

Event 4 Men, 400m Freestyle Open  
8.11.2024 - 17:00 Startlist Final

Íslandsmet	3:47.83	Anton Sveinn McKee	AEGIR	Istanbul (TUR)	14.12.2012
Unglingamet	3:52.06	Anton Sveinn McKee	AEGIR	Laugardalslaug	11.12.2011
Aldursflokkamet	4:04.34	Magnús Viðir Jónsson	SH	Hafnarfjörður	21.10.2023

HM-A : 3:42.50 / HM-SSÍ : 3:49.17 / NM-A 18 +: 3:55.27; 14 - 17: 4:00.57 / NM-B 18 +: 3:57.64; 14 - 17: 4:03.00 /

A landslið : 3:55.85 / Úrvalshópur 20: 3:57.64; 19: 3:59.41; 18: 4:01.20 / Unglingalandslið 17: 4:03.00; 16: 4:06.68; 15: 4:10.87 /

Framtíðarhópur 14: 4:18.75; 13: 4:28.94; 12: 4:44.32

Age

Final, 17:00

1	Bjorn Yngvi Gudmundsson	17	SH	4:16.75
2	Birgir Hrafn Kjartansson	16	Reykjavík	4:09.54
3	Holmar Gretarsson	16	SH	4:03.67
4	Veigar Hrafn Sigthorsson	19	SH	4:02.21
5	Magnus Vidir Jonsson	16	SH	4:02.92
6	Andri Mar Kristjansson	18	SH	4:08.03
7	Bartosz Henke	19	SH	4:13.01
8	Arni Thor Palmason	15	ÍRB	4:19.19

Reserves

Orn Kato Arnarsson	19	Óðinn	4:21.21
Vanja Djurovic	15	SH	4:30.94