



TROFEO MEDIO FONDO - ESTILOS 24/25
Gijón, 5/10/2024

Prueba 4
05/10/2024 - 17:50

Masc., 400m Libre

13 años y mayores
Resultados

Mejor Marca Asturiana 13 años	4:22.34	FERNÁNDEZ MUNÁRRIZ Santiago	00682	Mieres	01/01/2006
Mejor Marca Asturiana 14 años	4:12.34	ZORNOZA QUIRÓS Alvaro	00093	Oviedo	23/11/2019
Mejor Marca Asturiana 15 años	4:00.91	ÁLVAREZ GARCÍA Manuel Ángel	P0304	Oviedo	29/12/2012
Mejor Marca Asturiana 16 años	3:58.38	ÁLVAREZ GARCÍA Manuel Ángel	P0304	Castellón	30/11/2013
Mejor Marca Asturiana 17 años	3:56.94	ÁLVAREZ GARCÍA Manuel Ángel	P0304	Sabadell	13/12/2014
Mejor Marca Asturiana 18 años	3:57.03	GUTIÉRREZ RAMÍREZ Enrique	00640	Oviedo	18/12/2020
Récord de Asturias	3:40.52	RIVERA MIRANDA Marco	00135	Istanbul (TUR)	10/12/2009

Puntos: FINA 2023

Clasificación	AN				Tempo	Pts
13 años						
1.	ARIAS LORITE Alvaro	11	C.N. Cuencas Mineras		4:54.13	375
	50m: 32.63 32.63	150m: 1:46.44	37.57	250m: 3:01.31	37.38	350m: 4:17.29 38.03
	100m: 1:08.87 36.24	200m: 2:23.93	37.49	300m: 3:39.26	37.95	400m: 4:54.13 36.84
2.	LODOS GARCIA Javier	11	C.N. Santa Olaya		4:56.21	367
	50m: 33.87 33.87	150m: 1:47.94	37.58	250m: 3:03.81	37.90	350m: 4:20.13 37.95
	100m: 1:10.36 36.49	200m: 2:25.91	37.97	300m: 3:42.18	38.37	400m: 4:56.21 36.08
3.	SUAREZ ALONSO Guillermo	11	R.G.C. Covadonga		4:56.86	365
	50m: 34.01 34.01	150m: 1:48.51	37.43	250m: 3:03.99	37.59	350m: 4:19.88 37.73
	100m: 1:11.08 37.07	200m: 2:26.40	37.89	300m: 3:42.15	38.16	400m: 4:56.86 36.98
4.	RODERO RESCH Iker	11	C.N. Aviles		5:00.22	353
	50m: 33.28 33.28	150m: 1:50.01	38.56	250m: 3:08.08	39.03	350m: 4:25.28 39.02
	100m: 1:11.45 38.17	200m: 2:29.05	39.04	300m: 3:46.26	38.18	400m: 5:00.22 34.94
5.	BRAÑA SANTOS Yago	11	C.N. Santa Olaya		5:01.65	348
	50m: 33.90 33.90	150m: 1:49.89	38.30	250m: 3:06.85	38.63	350m: 4:24.80 39.93
	100m: 1:11.59 37.69	200m: 2:28.22	38.33	300m: 3:44.87	38.02	400m: 5:01.65 36.85
6.	SERE GONZALEZ Damien	11	R.G.C. Covadonga		5:01.84	347
	50m: 34.46 34.46	150m: 1:50.53	38.27	250m: 3:08.56	38.68	350m: 4:25.65 38.28
	100m: 1:12.26 37.80	200m: 2:29.88	39.35	300m: 3:47.37	38.81	400m: 5:01.84 36.19
7.	GARCIA GONZALEZ Alfredo	11	R.G.C. Covadonga		5:06.28	332
	50m: 33.29 33.29	150m: 1:49.85	38.84	250m: 3:08.32	39.22	350m: 4:28.83 39.97
	100m: 1:11.01 37.72	200m: 2:29.10	39.25	300m: 3:48.86	40.54	400m: 5:06.28 37.45
8.	GONZALEZ PANDO Pelayo	11	R.G.C. Covadonga		5:12.02	314
	50m: 35.26 35.26	150m: 1:53.81	39.58	250m: 3:13.34	39.86	350m: 4:33.48 40.43
	100m: 1:14.23 38.97	200m: 2:33.48	39.67	300m: 3:53.05	39.71	400m: 5:12.02 38.54
9.	GONZALEZ MARTINEZ Leo	11	C.N. Las Anclas Castrillon		5:24.43	280
	50m: 35.74 35.74	150m: 1:56.20	41.31	250m: 3:19.38	41.81	350m: 4:44.31 42.26
	100m: 1:14.89 39.15	200m: 2:37.57	41.37	300m: 4:02.05	42.67	400m: 5:24.43 40.12
10.	MORENO GARCIA Erik	11	C.N. Santa Olaya		5:24.91	278
	50m: 36.60 36.60	150m: 2:02.06	42.67	250m: 3:26.27	42.42	350m: 4:50.51 42.23
	100m: 1:19.39 42.79	200m: 2:43.85	41.79	300m: 4:08.28	42.01	400m: 5:24.91 34.40
11.	RIBERA GONZALEZ POSADA Alvaro	11	C.N. Aviles		5:26.12	275
	50m: 35.11 35.11	150m: 1:57.21	41.73	250m: 3:21.81	42.31	350m: 4:48.00 42.68
	100m: 1:15.48 40.37	200m: 2:39.50	42.29	300m: 4:05.32	43.51	400m: 5:26.12 38.12
12.	COTO GOMEZ Izan	11	C.N. Cuencas Mineras		5:28.93	268
	50m: 35.67 35.67	150m: 1:57.79	41.89	250m: 3:24.12	43.25	350m: 4:50.25 43.37
	100m: 1:15.90 40.23	200m: 2:40.87	43.08	300m: 4:06.88	42.76	400m: 5:28.93 38.68
13.	ANDRES MEMBRILLA Pablo	11	C.N. Cuencas Mineras		5:33.47	257
	50m: 38.01 38.01	150m: 2:04.37	43.63	250m: 3:31.73	43.87	350m: 4:55.29 41.75
	100m: 1:20.74 42.73	200m: 2:47.86	43.49	300m: 4:13.54	41.81	400m: 5:33.47 38.18

