



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 2
19/10/2024 - 15:16

Masc., 400m Livres

Infantil B Masc
Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac INF B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04/04/2003

Pontos: AQUA 2024

Lugar			Ano			Tempo final			Pts
1.	Sebastian, PACHECO		12	Naval de Peniche		5:31.41			262
	50m:	35.06 35.06	150m:	1:59.45 43.11	250m:	3:24.56 42.60	350m:	4:50.90 42.82	
	100m:	1:16.34 41.28	200m:	2:41.96 42.51	300m:	4:08.08 43.52	400m:	5:31.41 40.51	
2.	Martim Piedade, SANTOS		12	Pimpoes/Cimai		5:41.75			239
	50m:	37.06 37.06	150m:	2:04.95 44.61	250m:	3:33.45 45.38	350m:	5:03.50 44.53	
	100m:	1:20.34 43.28	200m:	2:48.07 43.12	300m:	4:18.97 45.52	400m:	5:41.75 38.25	
3.	Eduardo Manuel, FERREIRA		12	Nucleo de Pombal		5:54.48			214
	50m:	36.25 36.25	150m:	2:06.05 45.35	250m:	3:39.69 46.35	350m:	5:13.09 46.75	
	100m:	1:20.70 44.45	200m:	2:53.34 47.29	300m:	4:26.34 46.65	400m:	5:54.48 41.39	
4.	Gabriel Sousa, GOMES		12	Óbidos		5:59.98			204
	50m:	41.66 41.66	200m:	2:58.44 1:31.25	400m:	5:59.98 1:29.07			
	100m:	1:27.19 45.53	300m:	4:30.91 1:32.47					
5.	Roberto Bento, CANAS		12	Pimpoes/Cimai		6:06.62			194
	50m:	38.58 38.58	150m:	2:11.73 47.70	250m:	3:47.77 49.03	350m:	5:22.54 47.84	
	100m:	1:24.03 45.45	200m:	2:58.74 47.01	300m:	4:34.70 46.93	400m:	6:06.62 44.08	
6.	Joao Maria, TEMPERO		12	Pimpoes/Cimai		6:17.67			177
	50m:	42.89 42.89	150m:	2:17.31 47.97	250m:	3:55.96 49.04	350m:	5:32.34 47.42	
	100m:	1:29.34 46.45	200m:	3:06.92 49.61	300m:	4:44.92 48.96	400m:	6:17.67 45.33	
7.	Joao Pedro, BELO		12	Nautico Marinha Grande		6:23.40			169
	50m:	44.86 44.86	150m:	2:22.75 49.75	250m:	4:03.40 50.43	350m:	5:38.00 47.07	
	100m:	1:33.00 48.14	200m:	3:12.97 50.22	300m:	4:50.93 47.53	400m:	6:23.40 45.40	
8.	Tikhon, SKRIPLCIN		12	Pimpoes/Cimai		6:27.28			164
	50m:	39.61 39.61	150m:	2:14.36 48.65	250m:	3:54.96 50.90	350m:	5:36.04 50.26	
	100m:	1:25.71 46.10	200m:	3:04.06 49.70	300m:	4:45.78 50.82	400m:	6:27.28 51.24	
9.	Goncalo Nunes, MORAIS		12	Ba-Leiria		7:03.32			126
	50m:	46.39 46.39	150m:	2:36.99 55.17	250m:	4:28.40 55.34	350m:	6:16.73 53.98	
	100m:	1:41.82 55.43	200m:	3:33.06 56.07	300m:	5:22.75 54.35	400m:	7:03.32 46.59	
10.	Mihail, ONCIU		12	Ba-Leiria		7:03.36			126
	50m:	44.25 44.25	150m:	2:33.75 54.78	250m:	4:21.50 53.72	350m:	6:13.61 57.14	
	100m:	1:38.97 54.72	200m:	3:27.78 54.03	300m:	5:16.47 54.97	400m:	7:03.36 49.75	
DSQ	Afonso Mourao, MIRANDA		12	Ba-Leiria					
	<i>Falsa partida (SW 4.4)</i>								



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 2, Masc., 400m Livres

Prova 2 Masc., 400m Livres Infantil A Masc
19/10/2024 - 15:16 Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac INF A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014

