

Event 3

Women, 400m Freestyle

Open

8.11.2024 - 9:20

Startlist Prelim

| | | | | | |
|-----------------|---------|-------------------------|-------|---------------|------------|
| Íslandsmet | 4:11.61 | Inga Elín Cryer | IA | Doha (QAT) | 5.12.2014 |
| Unglingamet | 4:14.60 | Sunneva Dögg Robertson | IRB | Hafnarfjörður | 13.11.2015 |
| Aldursflokkamet | 4:15.57 | Eygló Ósk Gústafsdóttir | AEGIR | Hafnarfjörður | 26.6.2010 |

HM-A : 4:06.95 / HM-SSÍ : 4:14.36 / NM-A 18+ : 4:20.37; 14 - 17: 4:26.35 / NM-B 18+ : 4:23.00; 14 - 17: 4:29.04 /

A landslið : 4:21.77 / Úrvalshópur 20: 4:23.00; 19: 4:24.20; 18: 4:26.64 / Unglingalandslið 17: 4:29.04; 16: 4:30.98; 15: 4:34.54 /

Framtíðarhópur 14: 4:38.10; 13: 4:44.02; 12: 4:53.26

Age

Heat 1 of 4, 9:20

| | | | |
|-----------------------------------|----|------------|---------|
| 2 Elsa Dilja Lunddal Runarsdóttir | 14 | SH | 5:18.67 |
| 3 Theodis Styrmsdóttir | 13 | Breiðablik | 5:12.47 |
| 4 Rebekka Run Magnúsdóttir | 16 | SH | 5:10.25 |
| 5 Ingibjörg Thora Stefánsdóttir | 16 | SH | 5:11.74 |
| 6 Soley Helga Sigfríðardóttir | 12 | Reykjavík | 5:13.55 |

Heat 2 of 4, 9:26

| | | | |
|-----------------------------------|----|------------|---------|
| 1 Lilja Rákel Hannesdóttir Bríðde | 13 | Breiðablik | 5:07.40 |
| 2 Freyja Sigríður Asgeirsdóttir | 17 | Reykjavík | 5:04.55 |
| 3 Natalia Fanney Sigurðardóttir | 14 | ÍRB | 5:03.99 |
| 4 Thorgerður Freyja Helgadóttir | 13 | Breiðablik | 4:59.09 |
| 5 Hildur Erla Hákonardóttir | 14 | SH | 5:00.09 |
| 6 Gabriela Rósa Bondarow | 14 | Reykjavík | 5:04.24 |
| 7 Bergey Huld Arnarsdóttir | 13 | Breiðablik | 5:06.86 |
| 8 Hanna Steinunn Guðnadóttir | 13 | ÍRB | 5:07.47 |

Heat 3 of 4, 9:32

| | | | |
|----------------------------------|----|------------|---------|
| 1 Matthildur María Ríkardsdóttir | 15 | SH | 4:56.42 |
| 2 Natalia Eir Curtis | 14 | Reykjavík | 4:52.27 |
| 3 Þjarný Olga Hansen | 14 | Reykjavík | 4:45.58 |
| 4 Alicja Julia Kempisty | 14 | Óðinn | 4:43.03 |
| 5 Katrín Loa Ingadóttir | 16 | SH | 4:44.69 |
| 6 Guðrún Ísöld Hárdardóttir | 13 | Breiðablik | 4:50.46 |
| 7 Svava Þjórg Lárausdóttir | 21 | Óðinn | 4:53.91 |
| 8 Karen Sif Helgadóttir | 14 | Reykjavík | 4:58.73 |

Heat 4 of 4, 9:38

| | | | |
|-----------------------------------|----|------------|---------|
| 1 Katla María Brynjarsdóttir | 17 | ÍRB | 4:37.94 |
| 2 Solveig Freyja Hákonardóttir | 15 | Breiðablik | 4:26.00 |
| 3 Freyja Þirkisdóttir | 18 | Breiðablik | 4:22.13 |
| 4 Vala Dís Cicero | 16 | SH | 4:16.45 |
| 5 Katja Lilja Andriyasdóttir | 18 | SH | 4:19.80 |
| 6 Asdís Steindóttir | 15 | Breiðablik | 4:25.49 |
| 7 Sunneva Bergmann Asbjörnsdóttir | 17 | ÍRB | 4:29.87 |
| 8 Hulda Þjórg Magnúsdóttir Nilsen | 16 | Reykjavík | 4:39.83 |