2024	100%	
50m Backstroke	Timed Final	1.	41.09	232	41.43	15/06/2024	102%	
100m Backstroke	Timed Final	3.	1:29.10	233	1:29.19	20/04/2024	100%	
100m Butterfly	Timed Final	3.	1:32.78	197	1:32.92	03/03/2024	100%	
Naima Francisco Ferreira, 2013 (12 years), Girls								2
100m Freestyle	Timed Final	4.	1:23.87	215	1:33.81	18/05/2024	125%	
100m Backstroke	Timed Final	5.	1:40.46	163	1:46.45		112%	
100m Breaststroke	Timed Final	9.	1:55.93	155	NT		-	
Flavitus Natacao Clube								20
Artur Jose Correia, 2009 (16 years), Boys								-
50m Freestyle	Timed Final	WDR	-	-	33.53		-	
100m Freestyle	Timed Final	WDR	-	-	1:13.77		-	
50m Backstroke	Timed Final	WDR	-	-	40.43		-	
50m Butterfly	Timed Final	WDR	-	-	36.15		-	
100m Butterfly	Timed Final	WDR	-	-	1:24.09		-	
200m Medley	Timed Final	WDR	-	-	3:09.11		-	
Duarte Ferreira Rosa, 2011 (14 years), Boys								4
100m Freestyle	Timed Final	2.	1:10.34	259	1:11.21		102%	
400m Freestyle	Timed Final	2.	5:39.96	243	5:55.45		109%	
100m Backstroke	Timed Final	1.	1:21.75	206	1:28.21		116%	
200m Medley	Timed Final	2.	2:57.91	233	3:03.78		107%	
Guilherme Alves Horta, 2011 (14 years), Boys								1
100m Freestyle	Timed Final	5.	1:27.56	134	1:26.70		98%	
400m Freestyle	Timed Final	4.	6:42.60	146	7:12.40		115%	
Guilherme Sarmento Borges, 2011 (14 years), Boys								4
100m Freestyle	Timed Final	4.	1:17.82	191	1:22.24		112%	
100m Backstroke	Timed Final	2.	1:25.03	183	1:32.21		118%	
100m Breaststroke	Timed Final	1.	1:41.59	161	1:42.10		101%	
200m Medley	Timed Final	3.	3:10.78	189	3:33.40		125%	
Ines Filipa Guerra, 2011 (14 years), Girls								4
100m Freestyle	Timed Final	5.	1:18.31	264	1:18.99		102%	
50m Breaststroke	Timed Final	3.	45.37	244	45.37		100%	
100m Breaststroke	Timed Final	4.	1:36.83	267	1:37.84		102%	
50m Butterfly	Timed Final	3.	39.48	235	40.51		105%	
100m Butterfly	Timed Final	2.	1:31.90	203	1:28.42		93%	
200m Medley	Timed Final	4.	3:10.12	263	3:11.41		101%	
Jose Pedro Cesar, 1976 (49 years), Men								-
50m Freestyle	Timed Final	WDR	-	-	29.73		-	
50m Butterfly	Timed Final	WDR	-	-	32.03		-	
Leonor Ferreira Sousa, 2012 (13 years), Girls								3
100m Freestyle	Timed Final	8.	1:28.12	185	1:31.65		108%	
100m Backstroke	Timed Final	2.	1:34.80	194	1:38.53		108%	
100m Breaststroke	Timed Final	6.	1:47.76	193	1:51.62		107%	
200m Medley	Timed Final	5.	3:30.54	193	NT		-	

Torneio de Abertura da ARNN
Vila Real, 19/10/2024

Pedro Martins Valente, 2011 (14 years), Boys								2
100m Freestyle	Timed Final	6.	1:29.17	127	1:32.25		107%	
400m Freestyle	Timed Final	6.	6:50.56	138	7:20.67		115%	