Pontos: AQUA 2024

Lugar			Ano							Tempo final	Pts
1.	Vidar Albert, JUNG		11	Nautico Marinha Grande						4:57.38	363
	50m:	32.45 32.45	150m:	1:47.25	38.22	250m:	3:03.56	37.82	350m:	4:20.49	38.57
	100m:	1:09.03 36.58	200m:	2:25.74	38.49	300m:	3:41.92	38.36	400m:	4:57.38	36.89
2.	Pedro Pereira, OLIVEIRA		11	Nautico Marinha Grande						5:01.00	350
	50m:	33.78 33.78	150m:	1:49.83	38.52	250m:	3:06.82	39.20	350m:	4:24.59	38.78
	100m:	1:11.31 37.53	200m:	2:27.62	37.79	300m:	3:45.81	38.99	400m:	5:01.00	36.41
3.	Francisco Costa, VALENTIM		11	Óbidos						5:30.70	264
	50m:	35.20 35.20	200m:	2:40.45	1:25.03	400m:	5:30.70	1:24.14			
	100m:	1:15.42 40.22	300m:	4:06.56	1:26.11						
4.	Rodrigo Nicolau, RITA		11	Vieirense						5:40.14	242
	50m:	36.82 36.82	150m:	2:04.83	44.03	250m:	3:32.24	43.63	350m:	5:00.65	44.39
	100m:	1:20.80 43.98	200m:	2:48.61	43.78	300m:	4:16.26	44.02	400m:	5:40.14	39.49
5.	Dinis Morgado, FERREIRA		11	Ba-Leiria						5:45.69	231
	50m:	35.56 35.56	200m:	2:46.26	1:28.10	400m:	5:45.69	1:27.78			
	100m:	1:18.16 42.60	300m:	4:17.91	1:31.65						
6.	Diego Rodrigues, MENDES		11	Nautico Marinha Grande						5:52.28	218
	50m:	39.28 39.28	150m:	2:08.20	44.97	250m:	3:38.20	45.57	350m:	5:08.63	44.60
	100m:	1:23.23 43.95	200m:	2:52.63	44.43	300m:	4:24.03	45.83	400m:	5:52.28	43.65
7.	Bruno Garcia, MILITAO		11	Óbidos						5:54.64	214
	50m:	39.29 39.29	150m:	2:09.62	45.41	250m:	3:40.43	45.58	350m:	5:12.43	45.89
	100m:	1:24.21 44.92	200m:	2:54.85	45.23	300m:	4:26.54	46.11	400m:	5:54.64	42.21
8.	Simao Pedro, MARQUES		11	Uniao Juncalense						6:02.73	200
	50m:	40.45 40.45	150m:	2:12.50	46.04	250m:	3:44.61	46.95	350m:	5:18.00	46.78
	100m:	1:26.46 46.01	200m:	2:57.66	45.16	300m:	4:31.22	46.61	400m:	6:02.73	44.73
9.	Tomas Alves, ROCHA		11	Pimpoes/Cimai						6:09.44	189
	50m:	42.89 42.89	150m:	2:15.95	47.16	250m:	3:50.43	47.10	350m:	5:24.24	46.78
	100m:	1:28.79 45.90	200m:	3:03.33	47.38	300m:	4:37.46	47.03	400m:	6:09.44	45.20
10.	Joao Rodrigo, BREDA		11	Nautico Marinha Grande						6:13.68	183
	50m:	39.56 39.56	150m:	2:13.64	47.75	250m:	3:52.18	49.47	350m:	5:29.00	48.19
	100m:	1:25.89 46.33	200m:	3:02.71	49.07	300m:	4:40.81	48.63	400m:	6:13.68	44.68
11.	Diogo Demirel, FERREIRA		11	Ba-Leiria						6:44.57	144
	50m:	43.57 43.57	200m:	3:16.39	1:43.65	400m:	6:44.57	1:41.83			
	100m:	1:32.74 49.17	300m:	5:02.74	1:46.35						



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 2, Masc., 400m Livres

Prova 2 Masc., 400m Livres Juvenil B Masc
19/10/2024 - 15:16 Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac JUV B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15/01/2023

Pontos: AQUA 2024

Lugar			Ano							Tempo final	Pts
1.	Rodolfo Junior, ALECRIM		10	CNLeiria - VOID						4:16.64	565
	50m:	27.93 27.93	150m:	1:30.93	32.04	250m:	2:36.49	32.66	350m:	3:43.44	33.08
	100m:	58.89 30.96	200m:	2:03.83	32.90	300m:	3:10.36	33.87	400m:	4:16.64	33.20
2.	Guilherme Costa, REBELO		10	Pimpoes/Cimai						4:33.22	468
	50m:	31.11 31.11	150m:	1:40.62	35.17	250m:	2:49.49	34.00	350m:	3:59.38	34.45
	100m:	1:05.45 34.34	200m:	2:15.49	34.87	300m:	3:24.93	35.44	400m:	4:33.22	33.84
3.	Lucas Ferreira, GASPAR		10	Vieirense						4:37.68	446
	50m:	31.75 31.75	150m:	1:41.07	34.96	250m:	2:51.53	35.10	350m:	4:02.93	35.78
	100m:	1:06.11 34.36	200m:	2:16.43	35.36	300m:	3:27.15	35.62	400m:	4:37.68	34.75
4.	David Xavier, ALMEIDA		10	Ba-Leiria						4:42.28	425
	50m:	33.11 33.11	150m:	1:46.65	36.90	250m:	2:59.27	36.16	350m:	4:09.08	35.58
	100m:	1:09.75 36.64	200m:	2:23.11	36.46	300m:	3:33.50	34.23	400m:	4:42.28	33.20
5.	Joao Piteira, GAIOLAS		10	Nautico Marinha Grande						4:45.31	411
	50m:	32.58 32.58	150m:	1:45.23	36.77	250m:	2:58.16	36.48	350m:	4:10.61	36.22
	100m:	1:08.46 35.88	200m:	2:21.68	36.45	300m:	3:34.39	36.23	400m:	4:45.31	34.70
6.	Francisco Lourenco, PEDROSA		10	Nautico Marinha Grande						4:46.03	408
	50m:	32.72 32.72	150m:	1:42.46	33.46	250m:	2:58.80	36.67	350m:	4:10.93	36.32
	100m:	1:09.00 36.28	200m:	2:22.13	39.67	300m:	3:34.61	35.81	400m:	4:46.03	35.10
7.	Afonso Ferreira, REIS		10	Nautico Marinha Grande						4:48.43	398
	50m:	31.61 31.61	200m:	2:19.58	1:13.33	400m:	4:48.43	1:14.18			
	100m:	1:06.25 34.64	300m:	3:34.25	1:14.67						
8.	Brock Ammon, MERRELL		10	Naval de Peniche						4:59.46	356
	50m:	31.12 31.12	150m:	1:45.49	37.99	250m:	3:03.50	39.22	350m:	4:22.28	39.41
	100m:	1:07.50 36.38	200m:	2:24.28	38.79	300m:	3:42.87	39.37	400m:	4:59.46	37.18
9.	Tomas Marques, FRANCISCO		10	CNLeiria - VOID						5:08.57	325
	50m:	32.57 32.57	150m:	1:49.59	39.78	250m:	3:09.49	40.18	350m:	4:30.34	40.56
	100m:	1:09.81 37.24	200m:	2:29.31	39.72	300m:	3:49.78	40.29	400m:	5:08.57	38.23
10.	Simao Sousa, JESUS		10	Nautico Marinha Grande						5:13.65	309
	50m:	33.57 33.57	150m:	1:52.43	39.93	250m:	3:13.28	40.28	350m:	4:34.93	40.90
	100m:	1:12.50 38.93	200m:	2:33.00	40.57	300m:	3:54.03	40.75	400m:	5:13.65	38.72
11.	Santiago Neves, SILVA		10	Nucleo de Pombal						5:23.13	283
	50m:	34.93 34.93	150m:	1:55.18	40.64	250m:	3:18.53	41.91	350m:	4:43.24	41.87
	100m:	1:14.54 39.61	200m:	2:36.62	41.44	300m:	4:01.37	42.84	400m:	5:23.13	39.89
12.	Francisco Enes, ALVES		10	Ba-Leiria						6:21.66	171
	50m:	40.23 40.23	150m:	2:15.94	48.35	250m:	3:54.66	49.72	350m:	5:31.81	47.94
	100m:	1:27.59 47.36	200m:	3:04.94	49.00	300m:	4:43.87	49.21	400m:	6:21.66	49.85
DNS	Tomas Manuel, PALMEIRO		10	Nautico Marinha Grande							



