

Valmieras novada cempionats
Valmiera, 18. - 19.10.2024

Event 12
19.10.2024 - 11:16

Men, 400m Freestyle

Open
Results

| | | | | | |
|---------------------------|---------|---------------------|-----|----------------|------------|
| Sacens bu rokords 14 + | 4:04.04 | MIHAILOVS Olegs | LAT | Valmiera | 15.10.2022 |
| Sacens bu rokords 12 - 13 | 4:32.57 | GORDEJEVS Andrejs | LAT | Valmiera | 16.10.2021 |
| Sacens bu rokords - 11 | 5:31.84 | BOBROVS Maksims | LAT | Valmiera | 16.10.2020 |
| Latvijas rekords | 3:51.52 | MILOSLAVSKIS Romans | LAT | Shanghai (CHN) | 07.04.2006 |

Points: AQUA 2024

| Rank | Name | YB | Club | Time | Pts | RT |
|-------------------------|--------------------------|---------------|------------------------|----------------|-------|---------------------|
| 2013 and younger | | | | | | |
| 1. | VIGULIS Kristofers | 13 | Kekavas NSS | 5:41.34 | 240 | |
| | 50m: 37.35 37.35 | 150m: 2:03.11 | 43.78 | 250m: 3:32.24 | 43.78 | 350m: 5:00.35 43.70 |
| | 100m: 1:19.33 41.98 | 200m: 2:48.46 | 45.35 | 300m: 4:16.65 | 44.41 | 400m: 5:41.34 40.99 |
| YOB 2011 - 2012 | | | | | | |
| 1. | ERGLIS Gustavs | 11 | Kekavas NSS | 4:57.52 | 363 | +0,68 |
| | 50m: 34.12 34.12 | 150m: 1:50.78 | 38.16 | 250m: 3:07.00 | 37.98 | 350m: 4:22.91 38.35 |
| | 100m: 1:12.62 38.50 | 200m: 2:29.02 | 38.24 | 300m: 3:44.56 | 37.56 | 400m: 4:57.52 34.61 |
| 2. | MARTIROSYAN Georgy | 11 | Kipsalas peldbaseins | 5:00.25 | 353 | |
| | 50m: 34.31 34.31 | 150m: 1:49.88 | 38.38 | 250m: 3:07.06 | 38.67 | 350m: 4:23.63 38.22 |
| | 100m: 1:11.50 37.19 | 200m: 2:28.39 | 38.51 | 300m: 3:45.41 | 38.35 | 400m: 5:00.25 36.62 |
| 3. | VILIMS Jegors | 11 | Salaspils Swim Team SS | 5:17.40 | 299 | +0,56 |
| | 50m: 35.31 35.31 | 150m: 1:53.03 | 39.40 | 250m: 3:13.34 | 40.34 | 350m: 4:32.13 38.68 |
| | 100m: 1:13.63 38.32 | 200m: 2:33.00 | 39.97 | 300m: 3:53.45 | 40.11 | 400m: 5:17.40 45.27 |
| 4. | SAMODUROVS Dmitrijs | 12 | Rezeknes BJSS | 5:27.08 | 273 | |
| | 50m: 37.59 37.59 | 150m: 2:02.33 | 42.96 | 250m: 3:28.45 | 42.99 | 350m: 4:51.69 40.37 |
| | 100m: 1:19.37 41.78 | 200m: 2:45.46 | 43.13 | 300m: 4:11.32 | 42.87 | 400m: 5:27.08 35.39 |
| 5. | ZDANOVSKIS Janis | 12 | Kekavas NSS | 5:43.72 | 235 | |