Rodrigo Jose Santos, 2009 (16 years), Boys								2
50m Freestyle	Timed Final	3.	28.31	361	28.26		100%	
100m Freestyle	Timed Final	3.	1:02.21	374	1:03.40		104%	
50m Breaststroke	Timed Final	2.	35.96	334	35.37		97%	
100m Breaststroke	Timed Final	2.	1:18.26	352	1:18.65		101%	
50m Butterfly	Timed Final	1.	31.31	335	30.96		98%	
200m Medley	Timed Final	2.	2:40.78	317	NT		-	
Xiana Castro Silva, 2010 (15 years), Girls								-
100m Freestyle	Timed Final	WDR	-	-	1:05.42		-	
50m Backstroke	Timed Final	WDR	-	-	32.28		-	
100m Backstroke	Timed Final	1.	1:18.26	345	1:10.98		82%	
200m Backstroke	Timed Final	WDR	-	-	2:36.62		-	
50m Breaststroke	Timed Final	2.	44.95	251	42.15		88%	
100m Breaststroke	Timed Final	2.	1:33.57	296	1:28.28		89%	
Ginasio Clube de Vila Real								63
Afonso Magalhaes Resende, 2013 (12 years), Boys								4
100m Freestyle	Timed Final	3.	1:31.18	118	1:36.26	26/05/2024	111%	
100m Breaststroke	Timed Final	2.	1:37.79	180	1:43.31	26/05/2024	112%	
50m Butterfly	Timed Final	1.	48.90	87	53.18	14/01/2024	118%	
100m Medley	Timed Final	2.	1:35.96	135	1:39.65	18/05/2024	108%	
Alice Silva Costa, 2012 (13 years), Girls								-
100m Freestyle	Timed Final	19.	1:53.06	87	NT		-	
100m Backstroke	Timed Final	12.	2:04.68	85	NT		-	
Amalia Jose Quintelas, 2013 (12 years), Girls								-
100m Freestyle	Timed Final	16.	1:43.73	113	NT		-	
100m Backstroke	Timed Final	11.	2:04.02	86	NT		-	
Ana Margarida Guedes, 2001 (24 years), Women								-
50m Freestyle	Timed Final	1.	27.43	584	25.53	22/04/2023	87%	
400m Freestyle	Timed Final	1.	4:59.75	459	4:37.23		86%	
50m Backstroke	Timed Final	1.	30.86	547	28.84	22/10/2023	87%	
100m Backstroke	Timed Final	1.	1:05.96	576	1:01.06	11/12/2022	86%	
200m Medley	Timed Final	1.	2:33.89	496	2:20.68	03/12/2022	84%	
Beatriz Maria Igrejas, 2009 (16 years), Girls								-
100m Butterfly	Timed Final	2.	1:24.94	257	1:20.02	22/10/2022	89%	
Benedita Martins Fernandes, 2013 (12 years), Girls								2
100m Freestyle	Timed Final	7.	1:27.50	189	1:28.89	02/03/2024	103%	
400m Freestyle	Timed Final	3.	6:46.49	184	6:42.18	18/05/2024	98%	
100m Breaststroke	Timed Final	11.	1:59.23	143	1:57.87	20/04/2024	98%	
200m Medley	Timed Final	9.	3:40.77	168	3:43.18	19/05/2024	102%	
Bruno Miguel Morais, 2013 (12 years), Boys								2
100m Freestyle	Timed Final	6.	1:40.99	87	1:38.39	26/05/2024	95%	
100m Backstroke	Timed Final	2.	1:39.61	114	2:01.28	01/07/2023	148%	
100m Breaststroke	Timed Final	3.	1:52.37	119	NT		-	
100m Medley	Timed Final	3.	1:38.02	127	1:41.78	18/05/2024	108%	
Carlota Teiga Cruz, 2013 (12 years), Girls								2
100m Freestyle	Timed Final	12.	1:34.03	152	1:36.93	20/04/2024	106%	