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 2, Masc., 400m Livres

Prova 2 Masc., 400m Livres Juvenil A Masc
19/10/2024 - 15:16 Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac JUV A	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	17/12/2023

Pontos: AQUA 2024

Lugar			Ano							Tempo final	Pts
1.	Paulo, KOT		09	Nautico Marinha Grande						4:13.18	589
	50m:	28.56 28.56	150m:	1:31.25	31.61	250m:	2:35.78	32.35	350m:	3:40.43	32.18
	100m:	59.64 31.08	200m:	2:03.43	32.18	300m:	3:08.25	32.47	400m:	4:13.18	32.75
2.	Guilherme Meireles, MARRAZES		09	Nautico Marinha Grande						4:21.06	537
	50m:	29.38 29.38	150m:	1:33.91	32.57	250m:	2:41.28	34.15	350m:	3:48.88	33.50
	100m:	1:01.34 31.96	200m:	2:07.13	33.22	300m:	3:15.38	34.10	400m:	4:21.06	32.18
3.	Santiago Agostinho, PARREIRA		09	Pimpoes/Cimai						4:24.25	518
	50m:	29.63 29.63	200m:	2:10.25	1:08.83	400m:	4:24.25	1:04.69			
	100m:	1:01.42 31.79	300m:	3:19.56	1:09.31						
4.	Henrique Martins, JOAQUIM		09	CNLeiria - VOID						4:25.44	511
	50m:	29.32 29.32	150m:	1:35.27	33.25	250m:	2:43.49	33.85	350m:	3:52.79	34.29
	100m:	1:02.02 32.70	200m:	2:09.64	34.37	300m:	3:18.50	35.01	400m:	4:25.44	32.65
5.	David Ferrador, PEREIRA		09	CNLeiria - VOID						4:31.14	479
	50m:	29.39 29.39	150m:	1:36.28	34.17	250m:	2:46.28	35.00	350m:	3:57.36	35.40
	100m:	1:02.11 32.72	200m:	2:11.28	35.00	300m:	3:21.96	35.68	400m:	4:31.14	33.78
6.	Martim Alexandre, MESQUITA		09	Nautico Marinha Grande						4:34.92	460
	50m:	30.33 30.33	150m:	1:38.72	35.28	250m:	2:49.72	35.21	350m:	4:00.91	35.72
	100m:	1:03.44 33.11	200m:	2:14.51	35.79	300m:	3:25.19	35.47	400m:	4:34.92	34.01
7.	Xinyang, CHENG		09	Nautico Marinha Grande						4:39.31	438
	50m:	30.33 30.33	150m:	1:38.59	34.70	250m:	2:49.84	36.11	350m:	4:03.55	37.19
	100m:	1:03.89 33.56	200m:	2:13.73	35.14	300m:	3:26.36	36.52	400m:	4:39.31	35.76
8.	Pedro Fonseca, OLIVEIRA		09	Nautico Marinha Grande						4:51.43	386
	50m:	30.83 30.83	150m:	1:41.28	35.78	250m:	2:57.03	37.95	350m:	4:13.83	38.72
	100m:	1:05.50 34.67	200m:	2:19.08	37.80	300m:	3:35.11	38.08	400m:	4:51.43	37.60
9.	Hugo Miguel, SANTOS		09	Pimpoes/Cimai						4:56.12	368
	50m:	32.44 32.44	150m:	1:44.72	36.88	250m:	3:00.76	38.07	350m:	4:18.44	38.90
	100m:	1:07.84 35.40	200m:	2:22.69	37.97	300m:	3:39.54	38.78	400m:	4:56.12	37.68
10.	Vladyslav, BABUSHKIN		09	Nautico Marinha Grande						5:01.69	348
	50m:	32.59 32.59	150m:	1:48.06	38.15	250m:	3:04.94	38.52	350m:	4:23.31	39.10
	100m:	1:09.91 37.32	200m:	2:26.42	38.36	300m:	3:44.21	39.27	400m:	5:01.69	38.38
11.	Afonso Matos, CORREIA		09	Nucleo de Pombal						5:03.34	342
	50m:	31.63 31.63	150m:	1:45.82	37.92	250m:	3:04.59	39.31	350m:	4:24.96	39.96
	100m:	1:07.90 36.27	200m:	2:25.28	39.46	300m:	3:45.00	40.41	400m:	5:03.34	38.38
12.	Alexandre Afonso, SANTOS		09	Uniao Juncalense						5:49.40	224
	50m:	36.47 36.47	150m:	2:00.83	43.11	250m:	3:31.90	45.93	350m:	5:05.00	46.50
	100m:	1:17.72 41.25	200m:	2:45.97	45.14	300m:	4:18.50	46.60	400m:	5:49.40	44.40