| | 50m: 38.32 38.32 | 150m: 2:05.32 | 43.81 | 250m: 3:33.53 | 44.34 | 350m: 5:02.27 44.32 |
| | 100m: 1:21.51 43.19 | 200m: 2:49.19 | 43.87 | 300m: 4:17.95 | 44.42 | 400m: 5:43.72 41.45 |
| 2010 and older | | | | | | |
| 1. | KIRGIZOVS Timurs | 08 | Rezeknes BJSS | 4:11.34 | 602 | +0,53 |
| | 50m: 28.49 28.49 | 150m: 1:30.41 | 31.20 | 250m: 2:34.78 | 32.47 | 350m: 3:40.10 32.67 |
| | 100m: 59.21 30.72 | 200m: 2:02.31 | 31.90 | 300m: 3:07.43 | 32.65 | 400m: 4:11.34 31.24 |
| 2. | PETRIKINS Ilja | 08 | RBJSS Ridzene-DSN | 4:15.22 | 575 | +0,56 |
| | 50m: 28.20 28.20 | 150m: 1:32.08 | 32.31 | 250m: 2:37.38 | 33.09 | 350m: 3:44.02 33.23 |
| | 100m: 59.77 31.57 | 200m: 2:04.29 | 32.21 | 300m: 3:10.79 | 33.41 | 400m: 4:15.22 31.20 |
| 3. | VITOLS Reinis | 07 | RBJSS Ridzene-DSN | 4:23.57 | 522 | |
| | 50m: 28.64 28.64 | 150m: 1:32.58 | 32.57 | 250m: 2:40.64 | 34.11 | 350m: 3:53.09 37.33 |
| | 100m: 1:00.01 31.37 | 200m: 2:06.53 | 33.95 | 300m: 3:15.76 | 35.12 | 400m: 4:23.57 30.48 |
| 4. | VASILJEVS Romans | 06 | RBJSS Ridzene-DSN | 4:23.81 | 520 | +0,69 |
| | 50m: 28.91 28.91 | 150m: 1:33.74 | 32.99 | 250m: 2:42.13 | 34.40 | 350m: 3:52.60 35.17 |
| | 100m: 1:00.75 31.84 | 200m: 2:07.73 | 33.99 | 300m: 3:17.43 | 35.30 | 400m: 4:23.81 31.21 |
| 5. | NEIBERGS Erlends Teodors | 07 | PK Ogre | 4:32.09 | 474 | |
| | 50m: 31.24 31.24 | 150m: 1:39.89 | 34.76 | 250m: 2:49.49 | 35.02 | 350m: 3:59.89 35.28 |
| | 100m: 1:05.13 33.89 | 200m: 2:14.47 | 34.58 | 300m: 3:24.61 | 35.12 | 400m: 4:32.09 32.20 |
| 6. | VIDZUPS Alens | 09 | Rezeknes BJSS | 4:41.28 | 429 | |
| | 50m: 31.15 31.15 | 150m: 1:40.35 | 35.32 | 250m: 2:53.65 | 36.69 | 350m: 4:06.74 36.07 |
| | 100m: 1:05.03 33.88 | 200m: 2:16.96 | 36.61 | 300m: 3:30.67 | 37.02 | 400m: 4:41.28 34.54 |
| 7. | NEIBERGS Everts Leonards | 09 | PK Ogre | 4:43.43 | 419 | +0,73 |
| | 50m: 32.15 32.15 | 150m: 1:43.80 | 36.24 | 250m: 2:57.25 | 36.90 | 350m: 4:09.68 36.31 |
| | 100m: 1:07.56 35.41 | 200m: 2:20.35 | 36.55 | 300m: 3:33.37 | 36.12 | 400m: 4:43.43 33.75 |
| 8. | JEZKOVs Matvejs | 10 | Rezeknes BJSS | 4:51.48 | 386 | |
| | 50m: 30.86 30.86 | 150m: 1:44.65 | 37.79 | 250m: 3:00.55 | 37.99 | 350m: 4:16.63 37.63 |
| | 100m: 1:06.86 36.00 | 200m: 2:22.56 | 37.91 | 300m: 3:39.00 | 38.45 | 400m: 4:51.48 34.85 |