Piscina 25 m. / crono electrónico

TROFEO MEDIO FONDO - ESTILOS 24/25
Gijón, 5/10/2024

Prueba 4, Masc., 400m Libre, 13 años

Clasificación	AN								Tiempo	Pts
14. ANDRES MEMBRILLA Aitor	11	C.N. Cuencas Mineras							5:38.60	246
50m: 37.60 37.60	150m: 2:03.44	43.25	250m: 3:29.85	43.10	350m: 4:58.15	43.78				
100m: 1:20.19 42.59	200m: 2:46.75	43.31	300m: 4:14.37	44.52	400m: 5:38.60	40.45				
15. LÓPEZ GONZÁLEZ Iyan	11	C.N. Las Anclas Castrillon							5:48.47	225
50m: 38.44 38.44	150m: 2:04.99	44.12	250m: 3:34.82	44.93	350m: 5:04.59	44.90				
100m: 1:20.87 42.43	200m: 2:49.89	44.90	300m: 4:19.69	44.87	400m: 5:48.47	43.88				
16. PRIETO CARMONA Javier	11	C.N. Las Anclas Castrillon							6:05.69	195
50m: 39.12 39.12	150m: 2:08.77	45.95	250m: 3:43.56	48.09	350m: 5:20.42	48.57				
100m: 1:22.82 43.70	200m: 2:55.47	46.70	300m: 4:31.85	48.29	400m: 6:05.69	45.27				
17. FLOREZ PRADO Nel	11	C.N. Aviles							6:14.06	182
50m: 41.35 41.35	150m: 2:15.16	46.66	250m: 3:51.65	47.99	350m: 5:29.18	48.59				
100m: 1:28.50 47.15	200m: 3:03.66	48.50	300m: 4:40.59	48.94	400m: 6:14.06	44.88				
18. RODRIGUEZ ALVAREZ Javier	11	C.N. Cuencas Mineras							6:24.42	168
50m: 42.02 42.02	150m: 2:18.48	49.30	250m: 3:59.37	51.10	350m: 5:39.95	50.61				
100m: 1:29.18 47.16	200m: 3:08.27	49.79	300m: 4:49.34	49.97	400m: 6:24.42	44.47				
Baja SANCHEZ ROSALES Daniel	11	C.N. Santa Olaya								
Baja MAHAMUD ZADORINA Manuel Maria	11	C.N.Ciudad De Oviedo								