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 2, Masc., 400m Livres

Prova 2	Masc., 400m Livres				Junior Masc
19/10/2024 - 15:16					Resultados
Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26/06/2004
Rec Nac 17	3:56.54	Rui Filipe, COSTA	VSC	Felgueiras	24/11/2007

Pontos: AQUA 2024

Lugar			Ano							Tempo final	Pts
1.	Francisco Marques, SIMOES		07	CNLeiria - VOID						4:10.66	607
	50m:	28.51 28.51	150m:	1:31.84	31.98	250m:	2:35.46	31.69	350m:	3:39.71	31.65
	100m:	59.86 31.35	200m:	2:03.77	31.93	300m:	3:08.06	32.60	400m:	4:10.66	30.95
2.	Afonso Dinis, ROQUE		07	CNLeiria - VOID						4:12.89	591
	50m:	29.24 29.24	200m:	2:02.81	1:02.24	400m:	4:12.89	1:03.82			
	100m:	1:00.57 31.33	300m:	3:09.07	1:06.26						
3.	Goncalo Pereira, COLACO		07	CNLeiria - VOID						4:19.71	545
	50m:	28.62 28.62	150m:	1:32.86	32.62	250m:	2:39.25	33.50	350m:	3:47.03	34.12
	100m:	1:00.24 31.62	200m:	2:05.75	32.89	300m:	3:12.91	33.66	400m:	4:19.71	32.68
4.	Mikhael, ONUTSKYY		08	Pimpoes/Cimai						4:20.03	543
	50m:	29.46 29.46	150m:	1:33.60	32.58	250m:	2:40.59	33.64	350m:	3:47.96	33.74
	100m:	1:01.02 31.56	200m:	2:06.95	33.35	300m:	3:14.22	33.63	400m:	4:20.03	32.07
5.	Joao Moura, FRANCISCO		07	CNLeiria - VOID						4:29.60	487
	50m:	28.30 28.30	150m:	1:33.90	33.50	250m:	2:43.05	34.83	350m:	3:53.57	35.24
	100m:	1:00.40 32.10	200m:	2:08.22	34.32	300m:	3:18.33	35.28	400m:	4:29.60	36.03
6.	Jose Januario, MARQUES		07	Pimpoes/Cimai						4:38.61	442
	50m:	30.22 30.22	150m:	1:39.15	35.22	250m:	2:50.83	36.40	350m:	4:03.58	36.22
	100m:	1:03.93 33.71	200m:	2:14.43	35.28	300m:	3:27.36	36.53	400m:	4:38.61	35.03
7.	Daniel Gomes, SANTOS		08	Nautico Marinha Grande						4:42.38	424
	50m:	30.28 30.28	150m:	1:39.41	35.10	250m:	2:52.31	36.83	350m:	4:07.63	37.60
	100m:	1:04.31 34.03	200m:	2:15.48	36.07	300m:	3:30.03	37.72	400m:	4:42.38	34.75
8.	Lucas Silva, SANTOS		07	Pimpoes/Cimai						4:55.40	370
	50m:	30.53 30.53	150m:	1:42.57	36.82	250m:	2:59.50	38.82	350m:	4:17.65	39.00
	100m:	1:05.75 35.22	200m:	2:20.68	38.11	300m:	3:38.65	39.15	400m:	4:55.40	37.75
9.	Diogo Barata, ALVES		08	Nautico Marinha Grande						5:01.21	349
	50m:	32.80 32.80	150m:	1:47.16	37.48	250m:	3:04.42	38.83	350m:	4:22.99	39.44
	100m:	1:09.68 36.88	200m:	2:25.59	38.43	300m:	3:43.55	39.13	400m:	5:01.21	38.22

Prova 2	Masc., 400m Livres				Senior Masc
19/10/2024 - 15:16					Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac SEN	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021

Pontos: AQUA 2024

Lugar			Ano							Tempo final	Pts
1.	David Ferreira, RELVAS		03	Nautico Marinha Grande						4:12.99	590
	50m:	28.54 28.54	150m:	1:31.63	31.80	250m:	2:35.70	32.19	350m:	3:41.12	33.09
	100m:	59.83 31.29	200m:	2:03.51	31.88	300m:	3:08.03	32.33	400m:	4:12.99	31.87
2.	Joao Miguel, SANTOS		81	CNLeiria - VOID						4:37.86	445
	50m:	29.72 29.72	150m:	1:38.37	35.03	250m:	2:50.35	36.43	350m:	4:03.21	36.40
	100m:	1:03.34 33.62	200m:	2:13.92	35.55	300m:	3:26.81	36.46	400m:	4:37.86	34.65
3.	Joao Paulo, RIBEIRO		92	CNLeiria - VOID						4:41.34	429
	50m:	30.22 30.22	150m:	1:38.78	35.08	250m:	2:50.76	36.01	350m:	4:04.53	36.79
	100m:	1:03.70 33.48	200m:	2:14.75	35.97	300m:	3:27.74	36.98	400m:	4:41.34	36.81



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 2, Masc., 400m Livres, Senior Masc

