



Torneio de Abertura de Categorias  
Óbidos, 19 - 20/10/2024

Prova 10 Masc., 1500m Livres Juvenil B Masc Resultados  
19/10/2024 - 19:37

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac JUV B	15:55.78	Rui Silva, PEREIRA	POR	Tomar	14/01/2023

Pontos: AQUA 2024

Lugar			Ano			Tempo final	Pts	
1.	Lucas Ferreira, GASPAR		10	Vieirense		18:34.45	438	
	50m:	32.20 32.20	450m:	5:28.88 37.54	850m:	10:28.88 36.97	1250m:	15:29.98 37.10
	100m:	1:08.66 36.46	500m:	6:06.80 37.92	900m:	11:06.48 37.60	1300m:	16:07.63 37.65
	150m:	1:45.66 37.00	550m:	6:43.84 37.04	950m:	11:44.28 37.80	1350m:	16:45.23 37.60
	200m:	2:22.63 36.97	600m:	7:21.38 37.54	1000m:	12:22.06 37.78	1400m:	17:22.45 37.22
	250m:	2:59.91 37.28	650m:	7:58.95 37.57	1050m:	12:59.91 37.85	1450m:	17:59.23 36.78
	300m:	3:36.91 37.00	700m:	8:36.53 37.58	1100m:	13:37.66 37.75	1500m:	18:34.45 35.22
	350m:	4:14.06 37.15	750m:	9:14.06 37.53	1150m:	14:15.34 37.68		
	400m:	4:51.34 37.28	800m:	9:51.91 37.85	1200m:	14:52.88 37.54		

Prova 10 Masc., 1500m Livres Junior Masc Resultados  
19/10/2024 - 19:37

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac 18	15:06.77	Filipe Miguel, SANTO	SLB	Funchal	26/03/2018
Rec Nac 17	15:05.57	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009

Pontos: AQUA 2024

Lugar			Ano			Tempo final	Pts	
1.	Santiago Boica, SOUSA		08	Vieirense		17:54.40	489	
	50m:	31.00 31.00	450m:	5:16.18 36.71	850m:	10:05.97 36.38	1250m:	14:58.03 36.06
	100m:	1:05.22 34.22	500m:	5:52.53 36.35	900m:	10:42.25 36.28	1300m:	15:33.87 35.84
	150m:	1:40.93 35.71	550m:	6:28.08 35.55	950m:	11:19.43 37.18	1350m:	16:10.72 36.85
	200m:	2:16.03 35.10	600m:	7:04.15 36.07	1000m:	11:56.00 36.57	1400m:	16:46.50 35.78
	250m:	2:51.78 35.75	650m:	7:40.00 35.85	1050m:	12:32.50 36.50	1450m:	17:21.02 34.52
	300m:	3:27.65 35.87	700m:	8:16.61 36.61	1100m:	13:09.00 36.50	1500m:	17:54.40 33.38
	350m:	4:03.50 35.85	750m:	8:52.53 35.92	1150m:	13:44.86 35.86		
	400m:	4:39.47 35.97	800m:	9:29.59 37.06	1200m:	14:21.97 37.11		
2.	Diogo Coelho, JORDAO		08	Uniao Juncalense		19:45.89	364	
	50m:	32.96 32.96	450m:	5:44.54 40.04	850m:	11:05.51 40.64	1250m:	16:28.40 40.94
	100m:	1:10.46 37.50	500m:	6:23.84 39.30	900m:	11:46.42 40.91	1300m:	17:08.93 40.53
	150m:	1:48.84 38.38	550m:	7:02.93 39.09	950m:	12:27.05 40.63	1350m:	17:48.72 39.79
	200m:	2:27.58 38.74	600m:	7:42.87 39.94	1000m:	13:06.44 39.39	1400m:	18:28.68 39.96
	250m:	3:06.46 38.88	650m:	8:22.98 40.11	1050m:	13:46.28 39.84	1450m:	19:08.05 39.37
	300m:	3:45.39 38.93	700m:	9:03.20 40.22	1100m:	14:26.66 40.38	1500m:	19:45.89 37.84
	350m:	4:24.53 39.14	750m:	9:43.98 40.78	1150m:	15:07.05 40.39		
	400m:	5:04.50 39.97	800m:	10:24.87 40.89	1200m:	15:47.46 40.41		