100m Backstroke	Timed Final	4.	1:39.53	167	1:47.02	02/03/2024	116%	
Carminho Teiga Cruz, 2016 (9 years), Girls								3
50m Freestyle	Timed Final	1.	44.45	137	50.28	03/03/2024	128%	
50m Backstroke	Timed Final	1.	51.02	121	58.12	20/04/2024	130%	
50m Breaststroke	Timed Final	1.	58.59	113	1:12.15	03/03/2024	152%	
50m Butterfly	Timed Final	2.	1:03.97	55	NT		-	
Diana Ribeiro Nogueira, 2012 (13 years), Girls								3
100m Freestyle	Timed Final	9.	1:28.57	182	1:34.78	20/04/2024	115%	
400m Freestyle	Timed Final	4.	6:57.56	169	7:23.31	03/03/2024	113%	
100m Breaststroke	Timed Final	5.	1:47.63	194	1:52.25	10/06/2024	109%	
200m Medley	Timed Final	8.	3:40.62	168	3:40.37	02/03/2024	100%	
Diogo Ribeiro Baptista, 2009 (16 years), Boys								4
50m Freestyle	Timed Final	5.	30.37	292	30.95		104%	
100m Freestyle	Timed Final	4.	1:05.53	320	1:08.15		108%	
400m Freestyle	Timed Final	2.	5:26.56	274	5:41.46		109%	
200m Medley	Timed Final	3.	2:45.78	289	2:55.15		112%	
Eduardo Yakubenko, 2006 (19 years), Men								-
50m Freestyle	Timed Final	1.	25.37	501	24.92	11/03/2023	96%	
100m Freestyle	Timed Final	1.	55.73	520	54.56	02/03/2024	96%	
50m Backstroke	Timed Final	4.	30.56	378	29.58	07/07/2023	94%	
50m Breaststroke	Timed Final	6.	36.16	328	35.18	03/03/2024	95%	
50m Butterfly	Timed Final	1.	27.13	515	26.46	03/03/2024	95%	

Torneio de Abertura da ARNN
Vila Real, 19/10/2024

Francisco Filipe Oliveira, 2015 (10 years), Boys								-
50m Freestyle	Timed Final	5.	55.00	49	NT		-	
50m Backstroke	Timed Final	5.	59.81	50	NT		-	
Gabriel Artilheiro Fraga, 2013 (12 years), Boys								1
100m Freestyle	Timed Final	4.	1:35.09	104	NT		-	
100m Backstroke	Timed Final	4.	1:44.03	100	NT		-	
100m Breaststroke	Timed Final	4.	2:05.20	86	NT		-	
100m Medley	Timed Final	4.	1:43.47	108	1:53.87	18/05/2024	121%	
Guilherme Lagoa Guerra, 2009 (16 years), Boys								2
50m Freestyle	Timed Final	6.	31.76	255	34.10	02/03/2024	115%	
100m Freestyle	Timed Final	8.	1:16.18	203	1:15.60	30/06/2024	98%	
50m Breaststroke	Timed Final	5.	47.82	142	49.84	29/06/2024	109%	
50m Butterfly	Timed Final	3.	41.64	142	NT		-	
Guimar Sofia Oliveira, 2016 (9 years), Girls								-
50m Freestyle	Timed Final	5.	1:02.64	49	NT		-	
Herman Kovalchuk, 2006 (19 years), Men								-
50m Freestyle	Timed Final	2.	25.70	482	24.65	05/11/2023	92%	
100m Freestyle	Timed Final	3.	56.77	492	54.34	01/11/2023	92%	
50m Backstroke	Timed Final	1.	28.68	458	27.92	02/03/2024	95%	
50m Breaststroke	Timed Final	4.	34.81	368	34.06	21/10/2023	96%	
Ines Carnide Silva, 2014 (11 years), Girls								4