Lugar	Ano	Tempo final	Pts
4. Sebastian Fabricio, VILLACIS	01 CNLeiria - VOID	4:46.93	404
50m: 30.69 30.69	150m: 1:40.65 35.62	250m: 2:53.44 36.82	350m: 4:09.76 38.11
100m: 1:05.03 34.34	200m: 2:16.62 35.97	300m: 3:31.65 38.21	400m: 4:46.93 37.17
5. Andre Pedro, FERREIRA	06 Nucleo de Pombal	5:37.83	247
50m: 33.75 33.75	150m: 1:50.87 39.32	250m: 3:19.50 45.23	350m: 4:52.81 46.85
100m: 1:11.55 37.80	200m: 2:34.27 43.40	300m: 4:05.96 46.46	400m: 5:37.83 45.02
DNS Romao Noronha, BRAZ	04 Clube Natação de Lisboa		

Prova 2 Masc., 400m Livres ABSOLUTOS MASC
19/10/2024 - 15:16 Resultados

Rec Nac Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac SEN	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Rec Nac 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26/06/2004
Rec Nac 17	3:56.54	Rui Filipe, COSTA	VSC	Felgueiras	24/11/2007
Rec Nac JUV A	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	17/12/2023
Rec Nac JUV B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15/01/2023
Rec Nac INF A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014
Rec Nac INF B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04/04/2003

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Francisco Marques, SIMOES	07 CNLeiria - VOID	4:10.66	607
50m: 28.51 28.51	150m: 1:31.84 31.98	250m: 2:35.46 31.69	350m: 3:39.71 31.65
100m: 59.86 31.35	200m: 2:03.77 31.93	300m: 3:08.06 32.60	400m: 4:10.66 30.95
2. Afonso Dinis, ROQUE	07 CNLeiria - VOID	4:12.89	591
50m: 29.24 29.24	200m: 2:02.81 1:02.24	400m: 4:12.89 1:03.82	
100m: 1:00.57 31.33	300m: 3:09.07 1:06.26		
3. David Ferreira, RELVAS	03 Nautico Marinha Grande	4:12.99	590
50m: 28.54 28.54	150m: 1:31.63 31.80	250m: 2:35.70 32.19	350m: 3:41.12 33.09
100m: 59.83 31.29	200m: 2:03.51 31.88	300m: 3:08.03 32.33	400m: 4:12.99 31.87
4. Paulo, KOT	09 Nautico Marinha Grande	4:13.18	589
50m: 28.56 28.56	150m: 1:31.25 31.61	250m: 2:35.78 32.35	350m: 3:40.43 32.18
100m: 59.64 31.08	200m: 2:03.43 32.18	300m: 3:08.25 32.47	400m: 4:13.18 32.75
5. Rodolfo Junior, ALECRIM	10 CNLeiria - VOID	4:16.64	565
50m: 27.93 27.93	150m: 1:30.93 32.04	250m: 2:36.49 32.66	350m: 3:43.44 33.08
100m: 58.89 30.96	200m: 2:03.83 32.90	300m: 3:10.36 33.87	400m: 4:16.64 33.20
6. Goncalo Pereira, COLACO	07 CNLeiria - VOID	4:19.71	545
50m: 28.62 28.62	150m: 1:32.86 32.62	250m: 2:39.25 33.50	350m: 3:47.03 34.12
100m: 1:00.24 31.62	200m: 2:05.75 32.89	300m: 3:12.91 33.66	400m: 4:19.71 32.68
7. Mikhael, ONUTSKYY	08 Pimpoes/Cimai	4:20.03	543
50m: 29.46 29.46	150m: 1:33.60 32.58	250m: 2:40.59 33.64	350m: 3:47.96 33.74
100m: 1:01.02 31.56	200m: 2:06.95 33.35	300m: 3:14.22 33.63	400m: 4:20.03 32.07
8. Guilherme Meireles, MARRAZES	09 Nautico Marinha Grande	4:21.06	537
50m: 29.38 29.38	150m: 1:33.91 32.57	250m: 2:41.28 34.15	350m: 3:48.88 33.50
100m: 1:01.34 31.96	200m: 2:07.13 33.22	300m: 3:15.38 34.10	400m: 4:21.06 32.18
9. Santiago Agostinho, PARREIRA	09 Pimpoes/Cimai	4:24.25	518
50m: 29.63 29.63	200m: 2:10.25 1:08.83	400m: 4:24.25 1:04.69	
100m: 1:01.42 31.79	300m: 3:19.56 1:09.31		
10. Henrique Martins, JOAQUIM	09 CNLeiria - VOID	4:25.44	511
50m: 29.32 29.32	150m: 1:35.27 33.25	250m: 2:43.49 33.85	350m: 3:52.79 34.29
100m: 1:02.02 32.70	200m: 2:09.64 34.37	300m: 3:18.50 35.01	400m: 4:25.44 32.65



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 2, Masc., 400m Livres, ABSOLUTOS MASC

