



Torneio de Abertura de Categorias  
Óbidos, 19 - 20/10/2024

Prova 16 Femin., 200m Livres Infantil B Fem  
20/10/2024 - 11:46 Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac INF B	2:11.27	Carolina Miranda, FERNANDES	CGA	Mealhada	25/03/2017

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Maria Luisa, CASTILLO	13 Nautico Marinha Grande	2:57.78	238
50m: 40.71 40.71	100m: 1:26.74 46.03	150m: 2:14.00 47.26	200m: 2:57.78 43.78
2. Leonor Pinto, ROSARIO	13 Nautico Marinha Grande	3:02.14	222
50m: 39.28 39.28	100m: 1:27.50 48.22	150m: 2:15.73 48.23	200m: 3:02.14 46.41
3. Lara Sofia, MARCELINO	13 Vieirense	3:03.93	215
50m: 42.28 42.28	100m: 1:30.09 47.81	150m: 2:18.09 48.00	200m: 3:03.93 45.84
4. Emma Henriques, SOUTO	13 Óbidos	3:06.99	205
50m: 42.39 42.39	100m: 1:30.57 48.18	150m: 2:20.39 49.82	200m: 3:06.99 46.60
5. Victoria Cerqueira, SOBREIRO	13 Pimpoes/Cimai	3:12.59	187
50m: 44.15 44.15	100m: 1:33.14 48.99	150m: 2:23.55 50.41	200m: 3:12.59 49.04
6. Laura Silva, MARTINS	13 Ba-Leiria	3:13.93	184
50m: 43.03 43.03	100m: 1:32.46 49.43	150m: 2:22.96 50.50	200m: 3:13.93 50.97
7. Mafalda Amado, QUARESMA	13 Pimpoes/Cimai	3:19.83	168
50m: 45.47 45.47	100m: 1:36.44 50.97	150m: 2:29.97 53.53	200m: 3:19.83 49.86
8. Avron Dawn, SANTOS	13 Vieirense	3:21.61	163
50m: 46.61 46.61	100m: 1:40.46 53.85	150m: 2:33.18 52.72	200m: 3:21.61 48.43
9. Elisa Rodrigues, SIMOES	13 Benedita	3:23.02	160
50m: 40.56 40.56	100m: 1:39.06 58.50	150m: 2:33.37 54.31	200m: 3:23.02 49.65
10. Violeta Neves, SILVA	13 Nucleo de Pombal	3:27.64	149
50m: 46.24 46.24	100m: 1:40.60 54.36	150m: 2:35.69 55.09	200m: 3:27.64 51.95
11. Catarina Franco, RODRIGUES	13 Naval de Peniche	3:30.36	144
50m: 46.59 46.59	100m: 1:41.64 55.05	150m: 2:38.96 57.32	200m: 3:30.36 51.40
12. Ines Barreto, CALDEIREIRO	13 Vieirense	3:33.10	138
50m: 44.78 44.78	100m: 1:41.11 56.33	150m: 2:39.03 57.92	200m: 3:33.10 54.07
13. Carminho Jose, LOPES	13 Benedita	3:33.52	137
50m: 47.35 47.35	100m: 1:42.32 54.97	150m: 2:38.60 56.28	200m: 3:33.52 54.92
14. Ana Sofia, SILVA	13 Naval de Peniche	3:34.31	136
50m: 46.31 46.31	100m: 1:42.16 55.85	150m: 2:41.16 59.00	200m: 3:34.31 53.15
15. Erica Maria, FORTUNATO	13 Ba-Leiria	3:35.96	133
50m: 50.24 50.24	100m: 1:46.66 56.42	150m: 2:44.80 58.14	200m: 3:35.96 51.16
16. Mariana Santos, VALENTIM	13 Pimpoes/Cimai	3:43.34	120
50m: 48.96 48.96	100m: 1:47.40 58.44	150m: 2:49.02 1:01.62	200m: 3:43.34 54.32
17. Matilde Mamede, CECILIO	13 Naval de Peniche	3:47.31	114
50m: 49.29 49.29	100m: 1:49.44 1:00.15	150m: 2:49.89 1:00.45	200m: 3:47.31 57.42
18. Nuria Rocha, BOTAS	13 Vieirense	3:50.68	109
50m: 52.13 52.13	100m: 1:51.41 59.28	150m: 2:52.63 1:01.22	200m: 3:50.68 58.05
19. Catarina Faustino, DIAS	13 Naval de Peniche	3:50.76	109
50m: 50.27 50.27	100m: 1:52.90 1:02.63	150m: 2:55.80 1:02.90	200m: 3:50.76 54.96
20. Eduarda Antunes, BUGALHAO	13 Ba-Leiria	4:05.69	90
50m: 51.98 51.98	100m: 1:54.89 1:02.91	150m: 3:01.86 1:06.97	200m: 4:05.69 1:03.83
DNS Iris Sousa, BOITA	13 Benedita		



