

Sundgrein 4
8.11.2024 - 9:47

karla, 400m skriðsund

Opinn
Ráslisti Undanrásir

Íslandsmet	3:47.83	Anton Sveinn McKee	AEGIR	Istanbul (TUR)	14.12.2012
Unglingamet	3:52.06	Anton Sveinn McKee	AEGIR	Laugardalslaug	11.12.2011
Aldursflokkamet	4:04.34	Magnús Víðir Jónsson	SH	Hafnarfjörður	21.10.2023

HM-A : 3:42.50 / HM-SSÍ : 3:49.17 / NM-A 18 +: 3:55.27; 14 - 17: 4:00.57 / NM-B 18 +: 3:57.64; 14 - 17: 4:03.00 /

A landslið : 3:55.85 / Úrvalshópur 20: 3:57.64; 19: 3:59.41; 18: 4:01.20 / Unglingalandslið 17: 4:03.00; 16: 4:06.68; 15: 4:10.87 /

Framtíðarhópur 14: 4:18.75; 13: 4:28.94; 12: 4:44.32

Aldur

Riðill 1 af 3, 9:47

3 Guðfinnur Karlsson	36	Fjörður	5:28.91
4 Viktor Bergmann Arnarsson	14	ÍRB	4:45.79
5 Stefán Hagalín Árnason	14	Reykjavík	4:50.68

Riðill 2 af 3, 9:53

2 Kristjón Hrafn Kjartansson	13	SH	4:37.87
3 Örn Kató Arnarsson	19	Óðinn	4:18.84
4 Veigar Hrafn Sigbórsson	19	SH	3:59.41
5 Bartosz Henke	19	SH	4:04.07
6 Julian Jarnutowski	14	ÍRB	4:36.58
7 Kajus Jatautas	14	ÍA	4:41.95

Riðill 3 af 3, 9:58

1 Vanja Djurovic	15	SH	4:28.31
2 Birgir Hrafn Kjartansson	16	Reykjavík	4:16.16
3 Andri Már Kristjánsson	18	SH	4:11.41
4 Magnús Víðir Jónsson	16	SH	4:00.65
5 Hólmur Grétarsson	16	SH	4:02.04
6 Bjorn Yngvi Guðmundsson	17	SH	4:15.37
7 Árni Þór Pálmason	15	ÍRB	4:21.64
8 Egill Orri Baldursson	15	ÍRB	4:36.38