Prova 10 Masc., 1500m Livres Senior Masc Resultados  
19/10/2024 - 19:37

Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac SEN	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021

Pontos: AQUA 2024

Lugar			Ano			Tempo final	Pts	
1.	Gil Santos, LEMOS		06	Pimpoes/Cimai		17:53.51	490	
	50m:	30.54 30.54	450m:	5:10.14 35.96	850m:	9:59.58 36.06	1250m:	14:53.37 36.04
	100m:	1:03.66 33.12	500m:	5:46.40 36.26	900m:	10:36.25 36.67	1300m:	15:29.99 36.62
	150m:	1:37.88 34.22	550m:	6:21.98 35.58	950m:	11:13.28 37.03	1350m:	16:06.45 36.46
	200m:	2:12.74 34.86	600m:	6:58.37 36.39	1000m:	11:50.35 37.07	1400m:	16:42.80 36.35
	250m:	2:47.93 35.19	650m:	7:35.13 36.76	1050m:	12:27.31 36.96	1450m:	17:19.08 36.28
	300m:	3:23.07 35.14	700m:	8:11.74 36.61	1100m:	13:03.92 36.61	1500m:	17:53.51 34.43
	350m:	3:58.56 35.49	750m:	8:48.28 36.54	1150m:	13:40.84 36.92		
	400m:	4:34.18 35.62	800m:	9:23.52 35.24	1200m:	14:17.33 36.49		



Torneio de Abertura de Categorias  
Óbidos, 19 - 20/10/2024

Prova 10, Masc., 1500m Livres

Prova 10	Masc., 1500m Livres				ABSOLUTOS MASC
19/10/2024 - 19:37					Resultados
Rec Nac Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac SEN	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac 18	15:06.77	Filipe Miguel, SANTO	SLB	Funchal	26/03/2018
Rec Nac 17	15:05.57	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009
Rec Nac JUV A	15:36.31	Rui Filipe, COSTA	VSC	Braga	04/03/2007
Rec Nac JUV B	15:55.78	Rui Silva, PEREIRA	POR	Tomar	14/01/2023
Rec Nac INF A	16:13.14	Andre Vilas, RUIVO	DNMG	Campo Maior	30/03/2014
Rec Nac INF B	17:11.29	Andre Vilas, RUIVO	DNMG	Leiria	03/03/2013

