

Jesenné M-VSO „B“, „A“, „J“, „S“ - 1.kolo  
Spišská Nová Ves, 12.10.2024

disciplína 16  
12.10.2024

ženy, 400m polohové preteky

11 ro . a st.  
Výsledky

bodovanie: FINA 2023

por.					Ro .					as	body	
<b>Mladšie žia ky, "B", 11 ro .</b>												
1.	Brej áková Viktória				13	KP Aquacity Poprad				<b>6:11.17</b>	339	
	50m:	39.55	39.55	150m:	2:15.39	47.43	250m:	3:55.79	53.29	350m:	5:30.85	41.44
	100m:	1:27.96	48.41	200m:	3:02.50	47.11	300m:	4:49.41	53.62	400m:	6:11.17	40.32
2.	Bonk Lara				13	ŠKP Košice				<b>6:16.32</b>	325 + 5.15	
	50m:	40.54	40.54	150m:	2:22.73	49.90	250m:	4:02.68	52.01	350m:	5:37.03	41.14
	100m:	1:32.83	52.29	200m:	3:10.67	47.94	300m:	4:55.89	53.21	400m:	6:16.32	39.29
3.	Buocová Alexandra				13	DSC Prešov				<b>6:48.14</b>	255 + 36.97	
	50m:	48.80	48.80	150m:	2:35.75	49.45	250m:	4:20.89	57.03	350m:	6:04.95	47.50
	100m:	1:46.30	57.50	200m:	3:23.86	48.11	300m:	5:17.45	56.56	400m:	6:48.14	43.19
4.	Kraj áková Tereza				13	PK Prešov				<b>7:21.57</b>	201 + 1:10.40	
	50m:	55.70	55.70	150m:	2:51.05	52.40	250m:	4:41.34	58.90	350m:	6:32.37	51.80
	100m:	1:58.65	1:02.95	200m:	3:42.44	51.39	300m:	5:40.57	59.23	400m:	7:21.57	49.20
<b>Mladšie žia ky, "B", 12 ro .</b>												
1.	Štefaníková Barbora				12	ŠKP Košice				<b>6:03.38</b>	361	
	50m:	37.65	37.65	150m:	2:12.05	47.57	250m:	3:47.69	49.41	350m:	5:21.60	44.11
	100m:	1:24.48	46.83	200m:	2:58.28	46.23	300m:	4:37.49	49.80	400m:	6:03.38	41.78
2.	Lebenská Michaela				12	ŠKP Košice				<b>6:24.13</b>	306 + 20.75	
	50m:	44.91	44.91	150m:	2:28.87	48.85	250m:	4:08.27	52.60	350m:	5:46.19	43.00
	100m:	1:40.02	55.11	200m:	3:15.67	46.80	300m:	5:03.19	54.92	400m:	6:24.13	37.94
3.	Slováková Ema				12	DSC Prešov				<b>6:34.29</b>	283 + 30.91	
	50m:	44.77	44.77	150m:	2:27.34	51.01	250m:	4:07.46	52.03	350m:	5:48.62	47.79
	100m:	1:36.33	51.56	200m:	3:15.43	48.09	300m:	5:00.83	53.37	400m:	6:34.29	45.67
4.	Ra áková Tamara				12	PK Prešov				<b>6:43.55</b>	264 + 40.17	
	50m:	40.91	40.91	150m:	2:21.52	49.06	250m:	4:11.36	1:00.36	350m:	6:01.15	46.60
	100m:	1:32.46	51.55	200m:	3:11.00	49.48	300m:	5:14.55	1:03.19	400m:	6:43.55	42.40
5.	Kulanová Lilien				12	PK Humenné				<b>7:04.65</b>	226 + 1:01.27	
	50m:	46.45	46.45	150m:	2:42.82	54.01	250m:	4:32.00	57.09	350m:	6:19.05	48.97
	100m:	1:48.81	1:02.36	200m:	3:34.91	52.09	300m:	5:30.08	58.08	400m:	7:04.65	45.60
6.	íkošová Michaela				12	PK Prešov				<b>7:19.84</b>	204 + 1:16.46	
	50m:	53.01	53.01	150m:	2:53.25	56.53	250m:	4:43.99	56.95	350m:	6:33.91	51.11
	100m:	1:56.72	1:03.71	200m:	3:47.04	53.79	300m:	5:42.80	58.81	400m:	7:19.84	45.93
7.	Okošová Karolína				12	DSC Prešov				<b>7:31.02</b>	189 + 1:27.64	
	50m:	50.49	50.49	150m:	2:51.62	57.98	250m:	4:46.50	58.66	350m:	6:40.26	53.46
	100m:	1:53.64	1:03.15	200m:	3:47.84	56.22	300m:	5:46.80	1:00.30	400m:	7:31.02	50.76
<b>Staršie žia ky, "A", 13 ro .</b>												
1.	Muránska Nina				11	ŠK Iglovía				<b>5:43.56</b>	428	
	50m:	36.10	36.10	150m:	2:07.10	45.59	250m:	3:37.39	46.26	350m:	5:05.70	41.13
	100m:	1:21.51	45.41	200m:	2:51.13	44.03	300m:	4:24.57	47.18	400m:	5:43.56	37.86
2.	Ov iariková Zora				11	KP Spišská Nová Ves				<b>5:46.32</b>	417 + 2.76	
	50m:	37.56	37.56	150m:	2:06.86	45.70	250m:	3:38.69	47.35	350m:	5:07.51	40.63
	100m:	1:21.16	43.60	200m:	2:51.34	44.48	300m:	4:26.88	48.19	400m:	5:46.32	38.81
3.	Kapolková Michaela				11	KP Aquacity Poprad				<b>6:08.39</b>	347 + 24.83	
	50m:	39.74	39.74	150m:	2:17.67	47.91	250m:	3:56.76	51.63	350m:	5:28.86	40.14
	100m:	1:29.76	50.02	200m:	3:05.13	47.46	300m:	4:48.72	51.96	400m:	6:08.39	39.53
4.	Frankovi ová Nina				11	KP Aquacity Poprad				<b>6:13.53</b>	333 + 29.97	
	50m:	43.28	43.28	150m:	2:20.42	47.55	250m:	3:57.25	50.25	350m:	5:32.26	43.82
	100m:	1:32.87	49.59	200m:	3:07.00	46.58	300m:	4:48.44	51.19	400m:	6:13.53	41.27
5.	Krejsová Ella				11	KP Aquacity Poprad				<b>6:23.72</b>	307 + 40.16	
	50m:	39.33	39.33	150m:	2:22.55	49.90	250m:	4:04.46	53.47	350m:	5:42.48	43.44
	100m:	1:32.65	53.32	200m:	3:10.99	48.44	300m:	4:59.04	54.58	400m:	6:23.72	41.24
6.	Petijova Karin				11	PK Humenné				<b>6:34.87</b>	281 + 51.31	
	50m:	45.19	45.19	150m:	2:32.47	51.36	250m:	4:14.51	52.56	350m:	5:52.39	46.04
	100m:	1:41.11	55.92	200m:	3:21.95	49.48	300m:	5:06.35	51.84	400m:	6:34.87	42.48