Lugar	Ano	Tempo final	Pts
11. Joao Moura, FRANCISCO	07 CNLeiria - VOID	4:29.60	487
50m: 28.30 28.30	150m: 1:33.90 33.50	250m: 2:43.05 34.83	350m: 3:53.57 35.24
100m: 1:00.40 32.10	200m: 2:08.22 34.32	300m: 3:18.33 35.28	400m: 4:29.60 36.03
12. David Ferrador, PEREIRA	09 CNLeiria - VOID	4:31.14	479
50m: 29.39 29.39	150m: 1:36.28 34.17	250m: 2:46.28 35.00	350m: 3:57.36 35.40
100m: 1:02.11 32.72	200m: 2:11.28 35.00	300m: 3:21.96 35.68	400m: 4:31.14 33.78
13. Guilherme Costa, REBELO	10 Pimpoes/Cimai	4:33.22	468
50m: 31.11 31.11	150m: 1:40.62 35.17	250m: 2:49.49 34.00	350m: 3:59.38 34.45
100m: 1:05.45 34.34	200m: 2:15.49 34.87	300m: 3:24.93 35.44	400m: 4:33.22 33.84
14. Martim Alexandre, MESQUITA	09 Nautico Marinha Grande	4:34.92	460
50m: 30.33 30.33	150m: 1:38.72 35.28	250m: 2:49.72 35.21	350m: 4:00.91 35.72
100m: 1:03.44 33.11	200m: 2:14.51 35.79	300m: 3:25.19 35.47	400m: 4:34.92 34.01
15. Lucas Ferreira, GASPAR	10 Vieirense	4:37.68	446
50m: 31.75 31.75	150m: 1:41.07 34.96	250m: 2:51.53 35.10	350m: 4:02.93 35.78
100m: 1:06.11 34.36	200m: 2:16.43 35.36	300m: 3:27.15 35.62	400m: 4:37.68 34.75
16. Joao Miguel, SANTOS	81 CNLeiria - VOID	4:37.86	445
50m: 29.72 29.72	150m: 1:38.37 35.03	250m: 2:50.35 36.43	350m: 4:03.21 36.40
100m: 1:03.34 33.62	200m: 2:13.92 35.55	300m: 3:26.81 36.46	400m: 4:37.86 34.65
17. Jose Januario, MARQUES	07 Pimpoes/Cimai	4:38.61	442
50m: 30.22 30.22	150m: 1:39.15 35.22	250m: 2:50.83 36.40	350m: 4:03.58 36.22
100m: 1:03.93 33.71	200m: 2:14.43 35.28	300m: 3:27.36 36.53	400m: 4:38.61 35.03
18. Xinyang, CHENG	09 Nautico Marinha Grande	4:39.31	438
50m: 30.33 30.33	150m: 1:38.59 34.70	250m: 2:49.84 36.11	350m: 4:03.55 37.19
100m: 1:03.89 33.56	200m: 2:13.73 35.14	300m: 3:26.36 36.52	400m: 4:39.31 35.76
19. Joao Paulo, RIBEIRO	92 CNLeiria - VOID	4:41.34	429
50m: 30.22 30.22	150m: 1:38.78 35.08	250m: 2:50.76 36.01	350m: 4:04.53 36.79
100m: 1:03.70 33.48	200m: 2:14.75 35.97	300m: 3:27.74 36.98	400m: 4:41.34 36.81
20. David Xavier, ALMEIDA	10 Ba-Leiria	4:42.28	425
50m: 33.11 33.11	150m: 1:46.65 36.90	250m: 2:59.27 36.16	350m: 4:09.08 35.58
100m: 1:09.75 36.64	200m: 2:23.11 36.46	300m: 3:33.50 34.23	400m: 4:42.28 33.20
21. Daniel Gomes, SANTOS	08 Nautico Marinha Grande	4:42.38	424
50m: 30.28 30.28	150m: 1:39.41 35.10	250m: 2:52.31 36.83	350m: 4:07.63 37.60
100m: 1:04.31 34.03	200m: 2:15.48 36.07	300m: 3:30.03 37.72	400m: 4:42.38 34.75
22. Joao Piteira, GAIOLAS	10 Nautico Marinha Grande	4:45.31	411
50m: 32.58 32.58	150m: 1:45.23 36.77	250m: 2:58.16 36.48	350m: 4:10.61 36.22
100m: 1:08.46 35.88	200m: 2:21.68 36.45	300m: 3:34.39 36.23	400m: 4:45.31 34.70
23. Francisco Lourenco, PEDROSA	10 Nautico Marinha Grande	4:46.03	408
50m: 32.72 32.72	150m: 1:42.46 33.46	250m: 2:58.80 36.67	350m: 4:10.93 36.32
100m: 1:09.00 36.28	200m: 2:22.13 39.67	300m: 3:34.61 35.81	400m: 4:46.03 35.10
24. Sebastian Fabricio, VILLACIS	01 CNLeiria - VOID	4:46.93	404
50m: 30.69 30.69	150m: 1:40.65 35.62	250m: 2:53.44 36.82	350m: 4:09.76 38.11
100m: 1:05.03 34.34	200m: 2:16.62 35.97	300m: 3:31.65 38.21	400m: 4:46.93 37.17
25. Afonso Ferreira, REIS	10 Nautico Marinha Grande	4:48.43	398
50m: 31.61 31.61	200m: 2:19.58 1:13.33	400m: 4:48.43 1:14.18	
100m: 1:06.25 34.64	300m: 3:34.25 1:14.67		
26. Pedro Fonseca, OLIVEIRA	09 Nautico Marinha Grande	4:51.43	386
50m: 30.83 30.83	150m: 1:41.28 35.78	250m: 2:57.03 37.95	350m: 4:13.83 38.72
100m: 1:05.50 34.67	200m: 2:19.08 37.80	300m: 3:35.11 38.08	400m: 4:51.43 37.60



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 2, Masc., 400m Livres, ABSOLUTOS MASC