14 años

1. FERNANDEZ MAGUREGUI Guillermo	10	R.G.C. Covadonga							4:24.20	518
50m: 29.24 29.24	150m: 1:35.67	33.60	250m: 2:43.86	33.93	350m: 3:53.23	34.57				
100m: 1:02.07 32.83	200m: 2:09.93	34.26	300m: 3:18.66	34.80	400m: 4:24.20	30.97				
2. PONOMARENKO Mykyta	10	C.N.Ciudad De Oviedo							4:45.63	410
50m: 30.84 30.84	150m: 1:41.36	35.83	250m: 2:54.86	37.10	350m: 4:09.64	37.36				
100m: 1:05.53 34.69	200m: 2:17.76	36.40	300m: 3:32.28	37.42	400m: 4:45.63	35.99				
3. VEGA GONZALEZ Eloy	10	C.N. Santa Olaya							4:50.83	388
50m: 32.95 32.95	150m: 1:46.17	36.92	250m: 3:00.57	37.32	350m: 4:14.51	37.14				
100m: 1:09.25 36.30	200m: 2:23.25	37.08	300m: 3:37.37	36.80	400m: 4:50.83	36.32				
4. RODRIGUEZ GARCIA Pedro	10	R.G.C. Covadonga							4:54.39	374
50m: 33.21 33.21	150m: 1:47.21	37.47	250m: 3:02.48	37.77	350m: 4:18.08	37.70				
100m: 1:09.74 36.53	200m: 2:24.71	37.50	300m: 3:40.38	37.90	400m: 4:54.39	36.31				
5. GARCIA MARTINEZ Carlos	10	C.N. Las Anclas Castrillon							4:54.40	374
50m: 34.20 34.20	150m: 1:49.41	37.79	250m: 3:04.68	37.25	350m: 4:19.28	37.15				
100m: 1:11.62 37.42	200m: 2:27.43	38.02	300m: 3:42.13	37.45	400m: 4:54.40	35.12				
6. GONZALEZ DIAZ Diego	10	R.G.C. Covadonga							4:55.50	370
50m: 32.57 32.57	150m: 1:46.70	37.58	250m: 3:02.44	37.65	350m: 4:18.70	38.04				
100m: 1:09.12 36.55	200m: 2:24.79	38.09	300m: 3:40.66	38.22	400m: 4:55.50	36.80				
7. STASIAK VEGA Kailani	10	C.N. Las Anclas Castrillon							4:57.75	362
50m: 33.27 33.27	150m: 1:49.36	38.65	250m: 3:06.91	38.49	350m: 4:22.88	37.09				
100m: 1:10.71 37.44	200m: 2:28.42	39.06	300m: 3:45.79	38.88	400m: 4:57.75	34.87				
8. MATO PINIELLA Alvaro	10	C.N. Santa Olaya							4:59.97	354
50m: 34.08 34.08	150m: 1:50.06	38.65	250m: 3:06.50	37.72	350m: 4:24.10	38.91				
100m: 1:11.41 37.33	200m: 2:28.78	38.72	300m: 3:45.19	38.69	400m: 4:59.97	35.87				
9. ALVAREZ MARTINEZ Alvaro	10	C.N. Santa Olaya							5:02.29	346
50m: 33.90 33.90	150m: 1:50.43	38.94	250m: 3:08.08	39.27	350m: 4:24.60	38.24				
100m: 1:11.49 37.59	200m: 2:28.81	38.38	300m: 3:46.36	38.28	400m: 5:02.29	37.69				