Torneio de Abertura de Categorias  
Óbidos, 19 - 20/10/2024

Prova 16, Femin., 200m Livres, Infantil B Fem

Lugar	Ano	Tempo final	Pts
DNS Laura Seco, GIL	13 Vieirense		

Prova 16 Femin., 200m Livres Infantil A Fem  
20/10/2024 - 11:46 Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac INF A	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	09/03/2018

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Emiliana Arruda, SARAIVA	12 Vieirense	2:36.03	353
50m: 35.03 35.03	100m: 1:16.52 41.49	150m: 1:58.97 42.45	200m: 2:36.03 37.06
2. Luna Francisco, PEREIRA	12 Nucleo de Pombal	2:42.53	312
50m: 37.25 37.25	100m: 1:19.47 42.22	150m: 2:00.81 41.34	200m: 2:42.53 41.72
3. Safira Pedro, FONSECA	12 Vieirense	2:45.81	294
50m: 38.45 38.45	100m: 1:21.94 43.49	150m: 2:04.78 42.84	200m: 2:45.81 41.03
4. Beatriz Julio, CORREIA	12 CNLeiria - VOID	2:46.64	290
50m: 37.67 37.67	100m: 1:21.42 43.75	150m: 2:05.27 43.85	200m: 2:46.64 41.37
5. Yaroslava, TABUNSCHYK	12 CNLeiria - VOID	2:50.25	272
50m: 38.90 38.90	100m: 1:22.25 43.35	150m: 2:06.75 44.50	200m: 2:50.25 43.50
6. Maria Ines, GOMES	12 Nucleo de Pombal	2:57.84	238
50m: 39.93 39.93	100m: 1:24.96 45.03	150m: 2:12.40 47.44	200m: 2:57.84 45.44
7. Valeria, MORITS	12 Nautico Marinha Grande	2:58.54	235
50m: 39.78 39.78	100m: 1:23.53 43.75	150m: 2:10.03 46.50	200m: 2:58.54 48.51
8. Iara Maria, CAMACHO	12 Pimpoes/Cimai	2:59.58	231
50m: 40.78 40.78	100m: 1:27.65 46.87	150m: 2:15.75 48.10	200m: 2:59.58 43.83
9. Maria Leonor, FERREIRA	12 Óbidos	3:10.94	192
50m: 42.66 42.66	100m: 1:32.34 49.68	150m: 2:22.91 50.57	200m: 3:10.94 48.03
10. Jessica Garcia, FERREIRA	12 Óbidos	3:13.95	183
50m: 44.10 44.10	100m: 1:34.35 50.25	150m: 2:24.87 50.52	200m: 3:13.95 49.08
DNS Emma Maria, AVRAMESCU	12 Nautico Marinha Grande		

Prova 16 Femin., 200m Livres Juvenil B Fem  
20/10/2024 - 11:46 Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac JUV B	2:04.38	Camila Rodrigues, REBELO	SANC	Coimbra	25/06/2017

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Leonor Mota, ALVES	11 Nautico Marinha Grande	2:23.79	451
50m: 34.22 34.22	100m: 1:11.26 37.04	150m: 1:48.37 37.11	200m: 2:23.79 35.42
2. Carolina Silva, CASTANHEIRA	11 CNLeiria - VOID	2:28.68	408
50m: 34.30 34.30	100m: 1:12.36 38.06	150m: 1:51.18 38.82	200m: 2:28.68 37.50
3. Carlota Sa, SANTOS	11 Nucleo de Pombal	2:29.59	400
50m: 35.50 35.50	100m: 1:13.06 37.56	150m: 1:51.91 38.85	200m: 2:29.59 37.68
4. Beatriz Marques, GASPAR	11 Nautico Marinha Grande	2:37.78	341
50m: 35.31 35.31	100m: 1:17.36 42.05	150m: 1:58.96 41.60	200m: 2:37.78 38.82
5. Margarida Soares, MAIA	11 Nautico Marinha Grande	2:41.61	318
50m: 36.84 36.84	100m: 1:18.43 41.59	150m: 2:01.40 42.97	200m: 2:41.61 40.21