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disciplína 16, žia ky, 400m polohové preteky, Staršie žia ky, "A", 13 ro .

por.	Ro .						as	body
7.	Jezný Sophie						<b>7:05.92</b>	224 + 1:22.36
	50m: 45.88	45.88	150m: 2:38.43	55.74	250m: 4:32.64	1:01.80	350m: 6:20.80	47.57
	100m: 1:42.69	56.81	200m: 3:30.84	52.41	300m: 5:33.23	1:00.59	400m: 7:05.92	45.12
8.	Jelínková Mína						<b>7:45.50</b>	172 + 2:01.94
	50m: 51.36	51.36	150m: 2:53.11	58.99	250m: 4:51.28	1:00.15	350m: 6:51.55	55.73
	100m: 1:54.12	1:02.76	200m: 3:51.13	58.02	300m: 5:55.82	1:04.54	400m: 7:45.50	53.95

Staršie žia ky, "A", 14 ro .

1.	Ferková Charlotte						<b>5:33.19</b>	469
	50m: 35.10	35.10	150m: 1:58.89	42.28	250m: 3:26.77	45.99	350m: 4:55.50	40.81
	100m: 1:16.61	41.51	200m: 2:40.78	41.89	300m: 4:14.69	47.92	400m: 5:33.19	37.69
2.	Da ová Noemi						<b>5:40.91</b>	438 + 7.72
	50m: 36.46	36.46	150m: 2:06.37	45.51	250m: 3:34.67	44.72	350m: 5:02.29	41.95
	100m: 1:20.86	44.40	200m: 2:49.95	43.58	300m: 4:20.34	45.67	400m: 5:40.91	38.62
3.	Mydlová Hana						<b>6:13.00</b>	334 + 39.81
	50m: 41.64	41.64	150m: 2:16.62	45.93	250m: 3:53.46	52.25	350m: 5:31.03	44.60
	100m: 1:30.69	49.05	200m: 3:01.21	44.59	300m: 4:46.43	52.97	400m: 6:13.00	41.97
4.	Crea Beatrice						<b>6:13.55</b>	333 + 40.36
	50m: 39.30	39.30	150m: 2:16.26	47.39	250m: 3:55.04	52.02	350m: 5:31.76	44.11
	100m: 1:28.87	49.57	200m: 3:03.02	46.76	300m: 4:47.65	52.61	400m: 6:13.55	41.79
5.	Jasen áková Alica						<b>6:27.48</b>	298 + 54.29
	50m: 43.75	43.75	150m: 2:27.99	49.22	250m: 4:10.87	56.66	350m: 5:48.20	42.06
	100m: 1:38.77	55.02	200m: 3:14.21	46.22	300m: 5:06.14	55.27	400m: 6:27.48	39.28

Mladšie juniorky, „MJ“, 15 – 16 ro .

1.	Vasi ková Dominika						<b>5:55.78</b>	385
	50m: 36.56	36.56	150m: 2:10.33	46.01	250m: 3:43.59	48.47	350m: 5:15.90	43.21
	100m: 1:24.32	47.76	200m: 2:55.12	44.79	300m: 4:32.69	49.10	400m: 5:55.78	39.88

Staršie juniorky, „SJ“, 17 – 18 ro .

1.	Kamal Sára						<b>6:33.53</b>	284
	50m: 40.85	40.85	150m: 2:21.99	50.69	250m: 4:06.57	54.48	350m: 5:48.38	45.67
	100m: 1:31.30	50.45	200m: 3:12.09	50.10	300m: 5:02.71	56.14	400m: 6:33.53	45.15