



Limiet wedstrijd deel 1 KB
Nijmegen, 29-9-2024



Programmanr. 2
29-09-2024 - 15:13

Dames, 400m vrije slag

2016 en eerder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Tara Langkamp	Aqua-Novio'94	4:51.35	200900362	4:45.46
	50m: 31.16	150m: 1:42.57	250m: 2:59.34	350m: 4:09.84	
	100m: 1:06.48	200m: 2:19.05	300m: 3:33.05	400m: 4:45.46	
2.	Marieke Vanhoof	Racing Swimming Club Mechel	4:31.58	RSCM/21147/07	4:46.15
	50m: 30.43	150m: 1:41.10	250m: 2:55.40	350m: 4:09.77	
	100m: 1:04.83	200m: 2:18.14	300m: 3:32.59	400m: 4:46.15	
3.	Myrthe Rozendaal	Aqua-Novio'94	5:01.58	201000790	4:53.31
	50m: 32.85	150m: 1:45.60	250m: 3:00.06	350m: 4:16.04	
	100m: 1:08.85	200m: 2:22.59	300m: 3:37.89	400m: 4:53.31	
4.	Maartje van Berkom	Aqua-Novio'94	5:40.86	201100514	5:15.39
	50m: 35.73	150m: 1:57.20	250m: 3:17.62	350m: 4:37.34	
	100m: 1:15.80	200m: 2:37.42	300m: 3:57.78	400m: 5:15.39	
5.	Jana Nelissen	SG Patrick - De Roersoppers	5:28.55	201200350	5:26.76
	50m: 34.37	150m: 1:56.15	250m: 3:19.14	350m: 4:45.20	
	100m: 1:14.53	200m: 2:37.74	300m: 4:01.15	400m: 5:26.76	
6.	Robin Versteeg	Aqua-Novio'94	5:41.06	201200276	5:35.13
	50m: 37.05	150m: 2:00.55	250m: 3:27.19	350m: 4:54.06	
	100m: 1:18.05	200m: 2:44.06	300m: 4:11.23	400m: 5:35.13	
7.	Fay Jansen	Aqua-Novio'94	5:33.63	201200154	5:35.86
	50m: 36.13	150m: 2:00.13	250m: 3:26.13	350m: 4:53.23	
	100m: 1:17.32	200m: 2:43.04	300m: 4:09.42	400m: 5:35.86	
8.	Elisha Kragten	Aqua-Novio'94	6:12.36	201200822	5:48.35
	50m: 34.84	150m: 2:01.67	250m: 3:33.35	350m: 5:05.38	
	100m: 1:17.16	200m: 2:47.27	300m: 4:19.88	400m: 5:48.35	
9.	Romy ter Haar	Zwemvereniging Utrecht	6:08.23	200402746	5:50.30
	50m: 38.90	150m: 2:09.27	250m: 3:40.97	350m: 5:09.74	
	100m: 1:23.77	200m: 2:55.78	300m: 4:26.28	400m: 5:50.30	
10.	Amber van Luijn	Zwemvereniging Utrecht	7:15.89	200504422	5:51.76
	50m: 37.35	150m: 2:03.69	250m: 3:36.85	350m: 5:09.81	
	100m: 1:20.36	200m: 2:49.94	300m: 4:23.89	400m: 5:51.76	
11.	Nienke van Luijn	Zwemvereniging Utrecht	6:00.27	200105954	5:51.83
	50m: 37.72	150m: 2:04.77	250m: 3:35.83	350m: 5:07.89	
	100m: 1:20.76	200m: 2:50.33	300m: 4:22.07	400m: 5:51.83	
12.	Meila Broenink	Batavia Swim	5:59.15	201102332	6:03.58
	50m: 42.22	150m: 2:15.66	250m: 3:49.47	350m: 5:21.95	
	100m: 1:29.09	200m: 3:02.66	300m: 4:36.31	400m: 6:03.58	
AFGEM	Mieke Keijzerwaard	Zwemvereniging Utrecht	6:30.03	200305374	