



Prova de Preparação "O Nadador Mais Completo"
Caldas da Rainha, 2 - 3/11/2024

| Prova 21 | Femin., 200m Estilos | | | | ABSOLUTOS FEM |
|--------------------|----------------------|-----------------------------|------|-----------------------|---------------|
| 03/11/2024 - 10:57 | | | | | Startlist |
| Rec Nac Open | 2:12.08 | Victoria, KAMINSKAYA | POR | Copenhagen (DEN) | 16/12/2017 |
| Rec Nac 18 + | 2:12.08 | Victoria, KAMINSKAYA | POR | Copenhagen (DEN) | 16/12/2017 |
| Rec Nac 17 | 2:15.10 | Mariana Pacheco, CUNHA | CNCE | Felgueiras | 10/04/2021 |
| Rec Nac 16 | 2:14.94 | Maria Carolina, ROSA | SCP | S. António Cavaleiros | 19/12/2009 |
| Rec Nac JUV A | 2:18.13 | Mariana Pacheco, CUNHA | CFP | Felgueiras | 27/04/2019 |
| Rec Nac JUV B | 2:19.79 | Mariana Pacheco, CUNHA | CFP | Felgueiras | 14/04/2018 |
| Rec Nac INF A | 2:21.36 | Carolina Miranda, FERNANDES | CGA | Felgueiras | 10/03/2018 |
| Rec Nac INF B | 2:28.04 | Carolina Miranda, FERNANDES | CGA | Mealhada | 08/04/2017 |

Série 1 de 6

| | | | | | | |
|---|-------------------|-------|--------|------------------|---------|-------|
| 1 | Maria Ines, GOMES | INF A | 215676 | Nucleo de Pombal | 3:28.54 | _____ |
| 2 | | | | | | _____ |
| 3 | | | | | | _____ |
| 4 | | | | | | _____ |
| 5 | Iris Sousa, BOITA | INF B | 222252 | Benedita | NT | _____ |
| 6 | | | | | | _____ |
| 7 | | | | | | _____ |
| 8 | | | | | | _____ |

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| | | | | | | |
|---|--------------------------|-------|--------|------------------|---------|-------|
| 1 | Elisa Rodrigues, SIMOES | INF B | 217812 | Benedita | 3:55.89 | _____ |
| 2 | Violeta Neves, SILVA | INF B | 216924 | Nucleo de Pombal | 3:35.41 | _____ |
| 3 | Anastasia, STURZA | JUV A | 220923 | Uniao Juncalense | 3:57.85 | _____ |
| 4 | Emma Henriques, SOUTO | INF B | 219858 | Óbidos | 3:24.36 | _____ |
| 5 | Jessica Garcia, FERREIRA | INF A | 216997 | Óbidos | 3:27.17 | _____ |
| 6 | Barbara Serrano, LOMBA | INF A | 219253 | Ba-Leiria | 3:29.89 | _____ |
| 7 | Iara Maria, CAMACHO | INF A | 217809 | Pimpoes/Cimai | 3:46.49 | _____ |
| 8 | Diana Morais, CARLOS | JUV B | 217060 | Pimpoes/Cimai | NT | _____ |

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| | | | | | | |
|---|----------------------------|-------|--------|------------------|---------|-------|
| 1 | Daniela Carvalho, FERREIRA | INF A | 143629 | Nucleo de Pombal | 3:28.44 | _____ |
| 2 | Yaroslava, TABUNSCHYK | INF A | 214273 | CNLeiria VOID | 3:23.00 | _____ |
| 3 | Maria Leonor, ASSUNCAO | INF A | 215474 | Pimpoes/Cimai | 3:15.62 | _____ |
| 4 | Beatriz Julio, CORREIA | INF A | 214808 | CNLeiria VOID | 3:05.74 | _____ |
| 5 | Bruna Matos, FIALHO | JUN | 218391 | Uniao Juncalense | 3:06.02 | _____ |
| 6 | Kelly Simao, COSTA | JUV B | 219017 | Óbidos | 3:15.52 | _____ |
| 7 | Carolina Matos, CORREIA | INF A | 216976 | Nucleo de Pombal | 3:25.11 | _____ |
| 8 | Erica Felix, RODRIGUES | JUV B | 214533 | Uniao Juncalense | 3:23.72 | _____ |

