



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 7
19/10/2024 - 18:30

Femin., 200m Estilos

Infantil B Fem
Resultados

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac INF B	2:28.04	Carolina Miranda, FERNANDES	CGA	Mealhada	08/04/2017

Pontos: AQUA 2024

Lugar	Ano		Tempo final				Pts
1. Alicia Ferreira, OLIVEIRA	13	Ba-Leiria	3:12.61				253
50m: 44.90 44.90	100m: 1:33.75	48.85	150m: 2:31.08	57.33	200m: 3:12.61		41.53
2. Maria Leal, ALVES	13	Alcobaca	3:14.76				244
50m: 46.40 46.40	100m: 1:32.84	46.44	150m: 2:28.97	56.13	200m: 3:14.76		45.79
3. Emma Henriques, SOUTO	13	Óbidos	3:24.36				212
50m: 49.50 49.50	100m: 1:38.15	48.65	150m: 2:39.68	1:01.53	200m: 3:24.36		44.68
4. Maria Joao, OLIVEIRA	13	Alcobaca	3:24.40				211
50m: 49.27 49.27	100m: 1:38.61	49.34	150m: 2:37.87	59.26	200m: 3:24.40		46.53
5. Leonor Pinto, ROSARIO	13	Nautico Marinha Grande	3:24.87				210
50m: 44.19 44.19	100m: 1:39.67	55.48	150m: 2:37.26	57.59	200m: 3:24.87		47.61
6. Lara Sofia, MARCELINO	13	Vieirense	3:28.12				200
50m: 47.13 47.13	100m: 1:39.44	52.31	150m: 2:41.91	1:02.47	200m: 3:28.12		46.21
7. Maria Luisa, CASTILLO	13	Nautico Marinha Grande	3:34.12				184
50m: 54.40 54.40	100m: 1:49.06	54.66	150m: 2:47.81	58.75	200m: 3:34.12		46.31
8. Laura Silva, MARTINS	13	Ba-Leiria	3:35.47				180
50m: 46.12 46.12	100m: 1:41.05	54.93	200m: 3:35.47	1:54.42			
9. Violeta Neves, SILVA	13	Nucleo de Pombal	3:35.97				179
50m: 49.37 49.37	100m: 1:44.33	54.96	200m: 3:35.97	1:51.64			
10. Sofia Guilherme, CABREIRA	13	Óbidos	3:39.93				170
50m: 55.62 55.62	100m: 1:52.71	57.09	150m: 2:51.58	58.87	200m: 3:39.93		48.35
11. Avron Dawn, SANTOS	13	Vieirense	3:41.63				166
50m: 53.70 53.70	100m: 1:49.77	56.07	150m: 2:52.95	1:03.18	200m: 3:41.63		48.68
12. Sara Machado, JANUARIO	13	Alcobaca	3:53.38				142
50m: 52.47 52.47	100m: 1:48.81	56.34	150m: 2:56.63	1:07.82	200m: 3:53.38		56.75
13. Constanca Teopisto, CARVALHO	13	Alcobaca	3:58.61				133
50m: 1:01.15 1:01.15	100m: 2:00.28	59.13	150m: 3:02.28	1:02.00	200m: 3:58.61		56.33
14. Ines Barreto, CALDEIREIRO	13	Vieirense	4:01.38				128
50m: 56.70 56.70	100m: 1:57.45	1:00.75	200m: 4:01.38	2:03.93			
15. Eduarda Antunes, BUGALHAO	13	Ba-Leiria	4:07.69				119
50m: 55.19 55.19	100m: 1:59.26	1:04.07	150m: 3:04.94	1:05.68	200m: 4:07.69	1:02.75	

DSQ Erica Maria, FORTUNATO 13 Ba-Leiria
Após a viragem aos 125 metros, a atleta começou a nadar crawl.