Torneio de Abertura de Categorias  
Óbidos, 19 - 20/10/2024

Prova 16, Femin., 200m Livres, Juvenil B Fem

Lugar	Ano	Tempo final	Pts
6. Maria Santos, FONSECA 50m: 37.62 37.62 100m: 1:19.37	11 CNLeiria - VOID	2:44.90	299
7. Isabela Maria, CARREIRA 50m: 38.79 38.79 100m: 1:22.50	11 Uniao Juncalense	2:52.22	262
8. Erica Felix, RODRIGUES 50m: 38.79 38.79 100m: 1:22.72	11 Uniao Juncalense	2:54.25	253
9. Kelly Simao, COSTA 50m: 40.15 40.15 100m: 1:25.75	11 Óbidos	2:58.90	234
10. Matilde Vitorino, FERREIRA 50m: 40.59 40.59 100m: 1:27.32	11 Naval de Peniche	2:59.68	231
11. Beatriz Morgado, SILVA 50m: 44.75 44.75 100m: 1:32.18	11 Benedita	3:05.36	210
12. Diana Morais, CARLOS 50m: 41.72 41.72 100m: 1:30.53	11 Pimpoes/Cimai	3:08.04	201
DSQ Carlota Maria, CATARINO <i>Falsa partida (SW4.4)</i>	11 Benedita		

Prova 16

Femin., 200m Livres

Juvenil A Fem

20/10/2024 - 11:46

Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac JUV A	2:03.90	Maria Ferreira, MOURA	SCP	Algés	29/06/2019

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Maria Carolina, ALVES 50m: 32.78 32.78 100m: 1:08.68	10 Ba-Leiria	2:21.04	478
2. Matilde Santos, VIEIRA 50m: 32.91 32.91 100m: 1:08.98	10 Nautico Marinha Grande	2:21.28	475
3. Laura Helena, AMORIM 50m: 32.12 32.12 100m: 1:08.03	10 Nautico Marinha Grande	2:23.07	458
4. Bianca Balbino, MENDES 50m: 33.28 33.28 100m: 1:09.46	10 Naval de Peniche	2:25.63	434
5. Barbara Balbino, MENDES 50m: 33.39 33.39 100m: 1:10.00	10 Naval de Peniche	2:26.31	428
6. Debora Silva, INACIO 50m: 34.22 34.22 100m: 1:11.77	10 Pimpoes/Cimai	2:27.66	416
7. Vida Sofia, VELEZ 50m: 34.08 34.08 100m: 1:11.56	10 Ba-Leiria	2:28.44	410
8. Constanca Rolim, PEDRO 50m: 34.93 34.93 100m: 1:12.86	10 Ba-Leiria	2:29.63	400
9. Rafaela Santos, AFONSO 50m: 35.05 35.05 100m: 1:14.22	10 Naval de Peniche	2:33.43	371
10. Matilde Filipa, AMADO 50m: 34.88 34.88 100m: 1:14.16	10 Nautico Marinha Grande	2:33.98	367
11. Leonor Silva, MARTINS 50m: 36.06 36.06 100m: 1:16.34	10 Óbidos	2:38.76	335



Torneio de Abertura de Categorias  
Óbidos, 19 - 20/10/2024

Prova 16, Femin., 200m Livres, Juvenil A Fem

Lugar	Ano	Tempo final	Pts
12. Mariana Santos, AFONSO	10 Naval de Peniche	2:41.73	317
50m: 36.36 36.36 100m: 1:18.26 41.90 150m: 2:01.46 43.20 200m: 2:41.73 40.27			
13. Alice Lucas, COSTA	10 Uniao Juncalense	2:59.35	232
50m: 39.75 39.75 100m: 1:25.50 45.75 150m: 2:13.25 47.75 200m: 2:59.35 46.10			
DNS Laura Samora, GONCALVES	10 Ba-Leiria		
DNS Laura Margarida, ASCENSO	10 Nautico Marinha Grande		
DNS Elisa Henriques, SOUTO	10 Óbidos		

Prova 16 Femin., 200m Livres 16 - 17 anos Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac 17	1:59.62	Leticia Maia, ANDRE	SLB	Felgueiras	23/12/2018
Rec Nac 16	2:01.12	Francisca Soares, MARTINS	FOCA	Felgueiras	27/04/2019