Piscina 25 m. / crono electrónico

TROFEO MEDIO FONDO - ESTILOS 24/25
Gijón, 5/10/2024

Prueba 4, Masc., 400m Libre, 14 años

Clasificación			AN					Tiempo	Pts
10.	DIAZ QUIROGA Juan		10	C.N. Las Anclas Castrillon				5:06.76	331
	50m:	33.30 33.30	150m:	1:48.31	38.17	250m:	3:08.11 40.21	350m:	4:29.08 40.32
	100m:	1:10.14 36.84	200m:	2:27.90	39.59	300m:	3:48.76 40.65	400m:	5:06.76 37.68
11.	ALVAREZ ANDUJAR Marcos		10	C.N. Aviles				5:09.88	321
	50m:	35.20 35.20	150m:	1:53.82	39.16	250m:	3:13.37 39.09	350m:	4:33.83 40.43
	100m:	1:14.66 39.46	200m:	2:34.28	40.46	300m:	3:53.40 40.03	400m:	5:09.88 36.05
12.	DIEZ SOMOANO Raul		10	C.N. Santa Olaya				5:13.07	311
	50m:	35.14 35.14	150m:	1:57.03	41.60	250m:	3:16.30 39.22	350m:	4:35.41 38.07
	100m:	1:15.43 40.29	200m:	2:37.08	40.05	300m:	3:57.34 41.04	400m:	5:13.07 37.66
13.	CALVO FERNANDEZ Samuel		10	C.N. Aviles				5:15.75	303
	50m:	36.32 36.32	150m:	1:54.86	39.37	250m:	3:14.67 39.88	350m:	4:35.92 41.49
	100m:	1:15.49 39.17	200m:	2:34.79	39.93	300m:	3:54.43 39.76	400m:	5:15.75 39.83
14.	BARRERA LLANEZA Jaime		10	C.N. Las Anclas Castrillon				5:16.67	301
	50m:	33.13 33.13	150m:	1:50.65	39.84	250m:	3:13.01 41.35	350m:	4:36.78 41.10
	100m:	1:10.81 37.68	200m:	2:31.66	41.01	300m:	3:55.68 42.67	400m:	5:16.67 39.89

15 años

1.	SUAREZ ALLER Yago		09	C.N. Santa Olaya				4:16.79	564
	50m:	28.53 28.53	150m:	1:32.40	32.17	250m:	2:39.12 33.70	350m:	3:45.04 32.55
	100m:	1:00.23 31.70	200m:	2:05.42	33.02	300m:	3:12.49 33.37	400m:	4:16.79 31.75
2.	CASTELO BARTULOS Iyan		09	C.N. Santa Olaya				4:17.59	559
	50m:	29.01 29.01	150m:	1:32.88	32.63	250m:	2:39.29 33.24	350m:	3:45.90 32.99
	100m:	1:00.25 31.24	200m:	2:06.05	33.17	300m:	3:12.91 33.62	400m:	4:17.59 31.69
3.	ANSON CANO Jacobo		09	C.N.Ciudad De Oviedo				4:19.73	545
	50m:	29.44 29.44	150m:	1:35.52	33.23	250m:	2:42.01 32.91	350m:	3:48.32 33.13
	100m:	1:02.29 32.85	200m:	2:09.10	33.58	300m:	3:15.19 33.18	400m:	4:19.73 31.41
4.	WEI ALBA Pablo		09	C.N. Santa Olaya				4:21.33	535
	50m:	30.63 30.63	150m:	1:37.80	33.67	250m:	2:44.52 32.66	350m:	3:49.86 32.54
	100m:	1:04.13 33.50	200m:	2:11.86	34.06	300m:	3:17.32 32.80	400m:	4:21.33 31.47
5.	ALVAREZ LERA Andros		09	C.N. Santa Olaya				4:25.33	511
	50m:	30.08 30.08	150m:	1:37.95	34.26	250m:	2:45.86 33.23	350m:	3:52.82 33.34
	100m:	1:03.69 33.61	200m:	2:12.63	34.68	300m:	3:19.48 33.62	400m:	4:25.33 32.51
6.	FLOREZ PRADO Alvaro		09	C.N. Santa Olaya				4:35.09	459
	50m:	31.30 31.30	150m:	1:40.92	34.77	250m:	2:51.51 35.18	350m:	4:01.77 35.21
	100m:	1:06.15 34.85	200m:	2:16.33	35.41	300m:	3:26.56 35.05	400m:	4:35.09 33.32
7.	NUÑO PRADO Daniel		09	C.N. Santa Olaya				4:46.79	405
	50m:	31.95 31.95	150m:	1:45.46	37.24	250m:	2:58.83 35.95	350m:	4:11.30 35.86
	100m:	1:08.22 36.27	200m:	2:22.88	37.42	300m:	3:35.44 36.61	400m:	4:46.79 35.49
8.	LORENZO PIEDRA Alejandro		09	C.N. Santa Olaya				4:49.84	392
	50m:	33.77 33.77	150m:	1:47.13	37.32	250m:	3:00.54 36.51	350m:	4:13.46 36.49
	100m:	1:09.81 36.04	200m:	2:24.03	36.90	300m:	3:36.97 36.43	400m:	4:49.84 36.38
9.	GARCIA GARCIA Hugo		09	C.N. Santa Olaya				4:54.07	376
	50m:	33.64 33.64	150m:	1:47.95	37.43	250m:	3:03.39 37.70	350m:	4:18.58 37.14
	100m:	1:10.52 36.88	200m:	2:25.69	37.74	300m:	3:41.44 38.05	400m:	4:54.07 35.49
10.	RUIZ GONZALEZ Saul		09	C.N. Santa Olaya				4:56.12	368
	50m:	32.95 32.95	150m:	1:46.11	37.20	250m:	3:02.83 38.41	350m:	4:17.71 37.36
	100m:	1:08.91 35.96	200m:	2:24.42	38.31	300m:	3:40.35 37.52	400m:	4:56.12 38.41