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 7, Femin., 200m Estilos

Prova 7 Femin., 200m Estilos Infantil A Fem
19/10/2024 - 18:30 Resultados

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac INF A	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	10/03/2018

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Mafalda Varela, BERNARDINO 50m: 42.84 42.84 100m: 1:30.18 47.34 150m: 2:21.39 51.21 200m: 3:01.50	12 Alcobaca	3:01.50	302 40.11
2. Carminho Traquina, ANDRE 50m: 38.71 38.71 100m: 1:27.62 48.91 150m: 2:22.18 54.56 200m: 3:03.42	12 Alcobaca	3:03.42	293 41.24
3. Luna Francisco, PEREIRA 50m: 43.41 43.41 100m: 1:28.38 44.97 200m: 3:03.88 1:35.50	12 Nucleo de Pombal	3:03.88	291
4. Emiliana Arruda, SARAIVA 50m: 37.24 37.24 100m: 1:25.61 48.37 200m: 3:04.46 1:38.85	12 Vieiraense	3:04.46	288
5. Beatriz Julio, CORREIA 50m: 44.11 44.11 100m: 1:32.28 48.17 200m: 3:09.58 1:37.30	12 CNLeiria - VOID	3:09.58	265
6. Safira Pedro, FONSECA 50m: 42.38 42.38 100m: 1:28.90 46.52 150m: 2:26.59 57.69 200m: 3:10.16	12 Vieiraense	3:10.16	263 43.57
7. Valeria, MORITS 50m: 41.06 41.06 100m: 1:29.66 48.60 200m: 3:12.09 1:42.43	12 Nautico Marinha Grande	3:12.09	255
8. Yaroslava, TABUNSCHYK 50m: 45.10 45.10 100m: 1:36.56 51.46 150m: 2:34.70 58.14 200m: 3:21.17	12 CNLeiria - VOID	3:21.17	222 46.47
9. Mariana Duarte, ANTUNES 50m: 47.25 47.25 100m: 1:39.32 52.07 150m: 2:38.06 58.74 200m: 3:24.34	12 Alcobaca	3:24.34	212 46.28
10. Maria Leonor, FERREIRA 50m: 50.84 50.84 100m: 1:46.31 55.47 150m: 2:39.71 53.40 200m: 3:26.84	12 Óbidos	3:26.84	204 47.13
11. Jessica Garcia, FERREIRA 50m: 50.17 50.17 100m: 1:40.45 50.28 150m: 2:42.49 1:02.04 200m: 3:27.17	12 Óbidos	3:27.17	203 44.68
12. Maria Ines, GOMES 50m: 45.19 45.19 100m: 1:41.74 56.55 150m: 2:41.88 1:00.14 200m: 3:28.54	12 Nucleo de Pombal	3:28.54	199 46.66
13. Maria Antonia, VAZAO 50m: 56.82 56.82 100m: 1:57.68 1:00.86 150m: 3:06.94 1:09.26 200m: 3:58.87	12 Uniao Juncalense	3:58.87	132 51.93
DNS Barbara Serrano, LOMBA	12 Ba-Leiria		
DNS Emma Maria, AVRAMESCU	12 Nautico Marinha Grande		