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Luana Ferreira, CRAVEIRO	09 Nautico Marinha Grande	2:13.15	568
50m: 30.80 30.80 100m: 1:04.60 33.80 150m: 1:39.03 34.43 200m: 2:13.15 34.12			
2. Beatriz Belo, CLARA	09 CNLeiria - VOID	2:22.72	461
50m: 32.44 32.44 100m: 1:08.41 35.97 150m: 1:46.26 37.85 200m: 2:22.72 36.46			
3. Teresa Maria, LOPES	09 Benedita	2:29.54	401
50m: 33.48 33.48 100m: 1:10.90 37.42 150m: 1:50.18 39.28 200m: 2:29.54 39.36			
4. Diana Rita, FONSECA	08 Vieirense	2:33.62	370
50m: 34.72 34.72 100m: 1:13.41 38.69 150m: 1:53.87 40.46 200m: 2:33.62 39.75			
5. Camila Silva, CHAMUSCO	08 Pimpoes/Cimai	2:35.53	356
50m: 36.24 36.24 100m: 1:15.81 39.57 150m: 1:56.99 41.18 200m: 2:35.53 38.54			
6. Matilde Monteiro, NEVES	08 Nucleo de Pombal	2:36.02	353
50m: 36.31 36.31 100m: 1:15.87 39.56 150m: 1:57.09 41.22 200m: 2:36.02 38.93			
7. Marta Cabete, GOMES	08 CNLeiria - VOID	2:38.36	337
50m: 36.22 36.22 100m: 1:15.87 39.65 150m: 1:56.80 40.93 200m: 2:38.36 41.56			
8. Anjali, RAICAR	09 Naval de Peniche	2:39.18	332
50m: 35.01 35.01 100m: 1:15.06 40.05 150m: 1:57.10 42.04 200m: 2:39.18 42.08			
9. Ana Margarida, MARQUES	09 Ba-Leiria	2:43.75	305
50m: 36.55 36.55 100m: 1:18.75 42.20 150m: 2:02.15 43.40 200m: 2:43.75 41.60			
10. Constanca Carvalho, PIEDADE	08 Uniao Juncalense	2:44.60	300
50m: 38.52 38.52 100m: 1:20.73 42.21 150m: 2:03.37 42.64 200m: 2:44.60 41.23			



Torneio de Abertura de Categorias  
Óbidos, 19 - 20/10/2024

Prova 16, Femin., 200m Livres

Prova 16 Femin., 200m Livres 18 anos e mais velhos  
20/10/2024 - 11:46 Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac 18 +	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Giovanna Vaz, VARGAS	00 Nautico Marinha Grande	2:13.72	561
50m: 31.37 31.37	100m: 1:05.37 34.00	150m: 1:39.97 34.60	200m: 2:13.72 33.75
2. Giulia Santos, MOURA	06 CNLeiria - VOID	2:16.22	531
50m: 31.61 31.61	100m: 1:05.93 34.32	150m: 1:41.25 35.32	200m: 2:16.22 34.97
3. Leonor Vendima, COELHO	07 CNLeiria - VOID	2:18.00	510
50m: 31.83 31.83	100m: 1:06.22 34.39	150m: 1:42.37 36.15	200m: 2:18.00 35.63
4. Matilde Violante, VIANA	07 CNLeiria - VOID	2:19.32	496
50m: 32.42 32.42	100m: 1:07.40 34.98	150m: 1:43.51 36.11	200m: 2:19.32 35.81
5. Carolina Ferreira, FONSECA	07 Viegrense	2:30.13	396
50m: 34.16 34.16	100m: 1:12.65 38.49	150m: 1:51.41 38.76	200m: 2:30.13 38.72
6. Maria Saraiva, RUIVACO	00 Viegrense	2:40.73	323
50m: 35.38 35.38	100m: 1:15.86 40.48	150m: 1:58.28 42.42	200m: 2:40.73 42.45

Prova 16 Femin., 200m Livres ABSOLUTOS FEM  
20/10/2024 - 11:46 Resultados

Rec Nac Open	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac 18 +	1:56.81	Francisca Soares, MARTINS	POR	Otopeni (ROU)	09/12/2023
Rec Nac 17	1:59.62	Leticia Maia, ANDRE	SLB	Felgueiras	23/12/2018
Rec Nac 16	2:01.12	Francisca Soares, MARTINS	FOCA	Felgueiras	27/04/2019
Rec Nac JUV A	2:03.90	Maria Ferreira, MOURA	SCP	Algés	29/06/2019
Rec Nac JUV B	2:04.38	Camila Rodrigues, REBELO	SANC	Coimbra	25/06/2017
Rec Nac INF A	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	09/03/2018
Rec Nac INF B	2:11.27	Carolina Miranda, FERNANDES	CGA	Mealhada	25/03/2017