Piscina 25 m. / crono electrónico



TROFEO MEDIO FONDO - ESTILOS 24/25
Gijón, 5/10/2024

Prueba 4, Masc., 400m Libre, 15 años

Clasificación	AN							Tiempo	Pts
11. CORRALES DIAZ Hugo	09	C.N. Santa Olaya						4:59.35	356
50m: 32.47 32.47	150m:	250m: 3:03.90	38.18	350m: 4:19.06	38.08				
100m: 1:09.29 36.82	200m: 2:25.72	300m: 3:40.98	37.08	400m: 4:59.35	40.29				
12. BLANCO GONZALEZ Jaime	09	C.N. Aviles						4:59.77	354
50m: 33.92 33.92	150m: 1:50.94	250m: 3:08.48	38.54	350m: 4:26.67	39.46				
100m: 1:12.09 38.17	200m: 2:29.94	300m: 3:47.21	38.73	400m: 4:59.77	33.10				
13. RODRIGUEZ SANZ Bruno	09	C.N. Aviles						5:08.05	327
50m: 34.22 34.22	150m: 1:49.12	250m: 3:06.67	38.83	350m: 4:22.00	37.23				
100m: 1:11.04 36.82	200m: 2:27.84	300m: 3:44.77	38.10	400m: 5:08.05	46.05				
14. MAYORAL FERNANDEZ Alberto	09	C.N. Aviles						5:12.45	313
50m: 35.75 35.75	150m: 1:56.58	250m: 3:17.80	40.99	350m: 4:34.92	38.07				
100m: 1:15.77 40.02	200m: 2:36.81	300m: 3:56.85	39.05	400m: 5:12.45	37.53				
15. NUÑEZ GONZALEZ Mateo	09	C.N. Aviles						5:23.66	282
50m: 35.10 35.10	150m: 1:56.54	250m: 3:19.13	41.11	350m: 4:43.38	42.87				
100m: 1:15.51 40.41	200m: 2:38.02	300m: 4:00.51	41.38	400m: 5:23.66	40.28				