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 7, Femin., 200m Estilos

Prova 7 Femin., 200m Estilos Juvenil B Fem
19/10/2024 - 18:30 Resultados

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac JUV B	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts
1.	Francisca Moreira, FELICIANO	11	Alcobaca					2:40.12	440
	50m: 34.28 34.28	100m: 1:15.71	41.43	150m: 2:02.28	46.57	200m: 2:40.12	37.84		
2.	Leonor Mota, ALVES	11	Nautico Marinha Grande					2:41.68	428
	50m: 33.83 33.83	100m: 1:15.69	41.86	150m: 2:04.34	48.65	200m: 2:41.68	37.34		
3.	Carlota Sa, SANTOS	11	Nucleo de Pombal					2:47.97	381
	50m: 39.50 39.50	100m: 1:19.05	39.55	150m: 2:09.56	50.51	200m: 2:47.97	38.41		
4.	Beatriz Marques, GASPAR	11	Nautico Marinha Grande					2:54.89	338
	50m: 37.12 37.12	100m: 1:25.76	48.64	150m: 2:13.96	48.20	200m: 2:54.89	40.93		
5.	Mariana Sousa, MENDES	11	Alcobaca					3:04.06	290
	50m: 44.04 44.04	100m: 1:29.32	45.28	150m: 2:25.13	55.81	200m: 3:04.06	38.93		
6.	Margarida Soares, MAIA	11	Nautico Marinha Grande					3:06.28	279
	50m: 44.26 44.26	100m: 1:34.66	50.40	150m: 2:27.26	52.60	200m: 3:06.28	39.02		
7.	Isabela Maria, CARREIRA	11	Uniao Juncalense					3:12.75	252
	50m: 43.93 43.93	100m: 1:34.65	50.72	150m: 2:28.18	53.53	200m: 3:12.75	44.57		
8.	Kelly Simao, COSTA	11	Óbidos					3:15.52	242
	50m: 47.20 47.20	100m: 1:36.58	49.38	150m: 2:30.81	54.23	200m: 3:15.52	44.71		
9.	Margarida Lopes, RODRIGUES	11	Uniao Juncalense					3:18.96	229
	50m: 42.67 42.67	100m: 1:33.49	50.82	150m: 2:34.71	1:01.22	200m: 3:18.96	44.25		
10.	Matilde Vitorino, FERREIRA	11	Naval de Peniche					3:19.57	227
	50m: 47.53 47.53	100m: 1:37.09	49.56	150m: 2:34.85	57.76	200m: 3:19.57	44.72		
11.	Beatriz Morgado, SILVA	11	Benedita					3:25.10	209
	50m: 50.54 50.54	100m: 1:41.45	50.91	150m: 2:38.87	57.42	200m: 3:25.10	46.23		
12.	Yara Silva, INES	11	Ba-Leiria					3:32.32	189
	50m: 44.37 44.37	100m: 1:37.60	53.23	150m: 2:42.37	1:04.77	200m: 3:32.32	49.95		

Prova 7 Femin., 200m Estilos Juvenil A Fem
19/10/2024 - 18:30 Resultados

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac JUV A	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	27/04/2019

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts
1.	Sofia Roma, BRIZIDA	10	Ba-Leiria					2:37.75	460
	50m: 34.28 34.28	100m: 1:15.00	40.72	200m: 2:37.75	1:22.75				
2.	Matilde Santos, VIEIRA	10	Nautico Marinha Grande					2:39.70	444
	50m: 33.91 33.91	100m: 1:17.20	43.29	150m: 2:03.63	46.43	200m: 2:39.70	36.07		
3.	Laura Helena, AMORIM	10	Nautico Marinha Grande					2:42.09	424
	50m: 35.64 35.64	100m: 1:16.57	40.93	150m: 2:05.42	48.85	200m: 2:42.09	36.67		
4.	Bianca Balbino, MENDES	10	Naval de Peniche					2:48.56	377
	50m: 38.49 38.49	100m: 1:22.85	44.36	150m: 2:12.23	49.38	200m: 2:48.56	36.33		
5.	Maria Carolina, ALVES	10	Ba-Leiria					2:48.78	376
	50m: 35.77 35.77	100m: 1:18.13	42.36	150m: 2:09.85	51.72	200m: 2:48.78	38.93		



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 7, Femin., 200m Estilos, Juvenil A Fem

Lugar	Ano	Tempo final	Pts
6. Leonor Pereira, SILVA 50m: 35.35 35.35 100m: 1:22.21 46.86 150m: 2:09.41 47.20 200m: 2:48.94 39.53	10 Óbidos	2:48.94	375
7. Barbara Balbino, MENDES 50m: 35.62 35.62 100m: 1:20.84 45.22 150m: 2:14.08 53.24 200m: 2:53.65 39.57	10 Naval de Peniche	2:53.65	345
8. Luana Filipe, REIS 50m: 40.16 40.16 100m: 1:24.77 44.61 150m: 2:11.84 47.07 200m: 2:53.66 41.82	10 Alcobaca	2:53.66	345
9. Constanca Rolim, PEDRO 50m: 39.68 39.68 100m: 1:24.75 45.07 150m: 2:16.83 52.08 200m: 2:54.53 37.70	10 Ba-Leiria	2:54.53	340
10. Matilde Filipa, AMADO 50m: 39.93 39.93 100m: 1:25.06 45.13 150m: 2:21.10 56.04 200m: 3:02.09 40.99	10 Nautico Marinha Grande	3:02.09	299
11. Leonor Silva, MARTINS 50m: 37.62 37.62 100m: 1:24.62 47.00 150m: 2:22.69 58.07 200m: 3:04.51 41.82	10 Óbidos	3:04.51	288
12. Elisa Henriques, SOUTO 50m: 39.56 39.56 100m: 1:29.49 49.93 150m: 2:23.27 53.78 200m: 3:06.52 43.25	10 Óbidos	3:06.52	278
DNS Laura Samora, GONCALVES	10 Ba-Leiria		
DNS Laura Margarida, ASCENSO	10 Nautico Marinha Grande		
DNS Mariana Sousa, OLIVEIRA	10 Alcobaca		