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Luana Ferreira, CRAVEIRO	09 Nautico Marinha Grande	2:13.15	568
50m: 30.80 30.80	100m: 1:04.60 33.80	150m: 1:39.03 34.43	200m: 2:13.15 34.12
2. Giovanna Vaz, VARGAS	00 Nautico Marinha Grande	2:13.72	561
50m: 31.37 31.37	100m: 1:05.37 34.00	150m: 1:39.97 34.60	200m: 2:13.72 33.75
3. Giulia Santos, MOURA	06 CNLeiria - VOID	2:16.22	531
50m: 31.61 31.61	100m: 1:05.93 34.32	150m: 1:41.25 35.32	200m: 2:16.22 34.97
4. Leonor Vendima, COELHO	07 CNLeiria - VOID	2:18.00	510
50m: 31.83 31.83	100m: 1:06.22 34.39	150m: 1:42.37 36.15	200m: 2:18.00 35.63
5. Matilde Violante, VIANA	07 CNLeiria - VOID	2:19.32	496
50m: 32.42 32.42	100m: 1:07.40 34.98	150m: 1:43.51 36.11	200m: 2:19.32 35.81
6. Maria Carolina, ALVES	10 Ba-Leiria	2:21.04	478
50m: 32.78 32.78	100m: 1:08.68 35.90	150m: 1:44.56 35.88	200m: 2:21.04 36.48
7. Matilde Santos, VIEIRA	10 Nautico Marinha Grande	2:21.28	475
50m: 32.91 32.91	100m: 1:08.98 36.07	150m: 1:45.86 36.88	200m: 2:21.28 35.42
8. Beatriz Belo, CLARA	09 CNLeiria - VOID	2:22.72	461
50m: 32.44 32.44	100m: 1:08.41 35.97	150m: 1:46.26 37.85	200m: 2:22.72 36.46