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Valmiera, 18. - 19.10.2024

Event 12, Men, 400m Freestyle, 2010 and older

| Rank | Name | | YB | Club | | Time | Pts | RT | | | | |
|------|----------------------|---------|-------|--------------------------|---------|----------------|-------|---------|-------|-------|---------|-------|
| 9. | SILINS Mikus | | 07 | Valmieras SS | | 4:53.63 | 377 | | | | | |
| | 50m: | 32.17 | 32.17 | 150m: | 1:45.03 | 36.65 | 250m: | 3:00.92 | 38.33 | 350m: | 4:17.66 | 38.28 |
| | 100m: | 1:08.38 | 36.21 | 200m: | 2:22.59 | 37.56 | 300m: | 3:39.38 | 38.46 | 400m: | 4:53.63 | 35.97 |
| 10. | BALANASS Toms | | 07 | BJAC Gauja | | 4:54.12 | 375 | +0,59 | | | | |
| | 50m: | 31.10 | 31.10 | 150m: | 1:44.32 | 37.21 | 250m: | 3:00.28 | 38.42 | 350m: | 4:17.30 | 38.09 |
| | 100m: | 1:07.11 | 36.01 | 200m: | 2:21.86 | 37.54 | 300m: | 3:39.21 | 38.93 | 400m: | 4:54.12 | 36.82 |
| 11. | IRISINS Artis | | 08 | Rezeknes BJSS | | 4:55.29 | 371 | | | | | |
| | 50m: | 32.53 | 32.53 | 150m: | 1:45.99 | 37.69 | 250m: | 3:02.58 | 38.78 | 350m: | 4:19.91 | 38.42 |
| | 100m: | 1:08.30 | 35.77 | 200m: | 2:23.80 | 37.81 | 300m: | 3:41.49 | 38.91 | 400m: | 4:55.29 | 35.38 |
| 12. | APSITIS Anrijs | | 07 | Baltijas Triatlona klubs | | 5:08.03 | 327 | | | | | |
| | 50m: | 32.29 | 32.29 | 150m: | 1:47.80 | 38.52 | 250m: | 3:07.80 | 40.53 | 350m: | 4:28.68 | 40.87 |
| | 100m: | 1:09.28 | 36.99 | 200m: | 2:27.27 | 39.47 | 300m: | 3:47.81 | 40.01 | 400m: | 5:08.03 | 39.35 |
| 13. | KUNICKINS Aleksejs | | 09 | Kipsalas peldbaseins | | 5:12.76 | 312 | | | | | |
| | 50m: | 34.47 | 34.47 | 150m: | 1:55.03 | 40.72 | 250m: | 3:16.99 | 40.41 | 350m: | 4:37.79 | 40.04 |
| | 100m: | 1:14.31 | 39.84 | 200m: | 2:36.58 | 41.55 | 300m: | 3:57.75 | 40.76 | 400m: | 5:12.76 | 34.97 |
| 14. | ALEKSANDROVS Daniels | | 09 | BJAC Gauja | | 5:13.81 | 309 | +0,67 | | | | |
| | 50m: | 34.56 | 34.56 | 150m: | 1:51.92 | 39.16 | 250m: | 3:13.13 | 40.76 | 350m: | 4:34.64 | 40.87 |
| | 100m: | 1:12.76 | 38.20 | 200m: | 2:32.37 | 40.45 | 300m: | 3:53.77 | 40.64 | 400m: | 5:13.81 | 39.17 |
| 15. | MIKLUSH Dmytro | | 10 | Kipsalas peldbaseins | | 5:15.08 | 305 | | | | | |
| | 50m: | 33.53 | 33.53 | 150m: | 1:51.19 | 39.12 | 250m: | 3:13.63 | 41.48 | 350m: | 4:37.11 | 41.92 |
| | 100m: | 1:12.07 | 38.54 | 200m: | 2:32.15 | 40.96 | 300m: | 3:55.19 | 41.56 | 400m: | 5:15.08 | 37.97 |
| 16. | ZALITE Jekabs | | 09 | Valmieras SS | | 5:16.57 | 301 | | | | | |
| | 50m: | 35.51 | 35.51 | 150m: | 1:58.73 | 41.73 | 250m: | 3:22.03 | 41.85 | 350m: | 4:39.47 | 37.84 |
| | 100m: | 1:17.00 | 41.49 | 200m: | 2:40.18 | 41.45 | 300m: | 4:01.63 | 39.60 | 400m: | 5:16.57 | 37.10 |