Prova 7 Femin., 200m Estilos 16 - 17 anos Resultados

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac 17	2:15.10	Mariana Pacheco, CUNHA	CNCE	Felqueiras	10/04/2021
Rec Nac 16	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	19/12/2009

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Luana Ferreira, CRAVEIRO 50m: 32.87 32.87 100m: 1:13.81 40.94 150m: 1:56.62 42.81 200m: 2:31.23 34.61	09 Nautico Marinha Grande	2:31.23	523
2. Beatriz Belo, CLARA 50m: 32.26 32.26 100m: 1:11.10 38.84 150m: 2:00.02 48.92 200m: 2:35.65 35.63	09 CNLeiria - VOID	2:35.65	479
3. Rita Rocha, SILVA 50m: 34.22 34.22 100m: 1:17.05 42.83 150m: 2:00.93 43.88 200m: 2:37.64 36.71	08 Alcobaca	2:37.64	461
4. Constanca Baptista, TOMAS 50m: 33.46 33.46 100m: 1:16.56 43.10 150m: 2:03.28 46.72 200m: 2:38.86 35.58	09 Alcobaca	2:38.86	451
5. Francisca Ramos, NUNES 50m: 35.19 35.19 100m: 1:17.72 42.53 150m: 2:09.97 52.25 200m: 2:47.87 37.90	09 Naval de Peniche	2:47.87	382
6. Diana Rita, FONSECA 50m: 36.14 36.14 100m: 1:19.53 43.39 200m: 2:51.99 1:32.46	08 Viegrense	2:51.99	355
7. Matilde Monteiro, NEVES 50m: 39.23 39.23 100m: 1:24.48 45.25 150m: 2:15.41 50.93 200m: 2:56.31 40.90	08 Nucleo de Pombal	2:56.31	330
8. Ana Margarida, MARQUES 50m: 37.36 37.36 100m: 1:22.75 45.39 150m: 2:19.25 56.50 200m: 3:01.53 42.28	09 Ba-Leiria	3:01.53	302
9. Maria Margarida, OLIVEIRA 50m: 41.65 41.65 100m: 1:29.99 48.34 150m: 2:20.39 50.40 200m: 3:03.72 43.33	09 Ba-Leiria	3:03.72	291
DNS Antonella Saad, BARBOSA	09 Clube Natação de Lisboa		



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 7, Femin., 200m Estilos

Prova 7 Femin., 200m Estilos 18 anos e mais velhos
19/10/2024 - 18:30 Resultados

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac 18 +	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts
1.	Giulia Santos, MOURA	06	CNLeiria - VOID					2:35.57	480
	50m: 31.71 31.71	100m: 1:18.42	46.71	150m: 2:01.77	43.35	200m: 2:35.57	33.80		
2.	Bruna Andreia, SIMOES	01	Vieirense					2:37.73	461
	50m: 31.19 31.19	100m: 1:12.69	41.50	200m: 2:37.73	1:25.04				
3.	Ana Claudia, FERREIRA	90	Alcobaca					2:41.13	432
	50m: 32.28 32.28	100m: 1:16.70	44.42	150m: 2:03.66	46.96	200m: 2:41.13	37.47		
4.	Leonor Vendima, COELHO	07	CNLeiria - VOID					2:46.57	391
	50m: 34.21 34.21	100m: 1:20.39	46.18	150m: 2:08.57	48.18	200m: 2:46.57	38.00		
5.	Carolina Ferreira, FONSECA	07	Vieirense					2:50.26	366
	50m: 35.78 35.78	100m: 1:21.59	45.81	150m: 2:09.84	48.25	200m: 2:50.26	40.42		
6.	Dalila Leal, BERNARDINO	06	Nucleo de Pombal					3:02.59	297
	50m: 36.84 36.84	100m: 1:26.45	49.61	150m: 2:20.95	54.50	200m: 3:02.59	41.64		
7.	Catarina Tagaroso, LOBO	07	Uniao Juncalense					3:06.51	278
	50m: 41.69 41.69	100m: 1:29.88	48.19	150m: 2:23.84	53.96	200m: 3:06.51	42.67		
DNS	Beatriz Silva, CONCEICAO	05	Benedita						
DNS	Catarina Martins, MESTRE	00	Clube Natação de Lisboa						
DNS	Valentina Saad, BARBOSA	04	Clube Natação de Lisboa						