Torneio de Abertura de Categorias  
Óbidos, 19 - 20/10/2024

Prova 16, Femin., 200m Livres, ABSOLUTOS FEM

Lugar					Ano					Tempo final	Pts	
9.	Laura Helena, AMORIM				10	Nautico Marinha Grande				2:23.07	458	
	50m:	32.12	32.12	100m:	1:08.03	35.91	150m:	1:46.17	38.14	200m:	2:23.07	36.90
10.	Leonor Mota, ALVES				11	Nautico Marinha Grande				2:23.79	451	
	50m:	34.22	34.22	100m:	1:11.26	37.04	150m:	1:48.37	37.11	200m:	2:23.79	35.42
11.	Bianca Balbino, MENDES				10	Naval de Peniche				2:25.63	434	
	50m:	33.28	33.28	100m:	1:09.46	36.18	150m:	1:47.41	37.95	200m:	2:25.63	38.22
12.	Barbara Balbino, MENDES				10	Naval de Peniche				2:26.31	428	
	50m:	33.39	33.39	100m:	1:10.00	36.61	150m:	1:47.85	37.85	200m:	2:26.31	38.46
13.	Debora Silva, INACIO				10	Pimpoes/Cimai				2:27.66	416	
	50m:	34.22	34.22	100m:	1:11.77	37.55	150m:	1:50.17	38.40	200m:	2:27.66	37.49
14.	Vida Sofia, VELEZ				10	Ba-Leiria				2:28.44	410	
	50m:	34.08	34.08	100m:	1:11.56	37.48	150m:	1:50.39	38.83	200m:	2:28.44	38.05
15.	Carolina Silva, CASTANHEIRA				11	CNLeiria - VOID				2:28.68	408	
	50m:	34.30	34.30	100m:	1:12.36	38.06	150m:	1:51.18	38.82	200m:	2:28.68	37.50
16.	Teresa Maria, LOPES				09	Benedita				2:29.54	401	
	50m:	33.48	33.48	100m:	1:10.90	37.42	150m:	1:50.18	39.28	200m:	2:29.54	39.36
17.	Carlota Sa, SANTOS				11	Nucleo de Pombal				2:29.59	400	
	50m:	35.50	35.50	100m:	1:13.06	37.56	150m:	1:51.91	38.85	200m:	2:29.59	37.68
18.	Constanca Rolim, PEDRO				10	Ba-Leiria				2:29.63	400	
	50m:	34.93	34.93	100m:	1:12.86	37.93	150m:	1:52.13	39.27	200m:	2:29.63	37.50
19.	Carolina Ferreira, FONSECA				07	Vieirense				2:30.13	396	
	50m:	34.16	34.16	100m:	1:12.65	38.49	150m:	1:51.41	38.76	200m:	2:30.13	38.72
20.	Rafaela Santos, AFONSO				10	Naval de Peniche				2:33.43	371	
	50m:	35.05	35.05	100m:	1:14.22	39.17	150m:	1:54.54	40.32	200m:	2:33.43	38.89
21.	Diana Rita, FONSECA				08	Vieirense				2:33.62	370	
	50m:	34.72	34.72	100m:	1:13.41	38.69	150m:	1:53.87	40.46	200m:	2:33.62	39.75
22.	Matilde Filipa, AMADO				10	Nautico Marinha Grande				2:33.98	367	
	50m:	34.88	34.88	100m:	1:14.16	39.28	150m:	1:54.59	40.43	200m:	2:33.98	39.39
23.	Camila Silva, CHAMUSCO				08	Pimpoes/Cimai				2:35.53	356	
	50m:	36.24	36.24	100m:	1:15.81	39.57	150m:	1:56.99	41.18	200m:	2:35.53	38.54
24.	Matilde Monteiro, NEVES				08	Nucleo de Pombal				2:36.02	353	
	50m:	36.31	36.31	100m:	1:15.87	39.56	150m:	1:57.09	41.22	200m:	2:36.02	38.93
25.	Emiliana Arruda, SARAIVA				12	Vieirense				2:36.03	353	
	50m:	35.03	35.03	100m:	1:16.52	41.49	150m:	1:58.97	42.45	200m:	2:36.03	37.06
26.	Beatriz Marques, GASPAR				11	Nautico Marinha Grande				2:37.78	341	
	50m:	35.31	35.31	100m:	1:17.36	42.05	150m:	1:58.96	41.60	200m:	2:37.78	38.82
27.	Marta Cabete, GOMES				08	CNLeiria - VOID				2:38.36	337	
	50m:	36.22	36.22	100m:	1:15.87	39.65	150m:	1:56.80	40.93	200m:	2:38.36	41.56
28.	Leonor Silva, MARTINS				10	Óbidos				2:38.76	335	
	50m:	36.06	36.06	100m:	1:16.34	40.28	150m:	1:58.44	42.10	200m:	2:38.76	40.32
29.	Anjali, RAICAR				09	Naval de Peniche				2:39.18	332	
	50m:	35.01	35.01	100m:	1:15.06	40.05	150m:	1:57.10	42.04	200m:	2:39.18	42.08
30.	Maria Saraiva, RUIVACO				00	Vieirense				2:40.73	323	
	50m:	35.38	35.38	100m:	1:15.86	40.48	150m:	1:58.28	42.42	200m:	2:40.73	42.45