Lugar	Ano	Tempo final	Pts
27. Lucas Silva, SANTOS	07 Pimpoes/Cimai	4:55.40	370
50m: 30.53 30.53	150m: 1:42.57 36.82	250m: 2:59.50 38.82	350m: 4:17.65 39.00
100m: 1:05.75 35.22	200m: 2:20.68 38.11	300m: 3:38.65 39.15	400m: 4:55.40 37.75
28. Hugo Miguel, SANTOS	09 Pimpoes/Cimai	4:56.12	368
50m: 32.44 32.44	150m: 1:44.72 36.88	250m: 3:00.76 38.07	350m: 4:18.44 38.90
100m: 1:07.84 35.40	200m: 2:22.69 37.97	300m: 3:39.54 38.78	400m: 4:56.12 37.68
29. Vidar Albert, JUNG	11 Nautico Marinha Grande	4:57.38	363
50m: 32.45 32.45	150m: 1:47.25 38.22	250m: 3:03.56 37.82	350m: 4:20.49 38.57
100m: 1:09.03 36.58	200m: 2:25.74 38.49	300m: 3:41.92 38.36	400m: 4:57.38 36.89
30. Brock Ammon, MERRELL	10 Naval de Peniche	4:59.46	356
50m: 31.12 31.12	150m: 1:45.49 37.99	250m: 3:03.50 39.22	350m: 4:22.28 39.41
100m: 1:07.50 36.38	200m: 2:24.28 38.79	300m: 3:42.87 39.37	400m: 4:59.46 37.18
31. Pedro Pereira, OLIVEIRA	11 Nautico Marinha Grande	5:01.00	350
50m: 33.78 33.78	150m: 1:49.83 38.52	250m: 3:06.82 39.20	350m: 4:24.59 38.78
100m: 1:11.31 37.53	200m: 2:27.62 37.79	300m: 3:45.81 38.99	400m: 5:01.00 36.41
32. Diogo Barata, ALVES	08 Nautico Marinha Grande	5:01.21	349
50m: 32.80 32.80	150m: 1:47.16 37.48	250m: 3:04.42 38.83	350m: 4:22.99 39.44
100m: 1:09.68 36.88	200m: 2:25.59 38.43	300m: 3:43.55 39.13	400m: 5:01.21 38.22
33. Vladyslav, BABUSHKIN	09 Nautico Marinha Grande	5:01.69	348
50m: 32.59 32.59	150m: 1:48.06 38.15	250m: 3:04.94 38.52	350m: 4:23.31 39.10
100m: 1:09.91 37.32	200m: 2:26.42 38.36	300m: 3:44.21 39.27	400m: 5:01.69 38.38
34. Afonso Matos, CORREIA	09 Nucleo de Pombal	5:03.34	342
50m: 31.63 31.63	150m: 1:45.82 37.92	250m: 3:04.59 39.31	350m: 4:24.96 39.96
100m: 1:07.90 36.27	200m: 2:25.28 39.46	300m: 3:45.00 40.41	400m: 5:03.34 38.38
35. Tomas Marques, FRANCISCO	10 CNLeiria - VOID	5:08.57	325
50m: 32.57 32.57	150m: 1:49.59 39.78	250m: 3:09.49 40.18	350m: 4:30.34 40.56
100m: 1:09.81 37.24	200m: 2:29.31 39.72	300m: 3:49.78 40.29	400m: 5:08.57 38.23
36. Simao Sousa, JESUS	10 Nautico Marinha Grande	5:13.65	309
50m: 33.57 33.57	150m: 1:52.43 39.93	250m: 3:13.28 40.28	350m: 4:34.93 40.90
100m: 1:12.50 38.93	200m: 2:33.00 40.57	300m: 3:54.03 40.75	400m: 5:13.65 38.72
37. Santiago Neves, SILVA	10 Nucleo de Pombal	5:23.13	283
50m: 34.93 34.93	150m: 1:55.18 40.64	250m: 3:18.53 41.91	350m: 4:43.24 41.87
100m: 1:14.54 39.61	200m: 2:36.62 41.44	300m: 4:01.37 42.84	400m: 5:23.13 39.89
38. Francisco Costa, VALENTIM	11 Óbidos	5:30.70	264
50m: 35.20 35.20	200m: 2:40.45 1:25.03	400m: 5:30.70 1:24.14	
100m: 1:15.42 40.22	300m: 4:06.56 1:26.11		
39. Sebastian, PACHECO	12 Naval de Peniche	5:31.41	262
50m: 35.06 35.06	150m: 1:59.45 43.11	250m: 3:24.56 42.60	350m: 4:50.90 42.82
100m: 1:16.34 41.28	200m: 2:41.96 42.51	300m: 4:08.08 43.52	400m: 5:31.41 40.51
40. Andre Pedro, FERREIRA	06 Nucleo de Pombal	5:37.83	247
50m: 33.75 33.75	150m: 1:50.87 39.32	250m: 3:19.50 45.23	350m: 4:52.81 46.85
100m: 1:11.55 37.80	200m: 2:34.27 43.40	300m: 4:05.96 46.46	400m: 5:37.83 45.02
41. Rodrigo Nicolau, RITA	11 Vieirense	5:40.14	242
50m: 36.82 36.82	150m: 2:04.83 44.03	250m: 3:32.24 43.63	350m: 5:00.65 44.39
100m: 1:20.80 43.98	200m: 2:48.61 43.78	300m: 4:16.26 44.02	400m: 5:40.14 39.49
42. Martim Piedade, SANTOS	12 Pimpoes/Cimai	5:41.75	239
50m: 37.06 37.06	150m: 2:04.95 44.61	250m: 3:33.45 45.38	350m: 5:03.50 44.53
100m: 1:20.34 43.28	200m: 2:48.07 43.12	300m: 4:18.97 45.52	400m: 5:41.75 38.25