Prova 7 Femin., 200m Estilos ABSOLUTOS FEM
19/10/2024 - 18:30 Resultados

Rec Nac Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac 18 +	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16/12/2017
Rec Nac 17	2:15.10	Mariana Pacheco, CUNHA	CNCE	Felgueiras	10/04/2021
Rec Nac 16	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	19/12/2009
Rec Nac JUV A	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	27/04/2019
Rec Nac JUV B	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	14/04/2018
Rec Nac INF A	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	10/03/2018
Rec Nac INF B	2:28.04	Carolina Miranda, FERNANDES	CGA	Mealhada	08/04/2017

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts
1.	Luana Ferreira, CRAVEIRO	09	Nautico Marinha Grande					2:31.23	523
	50m: 32.87 32.87	100m: 1:13.81	40.94	150m: 1:56.62	42.81	200m: 2:31.23	34.61		
2.	Giulia Santos, MOURA	06	CNLeiria - VOID					2:35.57	480
	50m: 31.71 31.71	100m: 1:18.42	46.71	150m: 2:01.77	43.35	200m: 2:35.57	33.80		
3.	Beatriz Belo, CLARA	09	CNLeiria - VOID					2:35.65	479
	50m: 32.26 32.26	100m: 1:11.10	38.84	150m: 2:00.02	48.92	200m: 2:35.65	35.63		
4.	Rita Rocha, SILVA	08	Alcobaca					2:37.64	461
	50m: 34.22 34.22	100m: 1:17.05	42.83	150m: 2:00.93	43.88	200m: 2:37.64	36.71		
5.	Bruna Andreia, SIMOES	01	Vieirense					2:37.73	461
	50m: 31.19 31.19	100m: 1:12.69	41.50	200m: 2:37.73	1:25.04				
6.	Sofia Roma, BRIZIDA	10	Ba-Leiria					2:37.75	460
	50m: 34.28 34.28	100m: 1:15.00	40.72	200m: 2:37.75	1:22.75				

Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 7, Femin., 200m Estilos, ABSOLUTOS FEM