16 años

1. GONZALEZ GONZALEZ Iyan	08	C.N. Santa Olaya						4:18.97	550
50m: 29.58 29.58	150m: 1:34.41	250m: 2:40.01	32.71	350m: 3:46.18	33.01				
100m: 1:01.67 32.09	200m: 2:07.30	300m: 3:13.17	33.16	400m: 4:18.97	32.79				
2. RUBIO LUBIAN Nacho	08	C.N. Santa Olaya						4:20.67	539
50m: 30.59 30.59	150m: 1:36.34	250m: 2:42.19	32.79	350m: 3:48.48	33.23				
100m: 1:03.69 33.10	200m: 2:09.40	300m: 3:15.25	33.06	400m: 4:20.67	32.19				
3. IGLESIAS VENTOSA Jon	08	C.N. Aviles						4:21.87	532
50m: 29.50 29.50	150m: 1:34.40	250m: 2:41.44	33.84	350m: 3:48.79	33.76				
100m: 1:01.58 32.08	200m: 2:07.60	300m: 3:15.03	33.59	400m: 4:21.87	33.08				
4. RODRIGUEZ FERNANDEZ Angel	08	C.N. Aviles						4:24.24	518
50m: 29.03 29.03	150m: 1:33.83	250m: 2:41.93	34.30	350m: 3:50.97	34.74				
100m: 1:01.01 31.98	200m: 2:07.63	300m: 3:16.23	34.30	400m: 4:24.24	33.27				
5. ALVAREZ FERNANDEZ Juan Bautista	08	R.G.C. Covadonga						4:24.33	517
50m: 29.97 29.97	150m:	250m: 2:44.53	33.36	350m: 3:52.39	33.75				
100m: 1:02.96 32.99	200m: 2:11.17	300m: 3:18.64	34.11	400m: 4:24.33	31.94				
6. MARTINEZ SUAREZ Olai	08	C.N. Santa Olaya						4:27.03	502
50m: 29.85 29.85	150m: 1:37.60	250m: 2:46.13	34.23	350m: 3:54.30	34.33				
100m: 1:03.48 33.63	200m: 2:11.90	300m: 3:19.97	33.84	400m: 4:27.03	32.73				
7. VALLE DOMINGUEZ Pablo	08	R.G.C. Covadonga						4:29.30	489
50m: 29.95 29.95	150m: 1:36.77	250m: 2:45.61	34.72	350m: 3:55.51	35.04				
100m: 1:02.75 32.80	200m: 2:10.89	300m: 3:20.47	34.86	400m: 4:29.30	33.79				
8. GARCIA MARTINEZ David	08	C.N. Santa Olaya						4:32.57	472
50m: 30.55 30.55	150m: 1:38.06	250m: 2:48.37	34.78	350m: 3:59.40	35.56				
100m: 1:03.73 33.18	200m: 2:13.59	300m: 3:23.84	35.47	400m: 4:32.57	33.17				
9. RODRIGUEZ CUEVA Ruben	08	C.N. Santa Olaya						4:33.13	469
50m: 31.55 31.55	150m: 1:40.65	250m: 2:51.16	35.18	350m: 4:00.93	34.48				
100m: 1:05.93 34.38	200m: 2:15.98	300m: 3:26.45	35.29	400m: 4:33.13	32.20				
10. BARROSO NUÑEZ Teo	08	C.N. Cuencas Mineras						4:35.58	456
50m: 31.31 31.31	150m: 1:39.68	250m: 2:50.01	35.30	350m: 4:01.06	35.37				
100m: 1:05.02 33.71	200m: 2:14.71	300m: 3:25.69	35.68	400m: 4:35.58	34.52				

Piscina 25 m. / crono electrónico

TROFEO MEDIO FONDO - ESTILOS 24/25
Gijón, 5/10/2024

Prueba 4, Masc., 400m Libre, 16 años

Clasificación	AN								Tiempo	Pts
11. MESA RODRIGUEZ Pablo	08	C.N. Aviles							4:41.08	430
50m: 30.67 30.67	150m: 1:38.42	34.37	250m: 2:49.43	35.79	350m: 4:03.78	37.51				
100m: 1:04.05 33.38	200m: 2:13.64	35.22	300m: 3:26.27	36.84	400m: 4:41.08	37.30				
12. MENENDEZ FLORES Xurde	08	C.N. Santa Olaya							4:54.76	373
50m: 32.59 32.59	150m: 1:45.39	37.39	250m: 3:01.03	38.18	350m: 4:54.76	37.35				
100m: 1:08.00 35.41	200m: 2:22.85	37.46	300m: 4:17.41	1:16.38	400m: 4:54.76					
13. IGLESIAS DIANA Pelayo	08	C.N. Aviles							4:55.51	370
50m: 33.23 33.23	150m: 1:47.36	37.51	250m: 3:03.42	37.84	350m: 4:19.74	38.27				
100m: 1:09.85 36.62	200m: 2:25.58	38.22	300m: 3:41.47	38.05	400m: 4:55.51	35.77				
DSQ ALONSO IGLESIAS Jorge	08	C.N. Cuencas Mineras								
<i>DSA - DESC. SALIDA ANTICIPADA</i>										
Baja NORIEGA MUÑIZ Saul	08	C.N. Santa Olaya								