Pontos: AQUA 2024

Lugar			Ano							Tempo final	Pts	
<b>1.</b>	<b>Gil Santos, LEMOS</b>		<b>06</b>	<b>Pimpoes/Cimai</b>						<b>17:53.51</b>	<b>490</b>	
	50m:	30.54	30.54	450m:	5:10.14	35.96	850m:	9:59.58	36.06	1250m:	14:53.37	36.04
	100m:	1:03.66	33.12	500m:	5:46.40	36.26	900m:	10:36.25	36.67	1300m:	15:29.99	36.62
	150m:	1:37.88	34.22	550m:	6:21.98	35.58	950m:	11:13.28	37.03	1350m:	16:06.45	36.46
	200m:	2:12.74	34.86	600m:	6:58.37	36.39	1000m:	11:50.35	37.07	1400m:	16:42.80	36.35
	250m:	2:47.93	35.19	650m:	7:35.13	36.76	1050m:	12:27.31	36.96	1450m:	17:19.08	36.28
	300m:	3:23.07	35.14	700m:	8:11.74	36.61	1100m:	13:03.92	36.61	1500m:	17:53.51	34.43
	350m:	3:58.56	35.49	750m:	8:48.28	36.54	1150m:	13:40.84	36.92			
	400m:	4:34.18	35.62	800m:	9:23.52	35.24	1200m:	14:17.33	36.49			
<b>2.</b>	<b>Santiago Boica, SOUSA</b>		<b>08</b>	<b>Vieirense</b>						<b>17:54.40</b>	<b>489</b>	
	50m:	31.00	31.00	450m:	5:16.18	36.71	850m:	10:05.97	36.38	1250m:	14:58.03	36.06
	100m:	1:05.22	34.22	500m:	5:52.53	36.35	900m:	10:42.25	36.28	1300m:	15:33.87	35.84
	150m:	1:40.93	35.71	550m:	6:28.08	35.55	950m:	11:19.43	37.18	1350m:	16:10.72	36.85
	200m:	2:16.03	35.10	600m:	7:04.15	36.07	1000m:	11:56.00	36.57	1400m:	16:46.50	35.78
	250m:	2:51.78	35.75	650m:	7:40.00	35.85	1050m:	12:32.50	36.50	1450m:	17:21.02	34.52
	300m:	3:27.65	35.87	700m:	8:16.61	36.61	1100m:	13:09.00	36.50	1500m:	17:54.40	33.38
	350m:	4:03.50	35.85	750m:	8:52.53	35.92	1150m:	13:44.86	35.86			
	400m:	4:39.47	35.97	800m:	9:29.59	37.06	1200m:	14:21.97	37.11			
<b>3.</b>	<b>Lucas Ferreira, GASPAS</b>		<b>10</b>	<b>Vieirense</b>						<b>18:34.45</b>	<b>438</b>	
	50m:	32.20	32.20	450m:	5:28.88	37.54	850m:	10:28.88	36.97	1250m:	15:29.98	37.10
	100m:	1:08.66	36.46	500m:	6:06.80	37.92	900m:	11:06.48	37.60	1300m:	16:07.63	37.65
	150m:	1:45.66	37.00	550m:	6:43.84	37.04	950m:	11:44.28	37.80	1350m:	16:45.23	37.60
	200m:	2:22.63	36.97	600m:	7:21.38	37.54	1000m:	12:22.06	37.78	1400m:	17:22.45	37.22
	250m:	2:59.91	37.28	650m:	7:58.95	37.57	1050m:	12:59.91	37.85	1450m:	17:59.23	36.78
	300m:	3:36.91	37.00	700m:	8:36.53	37.58	1100m:	13:37.66	37.75	1500m:	18:34.45	35.22
	350m:	4:14.06	37.15	750m:	9:14.06	37.53	1150m:	14:15.34	37.68			
	400m:	4:51.34	37.28	800m:	9:51.91	37.85	1200m:	14:52.88	37.54			
<b>4.</b>	<b>Diogo Coelho, JORDAO</b>		<b>08</b>	<b>Uniao Juncalense</b>						<b>19:45.89</b>	<b>364</b>	
	50m:	32.96	32.96	450m:	5:44.54	40.04	850m:	11:05.51	40.64	1250m:	16:28.40	40.94
	100m:	1:10.46	37.50	500m:	6:23.84	39.30	900m:	11:46.42	40.91	1300m:	17:08.93	40.53
	150m:	1:48.84	38.38	550m:	7:02.93	39.09	950m:	12:27.05	40.63	1350m:	17:48.72	39.79
	200m:	2:27.58	38.74	600m:	7:42.87	39.94	1000m:	13:06.44	39.39	1400m:	18:28.68	39.96
	250m:	3:06.46	38.88	650m:	8:22.98	40.11	1050m:	13:46.28	39.84	1450m:	19:08.05	39.37
	300m:	3:45.39	38.93	700m:	9:03.20	40.22	1100m:	14:26.66	40.38	1500m:	19:45.89	37.84
	350m:	4:24.53	39.14	750m:	9:43.98	40.78	1150m:	15:07.05	40.39			
	400m:	5:04.50	39.97	800m:	10:24.87	40.89	1200m:	15:47.46	40.41			