Lugar			Ano					Tempo final	Pts
7.	Constanca Baptista, TOMAS		09	Alcobaca				2:38.86	451
	50m:	33.46 33.46	100m:	1:16.56	43.10	150m:	2:03.28 46.72	200m:	2:38.86 35.58
8.	Matilde Santos, VIEIRA		10	Nautico Marinha Grande				2:39.70	444
	50m:	33.91 33.91	100m:	1:17.20	43.29	150m:	2:03.63 46.43	200m:	2:39.70 36.07
9.	Francisca Moreira, FELICIANO		11	Alcobaca				2:40.12	440
	50m:	34.28 34.28	100m:	1:15.71	41.43	150m:	2:02.28 46.57	200m:	2:40.12 37.84
10.	Ana Claudia, FERREIRA		90	Alcobaca				2:41.13	432
	50m:	32.28 32.28	100m:	1:16.70	44.42	150m:	2:03.66 46.96	200m:	2:41.13 37.47
11.	Leonor Mota, ALVES		11	Nautico Marinha Grande				2:41.68	428
	50m:	33.83 33.83	100m:	1:15.69	41.86	150m:	2:04.34 48.65	200m:	2:41.68 37.34
12.	Laura Helena, AMORIM		10	Nautico Marinha Grande				2:42.09	424
	50m:	35.64 35.64	100m:	1:16.57	40.93	150m:	2:05.42 48.85	200m:	2:42.09 36.67
13.	Leonor Vendima, COELHO		07	CNLeiria - VOID				2:46.57	391
	50m:	34.21 34.21	100m:	1:20.39	46.18	150m:	2:08.57 48.18	200m:	2:46.57 38.00
14.	Francisca Ramos, NUNES		09	Naval de Peniche				2:47.87	382
	50m:	35.19 35.19	100m:	1:17.72	42.53	150m:	2:09.97 52.25	200m:	2:47.87 37.90
15.	Carlota Sa, SANTOS		11	Nucleo de Pombal				2:47.97	381
	50m:	39.50 39.50	100m:	1:19.05	39.55	150m:	2:09.56 50.51	200m:	2:47.97 38.41
16.	Bianca Balbino, MENDES		10	Naval de Peniche				2:48.56	377
	50m:	38.49 38.49	100m:	1:22.85	44.36	150m:	2:12.23 49.38	200m:	2:48.56 36.33
17.	Maria Carolina, ALVES		10	Ba-Leiria				2:48.78	376
	50m:	35.77 35.77	100m:	1:18.13	42.36	150m:	2:09.85 51.72	200m:	2:48.78 38.93
18.	Leonor Pereira, SILVA		10	Óbidos				2:48.94	375
	50m:	35.35 35.35	100m:	1:22.21	46.86	150m:	2:09.41 47.20	200m:	2:48.94 39.53
19.	Carolina Ferreira, FONSECA		07	Vieirense				2:50.26	366
	50m:	35.78 35.78	100m:	1:21.59	45.81	150m:	2:09.84 48.25	200m:	2:50.26 40.42
20.	Diana Rita, FONSECA		08	Vieirense				2:51.99	355
	50m:	36.14 36.14	100m:	1:19.53	43.39	200m:	2:51.99 1:32.46		
21.	Barbara Balbino, MENDES		10	Naval de Peniche				2:53.65	345
	50m:	35.62 35.62	100m:	1:20.84	45.22	150m:	2:14.08 53.24	200m:	2:53.65 39.57
22.	Luana Filipe, REIS		10	Alcobaca				2:53.66	345
	50m:	40.16 40.16	100m:	1:24.77	44.61	150m:	2:11.84 47.07	200m:	2:53.66 41.82
23.	Constanca Rolim, PEDRO		10	Ba-Leiria				2:54.53	340
	50m:	39.68 39.68	100m:	1:24.75	45.07	150m:	2:16.83 52.08	200m:	2:54.53 37.70
24.	Beatriz Marques, GASPAR		11	Nautico Marinha Grande				2:54.89	338
	50m:	37.12 37.12	100m:	1:25.76	48.64	150m:	2:13.96 48.20	200m:	2:54.89 40.93
25.	Matilde Monteiro, NEVES		08	Nucleo de Pombal				2:56.31	330
	50m:	39.23 39.23	100m:	1:24.48	45.25	150m:	2:15.41 50.93	200m:	2:56.31 40.90
26.	Mafalda Varela, BERNARDINO		12	Alcobaca				3:01.50	302
	50m:	42.84 42.84	100m:	1:30.18	47.34	150m:	2:21.39 51.21	200m:	3:01.50 40.11
27.	Ana Margarida, MARQUES		09	Ba-Leiria				3:01.53	302
	50m:	37.36 37.36	100m:	1:22.75	45.39	150m:	2:19.25 56.50	200m:	3:01.53 42.28
28.	Matilde Filipa, AMADO		10	Nautico Marinha Grande				3:02.09	299
	50m:	39.93 39.93	100m:	1:25.06	45.13	150m:	2:21.10 56.04	200m:	3:02.09 40.99