17 años

1. RODRIGUEZ POULSEN Mario	07	C.N.Ciudad De Oviedo							4:11.63	600
50m: 27.70 27.70	150m: 1:29.66	31.52	250m: 2:33.95	32.46	350m: 3:39.74	32.98				
100m: 58.14 30.44	200m: 2:01.49	31.83	300m: 3:06.76	32.81	400m: 4:11.63	31.89				
2. RODRÍGUEZ SANJUAN Yago	07	C.N. Santa Olaya							4:13.13	589
50m: 28.55 28.55	150m: 1:32.30	32.40	250m: 2:37.02	32.33	350m: 3:42.35	32.48				
100m: 59.90 31.35	200m: 2:04.69	32.39	300m: 3:09.87	32.85	400m: 4:13.13	30.78				
3. ORTIZ DE URBINA ALVAREZ Beltran	07	C.N. Santa Olaya							4:13.18	589
50m: 28.74 28.74	150m: 1:32.85	32.55	250m: 2:37.77	32.50	350m: 3:42.94	32.34				
100m: 1:00.30 31.56	200m: 2:05.27	32.42	300m: 3:10.60	32.83	400m: 4:13.18	30.24				
4. GONZALEZ PEREZ Marcos	07	C.N. Santa Olaya							4:16.75	564
50m: 30.06 30.06	150m: 1:34.70	32.60	250m: 2:39.52	32.29	350m: 3:44.07	32.76				
100m: 1:02.10 32.04	200m: 2:07.23	32.53	300m: 3:11.31	31.79	400m: 4:16.75	32.68				
5. TOLEDO ALVAREZ Jorge	07	R.G.C. Covadonga							4:23.00	525
50m: 29.02 29.02	150m: 1:35.47	33.94	250m: 2:42.34	33.20	350m: 3:50.11	33.94				
100m: 1:01.53 32.51	200m: 2:09.14	33.67	300m: 3:16.17	33.83	400m: 4:23.00	32.89				
6. ARRIZADO GONZALEZ Jose	07	C.N. Santa Olaya							4:29.96	486
50m: 30.86 30.86	150m: 1:38.42	34.28	250m: 2:47.61	34.55	350m: 3:58.41	35.46				
100m: 1:04.14 33.28	200m: 2:13.06	34.64	300m: 3:22.95	35.34	400m: 4:29.96	31.55				
7. GONZALEZ LAFUENTE Diego	07	C.N. Cuencas Mineras							4:34.06	464
50m: 30.57 30.57	150m: 1:39.01	34.56	250m: 2:49.23	34.97	350m: 3:59.85	35.13				
100m: 1:04.45 33.88	200m: 2:14.26	35.25	300m: 3:24.72	35.49	400m: 4:34.06	34.21				
8. BAÑA BERNARDO Juan	07	R.G.C. Covadonga							4:34.78	460
50m: 30.00 30.00	150m: 1:38.25	34.64	250m:		350m: 4:00.25	36.24				
100m: 1:03.61 33.61	200m: 2:13.45	35.20	300m: 3:24.01		400m: 4:34.78	34.53				
9. ALVAREZ OBREGON Alejandro	07	C.N. Santa Olaya							4:47.53	402
50m: 32.59 32.59	150m: 1:44.29	35.94	250m: 2:57.88	36.65	350m: 4:12.78	37.81				
100m: 1:08.35 35.76	200m: 2:21.23	36.94	300m: 3:34.97	37.09	400m: 4:47.53	34.75				
10. STASIAK VEGA Surya	07	C.N. Las Anclas Castrillon							4:53.47	378
50m: 32.64 32.64	150m: 1:45.66	36.93	250m: 3:00.74	37.36	350m: 4:17.05	38.20				
100m: 1:08.73 36.09	200m: 2:23.38	37.72	300m: 3:38.85	38.11	400m: 4:53.47	36.42				