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| | | | | | | |
|---|-----------------------------|-------|--------|------------------|---------|-------|
| 1 | Margarida Lopes, RODRIGUES | JUV B | 211356 | Uniao Juncalense | 3:03.19 | _____ |
| 2 | Benedita Nunes, FELIX | INF A | 215617 | Pimpoes/Cimai | 3:07.38 | _____ |
| 3 | Luna Francisco, PEREIRA | INF A | 215677 | Nucleo de Pombal | 3:04.56 | _____ |
| 4 | Julia Pinto, PINHEIRO | INF A | 212988 | Pimpoes/Cimai | 3:01.80 | _____ |
| 5 | Matilde Monteiro, NEVES | JUN | 143864 | Nucleo de Pombal | 2:56.26 | _____ |
| 6 | Anjali, RAICAR | JUN | 206152 | Naval de Peniche | 2:59.34 | _____ |
| 7 | Constanca Carvalho, PIEDADE | JUN | 218562 | Uniao Juncalense | 3:01.82 | _____ |
| 8 | Maria Santos, FONSECA | JUV B | 214271 | CNLeiria VOID | 3:04.38 | _____ |



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Prova 21, Femin., 200m Estilos

Série 5 de 6

| | | | | | | |
|---|-------------------------|-------|--------|------------------|---------|-------|
| 1 | Ines Pinto, MARTINS | INF A | 212985 | Pimpoes/Cimai | 2:59.18 | _____ |
| 2 | Laura Krempel, VARELA | INF A | 210787 | Pimpoes/Cimai | 2:51.05 | _____ |
| 3 | Debora Silva, INACIO | JUV A | 209102 | Pimpoes/Cimai | 2:51.41 | _____ |
| 4 | Carlota Sa, SANTOS | JUV B | 211060 | Nucleo de Pombal | 2:49.82 | _____ |
| 5 | Mafalda Teles, SOUSA | JUV B | 209708 | Pimpoes/Cimai | 2:45.03 | _____ |
| 6 | Maria Teresa, OLIVEIRA | JUN | 207314 | Ba-Leiria | 2:46.88 | _____ |
| 7 | Diana Rita, FONSECA | JUN | 205309 | Vieirense | 2:51.99 | _____ |
| 8 | Laura Samora, GONCALVES | JUV A | 210844 | Ba-Leiria | 2:54.17 | _____ |

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| | | | | | | |
|---|-------------------------|-------|--------|------------------|---------|-------|
| 1 | Lara Roque, COTRIM | SEN | 128804 | Pimpoes/Cimai | 2:43.72 | _____ |
| 2 | Anastasiya, PRYMACHENKO | JUV B | 209931 | Nucleo de Pombal | 2:47.12 | _____ |
| 3 | Francisca Ramos, NUNES | JUN | 204735 | Naval de Peniche | 2:39.96 | _____ |
| 4 | Ines Mira, PINO | SEN | 208131 | Pimpoes/Cimai | 2:36.47 | _____ |
| 5 | Sofia Roma, BRIZIDA | JUV A | 207308 | Ba-Leiria | 2:37.51 | _____ |
| 6 | Leonor Caetano, MOREIRA | SEN | 144594 | Vieirense | 2:36.65 | _____ |
| 7 | Ana Margarida, MARQUES | JUN | 214511 | Ba-Leiria | 2:43.03 | _____ |
| 8 | Maria Joao, VALA | JUV B | 209706 | Pimpoes/Cimai | 2:49.39 | _____ |