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Lugar	Nome		Ano	Município	50m	100m	150m	200m	Tempo final	Pts
29.	Dalila Leal, BERNARDINO		06	Nucleo de Pombal	36.84	1:26.45	2:20.95	3:02.59	3:02.59	297
	50m:	36.84					54.50		41.64	
30.	Carminho Traquina, ANDRE		12	Alcobaca	38.71	1:27.62	2:22.18	3:03.42	3:03.42	293
	50m:	38.71					54.56		41.24	
31.	Maria Margarida, OLIVEIRA		09	Ba-Leiria	41.65	1:29.99	2:20.39	3:03.72	3:03.72	291
	50m:	41.65					50.40		43.33	
32.	Luna Francisco, PEREIRA		12	Nucleo de Pombal	43.41	1:28.38		3:03.88	3:03.88	291
	50m:	43.41					1:35.50			
33.	Mariana Sousa, MENDES		11	Alcobaca	44.04	1:29.32	2:25.13	3:04.06	3:04.06	290
	50m:	44.04					55.81		38.93	
34.	Emiliana Arruda, SARAIVA		12	Vieirense	37.24	1:25.61		3:04.46	3:04.46	288
	50m:	37.24					1:38.85			
35.	Leonor Silva, MARTINS		10	Óbidos	37.62	1:24.62	2:22.69	3:04.51	3:04.51	288
	50m:	37.62					58.07		41.82	
36.	Margarida Soares, MAIA		11	Nautico Marinha Grande	44.26	1:34.66	2:27.26	3:06.28	3:06.28	279
	50m:	44.26					52.60		39.02	
37.	Catarina Tagarroso, LOBO		07	Uniao Juncalense	41.69	1:29.88	2:23.84	3:06.51	3:06.51	278
	50m:	41.69					53.96		42.67	
38.	Elisa Henriques, SOUTO		10	Óbidos	39.56	1:29.49	2:23.27	3:06.52	3:06.52	278
	50m:	39.56					53.78		43.25	
39.	Beatriz Julio, CORREIA		12	CNLeiria - VOID	44.11	1:32.28	3:09.58	3:09.58	3:09.58	265
	50m:	44.11					1:37.30			
40.	Safira Pedro, FONSECA		12	Vieirense	42.38	1:28.90	2:26.59	3:10.16	3:10.16	263
	50m:	42.38					57.69		43.57	
41.	Valeria, MORITS		12	Nautico Marinha Grande	41.06	1:29.66		3:12.09	3:12.09	255
	50m:	41.06					1:42.43			
42.	Alicia Ferreira, OLIVEIRA		13	Ba-Leiria	44.90	1:33.75	2:31.08	3:12.61	3:12.61	253
	50m:	44.90					57.33		41.53	
43.	Isabela Maria, CARREIRA		11	Uniao Juncalense	43.93	1:34.65	2:28.18	3:12.75	3:12.75	252
	50m:	43.93					53.53		44.57	
44.	Maria Leal, ALVES		13	Alcobaca	46.40	1:32.84	2:28.97	3:14.76	3:14.76	244
	50m:	46.40					56.13		45.79	
45.	Kelly Simao, COSTA		11	Óbidos	47.20	1:36.58	2:30.81	3:15.52	3:15.52	242
	50m:	47.20					54.23		44.71	
46.	Margarida Lopes, RODRIGUES		11	Uniao Juncalense	42.67	1:33.49	2:34.71	3:18.96	3:18.96	229
	50m:	42.67					1:01.22		44.25	
47.	Matilde Vitorino, FERREIRA		11	Naval de Peniche	47.53	1:37.09	2:34.85	3:19.57	3:19.57	227
	50m:	47.53					57.76		44.72	
48.	Yaroslava, TABUNSCHYK		12	CNLeiria - VOID	45.10	1:36.56	2:34.70	3:21.17	3:21.17	222
	50m:	45.10					58.14		46.47	
49.	Mariana Duarte, ANTUNES		12	Alcobaca	47.25	1:39.32	2:38.06	3:24.34	3:24.34	212
	50m:	47.25					58.74		46.28	
50.	Emma Henriques, SOUTO		13	Óbidos	49.50	1:38.15	2:39.68	3:24.36	3:24.36	212
	50m:	49.50					1:01.53		44.68	