Piscina 25 m. / crono electrónico



TROFEO MEDIO FONDO - ESTILOS 24/25
Gijón, 5/10/2024

Prueba 4, Masc., 400m Libre

18 años y mayores

1.	SAURA ARMENGOL Oscar	98	C.N. Santa Olaya	4:05.94	642		
	50m: 27.93 27.93	150m: 1:30.63	31.58	250m: 2:32.83	30.84	350m: 3:35.82	31.11
	100m: 59.05 31.12	200m: 2:01.99	31.36	300m: 3:04.71	31.88	400m: 4:05.94	30.12
2.	GONZALEZ FERNANDEZ Victor	05	C.N. Santa Olaya	4:07.10	633		
	50m: 27.88 27.88	150m: 1:30.26	31.48	250m: 2:33.19	31.46	350m: 3:37.07	32.02
	100m: 58.78 30.90	200m: 2:01.73	31.47	300m: 3:05.05	31.86	400m: 4:07.10	30.03
3.	MORENO PABLOS Sergio	05	C.N. Las Anclas Castrillon	4:08.06	626		
	50m: 27.69 27.69	150m: 1:29.32	31.04	250m: 2:32.32	31.72	350m: 3:37.65	32.65
	100m: 58.28 30.59	200m: 2:00.60	31.28	300m: 3:05.00	32.68	400m: 4:08.06	30.41
4.	DIAZ ALVAREZ Juan Rafael	06	C.N. Cuencas Mineras	4:13.97	583		
	50m: 28.50 28.50	150m: 1:32.03	32.08	250m: 2:36.80	32.57	350m: 3:42.63	32.80
	100m: 59.95 31.45	200m: 2:04.23	32.20	300m: 3:09.83	33.03	400m: 4:13.97	31.34
5.	SOLAR MATO Jorge	05	C.N. Santa Olaya	4:17.59	559		
	50m: 29.90 29.90	150m: 1:34.69	32.90	250m: 2:39.41	31.47	350m: 3:45.49	33.50
	100m: 1:01.79 31.89	200m: 2:07.94	33.25	300m: 3:11.99	32.58	400m: 4:17.59	32.10
6.	MON MARTINEZ Alejandro	06	C.N. Santa Olaya	4:19.25	548		
	50m: 30.71 30.71	150m: 1:37.18	33.50	250m: 2:43.44	32.21	350m: 3:47.84	32.12
	100m: 1:03.68 32.97	200m: 2:11.23	34.05	300m: 3:15.72	32.28	400m: 4:19.25	31.41
7.	GONZALEZ MUÑIZ Javier	06	C.N. Santa Olaya	4:23.64	521		
	50m: 30.03 30.03	150m: 1:36.41	33.33	250m: 2:44.11	33.89	350m: 3:52.03	34.03
	100m: 1:03.08 33.05	200m: 2:10.22	33.81	300m: 3:18.00	33.89	400m: 4:23.64	31.61
8.	MARTINEZ GUTIERREZ Sergio	98	C.N. Tennis Elche	4:25.64	510		
	50m: 29.22 29.22	150m: 1:35.73	33.61	250m: 2:43.79	34.11	350m: 3:52.93	34.65
	100m: 1:02.12 32.90	200m: 2:09.68	33.95	300m: 3:18.28	34.49	400m: 4:25.64	32.71
9.	SANCHEZ MARTINEZ Mario	06	R.G.C. Covadonga	4:26.82	503		
	50m: 29.97 29.97	150m: 1:38.16	34.33	250m: 2:46.01	33.52	350m: 3:53.76	34.02
	100m: 1:03.83 33.86	200m: 2:12.49	34.33	300m: 3:19.74	33.73	400m: 4:26.82	33.06
10.	GUTIERREZ LOPEZ Diego	03	C.N. Las Anclas Castrillon	4:37.89	445		
	50m: 30.63 30.63	150m: 1:38.95	34.69	250m: 2:48.94	34.77	350m: 4:01.66	36.46
	100m: 1:04.26 33.63	200m: 2:14.17	35.22	300m: 3:25.20	36.26	400m: 4:37.89	36.23
11.	RENDUELES PEREZ Miguel	01	R.G.C. Covadonga	4:52.01	384		
	50m: 30.97 30.97	150m: 1:42.29	36.12	250m: 2:57.37	38.08	350m: 4:15.01	38.79
	100m: 1:06.17 35.20	200m: 2:19.29	37.00	300m: 3:36.22	38.85	400m: 4:52.01	37.00

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