

Event 17

Women, 400m Medley

Open
Startlist Final

9.11.2024 - 16:35

Íslandsmet	4:43.56	Hrafnhildur Luthersdóttir	SH	Hafnarfjörður	15.11.2015
Unglingamet	4:46.36	Eygló Ósk Gústafsdóttir	AEGIR	Hafnarfjörður	24.11.2013
Aldursflokkamet	4:53.67	Ólöf Edda Eðvarðsdóttir	IRB	Laugardalslaug	10.12.2011

HM-A : 4:37.54 / HM-SSÍ : 4:45.87 / NM-A 18 +: 4:52.62; 14 - 17: 4:59.35 / NM-B 18 +: 4:55.58; 14 - 17: 5:02.37 /

A landslið : 4:54.19 / Úrvalshópur 20: 4:55.58; 19: 4:56.93; 18: 4:59.66 / Unglingalandslið 17: 5:02.37; 16: 5:04.55; 15: 5:08.55 /

Framtíðarhópur 14: 5:12.55; 13: 5:19.20; 12: 5:29.58

Age

Final, 16:35

1	Thorgerdur Freyja Helgadóttir	13	Breiðablik	5:34.40
2	Maja Lind Cicero	19	SH	5:25.95
3	Sunneva Bergmann Asbjörnsdóttir	17	ÍRB	5:09.64
4	Eva Margret Falsdóttir	19	ÍRB	4:59.18
5	Solveig Freyja Hakonardóttir	15	Breiðablik	5:00.16
6	Sunna Arnfinnsdóttir	17	ÍA	5:16.13
7	Ema Austa Pratusyte	14	SH	5:26.51
8	Natalia Eir Curtis	14	Reykjavík	5:49.79

Reserves

	Karen Julia Traustadóttir	12	ÍRB	5:52.52
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