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Lugar	Ano	Tempo final	Pts		
31. Margarida Soares, MAIA	11	Nautico Marinha Grande	2:41.61	318	
50m: 36.84 36.84	100m: 1:18.43	41.59 150m: 2:01.40	42.97	200m: 2:41.61	40.21
32. Mariana Santos, AFONSO	10	Naval de Peniche	2:41.73	317	
50m: 36.36 36.36	100m: 1:18.26	41.90 150m: 2:01.46	43.20	200m: 2:41.73	40.27
33. Luna Francisco, PEREIRA	12	Nucleo de Pombal	2:42.53	312	
50m: 37.25 37.25	100m: 1:19.47	42.22 150m: 2:00.81	41.34	200m: 2:42.53	41.72
34. Ana Margarida, MARQUES	09	Ba-Leiria	2:43.75	305	
50m: 36.55 36.55	100m: 1:18.75	42.20 150m: 2:02.15	43.40	200m: 2:43.75	41.60
35. Constanca Carvalho, PIEDADE	08	Uniao Juncalense	2:44.60	300	
50m: 38.52 38.52	100m: 1:20.73	42.21 150m: 2:03.37	42.64	200m: 2:44.60	41.23
36. Maria Santos, FONSECA	11	CNLeiria - VOID	2:44.90	299	
50m: 37.62 37.62	100m: 1:19.37	41.75 150m: 2:02.65	43.28	200m: 2:44.90	42.25
37. Safira Pedro, FONSECA	12	Vieirense	2:45.81	294	
50m: 38.45 38.45	100m: 1:21.94	43.49 150m: 2:04.78	42.84	200m: 2:45.81	41.03
38. Beatriz Julio, CORREIA	12	CNLeiria - VOID	2:46.64	290	
50m: 37.67 37.67	100m: 1:21.42	43.75 150m: 2:05.27	43.85	200m: 2:46.64	41.37
39. Yaroslava, TABUNSCHYK	12	CNLeiria - VOID	2:50.25	272	
50m: 38.90 38.90	100m: 1:22.25	43.35 150m: 2:06.75	44.50	200m: 2:50.25	43.50
40. Isabela Maria, CARREIRA	11	Uniao Juncalense	2:52.22	262	
50m: 38.79 38.79	100m: 1:22.50	43.71 150m: 2:07.47	44.97	200m: 2:52.22	44.75
41. Erica Felix, RODRIGUES	11	Uniao Juncalense	2:54.25	253	
50m: 38.79 38.79	100m: 1:22.72	43.93 150m: 2:09.37	46.65	200m: 2:54.25	44.88
42. Maria Luisa, CASTILLO	13	Nautico Marinha Grande	2:57.78	238	
50m: 40.71 40.71	100m: 1:26.74	46.03 150m: 2:14.00	47.26	200m: 2:57.78	43.78
43. Maria Ines, GOMES	12	Nucleo de Pombal	2:57.84	238	
50m: 39.93 39.93	100m: 1:24.96	45.03 150m: 2:12.40	47.44	200m: 2:57.84	45.44
44. Valeria, MORITS	12	Nautico Marinha Grande	2:58.54	235	
50m: 39.78 39.78	100m: 1:23.53	43.75 150m: 2:10.03	46.50	200m: 2:58.54	48.51
45. Kelly Simao, COSTA	11	Óbidos	2:58.90	234	
50m: 40.15 40.15	100m: 1:25.75	45.60 150m: 2:12.97	47.22	200m: 2:58.90	45.93
46. Alice Lucas, COSTA	10	Uniao Juncalense	2:59.35	232	
50m: 39.75 39.75	100m: 1:25.50	45.75 150m: 2:13.25	47.75	200m: 2:59.35	46.10
47. Iara Maria, CAMACHO	12	Pimpoes/Cimai	2:59.58	231	
50m: 40.78 40.78	100m: 1:27.65	46.87 150m: 2:15.75	48.10	200m: 2:59.58	43.83
48. Matilde Vitorino, FERREIRA	11	Naval de Peniche	2:59.68	231	
50m: 40.59 40.59	100m: 1:27.32	46.73 150m: 2:15.64	48.32	200m: 2:59.68	44.04
49. Leonor Pinto, ROSARIO	13	Nautico Marinha Grande	3:02.14	222	
50m: 39.28 39.28	100m: 1:27.50	48.22 150m: 2:15.73	48.23	200m: 3:02.14	46.41
50. Lara Sofia, MARCELINO	13	Vieirense	3:03.93	215	
50m: 42.28 42.28	100m: 1:30.09	47.81 150m: 2:18.09	48.00	200m: 3:03.93	45.84
51. Beatriz Morgado, SILVA	11	Benedita	3:05.36	210	
50m: 44.75 44.75	100m: 1:32.18	47.43 150m: 2:20.07	47.89	200m: 3:05.36	45.29
52. Emma Henriques, SOUTO	13	Óbidos	3:06.99	205	
50m: 42.39 42.39	100m: 1:30.57	48.18 150m: 2:20.39	49.82	200m: 3:06.99	46.60