100m Freestyle	Timed Final	3.	1:31.49	165	1:34.53	14/01/2024	107%	
100m Backstroke	Timed Final	3.	1:43.64	148	1:49.95	25/05/2024	113%	
50m Butterfly	Timed Final	2.	47.77	132	48.61	20/04/2024	104%	
100m Medley	Timed Final	3.	1:40.78	176	1:45.68	19/05/2024	110%	
Ines Rua Fernandes, 2011 (14 years), Girls								2
50m Freestyle	Timed Final	1.	34.03	305	34.60	30/06/2024	103%	
400m Freestyle	Timed Final	2.	5:39.98	314	5:29.06	14/01/2023	94%	
800m Freestyle	Timed Final	4.	11:33.50	326	11:17.34	30/06/2024	95%	
200m Backstroke	Timed Final	1.	2:49.30	346	2:52.25	29/06/2024	104%	
Laura Jorge Alves, 2013 (12 years), Girls								-
100m Freestyle	Timed Final	WDR		-	1:19.48	26/05/2024	-	
400m Freestyle	Timed Final	WDR		-	6:18.20	18/05/2024	-	
100m Butterfly	Timed Final	WDR		-	1:39.45	25/05/2024	-	
200m Medley	Timed Final	WDR		-	3:18.69	26/05/2024	-	
Leonor Carnide Silva, 2009 (16 years), Girls								-
50m Butterfly	Timed Final	1.	29.21	581	29.05	17/12/2023	99%	
100m Butterfly	Timed Final	1.	1:08.50	491	1:07.23	22/04/2023	96%	
200m Medley	Timed Final	2.	2:41.78	427	2:32.81	21/12/2023	89%	
Luana Magalhaes Alves, 2015 (10 years), Girls								-
50m Freestyle	Timed Final	4.	55.12	71	NT		-	
50m Backstroke	Timed Final	3.	1:02.46	66	NT		-	
50m Breaststroke	Timed Final	4.	1:25.42	36	NT		-	
Maria Carolina Eira, 2005 (20 years), Women								-
50m Freestyle	Timed Final	3.	29.53	468	27.91	21/10/2023	89%	
50m Backstroke	Timed Final	2.	31.31	524	29.66	08/12/2023	90%	
100m Backstroke	Timed Final	2.	1:09.59	490	1:03.59	10/12/2023	83%	
200m Backstroke	Timed Final	1.	2:29.82	500	2:16.75	22/04/2023	83%	
Maria Elisabete Mina, 2008 (17 years), Girls								-
50m Freestyle	Timed Final	5.	33.84	311	32.96	11/03/2023	95%	
50m Breaststroke	Timed Final	2.	43.21	283	40.95	20/11/2022	90%	
Maria Ines Mesquita, 2010 (15 years), Girls								-
400m Freestyle	Timed Final	1.	5:32.93	335	5:00.76		82%	
800m Freestyle	Timed Final	2.	11:20.46	345	10:29.18		85%	
100m Breaststroke	Timed Final	3.	1:33.84	293	1:29.31		91%	
200m Medley	Timed Final	2.	3:00.39	308	2:48.04		87%	
Maria Joao Gomes, 2013 (12 years), Girls								4
100m Freestyle	Timed Final	3.	1:23.32	219	1:29.28	02/03/2024	115%	
100m Backstroke	Timed Final	3.	1:36.36	184	1:38.54	11/02/2024	105%	
100m Breaststroke	Timed Final	13.	2:00.08	140	2:05.93	10/02/2024	110%	
200m Medley	Timed Final	6.	3:31.56	191	3:43.06	19/05/2024	111%	
Maria Manuel Braz, 2009 (16 years), Girls								-
100m Freestyle	Timed Final	2.	1:04.96	462	1:03.88	23/04/2023	97%	
800m Freestyle	Timed Final	1.	10:19.02	458	10:17.46	18/05/2024	99%	
Maria Silva Poeta, 2010 (15 years), Girls								2