Torneio de Abertura de Categorias
Óbidos, 19 - 20/10/2024

Prova 2, Masc., 400m Livres, ABSOLUTOS MASC

Lugar	Ano	Tempo final	Pts
43. Dinis Morgado, FERREIRA	11 Ba-Leiria	5:45.69	231
50m: 35.56 35.56	200m: 2:46.26 1:28.10	400m: 5:45.69 1:27.78	
100m: 1:18.16 42.60	300m: 4:17.91 1:31.65		
44. Alexandre Afonso, SANTOS	09 Uniao Juncalense	5:49.40	224
50m: 36.47 36.47	150m: 2:00.83 43.11	250m: 3:31.90 45.93	350m: 5:05.00 46.50
100m: 1:17.72 41.25	200m: 2:45.97 45.14	300m: 4:18.50 46.60	400m: 5:49.40 44.40
45. Diego Rodrigues, MENDES	11 Nautico Marinha Grande	5:52.28	218
50m: 39.28 39.28	150m: 2:08.20 44.97	250m: 3:38.20 45.57	350m: 5:08.63 44.60
100m: 1:23.23 43.95	200m: 2:52.63 44.43	300m: 4:24.03 45.83	400m: 5:52.28 43.65
46. Eduardo Manuel, FERREIRA	12 Nucleo de Pombal	5:54.48	214
50m: 36.25 36.25	150m: 2:06.05 45.35	250m: 3:39.69 46.35	350m: 5:13.09 46.75
100m: 1:20.70 44.45	200m: 2:53.34 47.29	300m: 4:26.34 46.65	400m: 5:54.48 41.39
47. Bruno Garcia, MILITAO	11 Óbidos	5:54.64	214
50m: 39.29 39.29	150m: 2:09.62 45.41	250m: 3:40.43 45.58	350m: 5:12.43 45.89
100m: 1:24.21 44.92	200m: 2:54.85 45.23	300m: 4:26.54 46.11	400m: 5:54.64 42.21
48. Gabriel Sousa, GOMES	12 Óbidos	5:59.98	204
50m: 41.66 41.66	200m: 2:58.44 1:31.25	400m: 5:59.98 1:29.07	
100m: 1:27.19 45.53	300m: 4:30.91 1:32.47		
49. Simao Pedro, MARQUES	11 Uniao Juncalense	6:02.73	200
50m: 40.45 40.45	150m: 2:12.50 46.04	250m: 3:44.61 46.95	350m: 5:18.00 46.78
100m: 1:26.46 46.01	200m: 2:57.66 45.16	300m: 4:31.22 46.61	400m: 6:02.73 44.73
50. Roberto Bento, CANAS	12 Pimpoes/Cimai	6:06.62	194
50m: 38.58 38.58	150m: 2:11.73 47.70	250m: 3:47.77 49.03	350m: 5:22.54 47.84
100m: 1:24.03 45.45	200m: 2:58.74 47.01	300m: 4:34.70 46.93	400m: 6:06.62 44.08
51. Tomas Alves, ROCHA	11 Pimpoes/Cimai	6:09.44	189
50m: 42.89 42.89	150m: 2:15.95 47.16	250m: 3:50.43 47.10	350m: 5:24.24 46.78
100m: 1:28.79 45.90	200m: 3:03.33 47.38	300m: 4:37.46 47.03	400m: 6:09.44 45.20
52. Joao Rodrigo, BREDÁ	11 Nautico Marinha Grande	6:13.68	183
50m: 39.56 39.56	150m: 2:13.64 47.75	250m: 3:52.18 49.47	350m: 5:29.00 48.19
100m: 1:25.89 46.33	200m: 3:02.71 49.07	300m: 4:40.81 48.63	400m: 6:13.68 44.68
53. Joao Maria, TEMPERO	12 Pimpoes/Cimai	6:17.67	177
50m: 42.89 42.89	150m: 2:17.31 47.97	250m: 3:55.96 49.04	350m: 5:32.34 47.42
100m: 1:29.34 46.45	200m: 3:06.92 49.61	300m: 4:44.92 48.96	400m: 6:17.67 45.33
54. Francisco Enes, ALVES	10 Ba-Leiria	6:21.66	171
50m: 40.23 40.23	150m: 2:15.94 48.35	250m: 3:54.66 49.72	350m: 5:31.81 47.94
100m: 1:27.59 47.36	200m: 3:04.94 49.00	300m: 4:43.87 49.21	400m: 6:21.66 49.85
55. Joao Pedro, BELO	12 Nautico Marinha Grande	6:23.40	169
50m: 44.86 44.86	150m: 2:22.75 49.75	250m: 4:03.40 50.43	350m: 5:38.00 47.07
100m: 1:33.00 48.14	200m: 3:12.97 50.22	300m: 4:50.93 47.53	400m: 6:23.40 45.40
56. Tikhon, SKRIPLCIN	12 Pimpoes/Cimai	6:27.28	164
50m: 39.61 39.61	150m: 2:14.36 48.65	250m: 3:54.96 50.90	350m: 5:36.04 50.26
100m: 1:25.71 46.10	200m: 3:04.06 49.70	300m: 4:45.78 50.82	400m: 6:27.28 51.24
57. Diogo Demirel, FERREIRA	11 Ba-Leiria	6:44.57	144
50m: 43.57 43.57	200m: 3:16.39 1:43.65	400m: 6:44.57 1:41.83	
100m: 1:32.74 49.17	300m: 5:02.74 1:46.35		
58. Goncalo Nunes, MORAIS	12 Ba-Leiria	7:03.32	126
50m: 46.39 46.39	150m: 2:36.99 55.17	250m: 4:28.40 55.34	350m: 6:16.73 53.98
100m: 1:41.82 55.43	200m: 3:33.06 56.07	300m: 5:22.75 54.35	400m: 7:03.32 46.59



Torneio de Abertura de Categorias
 bidos, 19 - 20/10/2024

Prova 2, Masc., 400m Livres, ABSOLUTOS MASC

Lugar	Ano	Tempo final	Pts
59. Mihail, ONCIU	12 Ba-Leiria	7:03.36	126
50m: 44.25 44.25	150m: 2:33.75 54.78	250m: 4:21.50 53.72	350m: 6:13.61 57.14
100m: 1:38.97 54.72	200m: 3:27.78 54.03	300m: 5:16.47 54.97	400m: 7:03.36 49.75
DSQ Afonso Mourao, MIRANDA <i>Falsa partida (SW 4.4)</i>	12 Ba-Leiria		
DNS Tomas Manuel, PALMEIRO	10 Nautico Marinha Grande		
DNS Romao Noronha, BRAZ	04 Clube Nata�o de Lisboa		