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Lugar	Ano	Tempo final	Pts
51. Maria Joao, OLIVEIRA	13 Alcobaca	3:24.40	211
50m: 49.27 49.27	100m: 1:38.61 49.34	150m: 2:37.87 59.26	200m: 3:24.40 46.53
52. Leonor Pinto, ROSARIO	13 Nautico Marinha Grande	3:24.87	210
50m: 44.19 44.19	100m: 1:39.67 55.48	150m: 2:37.26 57.59	200m: 3:24.87 47.61
53. Beatriz Morgado, SILVA	11 Benedita	3:25.10	209
50m: 50.54 50.54	100m: 1:41.45 50.91	150m: 2:38.87 57.42	200m: 3:25.10 46.23
54. Maria Leonor, FERREIRA	12 Óbidos	3:26.84	204
50m: 50.84 50.84	100m: 1:46.31 55.47	150m: 2:39.71 53.40	200m: 3:26.84 47.13
55. Jessica Garcia, FERREIRA	12 Óbidos	3:27.17	203
50m: 50.17 50.17	100m: 1:40.45 50.28	150m: 2:42.49 1:02.04	200m: 3:27.17 44.68
56. Lara Sofia, MARCELINO	13 Vieirense	3:28.12	200
50m: 47.13 47.13	100m: 1:39.44 52.31	150m: 2:41.91 1:02.47	200m: 3:28.12 46.21
57. Maria Ines, GOMES	12 Nucleo de Pombal	3:28.54	199
50m: 45.19 45.19	100m: 1:41.74 56.55	150m: 2:41.88 1:00.14	200m: 3:28.54 46.66
58. Yara Silva, INES	11 Ba-Leiria	3:32.32	189
50m: 44.37 44.37	100m: 1:37.60 53.23	150m: 2:42.37 1:04.77	200m: 3:32.32 49.95
59. Maria Luisa, CASTILLO	13 Nautico Marinha Grande	3:34.12	184
50m: 54.40 54.40	100m: 1:49.06 54.66	150m: 2:47.81 58.75	200m: 3:34.12 46.31
60. Laura Silva, MARTINS	13 Ba-Leiria	3:35.47	180
50m: 46.12 46.12	100m: 1:41.05 54.93	200m: 3:35.47 1:54.42	
61. Violeta Neves, SILVA	13 Nucleo de Pombal	3:35.97	179
50m: 49.37 49.37	100m: 1:44.33 54.96	200m: 3:35.97 1:51.64	
62. Sofia Guilherme, CABREIRA	13 Óbidos	3:39.93	170
50m: 55.62 55.62	100m: 1:52.71 57.09	150m: 2:51.58 58.87	200m: 3:39.93 48.35
63. Avron Dawn, SANTOS	13 Vieirense	3:41.63	166
50m: 53.70 53.70	100m: 1:49.77 56.07	150m: 2:52.95 1:03.18	200m: 3:41.63 48.68
64. Sara Machado, JANUARIO	13 Alcobaca	3:53.38	142
50m: 52.47 52.47	100m: 1:48.81 56.34	150m: 2:56.63 1:07.82	200m: 3:53.38 56.75
65. Constanca Teopisto, CARVALHO	13 Alcobaca	3:58.61	133
50m: 1:01.15 1:01.15	100m: 2:00.28 59.13	150m: 3:02.28 1:02.00	200m: 3:58.61 56.33
66. Maria Antonia, VAZAO	12 Uniao Juncalense	3:58.87	132
50m: 56.82 56.82	100m: 1:57.68 1:00.86	150m: 3:06.94 1:09.26	200m: 3:58.87 51.93
67. Ines Barreto, CALDEIREIRO	13 Vieirense	4:01.38	128
50m: 56.70 56.70	100m: 1:57.45 1:00.75	200m: 4:01.38 2:03.93	
68. Eduarda Antunes, BUGALHAO	13 Ba-Leiria	4:07.69	119
50m: 55.19 55.19	100m: 1:59.26 1:04.07	150m: 3:04.94 1:05.68	200m: 4:07.69 1:02.75
DSQ Erica Maria, FORTUNATO	13 Ba-Leiria		
<i>Após a viragem aos 125 metros, a atleta começou a nadar crawl.</i>			
DNS Laura Samora, GONCALVES	10 Ba-Leiria		
DNS Barbara Serrano, LOMBA	12 Ba-Leiria		
DNS Laura Margarida, ASCENSO	10 Nautico Marinha Grande		
DNS Emma Maria, AVRAMESCU	12 Nautico Marinha Grande		
DNS Mariana Sousa, OLIVEIRA	10 Alcobaca		
DNS Beatriz Silva, CONCEICAO	05 Benedita		
DNS Catarina Martins, MESTRE	00 Clube Natação de Lisboa		



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Lugar	Ano	Tempo final	Pts
DNS Valentina Saad, BARBOSA	04	Clube Nata�o de Lisboa	
DNS Antonella Saad, BARBOSA	09	Clube Nata�o de Lisboa	