800m Freestyle	Timed Final	1.	11:10.96	360	11:12.62		100%	
100m Backstroke	Timed Final	2.	1:18.53	341	1:14.09		89%	
100m Breaststroke	Timed Final	1.	1:32.33	308	1:31.09		97%	
200m Medley	Timed Final	1.	2:44.21	408	2:48.45		105%	
Mariana Lopes Carvalho, 2013 (12 years), Girls								2
100m Freestyle	Timed Final	15.	1:41.25	122	1:41.04	20/04/2024	100%	
100m Backstroke	Timed Final	9.	1:46.25	137	1:48.18	20/04/2024	104%	

Torneio de Abertura da ARNN
Vila Real, 19/10/2024

100m Breaststroke	Timed Final	10.	1:56.33	154	2:00.93	20/04/2024	108%	
200m Breaststroke	Timed Final	3.	4:06.87	161	NT		-	
Martim Costa Goncalves, 2013 (12 years), Boys								
100m Freestyle	Timed Final	2.	1:30.95	119	1:39.66	14/01/2024	120%	1
100m Backstroke	Timed Final	3.	1:39.67	114	NT		-	
50m Butterfly	Timed Final	2.	53.64	66	53.42	20/04/2024	99%	
100m Medley	Timed Final	5.	1:43.72	107	1:40.80	18/05/2024	94%	
Miguel Afonso Encarnacao, 2008 (17 years), Boys								
50m Freestyle	Timed Final	8.	27.89	377	27.72	23/03/2024	99%	-
100m Freestyle	Timed Final	7.	1:00.75	402	59.78	25/11/2023	97%	
50m Butterfly	Timed Final	2.	30.43	365	30.12	22/03/2024	98%	
Miguel Ferreira Eira, 2013 (12 years), Boys								
100m Freestyle	Timed Final	5.	1:36.71	99	1:44.18	05/11/2023	116%	1
100m Medley	Timed Final	6.	1:49.17	91	NT		-	
Miguel Pereira Carvalho, 2009 (16 years), Boys								
50m Freestyle	Timed Final	2.	27.80	381	28.00	02/03/2024	101%	3
100m Freestyle	Timed Final	2.	1:00.76	401	1:00.90	02/03/2024	100%	
50m Breaststroke	Timed Final	1.	33.81	401	33.59	29/06/2024	99%	
100m Breaststroke	Timed Final	1.	1:13.25	429	1:14.89	25/11/2023	105%	
Nuno Pinto Oliveira, 2010 (15 years), Boys								
100m Freestyle	Timed Final	7.	1:13.87	223	1:14.53	30/06/2024	102%	4
400m Freestyle	Timed Final	3.	5:44.20	234	6:00.53		110%	
100m Butterfly	Timed Final	1.	1:25.53	174	1:27.02	30/06/2024	104%	
200m Medley	Timed Final	4.	2:53.28	253	2:53.74	29/06/2024	101%	
Renata Daniela Rangel, 2011 (14 years), Girls								
50m Freestyle	Timed Final	3.	35.04	280	34.78	30/06/2024	99%	2
100m Freestyle	Timed Final	4.	1:17.48	272	1:17.79	30/06/2024	101%	
400m Freestyle	Timed Final	3.	6:07.59	249	6:12.21	30/06/2024	103%	
Rodrigo Daniel Silva, 2006 (19 years), Men								
50m Freestyle	Timed Final	2.	25.70	482	25.08	23/03/2024	95%	-
100m Freestyle	Timed Final	2.	56.46	500	55.50	02/03/2024	97%	
100m Backstroke	Timed Final	1.	1:03.00	451	1:01.37	02/03/2024	95%	
200m Backstroke	Timed Final	1.	2:20.18	427	2:12.66	23/03/2024	90%	
Rodrigo Sousa Xavier, 2014 (11 years), Boys								