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Lugar	Ano	Tempo final	Pts
53. Diana Morais, CARLOS	11 Pimpoes/Cimai	3:08.04	201
50m: 41.72 41.72 100m: 1:30.53 48.81 150m: 2:20.18 49.65 200m: 3:08.04 47.86			
54. Maria Leonor, FERREIRA	12 Óbidos	3:10.94	192
50m: 42.66 42.66 100m: 1:32.34 49.68 150m: 2:22.91 50.57 200m: 3:10.94 48.03			
55. Victoria Cerqueira, SOBREIRO	13 Pimpoes/Cimai	3:12.59	187
50m: 44.15 44.15 100m: 1:33.14 48.99 150m: 2:23.55 50.41 200m: 3:12.59 49.04			
56. Laura Silva, MARTINS	13 Ba-Leiria	3:13.93	184
50m: 43.03 43.03 100m: 1:32.46 49.43 150m: 2:22.96 50.50 200m: 3:13.93 50.97			
57. Jessica Garcia, FERREIRA	12 Óbidos	3:13.95	183
50m: 44.10 44.10 100m: 1:34.35 50.25 150m: 2:24.87 50.52 200m: 3:13.95 49.08			
58. Mafalda Amado, QUARESMA	13 Pimpoes/Cimai	3:19.83	168
50m: 45.47 45.47 100m: 1:36.44 50.97 150m: 2:29.97 53.53 200m: 3:19.83 49.86			
59. Avron Dawn, SANTOS	13 Vieiraense	3:21.61	163
50m: 46.61 46.61 100m: 1:40.46 53.85 150m: 2:33.18 52.72 200m: 3:21.61 48.43			
60. Elisa Rodrigues, SIMOES	13 Benedita	3:23.02	160
50m: 40.56 40.56 100m: 1:39.06 58.50 150m: 2:33.37 54.31 200m: 3:23.02 49.65			
61. Violeta Neves, SILVA	13 Nucleo de Pombal	3:27.64	149
50m: 46.24 46.24 100m: 1:40.60 54.36 150m: 2:35.69 55.09 200m: 3:27.64 51.95			
62. Catarina Franco, RODRIGUES	13 Naval de Peniche	3:30.36	144
50m: 46.59 46.59 100m: 1:41.64 55.05 150m: 2:38.96 57.32 200m: 3:30.36 51.40			
63. Ines Barreto, CALDEIREIRO	13 Vieiraense	3:33.10	138
50m: 44.78 44.78 100m: 1:41.11 56.33 150m: 2:39.03 57.92 200m: 3:33.10 54.07			
64. Carminho Jose, LOPES	13 Benedita	3:33.52	137
50m: 47.35 47.35 100m: 1:42.32 54.97 150m: 2:38.60 56.28 200m: 3:33.52 54.92			
65. Ana Sofia, SILVA	13 Naval de Peniche	3:34.31	136
50m: 46.31 46.31 100m: 1:42.16 55.85 150m: 2:41.16 59.00 200m: 3:34.31 53.15			
66. Erica Maria, FORTUNATO	13 Ba-Leiria	3:35.96	133
50m: 50.24 50.24 100m: 1:46.66 56.42 150m: 2:44.80 58.14 200m: 3:35.96 51.16			
67. Mariana Santos, VALENTIM	13 Pimpoes/Cimai	3:43.34	120
50m: 48.96 48.96 100m: 1:47.40 58.44 150m: 2:49.02 1:01.62 200m: 3:43.34 54.32			
68. Matilde Mamede, CECILIO	13 Naval de Peniche	3:47.31	114
50m: 49.29 49.29 100m: 1:49.44 1:00.15 150m: 2:49.89 1:00.45 200m: 3:47.31 57.42			
69. Nuria Rocha, BOTAS	13 Vieiraense	3:50.68	109
50m: 52.13 52.13 100m: 1:51.41 59.28 150m: 2:52.63 1:01.22 200m: 3:50.68 58.05			
70. Catarina Faustino, DIAS	13 Naval de Peniche	3:50.76	109
50m: 50.27 50.27 100m: 1:52.90 1:02.63 150m: 2:55.80 1:02.90 200m: 3:50.76 54.96			
71. Eduarda Antunes, BUGALHAO	13 Ba-Leiria	4:05.69	90
50m: 51.98 51.98 100m: 1:54.89 1:02.91 150m: 3:01.86 1:06.97 200m: 4:05.69 1:03.83			
DSQ Carlota Maria, CATARINO	11 Benedita		
<i>Falsa partida (SW4.4)</i>			
DNS Laura Samora, GONCALVES	10 Ba-Leiria		
DNS Laura Margarida, ASCENSO	10 Nautico Marinha Grande		
DNS Emma Maria, AVRAMESCU	12 Nautico Marinha Grande		
DNS Iris Sousa, BOITA	13 Benedita		
DNS Laura Seco, GIL	13 Vieiraense		





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Lugar	Ano	Tempo final	Pts
DNS Elisa Henriques, SOUTO	10 Óbidos		