

Sundgrein 17
9.11.2024 - 9:05

kvenna, 400m fjórsund

Opinn
Ráslisti Undanrásir

Íslandsmet	4:43.56	Hrafnhildur Luthersdóttir	SH	Hafnarfjörður	15.11.2015
Unglingamet	4:46.36	Eygló Ósk Gústafsdóttir	AEGIR	Hafnarfjörður	24.11.2013
Aldursflokkamet	4:53.67	Ólöf Edda Eðvarðsdóttir	IRB	Laugardalslaug	10.12.2011

HM-A : 4:37.54 / HM-SSÍ : 4:45.87 / NM-A 18 +: 4:52.62; 14 - 17: 4:59.35 / NM-B 18 +: 4:55.58; 14 - 17: 5:02.37 /

A landslið : 4:54.19 / Úrvalshópur 20: 4:55.58; 19: 4:56.93; 18: 4:59.66 / Unglingalandslið 17: 5:02.37; 16: 5:04.55; 15: 5:08.55 /
Framtíðarhópur 14: 5:12.55; 13: 5:19.20; 12: 5:29.58

Aldur

Riðill 1 af 2, 9:05

4 Eva Margrét Falsdóttir	19	ÍRB	4:50.73
5 Maja Lind Cicero	19	SH	5:13.55

Riðill 2 af 2, 9:11

1 Katrín Ísold Gunnsteinsdóttir	14	Reykjavík	5:53.32
2 Þorgerður Freyja Helgadóttir	13	Breiðablik	5:33.19
3 Sunneva Bergmann Ásbjörnsdóttir	17	ÍRB	5:04.65
4 Sunna Arnfinnsdóttir	17	ÍA	5:00.01
5 Sólveig Freyja Hákonardóttir	15	Breiðablik	5:01.26
6 Ema Austa Pratusyté	14	SH	5:32.04
7 Natallía Eir Curtis	14	Reykjavík	5:41.10
8 Karen Júlía Traustadóttir	12	ÍRB	5:54.22