50m Freestyle	Timed Final	1.	36.54	167	38.65	20/04/2024	112%	4
50m Backstroke	Timed Final	1.	41.64	149	43.96	02/03/2024	111%	
50m Breaststroke	Timed Final	2.	50.75	118	53.53	03/03/2024	111%	
50m Butterfly	Timed Final	1.	43.30	126	47.68	02/03/2024	121%	
Santiago Costa Goncalves, 2016 (9 years), Boys								
50m Freestyle	Timed Final	2.	47.34	77	52.28	20/04/2024	122%	1
50m Backstroke	Timed Final	1.	53.21	71	NT		-	
50m Breaststroke	Timed Final	2.	1:14.29	37	1:13.18	03/03/2024	97%	
50m Butterfly	Timed Final	2.	1:23.86	17	1:19.29	20/04/2024	89%	
Susana Pedro Carvalhinha, 2013 (12 years), Girls								
800m Freestyle	Timed Final	1.	13:18.68	213	NT		-	-
100m Backstroke	Timed Final	1.	1:31.03	219	1:30.59	25/05/2024	99%	
200m Medley	Timed Final	2.	3:23.51	214	3:15.97	26/05/2024	93%	
Tiago Manuel Fernandes, 2008 (17 years), Boys								
50m Freestyle	Timed Final	4.	25.83	475	25.00	30/06/2024	94%	1
100m Freestyle	Timed Final	5.	58.92	440	56.18	11/03/2023	91%	
50m Backstroke	Timed Final	3.	30.53	379	30.67	02/03/2024	101%	
50m Breaststroke	Timed Final	2.	33.68	406	31.88	15/12/2023	90%	
Tomas Carvalho Sousa, 2015 (10 years), Boys								
50m Freestyle	Timed Final	6.	56.12	46	56.76	20/04/2024	102%	3
50m Backstroke	Timed Final	4.	51.55	78	57.31	20/04/2024	124%	
50m Breaststroke	Timed Final	3.	57.28	82	1:08.70	20/04/2024	144%	
Tomas Monteiro Letra, 2014 (11 years), Boys								
50m Freestyle	Timed Final	2.	39.71	130	40.77	14/01/2024	105%	3
50m Backstroke	Timed Final	2.	47.12	103	49.02	02/03/2024	108%	
50m Breaststroke	Timed Final	1.	50.09	123	53.97	03/03/2024	116%	
50m Butterfly	Timed Final	2.	50.56	79	47.65	02/03/2024	89%	
Vitoria Almeida Saraiva, 2013 (12 years), Girls								
100m Freestyle	Timed Final	18.	1:46.18	105	1:55.99	20/04/2024	119%	3
100m Backstroke	Timed Final	8.	1:44.95	143	1:56.90	20/04/2024	124%	
100m Breaststroke	Timed Final	12.	1:59.49	142	2:04.51	20/04/2024	109%	
200m Breaststroke	Timed Final	4.	4:14.53	147	NT		-	
Individual ANNP								
Ines Esteves Carvalho, 2013 (12 years), Girls								
800m Freestyle	Timed Final	EXH	11:32.31	327	NT		-	2
100m Backstroke	Timed Final	EXH	1:19.03	335	1:19.10	07/04/2024	100%	2
200m Backstroke	Timed Final	EXH	2:48.05	354	NT		-	
100m Butterfly	Timed Final	EXH	1:21.13	295	1:23.75	03/03/2024	107%	

Torneio de Abertura da ARNN
Vila Real, 19/10/2024

Nucleo Sporting Clube Portugal da Ilha Terceira							1
Francisco Silva Pacheco, 2004 (21 years), Men							1
100m Freestyle	Timed Final	EXH	1:00.59	405	1:03.65	110%	
400m Freestyle	Timed Final	EXH	5:08.79	324	NT	-	
100m Butterfly	Timed Final	EXH	1:08.00	346	1:05.89	94%	