



Prova de Preparaç o "O Nadador Mais Completo"  
Caldas da Rainha, 2 - 3/11/2024

Prova 5	Femin., 200m Costas				ABSOLUTOS FEM	
02/11/2024 - 15:51					Startlist	
Rec Nac Open	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	07/12/2023	
Rec Nac 18 +	2:04.39	Camila Rodrigues, REBELO	POR	Otopeni (ROU)	07/12/2023	
Rec Nac 17	2:11.13	Camila Rodrigues, REBELO	ALN	Felgueiras	20/12/2019	
Rec Nac 16	2:11.74	Camila Rodrigues, REBELO	ALN	Felgueiras	21/12/2018	
Rec Nac JUV A	2:14.11	Camila Rodrigues, REBELO	ALN	Condeixa	12/05/2018	
Rec Nac JUV B	2:17.86	Catia Raquel, MARTINHEIRA	LDC	Sines	21/12/2008	
Rec Nac INF A	2:21.33	Rafaela Gomes, AZEVEDO	SAD	Alg�s	06/06/2015	
Rec Nac INF B	2:27.90	Carolina Miranda, FERNANDES	CGA	Mealhada	26/03/2017	

S rie 1 de 4

1						
2						
3	Laura Silva, MARTINS	INF B	217035	Ba-Leiria	NT	_____
4	Erica Maria, FORTUNATO	INF B	217029	Ba-Leiria	NT	_____
5	Eduarda Antunes, BUGALHAO	INF B	222535	Ba-Leiria	NT	_____
6	Alicia Ferreira, OLIVEIRA	INF B	217022	Ba-Leiria	NT	_____
7						
8						

S rie 2 de 4

1	Catarina Faustino, DIAS	INF B	222838	Naval de Peniche	3:55.52	_____
2	Ana Sofia, SILVA	INF B	219150	Naval de Peniche	3:40.79	_____
3	Barbara Serrano, LOMBA	INF A	219253	Ba-Leiria	3:25.01	_____
4	Matilde Vitorino, FERREIRA	JUV B	210838	Naval de Peniche	3:12.98	_____
5	Constanca Santos, COUTINHO	INF A	208523	Naval da Nazar�	3:24.34	_____
6	Sofia Guilherme, CABREIRA	INF B	219030	�bidos	3:31.71	_____
7	Catarina Franco, RODRIGUES	INF B	219947	Naval de Peniche	3:53.58	_____
8	Matilde Mamede, CECILIO	INF B	219546	Naval de Peniche	4:03.91	_____

S rie 3 de 4

1	Jessica Garcia, FERREIRA	INF A	216997	�bidos	3:09.44	_____
2	Anjali, RAICAR	JUN	206152	Naval de Peniche	3:02.34	_____
3	Luna Francisco, PEREIRA	INF A	215677	Nucleo de Pombal	2:55.27	_____
4	Mafalda Teles, SOUSA	JUV B	209708	Pimpoes/Cimai	2:52.52	_____
5	Diana Rita, FONSECA	JUN	205309	Vieirense	2:48.49	_____
6	Mariana Sousa, OLIVEIRA	JUV A	143242	Alcobaca	2:57.19	_____
7	Maria Leal, ALVES	INF B	214896	Alcobaca	3:08.28	_____
8	Carolina Matos, CORREIA	INF A	216976	Nucleo de Pombal	3:17.63	_____

S rie 4 de 4

1	Maria Carolina, ALVES	JUV A	210804	Ba-Leiria	2:44.43	_____
2	Carlota Sa, SANTOS	JUV B	211060	Nucleo de Pombal	2:47.28	_____
3	Lara Roque, COTRIM	SEN	128804	Pimpoes/Cimai	2:37.44	_____
4	Ana Francisca, SILVA	SEN	200045	Alcobaca	2:22.38	_____
5	Ines Mira, PINO	SEN	208131	Pimpoes/Cimai	2:32.28	_____
6	Maria Joao, VALA	JUV B	209706	Pimpoes/Cimai	2:47.12	_____
7	Debora Silva, INACIO	JUV A	209102	Pimpoes/Cimai	2:43.99	_____
8	Elisa Henriques, SOUTO	JUV A	219855	�bidos	2:51.89	_____